



Chaminade University

School of Nursing and Health Professions
Graduate Program

NUR-830: Psychopharmacology Across the Lifespan

Location meeting and Class meeting schedule: Online Asynchronous

Credits: 3

Section: NUR-830-09-7 **Term:** Fall 2026

Instructor Information



Instructor: Brett D. Howard, PhD, APRN, PMHNP- BC

Email: brett.howard@chaminade.edu

Phone: (808) 778-0517 (email is preferred and checked more frequently)

Time Zone: Portland, OR (PST)

Office Location: Online

Office Hours: Please email a request to meet and I can often accommodate a zoom meeting or phone call within a day or two during the normal workweek.

Communication

Questions for this course can be emailed to the instructor and must be sent using your Chaminade email. Online and phone conferences can also be arranged. Response time is usually within 24 hours, but weekends and University holidays may extend response time.

School & Department Information

School of Nursing and Health Professions

If you have questions regarding the Graduate Nursing programs, reach out to your instructor or the School of Nursing and Health Professions.

Office Location: Student Services Support Building Rm 101 nursing@chaminade.edu

Phone: (808) 739-8340

Course Description & Materials

Catalog Course Description

This course focuses on the principles of psychopharmacology across the lifespan. Emphasis is placed on the pharmacodynamics and pharmacokinetics of psychotropic medications, including indications, side effects, drug interactions, and patient education. The course prepares students to prescribe and manage pharmacologic treatments for individuals with psychiatric disorders in accordance with legal, ethical, and evidence-based practice standards.

Modality: Online Asynchronous

Time Commitment

This is a three-credit hour course requiring a minimum 135 clock hours of student engagement, per the official CUH Credit Hour Policy. Students enrolled in this course are anticipated to spend 42 hours researching, writing, and responding to the discussion boards, and 66 hours studying for the 6 quizzes

and final exam. There will be an additional 39 hours of work required beyond what is listed here (course readings, homework assignments, etc.), averaging 2.4 hours each week.

Required Materials

- American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). <https://doi.org/10.1037/0000165-000>
- American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed., text rev.). <https://doi.org/10.1176/appi.books.9780890425787>
- Boland, R., Verduin, M., & Ruiz, P. (2021). *Kaplan and Sadock's synopsis of clinical psychiatry* (12th ed.). Wolters Kluwer.
- Dang, D., Dearholt, S. L., Bissett, K., Ascenzi, J., & Whalen, M. (2021). *Johns Hopkins evidence-based practice for nurses and healthcare professionals: Model and guidelines* (4th ed.). Sigma Theta Tau International.
- Doran, C. (2021). *Prescribing mental health medication: The practitioner's guide* (3rd ed.). Routledge.
- Feder, J., Tien, E., & Puzantian, T. (2023). *Child medication fact book for psychiatric practice* (2nd ed.). Carlat Publishing.
- Halter, M. (2021). *Varcarolis' foundations of psychiatric mental-health nursing* (9th ed.). Elsevier.
- Puzantian, T., & Carlat, D. (2022). *Medication fact book for psychiatric practice* (6th ed.). Carlat Publishing.
- Stahl, S. (2021). *Stahl's essential psychopharmacology: Neuroscientific basis and practical applications* (5th ed.). Cambridge University Press.

Canvas (<https://chaminade.instructure.com>)

This course is delivered through Canvas. Please review the Student Tutorial located on the Canvas course dashboard regarding instructions on accessing and submitting materials and assignments. If you are unable to find answers using the student tutorial, you may also contact the assigned faculty with questions regarding course navigation. Students should follow standard Netiquette guidelines, including but not limited to using the same common courtesy, politeness, and appropriate online behaviors as would be used in a face-to-face environment.

Technology

A computer with the following technology is required in order to complete courses in the DNP Program: at least Windows 10 (for PCs), at least Mac OS X 10.5.8 (for Macs); a current antivirus program; the current Microsoft Office (PowerPoint and Word) and Adobe Acrobat; a standard web browser; and an internet or broadband connection with speed and connectivity to support internet searches and video conferencing. Installation of proctoring software may be required.

