

SSS '03

Chaminade University of Honolulu
Psychology 340: Psychology of Sexual Expression
Instructor: Karen Hoffman, MSCP
Contact Phone Number: 638-9468

Text: Understanding Human Sexuality by Janet Shibley Hyde and
John D. DeLamater. McGraw-Hill, 2000 (seventh edition.)
Sexually Speaking by J. Davis Mannino. McGraw-Hill College, 1999.

Course Description:

An introduction to the major theories and concepts in the study of Human Sexuality and Sexual Expression which will provide the student with a broad overview of a variety of the psychological aspects of sexual expression throughout the life span. Exploration of the psychological aspects of human sexuality and sexual expression will allow the student the opportunity to develop a better understanding of self and society.

Course Objectives:

- The student will:
- Demonstrate knowledge of the scientific method.
- Demonstrate knowledge of the basic concepts and principles of human sexuality.
- Demonstrate an understanding of the major factors affecting human sexuality and sexual expression.
- Develop an appreciation of the processes by which human sexuality is studied, analyzed, and interpreted.
- Demonstrate knowledge of cultural diversity in sexual expression.
- Be able to integrate knowledge about sexual expression into daily life so as to enrich one's understanding of self and others.

Course Method:

The following teaching approaches will be utilized:

- Textbook Reading
- Lecture/Discussion Format
- Audio/Visual Materials
- Small/Large Group Discussions
- Guest Speakers
- Reflective Writing
- Independent Study

Expectations For Students:

1. Class attendance is required!! Ten bonus points will be added to final grade for perfect attendance. In order to earn the ten bonus points, you must come to class on time and be present in class for the entire session.
2. Read and study all assignments. You will be responsible for reading the course textbooks and any additional readings given during the course. It is important to bring your textbooks to every class session.
3. The student is expected to be responsive to new ideas and to participate in discussions and offer own viewpoints.

Course Requirements:

The workbook will be worth 100 points.

Tests:

Four examinations will be given. Each one will be worth a total of 50 points.

You may chose to write a paper or do a class presentation on a chapter you feel comfortable with.

A Paper:

You may chose a topic relevant to course subject matter that is covered in the text. The instructor must approve your topic. The paper must be typed, double spaced, and 5-7 pages in length. You also need to enclose a bibliography and cite references. Be careful of grammar and spelling errors as you will lose points for them. Do not plagiarize!! Your paper will be due when the relevant chapter is covered in class. Your paper will be worth 100 points.

A Presentation:

You may chose a chapter in the text, that you feel comfortable talking about to the class. You will need to write out your presentation in advance because you will not be able to use your textbook during the presentation. The student will be required to share their impressions and experiences related to the chapter.

Class members are encouraged to join in the discussions and presentation and the instructor will make appropriate comments or add information as required. This portion of the class is meant to be lively and interesting. The presentations will allow students the opportunity to apply the information in each chapter to real life situations which will make our study of Psychology of Sexual Expression more meaningful. The presentations will also give the instructor insight into how much of the information the student is grasping and understanding. The presentation is worth 100 points.

The presentation and paper will be graded as follows:

- Exceptional-100-90
- Above Average-89-80
- Average-79-70
- Below Average-69-60
- No Participation-0

Reflective Writing:

There will be several reflective writings assigned during class sessions.

Course Grading:

After calculating the total possible points for the course, students will earn the following grade:

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| A-400-360 | C-319-280 | |
| B-359-320 | D-279-240 | F-239&Below |

Psy. 340 Psychology of Sexual Expression Syllabus

- Week 1 Text. Chapt. 1-Sexuality in Perspective
Chapt. 2-Theoretical Perspectives on Sexuality
Chapt. 3-Sex Research
Workbook Chapt. 1-Beyond the Myths and Media Hype: Discovering Human Sexuality
Chapt. 2-The Science of Sex: Human Sexuality and Research
- Week 2 Text. Chapt. 4-Sexual Anatomy
Chapt. 5-Sex Hormones and Sexual Differentiation
Chapt. 6-Menstruation and Menopause
Workbook Chapt. 3-The Body Beautiful: Male and Female Sexual Anatomy and Physiology
Review Chapters 1-6
- Week 3 Exam 1-Chapters 1-6
Text. Chapt. 7- Conception, Pregnancy, and Childbirth
Chapt. 8-Contraception and Abortion
Workbook Chapt. 9-Understanding a Miracle: Conception, Pregnancy, and Childbirth
Chapt. 10-Love and the Morning After: Contraception and Abortion
- Week 4 Text. Chapt. 9-The Physiology of Sexual Response
Chapt. 10-Techniques of Arousal and Communication
Workbook Chapt. 4-As Good As It Gets: Sexual Arousal and Response
Chapt. 7-Sowing for Love: Relationships, Intimacy, and Communication
Review Chapters 7-10
- Week 5 Exam 2-Chapters 7-10
Text. Chapt. 11-Sexuality and the Life Cycle: Children and Adolescence
Chapt. 12-Sexuality and the Life Cycle: Adulthood
Workbook Chapt. 8-The Wonder of Sexual Variety: Behaviors and Techniques
Chapt. 11-All The Days: Sexuality Through the Lifespan and Situations
- Week 6 Text. Chapt. 13-Attraction, Intimacy, and Love
Chapt. 14-Gender Roles, Female Sexuality, and Male Sexuality
Workbook Chapt. 6-Goddesses and Adonises: Attraction and Love
Chapt. 5-Of Girls and Boys and Inbetween: Gender
Review Chapters 11-14
- Week 7 Exam 3 Chapters 11-14
Text. Chapt. 15-Sexual Orientation: Gay, Straight, or Bi?
Chapt. 16-Variations in Sexual Behavior
Workbook Chapt. 14-Beyond the Mainstream: Atypical Sexual Variations
- Week 8 Text. Chapt. 17-Sexual Coercion
Chapt. 18-Sex For Sale
Workbook Chapt. 15-Losing It: Sexual Harassment, Coercion, Rape, and Child Exploitation
Chapt. 16-Flesh For Sale: Art and Media, Erotica and Prostitution, Obsenity and Law
- Week 9 Text. Chapt. 19-Sexual Disorders and Sex Therapy
Chapt. 20-Sexually Transmitted Diseases
Workbook Chapt. 12-When Wine and Candles Aren't Enough: Sexual Dysfunction and Solutions
Chapt. 13-A Body To Die For: HIV/AIDS and Sexually Transmitted Diseases
REVIEW Chapt. 15-20 - WORKBOOKS DUE
- WEEK 10 - EXAM 4 - CHAPT. 15-20 - PAPER PRESENTATIONS NOT COMPLETED
CLOSURE