

Chaminade University presents:

THE PSYCHOLOGY OF PERSONALITY (PSY 321)<sup>10</sup>

Dates: 5 April – 14 June 1999      Instructor: Ken Burtness  
Meetings: 5:30-9:30 PM, Monday      phone: 655-2256 (day)  
Schofield Barracks, HI                  638-7497 (night)  
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**Class Description:**

This course is a guided tour of the world of Personality. Your travels will take you to many exotic and fun places - Marvel at the magnificence of the mind, traverse the wild and uncharted areas of the body, thrill to the never ending bombardment of the individual by a kaleidoscopic environment ...And along the way get to know the greats of Psychology: Freud, Rogers, Skinner etc.

**Class Text:**

Frager & Fadiman (4th Ed.)  
PERSONALITY AND PERSONAL GROWTH

**Class Grading:**

8-1=7 Quizzes, 6 points @, total = 42 points  
8 Topic D & N, 6 points @, total = 48 points  
(-1 point for each class late)  
3 Biography Assignments 3 points @, total = 9 points  
(- ½ point for each class late)  
Object Exercise: 1 Point  
**TOTAL POINTS = 100**  
Attendance (extra credit 2 points  
minus ½ for each ½ class missed)


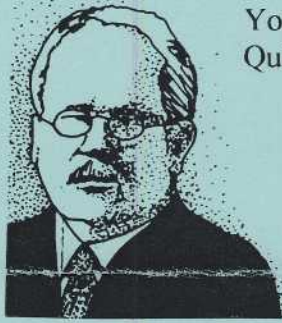
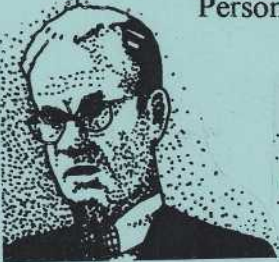

**Class Sessions** will utilize discussion and debate.  
Each student will be an advocate for one of the  
personality theorists studied in class.

**Class Quote:**

"...whoever looks into the mirror of the water will see first of all his own face. Whoever goes to himself risks a confrontation with himself. The mirror does not flatter, it faithfully shows whatever looks into it; merely, the face we never show to the world because we cover it with the persona, the mask of the actor. But the mirror lies behind the mask and shows the true face."



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DATE	CLASS TOPIC	READING
05 April 99	Class Intro: The Profound & The Personal Overview of Personality Theory <b>PICK THEORISTS</b>	Chapter One
12 April 99	Freud The Master Builder	Your Chap & Chap 2 Quiz 1; Disc 1
	 <b>SIGMUND FREUD (1856-1939)</b>	 <b>CARL GUSTAV JUNG (1875-1961)</b>
19 April 99	Jung & Adler - The Mystic & The Family Man <b>Bio 1 DUE</b>	Chap 3 & 4 Quiz 2; Disc 2
26 April 99	Anna Freud & Fritz Perls Erecting Our Defenses	Chap 5 Quiz 3; Disc 3
03 May 99	Horney & Erickson Safety, Security, and Passage <b>Bio 2 DUE</b>	Chap 6 & 7 Quiz 4; Disc 4
10 May 99	Women - Personality through Relationships	Chap 9 Quiz 5; Disc 5
	 <b>BURRHUS FREDERIC SKINNER (1904-1990)</b>	 <b>CARL RANSOM ROGERS (1902-1987)</b>
17 May 99	James & Skinner - Consciousness & the External World <b>Bio 3 DUE</b>	Chap 10 & 11 Quiz 6; Disc 6
24 May 99	Rogers & Maslow Climbing the Pyramid Congruently	Chap 13 & 14 Quiz 7; Disc 7
31 May 99	<b>MEMORIAL DAY! Study Personalities on the Beach</b>	
07 June 99	Zen - On the Path	Chap 16 Quiz 8; Disc 8
14 June 99	Leave Taking & Feedback	(chaps 8,12,15,17 optional)



## TOPIC PAPERS (3 points) & DISCUSSIONS (3 points)

*(Typewritten, Double Spaced, Notes on Discussion, 1 Page, from your Theorist's Position)  
(If discussion is missed, expand to 3-page paper, adding a second theorist to get all 6 points)*

- 1) Sex, Gender and Childhood: How does it affect the developing Personality?  
=> roles, attitudes, relationship with parents, feelings about self, drives, others...
- 2) Family Relationships: How do they influence a developing Personality?  
=> birth order; favoritism; expectations; discipline; nurturing; others...
- 3) Environments: How do children survive bad ones? How do they fail in good ones?  
=> short-term strategies vs. long-term strategies; escape vs. coping; others...
- 4) Anxiety: What causes it? How do we attempt to deal with it when we're young?  
When we're old? => needs, perceptions, dealing with crises, others...
- 5) Female vs. Male Personalities: Why the differences in behavior, communication etc.?  
=> values, expectations, training, modeling, types of relationships, others...
- 6) External Influences: How does the External World impact our Personalities? Shape it?  
=> how do external factors affect us and how do we affect them? who is in control? others?
- 7) Internal Influences: How does our Internal World impact our Personalities? Shape it?  
=> congruence and incongruence; aspirations; self-actualizing tendencies; peak experiences...
- 8) The Interface with Values: How do Morals, Values, Attitudes, Style affect our Personalities?  
=> religion; inward journeys; dealing with conflicting values, double messages etc.? how do we know we're doing the right thing? how do we add values if they've been left out? ...

## HOMEWORK

(3 papers on Famous Personalities + Material Object Exercise.  
All to be typewritten, double spaced)

- 1) First Biography: **HENRY HOUDINI** DATE DUE: 19 APRIL
- 2) Second Biography: **JEAN HARLOW** DATE DUE: 3 MAY
- 3) Third Biography: **JAMES EARL JONES** DATE DUE 17 MAY
- 4) PICK A MATERIAL OBJECT OF YOURS THAT REFLECTS YOUR PERSONALITY.  
DESCRIBE IN ONE PARAGRAPH. BRING OBJECT TO CLASS TO SHARE  
(HIDDEN) DATE DUE 7 JUNE

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