

SSE '00

RM

Chaminade University of Honolulu  
PSY 101 General Psychology  
Instructor: Ronnie Mulford, M.Ed., CRC  
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Mon. and Wed. only  
Wednesdays 5:30-9:40 p.m.  
Summer, 2000

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### **COURSE DESCRIPTION:**

An introduction to the major theories and concepts in the study of behavior will provide a broad overview of a variety of the psychological aspects of human development. Exploration of the sensory processes, drives, emotions, social expressions, learning modalities, etc., is meant to stimulate curiosity and to develop a better understanding of self, others, and society.

### **COURSE OBJECTIVES:**

1. To have knowledge of the history and development of the field of Psychology.
  2. To become familiar with the basic concepts and language of Psychology.
  3. To develop an appreciation of the processes by which human behavior is studied, analyzed and interpreted.
  4. To integrate knowledge about behavior into daily life so as to enrich one's understanding of self and others.
  5. To understand and be able to perform basic valid and reliable research.
  6. To apply the information from the class lectures, materials and text in selecting and presenting reflective exercises.
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### **COURSE APPROACH:**

A Chaminade classroom often holds individuals of different cultural and social backgrounds, learning styles and educational interests. Therefore, a variety of teaching and learning styles will be used, including:

- Textbook Reading
- Lecture/Discussion format
- Audio-Visual Materials
- Class Presentations
- Reflective Exercises and Experimentals
- Issues Clarification and Exploration

### **The Student Will:**

1. Attend all lectures and contact the Instructor if unable to attend any lectures, or part of any lecture, and participate in class discussion and activities.
2. Take two tests, one covering the first and the second covering the last five weeks of the class presentations, text, and materials.

3. Assemble and present a personal collage. (free-form)
4. Complete five Reflective Exercises relating to the information covered throughout the course.
5. Research a **pre-approved** psychological area of interest or debate, and document the findings in a minimum three page, academically sound, research paper that is due on Week 8. Each Research Paper must contain at least 3 sources or citations that are clearly referenced or footnoted. (**Note: LATE PAPERS WILL NOT BE ACCEPTED.**)

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**COURSE REQUIREMENTS:**

points

Attendance and Participation.....	40
Test #1.....	35
Test #2.....	35
Reflective Exercise #1.....	10
Reflective Exercise #2.....	10
Reflective Exercise #3.....	10
Reflective Exercise #4.....	10
Reflective Exercise #5.....	10
Research Paper.....	20
Collage and Presentation.....	20

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TOTAL POINT VALUE      200

**Grading System:**

180 - 200	A
160 - 179	B
140 - 159	C
120 - 139	D
Below 120	F

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<b>Reflective Exercise #1:</b> Due Week 2	Two cartoons that use humor to make a psychological point.
<b>Reflective Exercise #2:</b> Due Week 3	Write a 2 page story about an incident that had a psychological effect on you.
<b>Reflective Exercise #3:</b> Due Week 4	Two examples of optical, auditory, or tactile illusions that DO NOT appear in the textbook.
<b>Reflective Exercise #4:</b> Due Week 6	Two ads or commercials that use psychology to sell their products.(One should rely on “fact” and the other should rely on “opinion”.)
<b>Reflective Exercise #5:</b> Due Week 7	Complete the MBTI short form and be prepared to go over the results and discuss in class.

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**REQUIRED COURSE TEXT: PSYCHOLOGY by David G. Myers**  
Worth Publishers Copyright 1998

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## SYLLABUS

**WEEK 1** Course Introduction and Requirements  
Survey of the Text  
Chapter 1: Thinking Critically with Psychological Science  
Chapter 2: Neuroscience Genetics and Behavior  
**Reflective Exercise #1 due next week**

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**WEEK 2** Reflective Exercise #1 Presentations  
Chapter 3: The Developing Child  
Chapter 4: Adolescence and Adulthood  
**Reflective Exercise #2 due next week**

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**WEEK 3** Turn in Reflective Exercise #2  
Chapter 5: Sensation  
Chapter 6: Perception  
Chapter 7: States of Consciousness  
**Reflective Exercise #3 due next week**

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**WEEK 4** Reflective Exercise #3 Presentations  
Chapter 8: Learning  
Chapter 9: Memory  
**1<sup>st</sup> Five Week Exam next week**

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**WEEK 5** **1<sup>st</sup> Five Week Exam**  
Chapter 10: Thinking and Language  
Video - Discussion of Video  
**Reflective Exercise #4 due next week**

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**WEEK 6** Reflective Exercise #4 Presentations  
Chapter 11: Intelligence  
Chapter 12: Motivation  
**Reflective Exercise #5 due next week**

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