

FD99
PNS

CHAMINADE UNIVERSITY
PSY 477 TAOIST PSYCHOLOGY
FALL 1999

Instructor: Robert G. Santee, Ph.D.
Office Hours: MWF 12:00 – 1:00
TR 11:00 – 12:00
Kieffer Hall, Room 5

Time: TR 9:30-10:50 AM
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Texts: Tao of Power; translated by R. L. Wing
Chuang Tzu; translated by Burton Watson
Lieh Tzu; translated by Eva Wong
Art of Strategy, translated by R.L. Wing
The Chronicles of Tao; Deng Ming-Dao

The scope of this course will be an examination of the domains of consciousness, self, behavior, strategy, decision making, spirit, social interaction, and therapeutic intervention from the perspective of Taoism. The course will explore Taoist psychology as found in the I Ching, Tao Te Ching, Chuang Tzu, Lieh Tzu, and Sun Tzu. In order to assist the student in understanding Taoist psychology, the relationship between the Taoist perspective and the contemporary psychological perspectives of humanistic psychology, cognitive psychology, and existential psychology will be examined. To assist the exploration of the psychological approach of Taoism, Ch'i Kung, and Taoist breathing exercises will be taught as part of the class.

OBJECTIVES

1. Student will be able to demonstrate an understanding of Taoist psychology.
2. Student will be able to differentiate between the Tao Te Ching, Chuang Tzu, and Lieh Tzu relative to the psychological focus.
3. Student will be able to demonstrate an understanding of shamanism and its relationship to Taoism.
4. Student will be able to differentiate between humanistic, cognitive, and existential approaches to therapy.
5. Student will be able to compare and contrast Taoist psychology with humanistic, cognitive, and existential therapy.
6. Student will be able to demonstrate an understanding of the psychological components of strategy/war as found in the work of Sun Tzu.
7. Student will be able to demonstrate an understanding of how T'ai Chi Ch'uan is an expression of Taoist psychology.
8. Student will be able to demonstrate an understanding of how Chi Kung is an expression of Taoist psychology.
9. Student will be able to demonstrate an understanding of how Taoist psychology is expressed in the life of Kwan Sai Hung.
10. Student will be able to demonstrate an understanding of how Taoist psychology is applicable in their everyday life.

REQUIREMENTS

1. 3 exams. The 3rd exam will be cumulative.
2. 10 page paper (typed, double spaced) demonstrating how Taoist psychology (Lao Tzu, Chuang Tzu, Lieh Tzu, and Sun Tzu) is integrated in the work of Chuang Tzu.

GRADING

Exams I and II	100 each =	200
Exam III		200
Paper		100

A = 450 +
B = 400 - 449
C = 350 - 399
D = 300 - 349

Tentative Course Schedule

<u>Date</u>	<u>Topic</u>	<u>Readings</u>
8/31	Introduction Taoist Psychology, Shamanism Western Psychology	TTC All CofT All
9/7	<u>Tao Te Ching</u> ;	TTC All; CofT All
9/14	<u>Tao Te Ching</u>	TTC All; CofT All
9/21	<u>Tao Te Ching</u> ; Humanistic Psychology	TTC All; CofT All
9/28	<u>Tao Te Ching</u> ; Humanistic Psychology	TTC All; CofT All
10/5	Chuang Tzu 10/7 EXAM I	CT All; CofT All
10/12	Chuang Tzu	CT All; CofT All
10/19	Chuang Tzu; Existential Psychology	CT All; CofT All
10/26	Chuang Tzu; Existential Psychology 10/28 EXAM II	CT All; CofT All
11/2	Lieh Tzu	LT All; CofT All
11/9	Lieh Tzu 11/11 HOLIDAY	LT All; CofT All
11/16	Lieh Tzu; Cognitive Psychology	LT All; CofT All Cognitive
11/23	Lieh Tzu; Cognitive Psychology 11/25 HOLIDAY – THANKSGIVING	LT All; CofT All Therapy
11/30	Sun Tzu	AS All
12/7	Sun Tzu 12/7 CHUANG TZU PAPER DUE	AS All
12/13	EXAM III 8:00-10:00	