

Chaminade University of Honolulu
Spring 2007
Online

Course No. & Title: PSY 101 General Psychology

Text: Myers, D. G. (2005). Exploring Psychology (6th Ed.). New York, NY: Worth Publishers

Instructor: Christofer Ecklund, M.S.
<http://www.chaminade.edu/online>
808.389.4858
Office hours by appointment only!

Note: Communication via phone is for emergencies and arranging of appointments only. Please email me if you have any questions, comments, or concerns. I DO NOT return calls to give out grades.

Catalog Course Description

Survey of the major theories and concepts in the study of behavior. Introduction to the psychological aspects of sensory processes, normal and abnormal development, learning, drives, emotions and social behavior.

Program Linking Statement

This course develops and assesses the skills and competencies for the General Education Core requirement of demonstrating an understanding of the Behavioral Sciences.

Course Description

Students will examine the major theories and concepts in the study of behavior with introduction to the psychological aspects of sensory processes, normal and abnormal development, learning, drives, emotions and social behavior.

Student Learning Outcomes

Student will demonstrate an understanding of:

1. The use of scientific methodology and research for investigating important questions relative to human behavior.
2. Knowledge of the major theories, concepts, and research findings that represent the scientific perspective for the biological basis of human behavior.
3. Knowledge of the major theories, concepts, and research findings that represent the scientific perspective in the investigation of cognitive processes involved in human behavior.
4. Knowledge of the major theories, concepts, and research findings that represent the scientific perspective in the investigation of developmental processes involved in the study of human behavior.

5. Knowledge of the major theories, concepts, and research findings that represent the scientific perspective in the investigation of individual personality variables.
6. Knowledge of the major theories, concepts, and research findings that represent the scientific perspective in the study of psychological disorders and their treatment.
7. Knowledge of the major theories, concepts, and research findings that represent the scientific perspective in the study of social and cultural influences on human social behavior.
8. Knowledge of stress management and the ability to apply it toward analyzing, understanding, and engaging it in everyday life situations.
9. The history of psychology, and knowledge of the formative and influential psychologists who developed the field.
10. Evolutionary theory and its importance for understanding the field of psychology.
11. How the Five Marianist Educational Values are integrated into the course.

Assessment

Quizzes	7 @ 10 ea	= 70
Weekly Discussion	8 @ 10	= 80
Midterm Exam	1 @ 50	= 50
Final Exam	1 @ 50	= 50
		<hr/> 250 pts.

Chapter Quizzes:

There will be eight total 10-question, multiple-choice quizzes given during the quarter. The quizzes will cover the material due for that week. Each quiz will have a time limit of 20 minutes, after which the quiz will be locked.

Weekly Discussion

Each student will need to participate in a weekly forum discussion. The points you receive will be based on the quality of the posts you leave.

Midterm Exam

The midterm exam will be a 50-question, multiple-choice test with each question being worth one point. All material covered since the first class is eligible for testing. The exam will have a time limit of 2 hours, after which the exam will be locked.

Final Exam

The final exam will be a 50-question, multiple-choice test with each question being worth one point. All material covered since the midterm exam is eligible for testing. The exam will be held at Chaminade University on the 10th Saturday of the quarter. All students resided on Oahu must take the test at this time. Off island students will need to have their exam proctored. Please let me know if this is the case so as to set up an alternative site.

Grading

A = 225 – 250

B = 200 – 224

C = 175 – 199

D = 150 – 174

F = < 149

Attendance

Students are expected to attend regularly all courses for which they are registered. Students should notify their instructors when illness prevents them from attending class and make arrangements to complete missed assignments. Notification may be done by calling the instructor's campus extension, or by leaving word at the Faculty Services Office (735-4739). It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade.

Unexcused absences equivalent to more than a week of classes may lead to a grade reduction for the course. Any absence of two weeks or more must be reported to the Associate Provost and the Records Office by the instructor.

Federal regulations require continued attendance for continuing payment of financial aid. If attendance is not continuous, financial aid may be terminated. When illness or personal reasons necessitate continued absence, the student should officially withdraw from all affected courses. Anyone who stops attending a course without official withdrawal may receive a failing grade.

Teaching Philosophy

As this class is online, you will be responsible for being actively involved in your learning. It is expected that you have all readings completed before posting in discussions or taking the quizzes or exams. Since this class has quite a bit of time flexibility, once you log on to take a quiz or exam, you must complete the quiz or exam during that session. You will not be able to log out and log back in to continue at a later time. I highly recommend you allow yourself the full time to take the quizzes or exam.

Preparation for Class

Students are expected to have the weekly readings done before posting in discussions or taking quizzes or midterm exam. Each student is expected to participate equally in class discussions. Please respect your peers' thoughts and opinions. All students will have up to 11pm on Sunday of the present week to complete their quizzes or midterm exam and to post in the discussions. No late assignments will be accepted!

