

Chaminade University of Honolulu
Psychology 101¹⁰ General Psychology
Instructor: Karen Hoffman, MSCP
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Text: Psychology by David G. Meyers. NY: Worth Publishers, 1995
(Fifth Edition)

Course Description:

An introduction to the major theories and concepts in the study of behavior which will provide the student with a broad overview of a variety of the psychological aspects of human development. Exploration of the psychological aspects of sensory processes, normal and abnormal development, learning, drives, emotions and social behavior will allow the student the opportunity to develop a better understanding of self and society.

Course Objectives:

The student will:
Demonstrate knowledge of the basic concepts and principles of psychology.
Demonstrate an understanding of the major factors affecting human development and behavior.
Develop an appreciation of the processes by which human behavior is studied, analyzed and interpreted.
Be able to integrate knowledge about behavior into daily life, so as to enrich one's understanding of self and others.

Course Method:

The following teaching approaches will be utilized:
Textbook Reading
Lecture/Discussion Format
Audio visual Materials
Small/Large Group Discussions
Guest Speakers
Reflective Writing
Independent Study

Expectations For Students:

1. CLASS ATTENDANCE IS REQUIRED!!! Ten bonus points will be added to final grades for perfect attendance. In order to earn the ten bonus points, you must be on time and be present in class for the entire session. If you leave early, you will be marked absent for the class period.
2. READ AND STUDY ALL ASSIGNMENTS!!! You will be responsible for reading the course textbook and any additional readings given during the course. It is IMPORTANT TO BRING YOUR TEXTBOOK TO EVERY CLASS SESSION!!!
3. The student is expected to be responsive to new ideas and to participate in discussions and offer own viewpoints.

Course Requirements:

Tests:

Four examinations will be given. Each one will be worth a total of 50 points.

A Paper:

A Paper will be assigned relevant to course subject matter. The instructor must approve your topic. The paper should be typed, double spaced, and 5-7 pages in length. Be careful of grammar and spelling errors as you will lose points for them. You also need to enclose a bibliography and cite references. Do not plagiarize!! NO LATE PAPERS WILL BE ACCEPTED!!!! Your paper will be worth 100 points.

Reflective Writing:

There will be several reflective writings assigned during class sessions.

Class Presentations:

Each week, students will take turns presenting what they have learned in a particular chapter. You will need to write out your presentation in advance because you will not be able to use your textbook during the presentation. The student will be required to share their impressions and experiences related to the chapter.

Class members are encouraged to join in the discussion and presentation and the instructor will make appropriate comments or add information as required. This portion of the class is meant to be lively and interesting. The presentations will allow students the opportunity to apply the information in each chapter to real life situations which will make our study of psychology more meaningful. The presentations will also give the instructor insight into how much of the information the student is grasping and understanding. Presentations will be graded as follows:

Exceptional-100-90
Above Average-89-80
Average-79-70
Below Average-69-60
No Participation-0

Course Grading:

After calculating the total possible points for the course, students will earn the following grade:

A-400-360
B-359-320
C-319-280
D-279-240
F-239 & Below

PSY. 101: GENERAL PSYCHOLOGY SYLLABUS

- WEEK 1----COURSE INTRODUCTION, REQUIREMENTS, SURVEY OF TEXT.
INTRODUCTION
CHAPT. 1-THINKING CRITICALLY WITH PSYCHOLOGICAL SCIENCE
CHAPT. 2-NEUROSCIENCE, GENETICS, AND BEHAVIOR
- WEEK 2----CHAPT. 3-THE DEVELOPING CHILD
CHAPT. 4-ADOLESCENCE AND ADULTHOOD
REVIEW FOR EXAM 1
- WEEK 3----EXAM COVERING INTRO. THROUGH CHAPT. 4
PAPER TOPIC DUE
CHAPT. 5-SENSATION
CHAPT. 6-PERCEPTION
- WEEK 4----CHAPT. 7-STATES OF CONSCIOUSNESS
CHAPT. 8-LEARNING
REVIEW FOR EXAM 2
- WEEK 5----EXAM COVERING CHAPT. 5 THROUGH CHAPT. 8
CHAPT. 9-MEMORY
CHAPT. 10-THINKING AND LANGUAGE
- WEEK 6----CHAPT. 11-INTELLIGENCE
CHAPT. 12-MOTIVATION
CHAPT. 13-EMOTION
REVIEW FOR EXAM 3
- WEEK 7----EXAM. COVERING CHAPT.9 THROUGH CHAPT. 13
CHAPT. 14-PERSONALITY
CHAPT. 15-PSYCHOLOGICAL DISORDERS
- WEEK 8----PAPER DUE--NO LATE PAPERS ACCEPTED
CHAPT. 16-THERAPY
CHAPT. 17-STRESS AND HEALTH
- WEEK 9----CHAPT. 18-SOCIAL PSYCHOLOGY
PRESENT PAPERS ORALLY
REVIEW FOR EXAM 4
- WEEK 10---EXAM. COVERING CHAPT. 14 THROUGH CHAPT.18
TURN IN EXTRA CREDIT
CLOSURE