

Chaminade University Winter/Evening 2000  
Instructor: Sharron Thompson  
Contact phone # (808) 942-3786

Psychology 101: General Psychology  
Text: Psychology 5th Ed.  
Author: David G. Myers

WE00

PM

**Course Description:**

This course will provide a broad overview of the major psychological theories and concepts related to the study of human behavior and mental processes. Exploration of the psychological aspects of human behavior, normal and abnormal development, of sensory and perceptual systems, learning theory, memory and cognition, motivation, emotions, drives, personality, and social behavior will allow the student the opportunity to develop a better understanding of self and society.

**Course Objectives:**

1. To develop an understanding of the major concepts, principles, terms, contributors, and history of scientific and applied psychology.
2. To develop an understanding of the scientific method and its application in the field of psychology.
3. To develop an understanding of the major factors affecting human development and behavior.
4. To develop an appreciation of the value of psychological knowledge in applications to everyday life.
5. To develop critical thinking skills from a psychological perspective in evaluating human behavior, emotions, and thoughts.
6. To apply the information from the class lectures, materials and text in selecting and presenting reflective exercise for class.

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**The Course will provide the following teaching approaches:**

- \* Textbook Reading
- \* Lecture/Discussion Format
- \* Audio-Visual Materials
- \* Class Presentations
- \* Reflective Exercises

**Course Requirements:**

1. Attend all lectures and contact the instructor if unable to attend any lectures, or part of any lecture. A bonus five points will be added to final grades for perfect attendance. In order to earn the five bonus points, you must be on time and be present in class the entire session.
2. Participate in class discussions and activities.
3. Take two exams; one covering the first five weeks and the second covering the last five weeks of the class lectures, text, and materials.
4. Assemble and present a personal collage (free-form). Due Week 8. This is a free form activity. The intent is to make a composite that reflects or reveals a part (or all of) yourself. Usually students attach pictures, words and other items to a large piece of cardboard. Others have elected to do drawings or a video. Original ideas are encouraged. However, you should run the idea by the instructor to make sure it is acceptable.
5. Write a two to three page typed, double spaced paper based on research relevant to course subject matter. The purpose of the paper is to develop critical thinking skills in exploring articles pertaining to the field of psychology. This research paper will include references and a bibliography. The instructor must approve your topic. Due Week 9. **Absolutely NO late papers will be accepted!**

6. Complete four brief reflective exercises relating to the information covered throughout the course.

- Reflective Exercise 1. Due Week 2  
Select and present three cartoons that use humor to make a psychological point.
- Reflective Exercise 2. Due Week 3  
Example of an optical, auditory or tactile illusion.
- Reflective Exercise 3. Due Week 4  
Three ads or commercials that use psychology to sell their products. (Do they rely on “fact” or “opinion”?).
- Reflective Exercise 4. Due Week 6  
Complete the MBTI short form and a L/R Brain Inventory. Be prepared to discuss the results in class. Forms will be handed out in class the end of Week 5 and will be due and discussed Week 6 in class.

COURSE REQUIREMENTS	POINTS	GRADING SYSTEM
Attendance and Participation.....	30	180 - 200 A
Exam # 1.....	40	160 - 179 B
Exam # 2.....	40	140 - 159 C
Reflective Exercises, 10 points each.....	40	120 - 139 D
Research Paper.....	30	Below 120 F
Collage and Presentation.....	20	
<b>Total Point Value</b>	<b>200</b>	

**SYLLABUS**

Week 1	Course Introduction and Requirements Survey of the Text Chapter 1: Thinking Critically With Psychological Science Chapter 2: Neuroscience Genetics and Behavior Video (If time permits) <b>Reflective Exercise 1 Due Next Week</b>
Week 2	Reflective Exercise 1 Presentations Chapter 3: The Developing Child Chapter 4: Adolescence and Adulthood <b>Reflective Exercise 2 Due Next Week</b>
Week 3	Reflective Exercise 2 Presentations Chapter 5: Sensation Chapter 6: Perception <b>Reflective Exercise 3 Due Next Week</b>
Week 4	Reflective Exercise 3 Presentations Chapter 7: States of Consciousness Chapter 8: Learning Chapter 9: Memory <b>1st 5th Exam Next Week</b>
Week 5	1st 5 Week Exam Chapter 10: Thinking and Language Video - Discussion of Video <b>Reflective Exercise 4 Due Next Week</b>

Week 6	Reflective Exercise 4 Presentations Chapter 11: Intelligence Chapter 12: Motivation
Week 7	Chapter 13: Emotion Chapter 14: Personality <b>Collage Presentations Due Next Week</b>
Week 8	Collage Presentations Chapter 17: Stress and Health Chapter 18: Social Psychology <b>Research Paper Due Next Week. No Late Papers will be accepted.</b>
Week 9	Research Paper Due Remaining Collage Presentations Chapters 15 and 16 Overview Video (If time permits) <b>2nd 5 Week Exam Next Week</b>
Week 10	2nd 5 Week Exam Chapters 15 and 16: Discussion and Exercises Individual Appointments to Discuss Grades and Papers.

**SYLLABUS MAY BE ADJUSTED TO MEET CLASS NEEDS.**

**“Do and you shall be” SARTRE**

**“Be and you shall do” CAMUS**

**“Dobedobedo” SINATRA**

**“Just do it!” NIKE**