

PM
FD '06

CHAMINADE UNIVERSITY
PSY 304: Psychology of Adolescence
Tuesdays and Thursdays, 2:00 – 3:20
Henry Hall Room 104
Fall Semester, 2000

Instructor: Dale R. Fryxell, Ph.D.
Office: Keiffer Hall
Office Hours: Tuesdays and Thursdays 3:30 – 5:00 and by appointment
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Text

Santrock, J. W.. (2001). Adolescence (8th ed.). New York, NY: McGraw-Hill.

Course Description

The Psychology of Adolescence will provide an intensive study of the biological, cognitive, and social/emotional development of children. Through active participation and the use of discussions, lectures, videos, activities, and reading, students will have an opportunity to explore theoretical approaches and current issues related to development during this period from an environmental, multidisciplinary and cross-cultural perspective with a focus on promoting optimal development.

Course Objectives

Upon completion of this course, students will be able to:

1. understand the contextual and cultural factors related to development during;
2. apply a variety of theoretical approaches to the study of adolescence;
3. discuss developmental aspects of growth related to identity, autonomy, intimacy, sexuality, and achievement;
4. discuss conditions necessary for optimal development.
5. express well-informed views on topical issues related to adolescence and young adulthood.
6. locate current information and research related to adolescence and young adulthood.

Important !!!!!!!!!

By Tuesday, September 5th, please turn in an 8 ½ x 11 sheet with the following information on it;

1. a reasonably good Xeroxed picture of yourself.
2. anything special that you would like me to know about you.

Course Requirements

Grades for the course will be assigned based on the quality of student work as demonstrated by successful completion of the following requirements:

A. Class activities (10 @ 10 points each)	=	100 points
B. Exams (2 @ 50 points each)	=	100 points
C. Observation Log and Integrative Paper	=	100 points
D. Agency/Program Fact Sheet and Report	=	<u>100 points</u>
Total Points	=	400

A. Class Activities (10 @ 10 = 100 points)

Ten class activities will be turned in for credit. Each activity will be worth 10 points. These activities may involve both individual and group work and may include both in and out of class time. Activities that are turned in late will be worth only half credit (no exceptions). You can keep track of the activities by listing them on the following chart.

<u>Activity #</u>	<u>Date</u>	<u>Description</u>
1	_____	_____
2	_____	_____
3	_____	_____
4	_____	_____
5	_____	_____
6	_____	_____
7	_____	_____
8	_____	_____
9	_____	_____
10	_____	_____

B. Exams (2 @ 50 = 100)

Two exams will be given during the course. The first exam will cover information from the introduction and the first eight chapters and the second exam will cover information from chapters 9 – 14.

C. Adolescent Study Project (Observation Log and Integrative Paper – 100 points)

1. Select one or more adolescents to observe.
2. Observe the individual in his or her home, school, or other environment (minimum time should be 6 hours over at least 3 sessions).
3. During the observation, keep a log of what you see. On each log sheet indicate the time and place, briefly describe the individual's physical appearance, the physical and social environment, and what the individual is doing, with whom, how, and what materials are used.
4. Optional: If appropriate and you have permission, you may want to interview the individual.
5. To develop your observation report, match your observations with technical and theoretical information provided in the text and/or in class.
6. Please type your observation report (5 to 6 pages, double-spaced, 12 point type). Include your handwritten observation notes with your report.

B. Site Visit Interview Report (Fact Sheet and Report – 100 points)

Each student should sign-up for and visit one agency or program that provides services to adolescents (no schools). Before you visit, develop a set of questions to ask regarding the agency/program and the population that they serve. Based on your visit develop a one page **fact sheet** about the agency and a **short report** (2-3 pages) on what you found out from your interview and observations. The fact sheet should include:

- | | |
|---|--|
| a. Name of the agency or program | b. Location |
| c. Type of services provided | d. Hours of operation |
| e. Phone number | f. Contact person |
| g. Age range of clients | h. Who is eligible for services |
| i. Duration of services | j. Types of clients utilizing services |
| k. Fees or other charges | l. How is the agency program funded |
| m. How long have they been in operation | n. Types of paid/volunteer workers |
| o. Level of training of providers | |

Grading

Grades will be based on the quality of work and will be assigned based on a straight percentage using the following chart:

90%	-	100%	A
80%	-	89%	B
70%	-	79%	C
60%	-	69%	D
59% or below			F

<u>Week</u>	<u>Topics</u>	<u>Reading</u>
#1 – Aug. 26 & 28	Course Introduction	
#2 – Sept. 5 & 7	Introduction to Adolescence	Chapter 1
#3 – Sept. 12 & 14	The Science of Adolescent Dev.	Chapter 2
#4 – Sept. 19 & 21	Biological Foundations	Chapter 3
#5 – Sept. 26 & 28	Cognitive Development	Chapter 4
#6 – Oct. 3 & 5	Families	Chapter 5
#7 – Oct. 10 & 12	Peers	Chapter 6
#8 – Oct. 17 & 19	Schools Site Visit Project Due 10/19	Chapter 7
#9 – Oct 24 & 26	Culture Exam #1 (Chapters 1 – 8) 10/26	Chapter 8
#10 – Oct 31 & Nov 2	The Self and Identity	Chapter 9
#11 – Nov. 7 & 9	Gender & Sexuality	Chapters 10 & 11
#12 – Nov 14 & 16	Moral Development	Chapter 12
#13 – Nov 21	Achievement, Careers, and Work	Chapter 13
#14 – Nov 28 & 30	Adolescent Problems	Chapter 14
#15 – Dec. 5 & 7	Adolescent Study Project Due 12/5 Final Exam #2 (Chapters 8 – 14) 12/13 12:45	