



# Chaminade University of Honolulu, at Tripler

BIOLOGY 151 (30)

Human Anatomy and Physiology I

Fall 2000

Class Meetings: Mon/Wed 1950-2155 at Bldg 102. Concurrent registration in Biol 151 Lab is required.

Instructor: Charles Matsuda Office Hours: by appointment before or after class

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TEXT: Principles of Anatomy & Physiology, 8th ed., by Tortora et al, packaged with ancillary materials.

**GENERAL COURSE OBJECTIVE:** To present, in lecture format, a comprehensive first semester introduction to human anatomy & physiology (A&P) for health/medical sciences programs, eg. nursing or physical therapy. Biol 152 provides a second semester conclusion of the course materials.

**SPECIFIC COURSE COMPETENCIES:** Health sciences students who pass this course will have learned A&P knowledge that may be required to pass the pertinent sections of their respective licensing exams. Information acquired in this course will allow pursuit of more advanced studies in A&P.

As the course proceeds, students will be expected to answer detailed objective questions concerning the lecture, readings, and class handout assignments relating to this PROSPECTIVE COURSE OUTLINE:

TOPIC(S) PLANNED		CHAPTERS	TENTATIVE EXAM DATES
Introduction, Chemistry, Cells		1, 2, 3 (Holiday Oct 9 <sup>th</sup> )	EXAM 1 (Oct 16 <sup>th</sup> , Oct 18 <sup>th</sup> )
Tissues, Integumentary System		4, 5	EXAM 2 (Oct 23 <sup>rd</sup> )
Bones		6, 7, 8, 9	EXAM 3 (Oct 30 <sup>th</sup> , Nov 1 <sup>st</sup> )
Lab Practical Exam at Tripler		Models and images	Lab Practical (Nov 6 <sup>th</sup> )
Muscles		10, 11	EXAM 4 (Nov 15 <sup>th</sup> , Nov 20 <sup>th</sup> )
Blood, Heart, Vessels, Lymphatics		19, 20, 21(pp 635,649)	EXAM 5 (Nov 29 <sup>th</sup> )
Digestive System, Metabolism		24, 25	EXAM 6 (Dec 6 <sup>th</sup> )
Lab Practical Final at Tripler		Models and images	Lab Practical (Dec 11 <sup>th</sup> )
ALL	TOPIC	1-11, 19-21, 24-25	Comprehensive FINAL, Dec 13 <sup>th</sup>

**GRADING:** The grade curve is based upon six 30 point exams, and an 60 point comprehensive final. NO extra credit assignments. Make-up exams can be scheduled, but score reduction penalties may apply.

Grade curve (approximate): "A" = 240-216 "B" = 215-192 "C" = 191-168 "D" = 167-144 "F" = 143-0.

Adjustment points will be added to student totals if the class average falls below the 75th percentile mark normally expected on a standard curve. Individual student scores and point totals that fall below 50% are below the absolute course minimum, and will not be calculated into class averages.

**STUDY SKILLS:** Biol 151 requires hours of study outside of class to pass. Students should organize, summarize, and rewrite their lecture notes for review. The data standard for the course is the textbook, with heavy reliance on lecture. Check with me at any time for your current course standing.

Withdrawal Policy: Students who stop attending the lecture and/or lab with no withdrawal form processed will **receive an "F"**. **Students who WIN= from lecture must withdraw** from the lab as well. Please consult your program coordinators for assistance with forms and to determine deadlines.

### Important Notices:

Class is cancelled for the evening if, without prior notice, the instructor is twenty minutes late.

If you are absent, obtain lecture notes and find out about course schedule changes from classmates.

Comments and suggestions concerning the course are encouraged, but instructional, departmental, and university policies and responsibilities require that all final decisions reside with the instructor.

Mature and honorable behavior is **expected** of all class **members**. Any Student **observed** looking at **notes** or another **student's work** during exams will be penalized minus 50 points for each incident.

Disruptive behavior will result in grade penalty and/or banishment from class. No earphones, no dictionaries, no calculators, no pagers, no cell phones, and no talking allowed during exams. Please turn off cell phones and pagers during lectures, and especially during exams.

## **Chaminade University of Honolulu, Main Campus** **BIOL 151L (30) Human Anatomy and Physiology I Lab** **Fall 2009**

Class Meetings: Saturdays at the Main Campus, Henry Hall, room 8. Labs start at 12:30 PM.

Text: Integrated Human Anatomy, 4th ed., by C. Daniels, McGraw Hill Publ., 1994; and the lecture text.