Teaching / Learning Strategies

This course is online. Online learning resources, discussion forums, individual and small group work, case studies, application assignments, and independent study are teaching-learning strategies that may be utilized in this course. Students are expected to take an active role in their learning process through

reading, research, online discussions, and sharing enriching experiences. Students should follow standard Netiquette guidelines, including but not limited to using the same common courtesy, politeness, and appropriate online behaviors as would be used in a face-to-face environment.

Learning Outcomes

Program Learning Outcomes (PLOs)

Upon completion of the program:

MSN PLOs	DNP PLOs
1.Integrate Nursing and Interdisciplinary Sciences for Advanced Clinical Reasoning Apply nursing science along with biophysical, psychosocial, pharmacological, and organizational knowledge to perform comprehensive clinical assessments, support diagnostic reasoning, and manage complex patient care across diverse populations.	1.Integrate Nursing and Transdisciplinary Knowledge for Advanced Practice Synthesize nursing science with knowledge from the biophysical, psychosocial, analytical, ethical, and organizational sciences to guide clinical reasoning, care innovation, and complex decision-making across diverse populations.
2.Apply Quality and Safety Principles in Advanced Practice Implement and evaluate evidence-based strategies to improve care quality, patient safety, and equity within clinical practice environments.	2.Lead Systems-Based Practice for Quality and Safety Improvement Design, implement, and evaluate evidence-informed strategies to promote high-quality, safe, and equitable care within complex and evolving healthcare systems, locally and globally.
3.Critically Appraise and Apply Evidence for Advanced Nursing Practice Integrate current evidence, clinical expertise, and patient preferences to guide the diagnosis, treatment, and management of health conditions; engage in quality improvement initiatives to optimize patient outcomes.	3.Translate and Integrate Evidence for Nursing Practice Critically appraise and apply research and quality improvement methodologies to influence healthcare delivery and outcomes; disseminate findings to advance nursing practice and population health.
4.Leverage Healthcare Technologies and Informatics in Clinical Practice Utilize electronic health records, clinical decision support tools, and population health data to enhance diagnosis, care planning, and patient education in advanced practice settings.	4.Leverage Information and Healthcare Technologies Integrate informatics, data analytics, and emerging health technologies to optimize care delivery, support clinical decision-making, and improve health outcomes.
5.Provide Person-Centered, Culturally Responsive Care Deliver holistic, individualized care that respects patients' values, cultural backgrounds, and health literacy levels, with the goal of improving health equity and outcomes.	5. Advance Person-Centered, Equitable Care Promote culturally responsive, person-centered care and advocate for policies that improve access, reduce health disparities, and promote social justice.
6.Collaborate with Interprofessional Teams to Optimize Patient Care Work effectively within interprofessional teams to coordinate care, resolve complex clinical	6.Foster Interprofessional Collaboration for Health Outcomes Build and sustain collaborative partnerships across disciplines to improve individual and population health outcomes, with a focus on

issues, and improve health outcomes at the individual and population level.	culturally distinct communities and high-priority health needs.
7.Assess and Address Social Determinants of Health in Clinical Practice Identify social, cultural, and environmental factors affecting health; integrate resources and community partnerships into care plans to address disparities and promote health resilience.	7.Promote Population Health and Address Social Determinants of Health Assess and respond to the social, cultural, economic, and environmental determinants of health; design population-based interventions that advance health equity and resilience across communities.
8.Demonstrate Clinical Expertise and Professionalism in the APRN Role Provide independent, evidence-based care including advanced assessment, diagnosis, and management of acute and chronic conditions; demonstrate ethical leadership, accountability, and commitment to continuous professional growth in the APRN role.	8.Demonstrate Clinical Expertise and Professional Leadership in Advanced Practice Nursing Provide evidence-based, independent clinical care through advanced assessment, diagnosis, and management of diverse individuals and populations; model professional integrity, ethical leadership, and lifelong development in the advanced practice role.

