

FF '01

COURSE DESCRIPTION:

An introduction to the major theories and concepts in the study of behavior will provide a broad overview of a variety of the psychological aspects of human development. Exploration of the sensory processes, human drives, emotions, social expressions, and learning modalities is meant to stimulate curiosity and to develop a better understanding of self, others, and society.

COURSE OBJECTIVES:

1. To have knowledge of the history and development of the field of Psychology.
2. To become familiar with the basic concepts and language of Psychology.
3. To develop an appreciation of the processes by which human behavior is studied, analyzed and interpreted.
4. To integrate knowledge about behavior into daily life so as to enrich one's understanding of self and others.
5. To understand and be able to perform basic valid and reliable research.
6. To apply the information from the class lectures, materials and text in selecting and presenting reflective exercises.

COURSE APPROACH:

A Chaminade classroom often holds individuals of different cultural and social backgrounds, learning styles and educational interests. Therefore, a variety of teaching and learning styles will be used, including:

- Textbook Reading
- Lecture/Discussion format
- Audio-Visual Materials
- Class Presentations
- Reflective Exercises and Experientials
- Cultural Diversity: Issues Clarification and Exploration

The Student Will:

1. Attend all lectures and contact the Instructor if unable to attend any lectures or part of any lecture, and actively participate in class discussion and activities.
2. Adopt the mind-set of an active researcher, remaining open and objective while determining the validity and reliability of information encountered during the course.
3. Assemble and present a personal collage. (free-form)

4. Take two tests, one covering the first and the second covering the last five weeks of the class presentations, text, and materials.
 5. Complete five Reflective Exercises relating to the information covered in coursework.
 6. Research a **pre-approved** psychological area of interest or debate, and document the findings in a **minimum three page**, academically sound research paper that is due on Week 8. (Use double-spacing and no larger than size 12 font.) Each Research Paper **must contain at least 3 empirical sources or citations that must be appropriately and clearly referenced or footnoted.** Be sure to use an accepted form of referencing such as MLA or APA, especially in the case of computer-generated resources. **TURN IN ALL PAPERS ON TIME AS LATE PAPERS WILL NOT BE ACCEPTED.**
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COURSE REQUIREMENTS:

points

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| Attendance and Participation..... | 40 |
| Test #1..... | 30 |
| Test #2..... | 30 |
| Reflective Exercise #1..... | 10 |
| Reflective Exercise #2..... | 10 |
| Reflective Exercise #3..... | 10 |
| Reflective Exercise #4..... | 10 |
| Reflective Exercise #5..... | 10 |
| Research Paper..... | 30 |
| Collage and Presentation..... | 20 |

TOTAL POINT VALUE 200

Grading System:

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| 180 - 200 | A |
| 160 - 179 | B |
| 140 - 159 | C |
| 120 - 139 | D |
| Below 120 | F |

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| Reflective Exercise #1: Due Week 2 | Two cartoons that use humor to make a psychological point. |
| Reflective Exercise #2: Due Week 3 | Write a 2 page story about an incident that had a psychological effect on you. |
| Reflective Exercise #3: Due Week 4 | Two examples of optical, auditory, or tactile illusions that DO NOT appear in the textbook. |
| Reflective Exercise #4: Due Week 6 | Two ads or commercials that use psychology to sell their products.(One should rely on “fact” and the other should rely on “opinion”.) |
| Reflective Exercise #5: Due Week 7 | Complete the MBTI short form and be prepared to go over the results and discuss in class. |

REQUIRED COURSE TEXT: PSYCHOLOGY by David G. Myers
Worth Publishers, 6th Ed. Copyright 2001

SYLLABUS

WEEK 1 Course Introduction and Requirements
Survey of the Text
Chapter 1: Thinking Critically with Psychological Science
Scientific Methods: Handout and Discussion
Chapter 2: Neuroscience and Behavior
Reflective Exercise #1 due next week

WEEK 2 Reflective Exercise #1 Presentations
Chapter 3: Nature and Nurture of Behavior
Chapter 4: The Developing Person
Reflective Exercise #2 due next week

WEEK 3 Turn in Reflective Exercise #2
Chapter 5: Sensation
Chapter 6: Perception
Chapter 7: States of Consciousness
Reflective Exercise #3 due next week

WEEK 4 Reflective Exercise #3 Presentations
Chapter 8: Learning
Chapter 9: Memory
1st Five Week Exam next week

WEEK 5 **1st Five Week Exam**
Statistical Reasoning: Mean, Median and Mode
Video: Discussion of video
Chapter 10: Thinking and Language
Reflective Exercise #4 due next week

WEEK 6 Reflective Exercise #4 Presentations
Chapter 11: Intelligence
Chapter 12: Motivation
Reflective Exercise #5 due next week
NOTE: The MBTI will be provided in class by Instructor

WEEK 7 Reflective Exercise #5 Presentations
Chapter 13: Emotion
Chapter 14: Personality
Research Papers due next week

WEEK 8 Turn in Research Papers
Chapter 17: Stress and Health
Chapter 18: Social Psychology
Collage Presentations due next week (NO Presentations after Week 9)

WEEK 9 Collage Presentations
Chapters 15 and 16: Overview
Video (If time permits)
2nd Five Week Exam next week

WEEK 10 Chapter 15 and 16: Discussion and Exercises
2nd Five Week Exam
Individual Close-Out Sessions

NOTE: SYLLABUS MAY BE ADJUSTED TO MEET CLASS NEEDS

SPECIAL NOTES:
