

pm 10-00

COURSE: PSY 340 Human Sexuality
TEXTS: *Understanding Human Sexuality* by Hyde, 7th ed.
Sexually Speaking by Mannino (paper)
INSTRUCTOR: Mitzi Simonelli, Ph.D.
TERM: Fall Day, 2000, TR
OFFICE HOURS: By Appointment - Tel: 735-4714
FAX: 739-8328

SYLLABUS MAY CHANGE WITH NOTICE. SESSIONS CONTAIN A MIXTURE OF LECTURE/DISCUSSION, QUESTIONS/ANSWERS, SMALL/LARGE GROUPS, IN-CLASS WRITINGS, VIDEOS, AND EXPERIENTIAL WORK.

DESCRIPTION

"Understanding" sexuality is something we all take for granted but research consistently shows us that understanding is much more complex than any of us realizes. This course will explore biosocial, cognitive, and psychosocial aspects of sexual development throughout the life span, beginning pre-natally and ending with the end of life. We will explore how sexuality and sexual development is shaped by our culture and we will compare our development with other cultures' views. Lastly, we will explore our personal sexual development, our attitudes, beliefs, values and expectations. This course focuses on healthy sexuality but we also delve into abnormal and alternate forms of sexual expressions at the end of the semester.

EXPECTATIONS

My expectations are as follows:

- For students to come to class on time and to attend all classes. (3 absences per semester seems "fair" - beyond that (unless hospitalized) is unexcused. I do not recognize doctor excuses, personal excuses, etc. You are either in class or absent. (Certainly, a family death or emergency on the mainland or neighbor island will always be considered if it is truly an emergency in health).
- To read, think about, understand the assignments and to be "ready" to discuss these assignments in class.
- You are responsible for your own learning. I am simply a "guide."
- To be "engaged" in your process of learning.
- For you to have FUN learning about sexuality and sexual expression

METHODOLOGY

This course will use the textbook for our basic understanding, lectures, and discussions. Video presentations will be used to supplement the text and add a visual dimensions of understanding about our own sexual development. The workbook, *Sexually Speaking*, will be the basis of small group discussions and writings done in class (on the assigned dates of workbook discussion you will need to have the assigned workbook material read and the writings in the workbook completed). Because sexuality is a vital part of everyone's life, we will all be responsible for participating in the topics, the concepts, the workbook readings, and our individual growth and development.

TOPIC

Aug. 29	Introduction to course, instructor and students Overview of material/interview	
31	Pretest Collage/writing	
Sept. 5	Discuss Ch. 1 - 23	Perspectives & Education
7	Small groups, workbook	
12	Discuss Ch. 2 & 3	Theory & Research
14	<u>Video</u>	
19	Discuss Ch. 21 & 22 Paper due	Ethics, Religion, Sexuality and the law
21	Small groups, workbook	
26	Discuss Ch. 4 & 5	Anatomy & hormones
28	<u>QUIZ</u> , Ch. 1-5, 21-23	
Oct. 3	Discuss Ch. 7 & 8	Conception, pregnancy, birth, contraception & abortion
10	<u>Video</u>	
12	Discuss Ch. 9 & 10	Response and arousal
17	Small groups, workbook	
19	Discuss Ch. 6, 11 & 12	Menstruation, menopause & life cycle
24	<u>Video</u> Project due	
26	Small groups, workbook	
31	<u>QUIZ</u> , Ch. 6-12	

GRADING

93 - 100 = A

85 - 92 = B

75 - 84 = C

CRITERIA FOR GRADING

Grading will be determined by:

- Knowledge of material
- Writing/presenting ability
- Creativity
- Critical thinking

Nov.	2	Discuss Ch. 13 & 14	Love, intimacy & gender
	7	Discuss Ch. 15 & 16	Orientation & variations
	9	Small groups, workbook	
	14	Discuss Ch. 17 & 18	Coercion & sale of sex
	16	<u>Video</u>	
	21	Small group, workbook Paper due	
	23	THANKSGIVING	
Dec.	5	Discuss Ch. 19 & 20	Disorder, therapy & disease
	7	Workbook reflective writing Ch. 12 & 13 (workbook) (open workbook) Post test Evaluation	
FINALS:		<u>QUIZ</u> , Ch. 13-20	

ASSIGNMENTS: NO LATE ASSIGNMENTS ACCEPTED

1. Paper due Sept, 19. Based on Ch. 21 & 22, Ethics, Religion, Sexuality and the Law. Your personal "rationale" for the belief structure that you have created for sexuality and expression. Typed, double spaced writing will be 3-4 pages.
2. Project due Oct. 24. Based on Ch. 11 & 12, Life Cycle Sexuality. Select a topic of interest (Ch. 11 & 12) and pose a question that you wish to research/explore. The question will be the title of your project. You will (depending on the area of interest) interview, observe, do a survey, create an experiment - and write up this research/exploration in an attempt to answer the question/title of your project. Typed, double-spaced writing will be 4-5 pages.
3. Paper due Nov. 21. Based on Ch. 13 & 14, Research based paper - topic of your choice - you must use 2 outside research sources - journals, textbooks, books (factual) or documented internet material. Typed, double spaced writing will be 4-5 pages.
4. Quizzes will be essay and short answer. I will give a review prior to the quiz. (3 quizzes).

5. Small groups on workbook materials due Sept. 7, 21, Oct. 5, 17, 26, Nov. 9, 21. The workbook is an integral part of this course because it requires you to personalize your readings, class/discussions, videos, and prior knowledge. For each of the workbook chapters assigned, you must do the pretest, and the assignments in that chapter; you are not required to do any of the research (or extra assignments the workbook chapter requests). You will be assigned to a small group (4-5 students) and you will discuss your workbook experience with that group at the end of the class period, I will pose a reflective question for you to write on. Some of these questions will be written on by the whole group (one paper) and some will be individual writings.

WORKBOOK ASSIGNMENTS

Sept. 7, Ch. 1

Sept. 21, Ch. 2, 3 & 5

Oct. 5, Ch. 9 & 10

Oct. 17, Ch. 4 & 11

Oct. 26, Ch. 6 & 7

Nov. 9, Ch. 8 & 14

Nov. 21, Ch. 15 & 16

*Dec. 7, Ch. 12 & 13 (this will not be done in small groups, but a writing will be done in class - bring your workbook to class).