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# Chaminade University Syllabus

Adolescent Psychology Winter, 1998 Caren Walsh Ph. 841-6714

Text: Adolescence: An Introduction

John W. Santrock, sixth edition, Brown and Benchmark

Adolescent Psychology is an exciting field that constantly challenges both young people and adults. Young people are full of energy and always experimenting with new ideas and things. They are on a quest to find out who they are as individuals, how they fit into society while working on their independence.

Each of you were teenagers at one time. For some it was a little more recent than others. Some of you may have teens in your homes or just on the brink of this wonderful time with your growing children. Whether you are just leaving this stage in your life, entering it for the second time with your children, or planning on working in the counseling field, this is your course.

The course will cover many different facets of adolescence. We will look at some developmental theories, delve into family and peer groups, and explore a variety of issues confronting young people in America today.

I would like you to leave this course excited about the prospect of WOrking With adolescents and anticipating the opportunity when you can experience the joy and enthusiasm of teens with your own children.

Learning is a life-long process with so much to learn. Hopefully, by the end of the course you will have the desire to continue learning and experiencing what life and psychology have to offer.

### Attendance:

Regular attendance is highly recommended because this course has been designed to maximize class activities and discussions that can not be duplicated in a classmate's notes. Each of you bring to class a rich history and unique perspective that can be shared in activities and discussions. Your participation is an important part of this class.

It is also highly suggested that you read the chapters prior to class. Although there are no quizzes attached to each reading assignment, it will allow you time to ponder about your own experiences going through adolescents, think about why incidents happened the way they did, and with these thoughts in mind, be able to participate in class discussions.

## Grading:

The course grading is straight forward. We will have 3 multiple choice and essay tests throughout the course. Each test will be worth 100 points. The test items will be taken from the reading assignments, lectures, and/or any class activities. You need to take the exam on the scheduled day. If the test is taken on a later date, you can be penalized by a drop in one letter grade. It is your responsibility to discuss the absence with the instructor.

There will also be 3 homework assignments during the 10 weeks that will be worth 10 points each for a grand total of 330 points.

#### Extra Credit:

Extra credit is given on an individual basis as needed.

## Calendar:

Jan. 12	Chapter 1	Introduction
Jan. 19	Holiday	
Jan. 26	Chapter 2 Chapter 3	Theories and Methods Biological Processes and Physical Development
Feb. 2	Chapter 4 Chapter 5	Cognitive Development and Social Cognition Information Processing and Intelligence
Feb.9	Test Chapter 6	Families
Feb. 16	Holiday	
Feb. 23	Chapter 7 Chapter 8 Chapter 9	Schools
Mar. 2	Test Chapter 10	The Self and Identity
Mar. 9	Chapter 11 Chapter 12 Chapter 13	
Mar. 16	•	Adolescent Problems Health, Stress, and Coping
Mar. 23	Final	
Additional	Chapter 14	Achievement, Careers, and Work