



PSYCHOLOGY 101⁰³: GENERAL PSYCHOLOGY
Fall 2002
M, W, F 10:00 - 10:50
Behavioral Science 101

INSTRUCTOR: Dr. Kathleen M. Adams
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OFFICE HOURS: Monday, Wednesday, Friday 8 - 9, 11 - 1 or by appointment
The best way to reach me is by e-mail. I check my e-mail daily, even when I am not on campus. If you need to get a message to me, e-mail is better than voice mail.

COURSE DESCRIPTION:

This course:

- provides an introduction to the field of psychology.
- will survey the major theories and concepts in the psychological study of human behavior.
- will provide an introduction to the scientific method, psychological aspects of sensory processes, normal and abnormal development, learning, drives, emotions and social behavior.

REQUIRED:

- Text: Wade, C., Tavris, C., (2002). Invitation to Psychology (2nd Edition) Prentice Hall
- Other: 3" x 5" file cards, and a double pocket report folder (heavy paper or light cardboard, not plastic)
- An inquisitive, open mind
- A desire to learn and grow

COURSE OBJECTIVES:

"Chaminade University, true to its foundation in the Catholic Christian faith and the Marianist tradition of community, nurtures a unique environment encompassing people from diverse cultural origins who hold a variety of religious beliefs. Chaminade University students participate not only in the formal processes of education, but also gain insights, understanding, and tolerance from being members of a small community of learning characterized by love, cooperation, self-discipline, and mutual respect." Chaminade University Institutional Identity Statement

The characteristics of a Marianist education, and the corresponding course objectives are:

- ***a balance of reason and faith***
Students will be able to demonstrate an understanding of the benefits and the limitations of **the scientific method** and its relationship to the field of psychology
- ***education of the whole person***
Students will be able to apply **psychological concepts** to their own lives
- ***family spirit/community***
Students will be able to demonstrate an understanding of **family systems and social psychology theories**
- ***service, justice, and peace***
Students will be able to demonstrate the use of **critical thinking skills** in critiquing, discussing, and writing about psychological concepts, particularly as they relate to issues of justice, plurality and diversity
- ***adaptation to change***
Students will demonstrate knowledge of historical and contemporary **psychological theories**, particularly as they relate to **human development** and adaptation

Preparation:

- Students are expected to read the assigned readings and to complete assignments before class.
- Students are expected to come to class prepared to discuss the readings and assignments.

Participation:

- Students are expected to actively participate in class discussions and activities.

Attendance:

- **Class participation is 30% of your final grade** (see below.) **You must be in class to participate.** Students are expected to attend and to participate in class regularly.
- Attendance will be taken.
- There will be many in class assignments that will be graded and that cannot be made up.
- I do not carry extra class materials / handouts etc., to each class. Ask another student to get class materials for you when you must miss class. Every student is encouraged to find a another student in class to partner with for this purpose.

The only "excused absences" allowed will be those that are discussed with the professor before the end of the first week of classes. Absences in this category include those that are more than a few days and are due to participation in other University activities such as athletics, study trips, etc. Individuals who arrange "excused absences" with the professor during the first week of classes will be able to "make up" missed class assignments.

Any other absences, be they for illness, family emergency, etc. need not be discussed with the professor. In class assignments missed for these reasons may not be "made up." One or two missed classes due to unforeseen events will not strongly influence your grade.

GRADES:

- Final grades will be based on the total number of points accumulated during the semester.
- The total number of the most points accumulated will equal 100%.
- Grades will be determined on the following percentage basis:

90 - 100%	A
80 - 89%	B
70 - 79%	C
60 - 69%	D
< 60%	F...

50% of final grade: EXAMS:

- **Missed exams may not be made up.**
- Exam Grading -
 - The total number of the most points accumulated will equal 100%.
 - At the end of the semester, with the exception of the Final Exam, each student's lowest exam score will be dropped.

30% of final grade: IN CLASS ASSIGNMENTS:

- For the purpose of generating critical thinking and discussion, there will be many in-class assignments during the semester.
- In class assignments will include quizzes on the assigned readings.
- **In-class assignments will be unannounced and may not be made up.**

20% of final grade: GROUP PRESENTATIONS:

- Each student will be a member of a study group. Twice during the semester, each study group will make a presentation on an assigned topic. Students will participate equally in the preparation and presentation of this project. Guidelines for the project will be presented and discussed in class.

TENTATIVE COURSE SCHEDULE

The following is a TENTATIVE schedule for this course. Dates and topics may change as we work.

