

Chaminade University of Honolulu
Psychology 101: General Psychology
Instructor: Karen Hoffman, MSCP
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Text: Invitation To Psychology by Carol Wader and Carol Tavris. Prentice Hall, 2002. (2nd.Ed).
Invitation To Psychology, Study Guide, by Sherri L. Jackson and Richard A. Griggs.
Prentice Hall, 2002 (2nd Ed.)

Course Description:

An introduction to the major theories and concepts in the study of behavior which will provide the student with a broad overview of a variety of the psychological aspects of human development. Exploration of the psychological aspects of sensory processes, normal and abnormal development, learning, drives, emotions and social behavior will allow the student the opportunity to develop a better understanding of self and society.

Course Objectives:

The student will:

- Demonstrate knowledge of the scientific method.
- Demonstrate knowledge of the basic concepts and principles of psychology.
- Demonstrate an understanding of the major factors affecting human development and behavior.
- Develop an appreciation of the processes by which human behavior is studied, analyzed and interpreted.
- Develop and understanding of cultural diversity.
- Be able to integrate knowledge about behavior into daily life, in order to enrich one's understanding of self and others.

Course Method:

The following teaching approaches will be utilized:

- Textbook Reading
- Study Guide Exercises
- Lecture/Discussion Format
- Audio Visual Materials
- Small/Large Group Discussion
- Guest Speakers
- Reflective Writing
- Independent Study

Expectations For Students:

1. CLASS ATTENDANCE IS REQUIRED!!!! Ten bonus points will be added to final grade for perfect attendance. In order to earn the ten bonus points, you must be on time and be present in class for the entire session. This includes returning from breaks on time. If you leave early, you will be marked absent for the class period.
2. READ AND STUDY ALL ASSIGNMENTS!!!! You will be responsible for reading the course textbook and any additional readings given during the course. It is important to bring your textbook and study guide to every class session.
3. The student is expected to be responsive to new ideas and to participate in discussions and offer own viewpoints. Attitude counts.

Course Requirements:

Study Guide: Each week you will be responsible for all assignments in the Study Guide.

The Study Guide will be worth 100 pts.

Tests: Four examinations will be given. Each one will be worth 50 pts.

A Paper: A paper will be assigned relevant to course subject matter. The instructor must approve your topic. The paper should be typed, double spaced, and 5-7 pages in length. Be careful of grammar and spelling errors, as you will lose points for them. You also need to include a bibliography and cite references. Do not plagiarize!!!! NO LATE PAPERS WILL BE ACCEPTED!!!! Your paper will be worth 100 pts.

Class Presentations: Each week students will take turns presenting what they have learned in a particular chapter. You will need to write out your presentation in advance because you will not be able to use your textbook during the presentation. It is important to cover everything of importance in the chapter. There is no time limit. You will need to turn in your typed presentation when you are finished. You need to be ready with your presentation on the day it is due. You will lose points for a late presentation. Class members are encouraged to join in the discussion and presentation and the instructor will make appropriate comments or add information as required. This portion of the class is meant to be lively and interesting. **YOU ARE NOT TEACHING THE CLASS!!!** The presentations will allow the students the opportunity to apply the information in each chapter to real life situations, which will make our study of psychology more meaningful. The presentations will also give the instructor insight into how much of the material the student is grasping and understanding. Presentations will be graded as follows: Exceptional-100-90 Above Average-89-90 Average-79-70 Below Average-69-60 No Participation-0

Course Grading: After calculating the total possible points for the course, students will earn the following grade:

A-500-460

B-459-420

C-419-380

D-379-340

F-339 & Below

Psy. 101: General Psychology Syllabus

Week 1----Course Introduction, Requirements, Survey of Text.

Chapt. 1-What is Psychology?

Chapt. 1-Study Guide

Week 2----Chapt. 2-Theories of Personality.

Chapt. 2 Study Guide

Chapt. 3-Development over the Life Span.

Chapt. 3-Study Guide

Review for Test 1-Chapt. 1-3

Week 3----Test 1-Chapt. 1-3

Chapt. 4-Neurons, Hormones and the Brain

Chapt. 4-Study Guide

Week 4----Chapt. 5-Sensation and Perception

Chapt. 5-Study Guide

Chapt. 6-Thinking and Intelligence

Chapt. 6-Study Guide

Review for Test 2-Chapt.4-6

Week 5----Test 2-Chapt. 4-6

Chapt. 7-Memory

Chapt. 7-Study Guide

Week 6----Chapt. 8-Learning

Chapt. 8-Study Guide

Chapt. 9-Behavior in Social and Cultural Context

Chapt. 9-Study Guide

Review for Test 3 Chapt. 7-9

Week 7---PAPER DUE-NO LATE PAPERS ACCEPTED!!!!

Test 3-Chapt. 7-9

Chapt. 10-Psychological Disorders

Chapt. 10-Study Guide

Week 8---Chapt. 11-Approaches to Treatment and Therapy

Chapt. 11-Study Guide

Chapt. 12-Emotion, Stress and Health

Chapt. 12-Study Guide

STUDY GUIDE DUE

Week 9----Chapt. 13-The Major Motives of Life: Love, Sex, Food and Work
Chapt. 13-Study Guide
Review for Test 4-Chapt. 10-13

Week 10---Test 4-Chapt. 10-13
Present Papers Orally
Closure