

FE '00
PM

COURSE: PSY 304⁹⁰ Psychology of Adolescent Development

INSTRUCTOR: Mitzi Simonelli, Ph.D.

TEXT: Adolescence by Santrock, 8th edition

TERM: Fall, 2000

e-mail: doctormitzi@hotmail.com
This is for all papers and projects

FAX: 739-8328

Web Board: <http://acad.chaminade.edu:8080/~psy304>
This is for students' discussion with each other

PSY 304 ADOLESCENT DEVELOPMENT

Our young people are our nation's most important resource. They are the future of our society. In this course, we will explore how learning and development interact. We explore ways that will assist adolescents develop, and interact. We explore ways that will assist adolescents develop their full potential and grow into productive young adults. The course interweaves physical, cognitive, and socioemotional development of adolescents with an emphasis on this culture's conceptual framework – but compares/contrasts our perspectives cross-culturally. Five themes are woven throughout the text: 1) health and well-being; 2) families and parenting; 3) education; 4) culture and ethnicity; and 5) gender.

OBJECTIVES

The student will learn:

1. How to evaluate physical, cognitive, and socioemotional development of adolescents in this cultures compared to adolescents in other cultures.
2. How their own development in adolescence relates to adolescence and young adulthood and beyond.
3. How theories relate to understanding the field of growth and development.
4. How much the field of adolescent development has changed in the past 20 years.
5. To develop critical thinking skills in relation to adolescent growth and development.
6. How to integrate personal bias, values and concepts into their new research of adolescence.
7. How to demonstrate their new learning by writing papers, taking quizzes and discussing concepts in small groups.
8. How to utilize and integrate this course into their educational process.

INTRODUCTION TO COURSE - PSY 304 Adolescent Psychology

Please be aware of how you will send your papers and projects to me: send by straight e-mail - NO ATTACHMENTS - to doctormitzi@hotmail.com.

Have a nice session.

Before we get into the course description, I'd like to introduce myself as you need to know my background, my perspective framework and my personality as all of this will come through in my teaching. I have been teaching for 40 years and am 62 years old. I love teaching - it has truly been my life. I have taught children ages 4-12, junior high school and high school, both in Michigan and California. I have been here in Hawaii for 30 years and have been the Dean of Girls at Mid-Pacific Institute, Head of the Counseling Department at Kamehame Schools and now a full professor of psychology at Chaminade University - in both the undergraduate and the MSCP program for 28 years. My past 10 years have also included teaching for the State of Hawaii Department of Public Safety at Halawa, Waiawa, and the Women's Correctional Facilities. This work has helped me reshape my teaching experience and has given me new paradigms for the teaching of college students.

Hopefully we will gain from each other and find that learning on-line can truly be anything you want it to be.

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		<u>TOPIC</u>
Oct. 2-6 1st week	Introduction to course/meeting of groups Pre-test	
Oct. 9-13 2nd week	Read Ch. 1-2 Web Board discussion of posted question. Discussion in your small group of 3	Nature of Adolescent Development
Oct. 16-20 3rd week	Read Ch. 3-4 Paper #1 due by 12:00 , Saturday, Oct. 21	Biology & Cognition
Oct. 23-27 4th week	Read Ch. 5-6 Paper #2 due by 12:00 noon, Saturday, Oct. 28	Families & Peers
Oct. 30-Nov. 3 5th week	Read Ch. 7-8 Paper #3 due by 12:00 noon, Saturday, Nov. 4 Project #1 due Web board discussion of posted question Discussion in small groups of 3	Schools & Culture
Nov. 6-10 6th week	Read Ch. 9-10 Paper #4 due by 12:00 noon, Saturday, Nov. 4	Self & Gender
Nov. 13-17 7th week	Read Ch. 11 Paper #5 due by 12:00 noon, Saturday, Nov. 18	Sexuality
Nov. 20-24 8th week	Read Ch. 12-13 Project #2 due by noon Nov. 25	Values, morals &

Nov. 27-Dec. 1 9th week	Read Ch. 14 Paper #6 due by 12:00 noon Saturday, Dec. 2 Web board discussion of posted Question. Discussion in your small group of 3	Problems
Dec. 4-8 10th week	FINAL Evaluation of course	

ASSIGNMENTS: NO LATE ASSIGNMENTS WILL BE ACCEPTED.

Papers are due by noon, Saturday. Be sure to e-mail your papers and project at doctormitzi@hotmail.com - simple, straight e-mail only - NO ATTACHMENTS. Do not send your papers or project to the web board address - that is for discussion purposes only. You will need to e-mail your papers & project only once - please do not send me your work several times. Also, I will reply to your every week. I probably will talk with you by e-mail a couple times each week - but I will contact you once a week - to comment on your papers.

Papers: Each paper will be approximately 400 words.

Each week's readings will be covered in your paper/writing. You will use the questions I have enclosed and relate these questions to the chapters assigned. You may also give a brief personal interpretation of the chapters/questions in your paper but the major portion of your paper (and what you will be graded on) will be how you answer the given question, how you bring in the readings, how you interweave the readings with the question and how well you write/express yourself. Remember that I am only going to know if you are doing the readings and understanding the readings by your writings. These papers are reflective in nature.

All papers and projects will be evaluated by the following criteria:

- Knowledge of the material
- Critical thinking skills
- Creativity
- Writing ability

Paper #1 (Ch. 1-4)

Explain /discuss how adolescents develop biologically and cognitively. How is this developmental period different from development in childhood or adulthood.

Paper #2 (Ch. 5-6)

Families and peers are definite "shapers" of the adolescents world. Discuss 4 examples of how families and peers help adolescents mature in a "healthy" manner.

Paper #3 (Ch. 7-8)

Adolescents do not develop in a vacuum. Discuss how this sections (schools & culture) focuses on the "contexts" of growth and change for adolescents and explain the significance of these aspects of development.

Paper #4 - (Ch. 9-10)

The author focuses on the developing self & gender in adolescence - discussing both positive and negative aspects of direction/growth. Discuss why these aspects of development are so important and how our culture helps or hinders the adolescent at this time.

Paper #5 - (Ch. 11)

Discuss why sexual development in this period of development appears to be so "complex" and "difficult" in our society.

Paper #6 - (Ch. 14)

Select what you consider to be the most pressing "problem" adolescents face in this period of development. How would you assist an adolescent in being able to "handle" these challenges and "grow" from the experience.

Projects due Oct. 30 - Nov. 3, 5th week (due by noon, Nov. 4)

Select a video (any video - you will rent this video) that relates to one or a combination of the following topics:

- Family relationships/adolescence
- Peer relationships in adolescence
- Schools/roles of schools in adolescence
- Culture/part culture plays in adolescent development; or cultural differences in adolescent development.

A. You will view the video you select.

B. You will create a question that relates to the video, and your writing will attempt to answer this question by combining the material from the text with the material from the video. You may compare/contrast/analyze or demonstrate how you disagree with the material presented in either the video or the text. You must attempt to answer the question that you created. This question will be the title of your writing. Example: If you select a video about teen violence you may create a question that asks 'How is the family responsible for this 16 year old's violent behavior'; or a video about schools and adolescents in school where your question might be "What is relevant about high school in the year 2000; a video about growing up in a different culture, then moving to America, and your question may be something like "Does attending junior high school in America assist positive growth for the high school student from a foreign country."

Project will be approximately 800 words. You will post this project on the web site for this class and all students will briefly comment on this project on the web site.

Student comments will relate to 1) what they found interesting in your project and 2) what they learned from reading your project. These comments will be posted on the web board for this class.

3. Project due Nov. 20-24, 8th week (due by noon, Nov. 25). Select a video (any video - you will rent this video - that relates to one (or a combination) of the following topics:

- Self identity/esteem (in adolescence)
- Being "male" or "female"
- Sexuality in adolescence
- Moral development/morality in (adolescence)

The rest of the instructions as printed for project #2 apply here. Examples may include a video selection that addresses the consequences of low self esteem; how teenage pregnancy can change your life; or are adolescents capable of killing "without conscience."

Project will be approximately 800 words and posted as discussed in project #1.

Web Board Discussion Questions

Web board discussion (by ~~end of 2nd week~~ and ~~end of 5th week~~ and end of 9th week) will be as follows: You will reply to my stated questions on the web board. I will create a general question for you to reply to - I will post this on the web board and you will reply to this and discuss this question in your group of 3 students. If you have trouble getting on the web board, please contact the Academic Computing at the address available in your beginning information.

Final

Your final will be taken from all of the text. I will ask you to personally relate your experience of adolescent growth and development to the sections of the text. (Example question: Explain how your high school assisted your cognitive development; or discuss how your family structure compares to the family structures in the text - in order to provide a fairly healthy framework for development). If you have read all this material and given thought to your writings, you should have no trouble with the final. (Finals will be at Chaminade University; if you are not taking the final here at Chaminade, you must have an excused permission, and you are responsible to contact Academic Computing at Chaminade. This is the same place you registered for this class. You will need to 1) have permission from Donna Yoshimura to take the final elsewhere; 2) hire your accredited proctor; 3) have your final submitted immediately after administered to:

Dr. Mitzi Simonelli
3140 Waiialae Ave.
Honolulu, HI 96816