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Chaminade University of Honolulu
Psychology 304 ~~50~~ The Psychology of Adolescence
Instructor: Karen Hoffman MSCP
Contact Phone Number: 638-9468
Text: Adolescence by John W. Santrock, Brown and Benchmark Publishers,
1966 (Seventh Edition)

Course Description:

An introduction to the major theories and concepts in the study of Adolescence, which will provide the student with a broad overview of a variety of the psychological aspects of adolescent development. Exploration of the biological, cognitive and socioemotional processes will allow the student the opportunity to develop a better understanding of self and society.

Course Objectives:

The student will:

Demonstrate knowledge of the basic concepts and principles of adolescent psychology.

Demonstrate an appreciation of the processes by which adolescent behavior is studied, analyzed and interpreted.

Be able to integrate knowledge about behavior into daily life, so as to enrich one's understanding of self and others.

Course Method:

The following teaching approaches will be utilized:

Textbook Reading

Lecture/Discussion Format

Audio visual Materials

Small/Large Group Discussions

Guest Speakers

Reflective Writing

Independent Study

Expectations For Students:

1. Class attendance is required!! Ten bonus points will be added to final grades for perfect attendance. In order to earn the ten bonus points, you must be present in class for the entire session. A Doctor's note or note from your supervisor must be turned in if you are sick or absent due to your work schedule.
2. Read and Study all assignments. You will be responsible for reading the course textbook and any additional readings given during the course. It is important to bring your textbook to every class session.
3. The student is expected to be responsive to new ideas and to participate in discussions and offer own viewpoints.

Course Requirements:

Tests:

Four examinations will be given. Each one will be worth a total of 50 points.

A Collage:

The student will make a collage depicting their own personal experiences during adolescence. The biological, cognitive, and socio-emotional processes that one goes through in adolescence will need to be included in your collage. The collage should be 2'x3' in size and will be presented orally in class by the student. The collage will be worth 100 points.

Reflective writing:

There will be several reflective writings assigned during class sessions.

Class Presentations:

Each week, students will take turns presenting what they have learned in a particular chapter. You will need to write out your presentation in advance because you will not be able to use your textbook during the presentation. The student will be required to share their impressions and experiences related to the chapter. Class members are encouraged to join in the discussion and presentation and the instructor will make appropriate comments or add information as required. This portion of the class is meant to be lively and interesting. The presentations will allow students the opportunity to apply the information in each chapter to real life situations which will make our study of psychology more meaningful. The presentations will also give the instructor insight into how much of the information the student is grasping and understanding. Presentations will be graded as follows:

Exceptional-100-90
Above average-89-80
Average-79-70
Below Average-69-60
No Participation-0

Course Grading:

After calculating the total possible points for the course, students will earn the following grade:

A-400-360
B-359-320
C-319-280
D-279-240
F-239&Below

Psy. 304 The Psychology of Adolescence Syllabus

- Week 1-----Chapt. 1-Introduction
 Chapt. 2-The Science of Adolescent Development
- Week 2-----Chapt. 3-Biological Processes and Physical Development
 Chapt. 4-Cognitive Development and Social Cognition
 Review
- Week 3-----Exam 1
 Chapt. 5-Information Processing and Intelligence
 Chapt. 6-Families
- Week 4-----Chapt. 7-Peers
 Chapt. 8-Schools
 Review
- Week 5-----Exam 2
 Chapt. 9-Culture
 Chapt. 10-The Self and Identity
- Week 6-----Chapt. 11-Gender
 Chapt. 12-Sexuality
 Review
- Week 7-----Exam 3
 Chapt. 13-Moral Development, Values and Religion
 Chapt. 14-Achievement, Careers and Work
- Week 8-----Chapt. 15-Adolescent Problems
 Chapt. 16-Health, Stress, and Coping
 Review
- Week 9-----Exam 4
 Collages Due
- Week 10----Collages
 Closure