SSE 99

Chaminade University of Honolulu PSY 101: General Psychology Contact Phone #: (808) 942-3786

SUMMER, 1999 COURSE TEXT: PSYCHOLOGY by David Myers 5th. Ed. My

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#### COURSE OUTLINE

## Course Description:

An introduction to the major theories and concepts in the study of behavior will provide a broad overview of a variety of the PSYChOlOgical aspects of human development. Exploration of sensory processes, drives, emotions, social expressions, learning modalities, etc., is meant to stimulate curiosity and to develop a better understanding of self and society.

#### Course Objectives:

- 1. To have knowledge of the history and development of the field called Psychology.
- 2. To develop an understanding of the major factors affecting human development and behavior.
- 3. To become familiar with the basic concepts and language of Psychology.
- 4. To develop an appreciation of the processes by which human behavior is studied, analyzed and interpreted.
- 5. To integrate knowledge about behavior into daily life so as to enrich one's understanding of self and others.
- 6. To apply the information from the class lectures, materials and text in selecting and presenting reflective exercises.

### The Course will provide the following teaching approaches:

- \* Textbook Reading
- \* Lecture/Discussion Format
- \* Audio-Visual Materials
- \* Class Presentations
- \* Reflective Exercises
- \* Issues Clarification and Exploration

#### The Student Will:

- Attend all lectures and contact the instructor if unable to attend any lectures, or part of any lecture, and participate in class discussions and activities.
- Take two tests, one covering the first and the second covering the last five weeks of the class presentations, text, and materials.

- 3. Assemble and present a personal collage (free-form).
- Complete five brief reflective exercises relating to the information covered throughout the course.

Due Week 2 Reflective Exercise 1:

> Three cartoons that use humor to make a psychological point.

Reflective Exercise 2:

Due Week 3

Example of an optical, auditory or

tactile illusion.

Reflective Exercise 3:

Due Week 4

Write a 1 to 2 page story about an

incident that psychologically affected

you.

Reflective Exercise 4:

Due Week 6

Three ads or commercials that use psychology to sell their products.

(Do they rely on "fact" or "opinion"?)

Reflective Exercise 5:

Due Week 7

Complete the MBTI short form and be

prepared to go over and discuss the

results in class.

Total Point Value 200

# SYLLABUS

Week	1	Course Introduction and Requirements Survey of the Text Chapter #1: Thinking Critically With Psychological S Chapter #2: Neuroscience Genetics and Behavior Reflective Exercise 1 Due Next Week	Science
Week	2	Reflective Exercise 1 Presentations Chapter #3: The Developing Child Chapter #4: Adolescence and Adulthood Reflective Exercise 2 Due Next Week	
Week	3	Reflective Exercise 2 Presentations Chapter #5: Sensation Chapter #6: Perception Reflective Exercise 3 Due Next Week	
Week	4	Reflective Exercise 3 Presentations Chapter #7: States of Consciousness Chapter #8: Learning Chapter #9: Memory 1st 5 Week Exam Next Week	
Week	5	1st 5 Week Exam Chapter #10: Thinking and Language Video - Discussion of Video Reflective Exercise 4 Due Next Week	
Week	6	Reflective Exercise 4 Presentations Chapter #11: Intelligence Chapter #12: Motivation Reflective Exercise 5 Due Next Week	_
Week	7	Reflective Exercise 5 Presentations Chapter #13: Emotion Chapter #14: Personality Collage Presentations Due Next Week	_
Week	8	Collage Presentations Chapter #17: Stress and Health Chapter #18: Social Psychology	
Week	9	Remaining Collage Presentations Chapters 15 and 16: Overview Video (If time permits) 2nd 5 Week Exam Next Week	_
Week	10	Chapters 15 and 16: Discussion and Exercises Discussion of grades, etc. Last Class 2nd 5 Week Exam	_

<sup>\*</sup> Syllabus will be adjusted to meet class needs.