# CHAMINADE UNIVERSITY PSYCH 101. General Psychology

Tuesdays and Thursdays 9:30 – 10:50 Henry Hall, Room 102 Fall 2001

Instructor:

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Tues. & Thurs. 7:00 - 8:00 AM, Tues 3:30 - 4:30 and by appointment

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#### **Texts**

1. Myers, D.G. (2001). Psychology (6th ed.). New York, NY: Worth Publishers.

2. Hairston, M., Ruszkiewicz, J. & Friend, C. (1999). The Scott, Foresman handbook for writers (5<sup>th</sup> ed.). New York, NY: Longman

## **Course Description**

This course will provide an overview of the field of psychology. Through active participation and the use of discussions, videos, mini-lectures, activities, student presentations, and reading, students will have the opportunity to fully explore the dynamic field of psychology. As with all classes at Chaminade University, the course has a foundation in the Marianist educational values of faith, the pursuit of excellence and quality, a spirit of family, the promotion of social justice, and the ability to adapt to change.

## Course Objectives

Upon completion of this course, students will be able to:

- 1. explain the major theories that have developed within psychology,
- 2. identify the major theorists who have contributed to the study of psychology.
- 3. be able to apply principles and concepts from the study of psychology to both normal and abnormal human behavior,
- 4. use the scientific method to solve problems,
- 5. understand how human diversity has been incorporated into psychology,
- 6. use critical thinking to examine ideas and information.

## Important !!!!!!!!!

By Tuesday, September 4<sup>th</sup>, please turn in an 8 ½ x 11 sheet with the following information on it;

- 1. a reasonably good Xeroxed picture of yourself.
- 2. anything special that you would like me to know about you.

### **Course Requirements**

Grades for the course will be assigned based on the quality of student work as demonstrated by successful completion of the following requirements:

|    | Class activities (14 @ 10 points each) | =  | 140 points |
|----|--|----|------------|
|    | Quizzes (12 of 14 @ 10 points each)    | == | 120 points |
| C. | Research Paper or Service Learning     | =  | 100 points |
| D. | Class Participation                    | =  | 40 points  |
|    |  |    |            |

Total Points

400

## A. Class Activities (14 @ 10 = 140 points)

Fourteen class activities will be turned in for credit. Each activity will be worth 10 points. These activities may involve both individual and group work and may include both in and out of class time. Activities that are turned in late will be worth only half credit (no exceptions). You can keep track of the activities by listing them on the following chart.

| Activity # | Date                                  | Description |
|------------|---------------------------------------|-------------|
| 1.         |                                       | ***         |
| 2          |                                       |             |
| 3          |                                       |             |
| 4 .        | <del></del>                           |             |
| 5          |                                       |             |
| 6          |                                       |             |
| 7          | · · · · · · · · · · · · · · · · · · · |             |
| 8 .        |                                       |             |
| 9 .        |                                       |             |
| 10         |                                       |             |
| 11         | <del></del>                           |             |
| 12<br>13   |                                       |             |
| 13<br>14   |                                       |             |
| 14         |                                       |             |

## B. Quizzes (12 of 14 @ 10 = 140)

Fourteen quizzes will be given during the semester. The quizzes will be given each Thursday. The quizzes will be multiple choice and based on information covered in the textbook and in class. Two of the quiz scores will be dropped in computing the final grade.

| Quiz#  | Score |
|--------|-------|
| 1      |       |
| 2      |       |
| 3      |       |
| 4      |       |
| 4<br>5 |       |
| 6      |       |
| 7      |       |
| 8      | ,     |
| 9      |       |
| 10     |       |
| 11     |       |
| 12     |       |
| 13     |       |
| 14     |       |
|        |       |

## C. Research Paper or Service Learning (100 points)

Each student will have the option of writing a 10 page research paper or participating in service learning. Each student should submit a written outline of their plan for completing this assignment by Sept. 18<sup>th</sup>.