Date	Topic	Assignment
Monday, August 26	Introduction Review Syllabus	
Wednesday, August 28 Friday, August 30	What is Psychology?	Chapter 1 Wednesday, 8/28: Turn in completed course contract attached to syllabus
Monday, September 2	LABOR DAY NO CLASS	
Wednesday, September 4	What is Psychology, cont.	
Friday, September 6	EXAM I	Exam on Chapter 1
Monday, September 9 Wednesday, September 11 Friday, September 13	Theories of Personality	Chapter 2
Monday, September 16 Wednesday, September 18 Friday, September 20	Lifespan Development	Chapter 3
Monday, September 23	EXAM II	Exam on Chapters 2 and 3
Wednesday, September 25 Friday, September 27	Neurons, Hormones, and the Brain	Chapter 4
Monday, September 30 Wednesday, October 2 Friday, October 4	Sensation and Perception	Chapter 5
Monday, October 7	EXAM III	Exam on Chapters 4 and 5
Wednesday, October 9 Friday, October 11	Thinking and Intelligence GROUP PRESENTATIONS	Chapter 6
Monday, October 14	DISCOVERER'S DAY NO CLASS	
Wednesday, October 16 Friday, October 18	Memory GROUP PRESENTATIONS GROUP PRESENTATIONS	Chapter 7

Monday, October 21	EXAM IV	Exam on Chapter 6 and 7
Wednesday, October 23 Friday, October 25	Learning	Chapter 8
Monday, October 28 Wednesday, October 30 Friday, November 1	Behavior in Social and Cultural Context	Chapter 9
Monday, November 4	EXAM V	Exam on Chapters 8 and 9
Wednesday, November 6 Friday, November 8	Psychological Disorders	Chapter 10
Monday, November 11 Wednesday, November 13 Friday, November 15	Approaches to Treatment and Therapy	Chapter 11
Monday, November 18	EXAM VI	Exam on Chapters 10 and 11
Wednesday, November 20 Friday, November 22	Emotion, Stress and Health GROUP PRESENTATIONS	Chapter 12
Monday, November 25 Wednesday, November 27	GROUP PRESENTATIONS	
Friday, November 29	THANKSGIVING BREAK	NO CLASS
Monday, December 2 Wednesday, December 4 Friday, December 6	Motivation: Love, Sex, Food, Work	Chapter 13
FINAL EXAM DATE TO BE ANNOUNCED	EXAM VII	Exam on Chapters 12 and 13

Group Projects

Two group projects are part of this course.



Objective: To work with others to learn more about psychological concepts and to communicate what you have learned to others in the class.

- Develop a presentation (15 to 20 minutes) on the chosen topic according to the rubric below.
- Be creative - You may make a video presentation, do role plays, get the whole class involved in a demonstration, etc.
- The first project will be on concepts related to **Thinking, Intelligence, and Memory**, and will be presented on **October 11th, 16th, and 18th**.
- The second project will be on concepts related to **Emotions, Stress, and Health**, and will be presented on **November 22nd, 25th, and 27th**.

Possible topics for the the Thinking, Intelligence and Memory projects include, but are not limited to:

<ul style="list-style-type: none">▪ Types of Intelligence▪ Intelligence Testing▪ Genes and Intelligence▪ The environment and Intelligence▪ Attitudes and Motivation and Intellectual Success▪ Animal Intelligence▪ Animals and Language▪ Reconstructing Memory	<ul style="list-style-type: none">▪ Memory and Eyewitness Testimony▪ Children's Testimony▪ Memory and Hypnosis▪ Sensory Memory▪ Short term Memory▪ Long Term Memory▪ Mnemonics▪ How to Remember▪ Psychogenic Amnesia
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Possible Health Psychology topics include, but are not limited to:

- Exercise
- Nutrition
- Religious belief / spirituality
- Yoga
- Meditation
- Massage / accupressure/ acupuncture
- Social supports - healthy relationships

Grading: This project is worth 10% of your final grade.

Evaluation of:	Point value:
▪ Outline/ handout/ brochure	
Clarity and value	3
Presentation: spelling, grammar, etc.	3
References	3
▪ Clear definition of the topic	
History	3
Evolution	3
Current issues	3
▪ How does this apply to psychological health?	
What is the relationship between this topic and thinking, intelligence and memory OR psychological health?	2
Summary of current research about this topic and	7
▪ Practical application	
Examples, exercises for class	4
Recommendations	4
▪ Group participation	
Group members will allocate points to each other for participation /contribution	

