

FD '00  
PM

**CHAMINADE UNIVERSITY**  
**PSY 475 – TRANSPERSONAL PSYCHOLOGY**  
**FALL 2000**

<b><u>Instructor:</u></b>	Robert G. Santee, Ph.D.	<b><u>Room:</u></b>	H102
<b><u>Phone:</u></b>	735-4720	<b><u>Time:</u></b>	11:00-11:50, MWF
<b><u>Office Hours:</u></b>	M 3:30 – 5:00 W 1:00 – 2:00 T/R 11:00 – 12:00 Kieffer Hall, Room 5 By Appointment	<b><u>FAX:</u></b>	739-4670
		<b><u>email:</u></b>	rsantee@chaminade.edu

**Texts:** Coming Home: The Enlightenment of Sacred Traditions; Hixon  
Jung and Shamanism in Dialogue – Retrieving the Soul/Retrieving the Sacred; Smith  
The Feeling of What Happens: Body & Emotion in the Making of Consciousness;  
Damasio  
Buddha's Nature: A Practical Guide to Discovering Your Place in the Cosmos; Nisker  
Up from Eden: A Transpersonal View of Human Evolution; Wilbur  
The Book of Chuang Tzu; Palmer, Breuilly (trans.)

Transpersonal psychology is an attempt to explore what it means to be really human. It brings to our attention that there is more to being human than our individual body, mind, and sense of self. There is more to us than thinking, feeling, behaving. Transpersonal psychology examines that which transcends and is in fact (belief/reason) the basis of our very existence.

The scope of this course is a phenomenological exploration of consciousness, mystical/spiritual experience, and self-transformation within the evolutionary context. This exploration will incorporate mythical, scientific, philosophical, religious, and psychological perspectives. The focus of the course will be shamanism, and Western (science, Christianity, Judaism, Islam) and Eastern (Buddhism, Taoist, Hinduism) attempts to answer the following questions:

Who am I?  
What is the meaning of life?  
What happens when I die?  
Is there a soul?  
Is there a god?  
Was the universe created or is it eternal?

Specific attention will be given to the relationship between reason and faith relative to answering these questions.

This course will utilize lectures, audio-visual aids, and class interaction in our journey through the many passages of Transpersonal Psychology. There will be in-class meditation each day. In addition, student will do out of class meditation 3 times a week for 5 weeks for a minimum of 10 minutes a day.

**Attendance:** Each student will begin the class with 100 points for attendance. For every class a student is absent or not present when role is taken, 10 points will be deducted.

### OBJECTIVES

1. Student will demonstrate an understanding of transpersonal psychology.
2. Student will demonstrate an understanding of the nature of consciousness.
3. Student will demonstrate an understanding of the nature of mystical experience.
4. Student will demonstrate an understanding of shamanism.
5. Student will demonstrate an understanding of the evolutionary process.
6. Student will demonstrate an understanding of the scientific method as it applies to transpersonal psychology.
7. Student will demonstrate an understanding of the integration of philosophical, religious, psychological, and evolutionary perspectives relative to transpersonal psychology.
8. Student will demonstrate an understanding of Eastern and Western traditions and concepts of mystical experiences/altered states of consciousness.
9. Student will demonstrate an understanding of the similarities and differences between Western culture's concept of reason and faith and Eastern culture's concept of direct experience (no subject/no object).
10. Student will demonstrate an understanding of meditation/prayer and its relationship to mystical experience/altered states of consciousness.
11. Student will demonstrate an understanding of similarities and differences between Western culture's concept of reason and faith and Eastern culture's concept of direct experience (no self/no object).

### ASSESSMENT

To assess the objectives each student will:

1. take 2 Exams
2. write a 10 page paper, typed and double spaced, on how philosophy, psychology, religion, and evolutionary theory are integrated in transpersonal psychology. You must use at least 10 references.
3. write a 5 page paper typed and double spaced, demonstrating the application of the scientific method and your analysis of your out of class experience of meditating for 5 weeks.

### GRADING

2 Exams	2 x 100	=	200	A = 405 +
10 Page Paper			100	B = 365 – 404
5 Page Paper			50	C = 329 – 364
Attendance			100	D = 296 – 328
	<b>TOTAL</b>		<b>450</b>	

**TENTATIVE COURSE SCHEDULE**

Week	Topic	Readings
8/28	Introduction, Myth, Philosophy, Psychology, Religious, and Scientific Perspectives of the Nature of Existence; Evolutionary Theory; Meditation, Consciousness, Mystical Experience; Reason & Faith; Scientific Method <b>9/1 – CONVOCATION – NO CLASS</b>	J&S 1-3 FWH All UE 1-3
9/4	<b>9/4 – HOLIDAY</b> Shamanism, Consciousness, Evolutionary Theory  <i>9/4 - BEGIN OUT OF CLASS MEDITATION</i>	J&S 4-6 FWH All UE 4-6 BN All
9/11	Shamanism, Consciousness, Evolutionary Theory	J&S 7-8 FWH All UE 7-9 BN All
9/18	Consciousness, Evolutionary Theory	FWH All UE 10 BN All
9/25	Philosophical	UE 11 CH 1,5
10/2	Judaism; God; Mystical Experience	UE 12 CH 6
10/9	<b>10/9 – HOLIDAY</b> Christianity; God; Mystical Experience	UE 13 CH 7
10/16	Islam; God; Mystical Experience <b>10/18 - MEDITATION PAPER DUE</b> <b>10/20 – EXAM I</b>	UE 14 CH 8
10/23	Hinduism; Brahman; Atman; Mystical Experience	UE 15 CH 2,3,10
10/30	Buddhism; Anatman; Mystical Experience	BN All UE 16, CH 4
11/6	Buddhism; Anatman; Mystical Experience	BN All UE 16, CH 4
11/13	Taoism; Tao; Mystical Experience	UE 17 CH 9 CT All

11/20	<b>11/23-24 – THANKSGIVING HOLIDAY</b> Taoism; Tao; Mystical Experience	CH 9 CT All
11/27	Integration	
12/4	Integration <b>12/8 – PAPER DUE</b>	
12/13	<b>EXAM II – 10:30 – 12:30</b>	