

***Theories of Personality***  
**Psychology 321 – Fall 1999**

**Days/Times/Location:** T, Th. 12:30-1:50 p.m. @ Henry Hall 225

**Instructor:** Tracy Trevorror, Ph.D.

**Phone:** 739-4685 **Email:** ttrevorr@chaminade.edu

**Office Hours:** T & Th. 2:00.-3:00 p.m., and by appointment

**Text/Materials:** Personality; Strategies & Issues. Liebert & Liebert, 8<sup>th</sup>. Edition, Brooks/Cole Publishing Co.

**Course Description and Objectives**

The study of personality is often considered the heart of psychology because it addresses the basic question of what makes people tick. Why is Joe the life of the party? What drives Anne to study all the time? Why is Nathan so reckless? Why is Calvin confident singing karaoke but shy and awkward when you meet him alone? We often find other people's behavior difficult to understand and we are often mysteries to ourselves!

As you will see in this course, in the field of psychology, there are many theories but little agreement as to what is "personality". Psychologists disagree on where to focus their study, how to gather their data, and what language and models to use when describing people and their thoughts and behavior.

Many disciplines attempt to capture aspects of personality, such as literature, history, and fine arts. This course will cover how psychology adds to our understanding (and sometimes our confusion!) about personality.

I have a number of objectives in this course. First, I want you to be able to think critically about the theories presented. I want you to be able to discuss the strengths and weaknesses of each theory that we review. Second, I will be encouraging you to apply the course material to your own life, and to discuss your perspective in class and in writing. I believe it is more important that you grapple with issues of understanding yourself and those around you than it is for you to remember and report facts from the readings. Third, I want you to become acquainted with the various methods used to assess personality and personality problems, as well as how psychological therapies are considered to influence personality. Forth, I want you to gain hands-on experience in collecting, analyzing, and presenting data that you have gathered. Finally, I will be encouraging you to develop your reading and writing skills.

### Course Requirements

Your grade will be based on the following...

Four tests (best 4 out of 5) (25 points each)	100
Mid-course evaluation participation	5
Research study & class presentation/poster	35
Five (best) journal entries (5 points each)	25
<u>Final</u>	<u>35</u>
Total possible points	200

Grade levels: A = 180-200+ points; B= 160-179 points; C= 140-159 points; D= 120-139 points; F= <120

You may earn extra points by participation in research projects and by bonus point challenges. This opportunity is not provided to allow a student to make up for poor performance (i.e., quantity over quality) and is offered at the instructor's discretion.

#### Quizzes & Final Exam

Each quiz will cover material presented in class and the assigned readings. The quizzes and final exam will consist of multiple choice and short answer questions. The final exam will be based on material presented during class presentations.

#### Journal Entries

Journal entries are brief reports, typically 1-2 pages, where you write down your ideas and reactions to the course material. You may be asked to write a journal in response to specific class material. You may write as many journal assignments as you wish--your top 5 scores will count towards your grade. Expressing yourself clearly in writing is important and will be rewarded. I encourage you to consider taking advantage of the Academic Achievement Program (735-4845) where counselors can help you advance your writing skills. You can receive bonus points for participating in this program.

#### Research & Class Presentation/Poster

You will collaborate with three other students on a research project. Your project will include the formation of a hypothesis which you will explore empirically, i.e., you will collect data to test your hypothesis. Your topic and method must be approved. You will present your study to the class using a poster format. Guidelines for poster presentations will be given in class. A summary of your presentation is to due one class before your presentation.

#### Lateness Policy

No make up exams are given but you are welcome to request to take the exam early should you be unable to make the scheduled exam. Assignment deadlines are not negotiable. The consequence for missing a deadline can lower your grade.

**Course Schedule**  
(subject to change)

<b>Date</b>	<b>Topic</b>	<b>Reading</b>
8/31	About this course, dimensions of personality, self-evaluation	none
9/2	Self-evaluation test.	none
9/7	Science of personality; theory & research	Chapter 1 & 2
9/9	Assessment approaches; research approaches, research articles	handout article
9/14	<b>Test # 1 "Personality Research &amp; Assessment"</b>	
	Introduction to Psychoanalytic Strategy, Freud	Chapter 3, 4
9/16	Post-Freudian perspectives; Jung, Erikson	Chapter 5
9/21	Assessment (dreams, projective devices) & treatment (analysis)	Chapter 6
9/23	Critical review of Psychoanalytic Strategy	Chapter 6
9/28	<b>Test #2 "Psychoanalytic Strategy"</b>	
	Introduction to the Dispositional Strategy	Chapter 7
9/30	Traits & types, biological approach	Chapter 8, 9
10/5	Assessment of dispositions & treatment implications	Chapter 7 p.188-190
10/7	Critical review of Dispositional Strategy: <b>Mid-semester course evaluation</b>	Chapter 10
10/12	<b>Test #3 "Dispositional Strategy"</b>	
	Introduction to the Environmental Strategy	Chapter 11
10/14	Behaviorism	Chapter 12
10/19	Social Learning Theory	Chapter 13
10/21	Assessment & treatment; critical review of Environmental Strategy	Chapter 14
10/26	<b>Test #4 "Environmental Strategy"</b>	
	Introduction to the Representational Strategy	Chapter 15
10/28	Humanist/Existentialists: Roger, Maslow	Chapter 16
11/2	Social/Cognitivists: Kelly, Rotter, Bandura, Michel	Chapter 17
11/4	Critical review of Representational Strategy	Chapter 18
11/9	<b>Test #5 "Representational Strategy"</b>	
	Review of Topics of Presentation	
11/11	<b>VETERAN'S DAY</b> - no class	
11/16	Group presentations 1 & 2	
11/18	Group presentations 3 & 4	
11/23	Group presentations 5 & 6	
11/25	<b>THANKSGIVING HOLIDAY</b>	
11/30	Group presentations 7 & 8	
12/2	Group presentations 9 & 10	
12/7	Summary of presentations	
12/9	Class evaluation	
12/14	<b>Final 12:45---2:45 in HH 225</b>	