

Bm

**CHAMINADE UNIVERSITY  
OF HONOLULU  
WINTER 1998 ADOLESCENCE  
PSY304 CAMP SMITH**

**INSTRUCTOR: DENISE LAJOIE, M.A.**  
**TIME & DAY: SATURDAYS 8-12**  
**JANUARY 17, 1998 - MARCH 21, 1998**

**COURSE SYLLABUS**

**TEXTBOOK REQUIRED: Santrock, J. W. (1998). *Adolescence* (7th Edition) Madison, WI: Brown & Benchmark.**

**OPTIONAL TEXT (available at various bookstores). Kabat-Zinn M. & Kabat-Zinn. (1997). *Everyday blessings: The inner work of mindful parenting*. New York: Hyperion.**

**COURSE DESCRIPTION:**

This course will trace adolescent development from biosocial, cognitive, and psychological perspectives, as well as the ecological influences of familial and cultural environments. Topics will include historical perspectives, theories of adolescent development, research methods, social and emotional growth, sexuality, moral development, spirituality and transpersonal development and areas of stress and coping. Special emphasis will be placed upon important and somewhat controversial areas such as parenting, delinquency, drug and alcohol abuse, suicide, and others. We will examine stage theories of development and learn their application in education and parenting. We will use a seminar model for the class which will require active participation and regular attendance. This is not a lecture course. All topics will be discussed with students and students will be expected to contribute to all class discussions.

**REQUIREMENTS:**

2 QUIZZES - 100 POINTS EACH  
1 PANEL PRESENTATION - 100 POINTS  
1 SEMESTER PROJECT - 100 POINTS  
PARTICIPATION - 50 POINTS  
ATTENDANCE - 50 POINTS

**TOTAL POSSIBLE POINTS = 500**

**At least 2 unscheduled, extra-credit quizzes will be given during the semester. Come to class prepared! Extra-credit assignments or quizzes cannot be made up if missed.**

**The participation portion of the grade will be determined by the contribution of the student to class discussions, by completed assignments, and by demonstration of an understanding of the assigned material.**

**POLICY:**

**Late assignments or quizzes MUST be made up within 1 week of the scheduled date and will be penalized as much as 25% and as little as 10% depending upon the nature of the reason for lateness. This course is seen by the instructor as a contract between Chaminade University (represented by the instructor) and the Student body (represented by individual students). As part of the contract the instructor is responsible for leading students into an investigation and examination of contemporary child development that is comprehensive and meaningful. The student agrees that they wish to participate in the investigation of child development with the specific instructor and agrees to fulfill the course requirements as set forth in the course syllabus. Grades will be a function of each student's fulfillment of the contract.**

**CLASS TIME:**

Class time each session will be devoted in roughly the following manner:

1st hour - review of readings, questions, discussion

2nd hour - film or activity of interest

3rd hour - panel discussion or small group work

4th hour - discussion, assignments, current issues

Students are responsible for all assigned readings and must come to class prepared. Some handouts will be provided and in EVERY case, they may be included in any of the quizzes with or without an announcement. The handouts will ALL be important for your grade in some way.

**OFFICE HOURS:**

Since this is an off-campus class, the instructor cannot hold normal office hours. Please see the instructor for an appointment before or after class or send E-mail to: [dlajoie@hawaii.edu](mailto:dlajoie@hawaii.edu). Grade conferences, questions, or disputes will NOT be held during class time. If you have a grade-related question, ask for an appointment promptly!

**SCHEDULE:**

WEEK	DATE	TOPIC	ASSIGNMENT
1	1/17/98	INTRODUCTION & CH 1	READ CH 1 & 2
2	1/24/98	THEORIES & RESEARCH	READ CH 3, 4, 5
3	1/31/98	BIOLOGY - COGNITION PANEL 1 PRESENTATION	READ SECTION 3 (6 7 8 9)
4	2/07/98	CONTEXTS OF DEVEL. REVIEW FOR QUIZ 1 PANEL 2 PRESENTATION	REVIEW FOR QUIZ
5	2/14/98	QUIZ 1 PERSONALITY DEVEL.	READ SECTION 4 CH 10- 14
6	2/21/98	EMOTIONS, MORAL SPIRITUAL DEVEL. PANEL 3 PRESENTATION	READ SECTION 5 CH 15-16
7	2/28/98	ADOLESCENT PROBLEMS REVIEW FOR QUIZ 2	REVIEW FOR QUIZ 2
8	3/07/98	QUIZ 2	TBA
9	3/14/98	CURRENT ISSUES (TBA)	PREPARE FOR FINAL PROJECTS
10	3/21/98	STUDENT PRESENTATIONS & OVERVIEW	