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**CHAMINADE UNIVERSITY
PSY 477 TAOIST PSYCHOLOGY
SPRING 1998**

Instructor: Robert G. Santee, Ph.D.
Office: Kieffer Hall, Room 5
Office Hours: MTWTh 12:00 - 1:00
By Appointment
Phone: 735-4720

Time: M/W/F 11:00 - 11:50
Room: Henry Hall 121

Texts: On Becoming a Person; Carl Rogers
Discovery of Being; Rollo May
Tao of Power; translated by R. L. Wing
Chuang Tzu; translated by Burton Watson
Lieh Tzu; translated by Eva Wong
Art of Strategy, translated by R.L. Wing

The scope of this course will be an examination of the domains of consciousness, self, behavior, strategy, decision making, spirit, social interaction, and therapeutic intervention from the perspective of Taoism. The course will explore Taoist psychology as found in the I Ching, Tao Te Ching, Chuang Tzu, Lieh Tzu, and Sun Tzu. In order to assist the student in understanding Taoist psychology, the relationship between the Taoist perspective and the contemporary psychological perspectives of humanistic psychology, cognitive psychology, and existential psychology will be examined. To assist the exploration of the psychological approach of Taoism, Ch'i Kung, and Taoist breathing exercises will be taught as part of the class.

OBJECTIVES

1. Student will develop a basic understanding of Taoist psychology.
2. Student will be able to differentiate between the Tao Te Ching, Chuang Tzu, and Lieh Tzu relative to psychological focus.
3. Student will develop a basic understanding of humanistic, cognitive, and existential approaches to therapy.
4. Student will be able to differentiate between humanistic, cognitive, and existential approaches to therapy.
5. Student will be able to compare and contrast Taoist psychology with humanistic, cognitive, and existential therapy.
6. Student will develop a basic understanding of the psychological components of strategy/war as found in the work of Sun Tzu.

GRADING

Exams I and II	100 each =	200	A = 450 +
Exam III		200	B = 400 - 449
Paper		100	C = 350 - 399
			D = 300 - 349

REQUIREMENTS

1. 3 exams. The 3rd exam will be cumulative.
2. 10 page paper (typed, double spaced) comparing one approach from Taoist psychology (Lao Tzu, Chuang Tzu, Lieh Tzu, and Sun Tzu) with one approach from a Western perspective of therapy (humanistic psychology, cognitive psychology, existential psychology).

Tentative Course Schedule

<u>Date</u>	<u>Topic</u>	<u>Readings</u>
1/12	Introduction Taoist Psychology Western Psychology	TTC All OBAP All
1/19	Tao Te Ching; 1/19 HOLIDAY 1/23 NO CLASS - SPIRITUAL CONVOCATION/FOUNDER'S DAY MASS	TTC All; OBAP All
1/26	Tao Te Ching	TTC All; OBAP All
2/2	Tao Te Ching; Humanistic Psychology	TTC All; OBAP All
2/9	Tao Te Ching; Humanistic Psychology	TTC All; OBAP All
2/16	2/16 HOLIDAY ; Chuang Tzu 2/18 EXAM I	CT All; DOB All
2/23	Chuang Tzu	CT All; DOB All
3/2	Chuang Tzu; Existential Psychology	CT All; DOB All
3/9	Chuang Tzu; Existential Psychology 3/11 EXAM II	CT All; DOB All
3/16	Lieh Tzu	LT All
3/23-27	SPRING BREAK	
3/30	Lieh Tzu	LT All
4/6	Lieh Tzu; Cognitive Therapy 4/10 HOLIDAY	LT All Cognitive
4/13	Lieh Tzu; Cognitive Therapy	LT All Therapy
4/20	Sun Tzu	AS All
4/27	Sun Tzu	AS All
5/1	Last Day of Class PAPER DUE	
5/6	EXAM III 10:30 - 12:30	