

FD '00
PM

CHAMINADE UNIVERSITY
PSY 477 TAOIST PSYCHOLOGY
FALL 2000

Instructor: Robert G. Santee, Ph.D.

Phone: 735-4720

Office Hours: Kieffer Hall, Room 5

M 3:30 – 5:00

W 1:00 – 2:00

T/R 11:00 – 12:00

By Appointment

Room: Henry Hall 102

Time: 9:30 – 9:50, T/TR

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Texts:

Tao of Power; translated by R. L. Wing

The Book of Chuang Tzu; M. Palmer, E. Breuille (trans.)

Art of Strategy, translated by R.L. Wing

The Chronicles of Tao; Deng Ming-Dao

QiGong: Essence of the Healing Dance; Garripoli

The scope of this course will be an examination of the domains of consciousness, self, behavior, strategy, decision making, spirit, social interaction, and therapeutic intervention from the perspective of Taoism. The course will explore Taoist psychology as found in the I Ching, Tao Te Ching, Chuang Tzu, Lieh Tzu, Sun Tzu, and The Complete Reality School of Taoism.

Special attention will be given to the 3 treasures of Taoism: ch'i, ching, shen and their psychological importance. In order to assist the student in understanding Taoist psychology, the relationship between the Taoist perspective and the contemporary psychological perspectives of humanistic psychology, cognitive psychology, and existential psychology will be examined. To assist the exploration of the psychological approach of Taoism, Ch'i Kung, and Taoist breathing exercises will be taught as part of the class.

This course will utilize lectures, audio-visual aids, and class interaction in our journey through the many passages of Taoist Psychology.

Attendance: Each student will begin the class with 100 points for attendance. For every class a student is absent or not present when role is taken, 10 points will be deducted.

OBJECTIVES

1. Student will be able to demonstrate an understanding of Taoist psychology.
2. Student will be able to differentiate between the Tao Te Ching, Chuang Tzu, Lieh Tzu, and The Complete Reality School of Taoism relative to a psychological focus.
3. Student will be able to demonstrate an understanding of shamanism and its relationship to Taoism.

4. Student will be able to differentiate between the 3 Taoist treasures of ch'i, ching, and shen and their relation to psychological functions.
5. Student will be able to compare and contrast Taoist psychology with humanistic, cognitive, and existential therapy.
6. Student will be able to demonstrate an understanding of the psychological components of strategy/war as found in the work of Sun Tzu.
7. Student will be able to demonstrate an understanding of how T'ai Chi Ch'uan and Ch'i Kung are expressions of Taoist psychology.
8. Student will be able to demonstrate an understanding of scientific method and how it is applied to the study of Taoist psychology.
9. Student will be able to demonstrate an understanding of how Taoist psychology is expressed in the life of Kwan Sai Hung.
10. Student will demonstrate an understanding of similarities and differences between Western culture's concept of reason and faith and Eastern culture's concept of direct experience (no self/no object).
11. Student will be able to demonstrate an understanding of how Taoist psychology is applicable in their everyday life.

ASSESSMENT

To assess the objectives each student will:

1. take 3 exams. The 3rd exam will be cumulative.
2. write a 10 page paper (typed, double spaced) demonstrating how Taoist psychology (Lao Tzu, Chuang Tzu, Lieh Tzu, the Complete Reality School of Taosim, and Sun Tzu) are integrated in the work of "The Chronicles of Tao".

GRADING

Exams I and II	100 each =	200
Exam III		200
Paper		100
Attendance		100
	TOTAL	600

- A = 540 +
 B = 486 - 539
 C = 437 - 485
 D = 393 - 436

TENTATIVE COURSE SCHEDULE

<u>Week</u>	<u>Topic</u>	<u>Readings</u>
8/29	Introduction Taoist Psychology, Shamanism Western Psychology, "The Chronicles of Tao", Scientific Method, T'ai Chi Ch'uan, Ch'i Kung	ToFP All; CofT All QG All
9/5	<u>Tao Te Ching</u> ; Humanistic Psychology	ToFP All; CofT All; QG All
9/12	<u>Tao Te Ching</u> ; Humanistic Psychology	ToFP All; CofT All; QG All
9/19	<u>Tao Te Ching</u>	ToFP All; CofT All; QG All
9/26	<u>Tao Te Ching</u>	ToFP All; CofT All; QG All
10/3	10/3 EXAM I Chuang Tzu; Existential Psychology	CT All; CofT All
10/10	Chuang Tzu; Existential Psychology	CT All; CofT All
10/17	Chuang Tzu; Existential Psychology	CT All; CofT All
10/24	10/24 EXAM II Lieh Tzu; Cognitive Psychology	CT All; CofT All
10/31	Lieh Tzu; Cognitive Psychology	CofT All
11/7	Lieh Tzu; Cognitive Psychology	CofT All
11/14	Complete Reality School of Taoism; 3 Treasures of Taoism	CofT All
11/21	Complete Reality School of Taoism; 3 Treasures of Taoism	CofT All
	11/23-24 – THANKSGIVING HOLIDAY	
11/28	Sun Tzu	AS All
12/5	Sun Tzu	AS All
	12/7 "THE CHRONICLES OF TAO" PAPER DUE	
12/13	EXAM III 8:00-10:00	