## Syllabus 17 July 1998

Course: Psy 32180 Psychology of Personality

Chaminade University of Honolulu on Camp Smith Bldg 27 Summer Evening: 6 July 98 - 14 Sep 98

Instructor: Sally J. Rall, MA, NCC Contact numbers: office 235-0165, pager 363-0302, e-mail 103665.325 @compuserve.com
Available hours: before or after class, or by appointment

Course description: This course will survey the basic theories of personality. Theory will be presented in the context of clinical application. Diversity and ethical issues will be discussed.

Course objectives: At the end of this course students will be able to apply theoretical concepts to clinical situations in a sensitive and health promoting manner. Role play, current research, class discussion, and a short paper on each students emerging theory of personality will help facilitate this goal.

Required textbook:

Frager, R., and Fadiman, J., Personality and Personal Growth 4th edition, Longman, 1998.

Helpful resources: DSM-IV, ACA or APA code of ethics, and most current edition of APA writing manual (instructor will bring desk copies for use during class)

Criteria for grading: This is a 100 point class:

\* Class participation and attendance = 10 points
5 - 10 page paper = 30 points
Class leader (s) or 15 page paper = 30 points
Class final = 30 points

Attendance policy: The policy of Chaminade University. Speak with me, if you have a need to be absent or late. It is your job to sign the attendance sheet to verify your presence.

\*\*\*\*Please let me know if you have special learning needs, attendance situations, or life events which will impact your participation.

Paper: The 5-10 page paper is a thought paper. Therefore there are no "right" or "wrong answers." Grading will be based on how well you support your ideas with the concepts and theories presented in this class or from outside research. APA style. (We will discuss the style as necessary). At least five references are necessary from professional sources.

Class Leader (s): This is a project during which students lead the class for half the period ie about 2 hours. Any aspect of the week's chapter can be chosen. Teaching modality is up to the leader(s).

Leadership Paper: For students who choose to lead through written communication, a 15 page, APA style paper with at least 5 references is the option. A one page summary will be handed out to the class accompanied by a 5 min oral summary.

Both Leadership projects are designed to help prepare students to continue in academia, enter clinical practice, or continue their present careers. The objectives are to practice clear communication and defense of one's position in an informative and professional manner. Points are earned based on willingness to share information, openness to discourse, and clarity in chosen communication style.

Class final: This is an in class final. It is closed book. <u>You may bring one 8 by 10 piece of paper with notes on both sides of the paper.</u> Cases will be given based on the theories discussed in this class. Your job will be to explain possible theoretical underpinnings of the cases as well as the diversity and ethical issues involved. Multiple choice questions, fill-ins, and brief sentence answers will be the mode of inquiry. There will be five cases with six questions. Each answer is worth one point.

Time Table: Scheduled classes are: 10 Jul, 17 Jul, 24 Jul, 31 Jul, 7 Aug, 14 Aug, 21 Aug, 28 Aug, 4 Sep, 11 Sep

First class meeting: Introductions, General Ideas, "What is Personality?" "What is Transpersonal?" Overview of text.

Dates and Assignments (Schedule may be amended based on class process.)

10 July Introduction to Class, Introduction Ch 1

17 July Overview of class process, Freud Ch 2: Text, Original Sources and Current Therapies

24 July Jung Ch 3 and "Gloria Tapes"

31 July Integration of Neo-Freudian, Perls, Ellis (Kelly), Rogers Consider Highlights of Chs 5, and 12, and 13

7 Aug Adler Ch 4, Eastern Perspectives, Ch 15, Ch 16, Ch 17 (unifying theme response to societal influence)

14 Aug Horney Ch 6, Relational, Ch 9

21 Aug Erikson Ch 7, Reich Ch 8

28 Aug James and Consciousness Ch 10, Maslow and Transpersonal Ch 14

4 Sep B.F. Skinner Ch 11 Highlights and Contrasts to Previous Theorists (Class may be lead by guest professor; announcement will be made.)

11 Sep FINAL (6pm - 8pm), ALL PAPERS DUE, 5 minute presentations, emerging theory of personality discussion