Academic Dishonesty/Plagiarism

The University's policies and procedures regarding this topic will be enforced for the duration of this course. It is the student's responsibility to review the information and question anything that is unclear. All research papers must be properly cited by giving credit where credit is due. Please see the instructor with any questions.

Students with Disabilities

Chaminade will provide assistance for any student with documented disabilities. Any student who believes he/she may need accommodations in this class must contact **735-4845 or Dr. June Yasuhara, 739-4603**, at the Counseling Center (office next to Security) in order to determine if the student meets the requirements for documented disability in accordance with the Americans with Disabilities Act. It is important to contact them as soon as possible so that accommodations are implemented in a timely fashion.

Marianist Educational Values

Chaminade University is a Catholic, Marianist University. The five characteristics of a Marianist education are:

1. Educate for Formation in Faith

Catholic Universities affirm an intricate relationship between reason and faith. As important as discursive and logical formulations and critical thinking are, they are not able to capture all that can be and ought to be learned. Intellectual rigor coupled with respectful humility provide a more profound preparation for both career and life. Intellectual rigor characterizes the pursuit of all that can be learned. Respectful humility reminds people of faith that they need to learn from those who are of other faiths and cultures, as well as from those who may have no religious faith at all.

2. Provide an Excellent Education

In the Marianist approach to education, “excellence” includes the whole person, not just the technician or rhetorician. Marianist universities educate whole persons, developing their physical, psychological, intellectual, moral, spiritual and social qualities. Faculty and students attend to fundamental moral attitudes, develop their personal talents and acquire skills that will help them learn all their lives. The Marianist approach to education links theory and practice, liberal and professional education. Our age has been deeply shaped by science and technology. Most recently, information and educational technologies have changed the way faculty and students research and teach. At Marianist Universities, two goals are pursued simultaneously: an appropriate use of information technology for learning, and the enhancement of interaction between students and teachers. As Catholic, Marianist Universities seek to embrace diverse peoples and understand diverse cultures, convinced that ultimately, when such people come together, one of the highest purposes of education is realized: a human community that respects every individual within it.

3. Educate in Family Spirit

Known for their strong sense of community, Marianists have traditionally spoken of this sense as “family spirit.” Marianist educational experience fosters the development of a community characterized by a sense of family spirit that accepts each person with loving respect, and draws everyone in the university into the challenge of community building. Family spirit also enables Marianist universities to challenge their students, faculty and staff to excellence and maturity, because the acceptance and love of a community gives its members the courage to risk failure and the joy of sharing success.

4. Educate for Service, Justice, and Peace

The Marianist approach to higher education is deeply committed to the common good. The intellectual life itself is undertaken as a form of service in the interest of justice and peace, and the university curriculum is designed to connect the classroom with the wider

world. In addition, Marianist universities extend a special concern for the poor and marginalized and promote the dignity, rights and responsibilities of all people.

5. Educate for Adaptation to Change

In the midst of rapid social and technological change, Marianist universities readily adapt and change their methods and structures so that the wisdom of their educational philosophy and spirituality may be transmitted even more fully. “New times call for new methods,” Father Chaminade often repeated. The Marianist university faces the future confidently, on the one hand knowing that it draws on a rich educational philosophy, and on the other fully aware for that philosophy to remain vibrant in changing times, adaptations need to be made.

Selected from *Characteristics of Marianist Universities: A Resource Paper*, Published in 1999 by Chaminade University of Honolulu, St. Mary’s University and University of Dayton

Each of these characteristics is integrated, to varying degrees, in this course.

***SYLLABUS IS SUBJECT TO CHANGE WITH NOTICE**

Tentative Course Schedule

Week/Date		Topics
WEEK 1	Introductions Chapter 1 Quiz 1	Thinking Critically
WEEK 2	Chapter 2 Chapter 3 Quiz 2	Neuroscience and behavior Nature & Nurture of Behavior
WEEK 3	Chapter 4 Chapter 5 Quiz 3	The Developing Person Sensation & Perception
WEEK 4	Chapter 6 Chapter 7 Quiz 4	States of Consciousness Learning
WEEK 5	MIDTERM EXAM	Chapters 1-7
WEEK 6	Chapter 8 Chapter 9 Quiz 5	Memory Thinking, Language, & Intelligence
WEEK 7	Chapter 10 Chapter 11 Quiz 6	Motivation Emotions, Stress, & Health
WEEK 8	Chapter 12 Chapter 13 Quiz 7	Personality Psychological Disorders
WEEK 9	Chapter 14 Chapter 15 Quiz 8	Therapy Social Psychology
WEEK 10	FINAL EXAM	Chapters 8-15