

Chaminade University of Honolulu  
Psychology 304: The Psychology of Adolescence  
Instructor: Karen Hoffman MSCP  
Contact Phone Number: 638-9468, 293-8925  
Text: Adolescence by John W. Santrock, Brown and Benchmark Publishers,  
2001 (Eighth Edition)

### Course Description:

An introduction to the major theories and concepts in the study of Adolescence, which will provide the student with a broad overview of a variety of the psychological aspects of adolescent development. Exploration of the biological, cognitive and socioemotional processes will allow the student the opportunity to develop a better understanding of self and society.

### Course Objectives:

The student will:

- Demonstrate knowledge of the scientific method.
- Demonstrate knowledge of cultural diversity among adolescents.
- Demonstrate knowledge of the basic concepts and principles of adolescent psychology.
- Demonstrate an appreciation of the processes by which adolescent behavior is studied, analyzed and interpreted.
- Be able to integrate knowledge about behavior into daily life, so as to enrich one's understanding of self and others.

### Course Method:

The following teaching approaches will be utilized:

- Textbook Reading
- Various Readings Assigned by the Instructor
- Lecture/Discussion Format
- Audio Visual Materials
- Small/Large Group Discussions
- Guest Speakers
- Reflective Writing
- Independent Study

### Expectations For Students:

1. Class attendance is required!! Ten bonus points will be added to final grades for perfect attendance. In order to earn the ten bonus points, you must be present in class for the ENTIRE

session. This includes returning from breaks on time. A Doctor's note or note from your supervisor must be turned in if you are sick or absent due to your work schedule.

2. Read and Study all assignments. You will be responsible for reading the course textbook and any additional readings given during the course. It is important to bring your textbook to every class session.
3. The student is expected to be responsive to new ideas and to participate in discussions and offer own viewpoints.

#### Course Requirements:

Tests: Four examinations will be given. Each one will be worth a total of 50 points.

A Collage: The student will make a collage depicting their own personal experiences during adolescence. The biological, cognitive, and socioemotional processes that one goes through in adolescence will need to be included in your collage. The collage should be 2'x3' in size and will be presented orally in class by the student. The collage will be worth 100 points.

Class Presentations: Each week, students will take turns presenting what they have learned in a particular chapter. You will need to write out your presentation in advance because you will not be able to use your textbook during the presentation. The student will be required to share their impressions and experiences related to the chapter. Class members are encouraged to join in the discussion and presentation and the instructor will make appropriate comments or add information as required. This portion of the class is meant to be lively and interesting. The presentations will allow students the opportunity to apply the information in each chapter to real life situations which will make our study of psychology more meaningful. The presentations will also give the instructor insight into how much of the information the student is grasping and understanding. Presentations will be graded as follows: Exceptional-100-90, Above Average-89-80, Average-79-70, Below Average-69-60, No Participation-0.

Course Grading: After calculating the total possible points for the course, students will earn the following grades:

A-400-360----B-359-320----C-319-280----D-279-240----F-239&Below

Psy. 304 The Psychology of Adolescence Syllabus

- Week 1----Chapt. 1-- Introduction  
Chapt. 2--The Science of Adolescent Development
- Week 2----Chapt. 3--Biological Foundations, Puberty, and Health  
Chapt. 4--Cognitive Development  
Review Chapt. 1-4
- Week 3----Exam 1--Chapt. 1-4  
Chapt. 5--Families  
Chapt. 6--Peers
- Week 4----Chapt. 7--Schools  
Chapt. 8--Culture  
Review Chapt. 5-8
- Week 5----Exam 2--Chapt. 5-8  
Chapt. 9--The Self and Identity  
Chapt. 10-Gender
- Week 6----Chapt. 11-Sexuality  
Chapt. 12-Moral Development, Values, and Religion  
Review Chapt. 9-12
- Week 7----Exam 3--Chapt. 9-12  
Chapt. 13-Achievement, Careers, and Work  
Chapt. 14-Adolescent Problems
- Week 8----Collages Due  
Review Chapt. 13-14
- Week 9----Collages Due  
Extra Credit due
- Week 10 Exam 4--Chapt. 13-14  
Closure