

SE 99

Psy

Chaminade University
Syllabus

PSY 30420

Adolescent Psychology

Spring, 1999

Kaneohe Marine Base

Caren Walsh

Ph. 841-6714

Text: *Adolescence: An Introduction*
John W. Santrock, Seventh Edition
Brown and Benchmark

Adolescent Psychology is an exciting field that constantly challenges both young people and adults. Young people are full of energy and always experimenting with new ideas and things. They are on a quest to find out who they are as individuals and how they fit into society.

Each of you were teenagers at one time. For some it was a little more recent than others. Some of you may have teens in your homes or just on the brink of this wonderful time with your growing children. Whether you are just leaving this stage in your life, entering it for the second time with your children, or planning on working in the counseling field, this is your course.

The course will cover many different facets of adolescence. We will look at some developmental theories, delve into family and peer groups, and explore a variety of issues confronting young people in America today.

I would like you to leave this course excited about the prospect of working with adolescents and ready experience the joy and enthusiasm of your own teens.

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Attendance:

Regular attendance is highly recommended because this course has been designed to maximize class activities and discussions that can not be duplicated in a classmate's notes. Each of you bring to class a rich history and unique perspective that can be shared in activities and discussions. Your participation is an important part of this class.

It is also highly suggested that you read the chapters prior to class. Although there are no quizzes attached to each reading assignment, it will allow you time to ponder about your own experiences going through adolescents, think about why situations happened the way they did, and with these thoughts in mind, be able to participate in class discussions.

Grading:

The course grading is straight forward. We will have 3 multiple choice and essay tests throughout the course. Each test will be worth 100 points. The test items will be taken from the reading assignments, lectures, and/or any class activities. You need to take the exam on the scheduled day. If the test is taken on a later date, you could be penalized up to 10-points. It is your responsibility to discuss the absence with the instructor.

3 tests = 100 points each = 300 points

A	>90%	297-330	270 - 300
B	80%	264-296	240 - 269
C	70%	231-263	210 - 239
D	60%	198-230	180 - 209
F	59%	below 198	180

Extra Credit:

Extra credit is given on an individual basis as needed.

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Calendar:

- April 5 Chapter 1 Introduction
Chapter 2 Theories and Methods
- April 12 Chapter 3 Biological Processes and Physical Development
Chapter 4 Cognitive Development and Social Cognition
- April 19 Test
Discussion
- April 26 Chapter 6 Families
Chapter 10 The Self and Identity
Chapter 11 Gender
- May 3 Chapter 12 Sexuality
Chapter 13 Moral Development, Values, and Religion
- May 10 Test
Discussion
- May 17 Chapter 7 Peers
Chapter 8 Schools
- May 24 Chapter 9 Culture
Chapter 16 Health, Stress, and Coping
- June 7 Chapter 15 Adolescent Problems
- June 14 Test