Research Paper Option – If you decide to write a research paper you should pick a topic from the field of psychology that you are interested in. You may want to look through the textbook to find an area that is interesting to you. After selecting a topic, you should review the literature on your selected topic. You should find a minimum of 5 sources of information to use as the basis for your paper. These sources should be included on the reference page. Your paper should be 10 pages in length,

double spaced, with standard margins, and 12 point type. You are encouraged to turn in a draft of the paper as early as possible so that you can get some feedback. The paper should include the following sections:

- I. Introduction Introduce the topic and state why you selected it.
- II. Summary of Research report the information that you have found in your review of the research on the topic.
- III. Critical Analysis discuss what you think all of the information means and your opinions on the topic.

Papers will be evaluated according to the following criteria:

- Final paper is turned in on time (Thursday, November 29<sup>th</sup>). Paper is neatly typed, double-spaced, 10 pages in length.
- 2. Sources are appropriately cited and referenced according to APA style.
- 3. Writing is well organized and clear.
- 4. Grammar, spelling, syntax and sentence construction are correct.
- 5. Accurate utilization and application of knowledge and theories learned in class.
- 6. Definition and discussion of terms and concepts insightful and thorough.
- 7. Extensiveness of the summary of the literature integrating the ideas and research findings from various sources.
- 8. Quality of conceptual and methodological analysis of the literature.
- 9. Interesting and creative.

Service Learning Option – If you decide to select this option you should work with the Service Learning office to select a community program. You should spend at least 20 hours doing at the site. Two written documents are required for this option. Your service learning experience can include activities such as tutoring, volunteering at a community service agency, organizing community action groups, mentoring, or other activities that have been approved by the instructor and the service learning office. The volunteer experience cannot be a situation in which you are already engaged (e.g., job) or for which you are receiving credit in another class. Each student should keep a journal of their experience (your thoughts, experiences, date and time spent in activity, etc.). Additionally, a brief write-up of your experience will be required at the end of the semester. This Service Learning Experience paper should be a three page paper describing your community experience and what you learned. Both the journal and paper will be due on Thursday, November 29th.

#### D. Class Participation (40 points)

It is important in an interactive class for all students to come to class fully prepared and ready to actively participate.

#### Grading

Grades will be based on the quality of work and will be assigned based on a straight percentage using the following chart:

| 90%   | -       | 100% | Α |
|-------|---------|------|---|
| 80%   | -       | 89%  | В |
| 70%   | -       | 79%  | C |
| 60%   | -       | 69%  | D |
| 59% o | r below |      | F |

| Week                          | Topics R  | eading/Assignments        |
|-------------------------------|---|---------------------------|
| #1 – Aug 28 & 30              | Course Introduction   |                           |
| <sup>4</sup> 2 – Sept 4 & 6   | Thinking Critically with Psychological Science                                      | Chapter 1                 |
| <sup>4</sup> 3 – Sept 11 & 13 | Neuroscience and Behavior   | Chapter 2                 |
| 44 – Sept 18 & 20             | The Nature and Nurture of behavior<br>Research Paper/Service Learning Plan Due Sept | Chapter 3                 |
| 5 - Sept 25 & 27              | The Developing Person   | Chapter 4                 |
| 6 - Oct 2 & 4                 | Learning  | Chapter 8                 |
| 47 – Oct 9 & 11               | Memory  | Chapter 9                 |
| #8 – Oct 16 & 18              | Intelligence  | Chapter 11                |
| 19 – Oct 23 & 25              | Motivation  | Chapter 12                |
| #10 – Oct 30 & Nov 1          | Emotion   | Chapter 13                |
| ‡11 – Nov 6 & 8               | Personality   | Chapter 14                |
| ‡12 – Nov 13 & 15             | Psychological Disorders   | Chapter 15                |
| #13 – Nov 20<br>Nov 22        | Therapy Thanksgiving Holiday  | Chapter 16                |
| #14 – Nov 27 & 29             | Stress and Health Research Paper or Service Learning Journal and                    | Chapter 17<br>I Paper Due |
| 15 – Dec 4 & 6                | Social Psychology   | Chapter 18                |