Lab	Date	Prospective Schedule for <b>Biology</b> 151 Lab at Chaminade Main Campus	Lecture Text Images
01	Oct 07	Lab Guidelines, The Scientific Method, paper to be assigned. Free study: Torso model, pp. 11-16, Cell and Skin models, pp. 17-19	
02	Oct 14	Chemistry and Microscopy, paper to be assigned. Free study: Disarticulated Skeleton, pp. 21-26, Jaw, Knee, pp. 26-27 (Use our atlas and/or Chs. 7 & 8 of our lecture text_ to stud_ the bones.)	Exhibits 4.1, 4.2 4.3
03	Oct 21	<b>Fetal Pig Dissection</b> , pp. <del>79-91</del> , <b>dissection test</b> in lab. Free study: Arm Model, pp. <del>28-34</del>	Figs. 5.2, 5.3
04	Oct 28	Free <b>study</b> : all models and images.	Figs. 6.1, 6.3, 6.6
05	Nov 04	Free study: all models and images.	
06	Nov 06	Midterm Practical Exam at Tripler, material will include all models, and images assigned up to this time. Special start time, 8:30 PM.	Figs. 10.5, 10.18
07	Nov 13	Muscle Physiology Experiment, paper to be assigned. Free study: Leg Model, pp. 34-37	Exhibit 10.2
08	Nov 20	Heart Dissection, pp. 92-96, dissection test in lab. Free study: Vessels pp. 54-58 <b>wall-mount</b> model.	Figs. 19.2, 19.6
09	Nov 27	Cardiovascular experiment, paper to be assigned. Free study: Digestive System model, pp. <del>62-65</del> , Heart model, pp. 52-54	<b>Figs.</b> 20.10, 21.9
10	Dec 02	Free study: all models, figures, and exhibits assigned since the midterm.	Figs. 22.5, 22.6 22.19.
11	Dec 09	Free study: all models, figures, and exhibits assigned since the midterm.	
12	Dec 11	Final Practical Exam, material will include all models, figures, and exhibits assigned since the midterm. Special start time, 8:30 PM.	

Instruction Methods: (a) dissection labs, (b) lab write-ups, and (c) study of models and textbook images.

Course competencies: To learn basic anatomy and physiology by the completion of this course, and...

1. As the course proceeds, to correctly answer detailed questions derived from the following sources:

- a. The underlined and alpha/numeric coded structures cited in the lab manual concerning the models.
- b. The relevant text information and picture identifications assigned from the lecture textbook.
- c. The structures cited in the lab manual relevant to the assigned dissection exercises.

2. Students should become "independent learners" by researching, writing, and editing lab reports, and by self-directing their lab study of ~~models and textbook images~~.

**Grading:** The lab grade distribution is based on 200 points, with adjustments to the curve. **Lab and lecture grades are separate and independent.** A missed final will result in an 'F' grade.

- a. Lab practicals: A lab practical midterm and a noncomprehensive final, 80 points each. Timed stations.
- b. Dissection testing on fetal pig and heart structures described in the lab manual, 10 points for each specimen.
- c. Lab Write-ups: 20 points obtainable by written lab reports, which will be ranked on a percentage scale to be explained in class. There will ~~be a one point penalty deduction~~ for every day late; faxes, email acceptable.

**Important Notices:**

Practical exams will be retained by the instructor.

See me at any time during the semester to check your progress in lab.

Concurrent registration in Biology 151 is required.

No smoking, no drinking, no eating allowed in lab.

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## LABORATORY WARNING AND DISCLOSURE

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Specimens used in this lab are stored in relatively "safe" solutions, but it should be assumed that they have been fixed in formalin, which is an irritant of the eyes, upper respiratory tract, and skin. It is tumorigenic in rats, and a Group B1 carcinogen. Formalin is toxic; drinking it is fatal. For these reasons, during any dissection lab:

1. Gloves should be worn to protect the skin.
2. Glasses should be worn to protect the eyes.
3. ~~Spills~~ and ~~spashes should~~ be immediately and thoroughly rinsed off with water.
4. The specimen should be frequently rinsed with water.
5. Available fans should be set on full speed, and all windows and doors kept open.
6. Anyone with chronic, defined respiratory problems should report to the instructor.

### GENERIC LABORATORY RULES

- 1) Each student is expected to act in a mature and responsible manner in the laboratory.
- 2) Lab equipment is to be treated with care; please report any malfunction or breakage.
- 3) Keep your work area clean. All spills and debris are to be removed ~~before leaving lab,~~
- 4) Preservative fluids can stain your clothes. A lab coat or an apron or an old shirt is recommended.

### SAFETY RULES

- 1) Know the location of the first aid kit and report any injury or toxic reaction to the instructor.
- 2) Dissection instruments are to be used with care and control; stay focused and avoid horseplay.
- 3) All incisions are to be made away from you and your lab partner. Whenever feasible, cut downward into the bottom of the dissecting pan.
- 4) Do not eat or drink in the lab; after leaving the lab, be aware of the possibility of contact-contamination.
- 5) Skin **contact** is to be avoided. Wash off immediately and thoroughly if you touch preservative fluids.

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Please fill in the form below, tear off at the dashed line, and turn in to your lab instructor.

### ASSUMPTION OF RISK AND RELEASE FOR BIOLOGY 151 LABORATORY

Fall 2000, October 02 - December 15, Saturday, 1230, taught by Charles Matsuda

I have read and fully understand the written safety and other rules and precautions that are a part of the requirements for my participation in lab, as well as those explained to me by my instructor, and I agree to strictly observe them; and

I, \_\_\_\_\_ (Please print your name on the preceding line) do for myself, my heirs, executors, and administrators hereby accept full responsibility for and indemnify, release, and discharge Chaminade University of Honolulu, its officers, agents, and employees from any and all claims of actions for property damage, and/or personal injury which may result from my failure to abide by these safety rules and precautions, or from any inherent risks in said lab.

Student Signature

Date