

COURSE DESCRIPTION:

An introduction to the major theories and concepts in the study of behavior will provide a broad overview of a variety of the psychological aspects of human development. Exploration of the sensory processes, human drives, emotions, social expressions, and learning modalities is meant to stimulate curiosity and to develop a better understanding of self, others, and society.

COURSE OBJECTIVES:

1. To have knowledge of the history and development of the field of Psychology.
 2. To become familiar with the basic concepts and language of Psychology.
 3. To develop an appreciation of the processes by which human behavior is studied, analyzed and interpreted.
 4. To integrate knowledge about behavior into daily life so as to enrich one's understanding of self and others.
 5. To understand and be able to perform basic valid and reliable research.
 6. To apply the information from the class lectures, materials and text in selecting and presenting reflective exercises.
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COURSE APPROACH:

A Chaminade classroom often holds individuals of different cultural and social backgrounds, learning styles and educational interests. Therefore, a variety of teaching and learning styles will be used, including:

- Textbook Reading
- Lecture/Discussion format
- Audio-Visual Materials
- Class Presentations
- Reflective Exercises and Experientials
- Cultural Diversity: Issues Clarification and Exploration

The Student Will:

1. Attend all lectures and contact the Instructor if unable to attend any lectures or part of any lecture. Students are responsible for missed information.
2. Participate fully in class discussions and activities, read assigned chapters before class. Most classes will include exercises and experientials connected to chapter information.
3. Adopt the mind-set of an active researcher, remaining open and objective while determining the validity and reliability of information encountered during the course.

4. Take two tests, one covering the first and the second covering the last five weeks of the class presentations, text, and materials.
5. Complete four Reflective Exercises relating to the information covered in coursework.
6. Research a **pre-approved** psychological area of interest or debate, and document the findings in a **minimum three page**, academically sound research paper that is due on Week 8. (Use double-spacing and no larger than size 12 font.) Each Research Paper **must contain at least 3 empirical sources or citations that must be appropriately and clearly referenced or footnoted.** Be sure to use an accepted form of referencing such as MLA or APA, especially in the case of computer-generated resources. **TURN IN ALL PAPERS ON TIME AS LATE PAPERS WILL NOT BE ACCEPTED.**

COURSE REQUIREMENTS:

	<u>points</u>
Attendance and Participation.....	40
Test #1.....	40
Test #2.....	40
Quizzes (2 @ 5 points each).....	10
Reflective Exercise #1.....	10
Reflective Exercise #2.....	10
Reflective Exercise #3.....	10
Reflective Exercise #4.....	10
Research Paper.....	<u>30</u>
TOTAL POINT VALUE	200

Grading System:

180 - 200	A
160 - 179	B
140 - 159	C
120 - 139	D
Below 120	F

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| Reflective Exercise #1: Due Week 3 | Complete the MBTI short form and be prepared to go over the results and discuss in class. |
| Reflective Exercise #2: Due Week 4 | Two examples of optical, auditory, or tactile illusions that DO NOT appear in the textbook. |
| Reflective Exercise #3: Due Week 7 | Two ads or commercials that use psychology to sell their products.(One should rely on “fact” and the other should rely on “opinion”.) |
| Reflective Exercise #4: Due Week 10 | List three things that you have gained from this class. List two activities that we did in class that you found beneficial, and why. List two things you would do differently for this class if given the opportunity. |

Required Course Text: Invitation to Psychology 2nd Ed. by C. Wade and C. Tavis
Prentice-Hall Publishers, Copyright 2002

SYLLABUS

- WEEK 1** Course Introduction and Requirements
Psychology as a Science: General overview
Video
Quiz #1 and #2 due next week
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- WEEK 2** Turn in Quiz #1 and #2
Chapter 1: What is Psychology?
Chapter 2: Theories of Personality
Reflective Exercise #1 due next week (MBTI)
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- WEEK 3** Go over Reflective Exercise #1 in class
Chapter 3: Development over the Life Span
Chapter 4: Neurons, Hormones, and the Brain
Video
Reflective Exercise #2 due next week
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- WEEK 4** Reflective Exercise #2 Presentations
Chapter 4: Completion of Chapter
Chapter 5: Sensation and Perception
Brief review for midterm exam
1st Five Week Exam next week
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- WEEK 5** **1st Five Week Exam**
Statistical Reasoning: Mean, Median and Mode
Video: Discussion of video
Chapter 6: Thinking and Intelligence
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- WEEK 6** Chapter 7: Memory
Chapter 8: Learning
Reflective Exercise #3 due next week
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- WEEK 7** Reflective Exercise #3 Presentations
Chapter 9: Behavior in Social and Cultural Context
Class activities and video, if time permits
Research Papers due next week (NO late papers will be accepted.)
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