Course Learning Outcomes (CLOs) and Alignment

Upon completion of NUR 830, the student will:

CLO	PLO(s)	AACN Domain	AACN Competency	AACN Advanced Sub-Competency (NONPF NP Core Competencies)	Assessment Measures
1. Integrate advanced knowledge of pharmacokinetics and pharmacodynamics of psychotropic medications to guide safe and effective prescribing for patients across the lifespan.	M1., M2., D1., D2.	1, 2	1.2, 2.5	1.2g, 2.5j	-Pharmacokinetic Changes in Older Adults Discussion Board: Students analyze the impact of aging on psychotropic medication pharmacokinetics and apply evidence-based pharmacologic principles to support safe prescribing and medication monitoring in older adults. Bipolar Case Study: Students apply evidence-based clinical guidelines and patient-specific factors to develop an individualized psychopharmacologic treatment plan for a patient experiencing mania. Students integrate clinical assessment, evidence-based medication selection, safety monitoring, nonpharmacologic interventions, and shared decision-making to support safe, effective, and person-centered psychiatric care. -Neurobiology and Psychopharmacology Presentation: Students develop and deliver an evidence-based presentation analyzing the neurobiologic mechanisms underlying psychotropic medications. Students integrate neuroscience concepts, pharmacologic mechanisms of action, and clinical application to explain how neurobiologic processes influence psychiatric disorders and psychopharmacologic treatment.
2. Differentiate indications, mechanisms of action, side effects,	M1., D1.	1	1.3, 2.4	1.3f, 2.4f	Bipolar Case Study: Students apply evidence-based clinical guidelines and patient-specific factors to develop an individualized psychopharmacologic treatment plan for a patient

contraindications, and drug–drug or drug–food interactions for major classes of psychotropic medications.					experiencing mania. Students integrate clinical assessment, evidence-based medication selection, safety monitoring, nonpharmacologic interventions, and shared decision-making to support safe, effective, and person-centered psychiatric care. Pregnancy and Lactation: Psychopharmacology Discussion: Students analyze and compare psychotropic medications commonly used during pregnancy and lactation by applying pharmacologic principles to evaluate indications, mechanisms of action, adverse effects, contraindications, drug interactions, and maternal-fetal safety considerations. Students integrate current evidence to differentiate medication options and support safe, evidence-based psychopharmacologic decision-making.
3. Apply evidence-based clinical guidelines in selecting and managing psychopharmacologic regimens for acute and chronic psychiatric conditions.	M3., D3.	1. , 2., 4.	1.2, 2.5, 4.2	1.2g 2.5j 4.2g	Aggression and Agitation Case Discussion: Students apply evidence-based clinical guidelines and patient-specific factors to evaluate and manage agitation and aggression in psychiatric patients. Students analyze clinical assessment findings, develop individualized management strategies, and integrate pharmacologic and nonpharmacologic interventions to promote safe, evidence-based, person-centered care. Depression Pharmacology Case Study: Students analyze the pharmacologic management of major depressive disorder by applying advanced knowledge of psychotropic medication mechanisms, pharmacokinetics, pharmacodynamics, indications, adverse effects, contraindications, and drug interactions. Students compare evidence-based medication options to support safe, effective psychopharmacologic decision-

					making.
4. Incorporate patient-specific factors, including developmental stage, comorbidities, cultural background, genetics, and social determinants of health, into psychopharmacologic decision-making.	M5., M7., D5., D7.	2., 3., 9.	1.2, 1.3, 2.2, 2.3, 2.5, 2.7, 3.1, 3.2, 3.3, 9.6.	1.2g, 1.3d, 2.2g, 2.3h, 2.5j, 2.7d, 3.1k, 3.2e, 3.3e, 9.6h	Aggression and Agitation Case Discussion: Students apply evidence-based clinical guidelines and patient-specific factors to evaluate and manage agitation and aggression in psychiatric patients. Students analyze clinical assessment findings, develop individualized management strategies, and integrate pharmacologic and nonpharmacologic interventions to promote safe, evidence-based, person-centered care. Depression Pharmacology Case Study: Students analyze the pharmacologic management of major depressive disorder by applying advanced knowledge of psychotropic medication mechanisms, pharmacokinetics, pharmacodynamics, indications, adverse effects, contraindications, and drug interactions. Students compare evidence-based medication options to support safe, effective psychopharmacologic decision-making.
5. Educate patients and families regarding the safe use of psychotropic medications, expected therapeutic effects, potential side effects, and adherence strategies.	M5., D5.	Domain 2, 6	2.1, 2.2, 6.1	2.1e, 2.2g, 6.1g	Patient and Family Education Discussion: Psychosis and Schizophrenia: Students develop evidence-based patient and family education strategies for individuals with psychotic disorders by applying therapeutic communication, medication education, shared decision-making, and health literacy principles. Students promote safe medication use, treatment adherence, and recovery-oriented, person-centered care through individualized education and evidence-based patient engagement. Patient Education for Sleep Disorders and Safe Medication Use Discussion:

					Students develop evidence-based patient education strategies for individuals experiencing sleep disturbances by applying therapeutic communication, medication education, shared decision-making, and health promotion principles. Students provide individualized education on the safe use of psychotropic medications, lifestyle modifications, treatment adherence, and sleep health to promote person-centered care and improve treatment outcomes.
6. Analyze ethical, legal, and regulatory considerations in prescribing and monitoring psychotropic medications, including controlled substances.	M8., D8.	Domain 2, 1, 5, 9	1.2, 2.5, 5.1, 5.2, 9.1, 9.3, 9.4	1.2g, 2.5i, 2.5j, 5.2i, 9.3l 9.4f	Complementary and Alternative Therapies Discussion: Students analyze ethical, legal, and regulatory considerations related to recommending complementary and alternative therapies for depression by applying ethical principles, professional standards, and current evidence to complex prescribing scenarios. Students evaluate informed consent, shared decision-making, documentation, scope of practice, and professional accountability to support safe, patient-centered, and legally sound psychopharmacologic care. Ethical and Professional Prescribing Discussion: Students analyze ethical, legal, and regulatory considerations in psychopharmacologic prescribing by applying current evidence, standards of care, and patient-centered principles to evaluate informed consent, therapeutic relationships, professional accountability, and ethical clinical decision-making.

Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

1. Education for formation in faith.

2. Provide an integral, quality education.
3. Educate in family spirit.
4. Educate for service, justice and peace, and integrity of creation.
5. Educate for adaptation and change.

This course specifically addresses the value of providing an integral, quality education (#2). PMHNPs must understand and apply the principles of psychopharmacology to provide safe, quality care for their clients. This course seeks to provide this knowledge for future PMHNPs.

Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Ōlelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Ōlelo No'eau 364) May I live by God.
2. Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kū'ono'ono ('Ōlelo No'eau 1957) Acquire skill and make it deep.
3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Ōlelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship.
4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no'eau ('Ōlelo No'eau 1430) Education is the standing torch of wisdom.
5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Ōlelo No'eau 203) All knowledge is not taught in the same school

Alignment of Course Learning Outcomes (CLOs) to Marianist and Native Hawaiian Values

	CLO 1	CLO 2	CLO 3	CLO 4	CLO 5	CLO 6
Marianist Values	2, 5	2	2, 5	2, 4, 5	2, 3	2, 4
Native Hawaiian Values	2, 5	2	2, 5	2, 4, 5	2, 3	2, 4

Course Activities

Assignment/assessment instructions and rubrics can be found in the appropriate modules on Canvas. Students are required to review the expectations of each assignment/assessment prior to completion.

Assignment Policy

Students must complete all assignments to achieve a passing grade in this course.

Students are responsible for making sure that uploaded assignments are in their final version. Any resubmissions may be subject to late penalty.

Discussions

Online Class Discussion Board (DB):

Discussion board assignments allow students to reflect thoughtfully and exchange ideas on the topics covered in this course. Students will interact on discussion boards during select identified weeks during the term. Each discussion board assignment will have an identified question or prompt. Each student must reply in an initial thread post and then continue in the discussion of the topic with a minimum of two response posts to student peers and/or course faculty. All postings should be substantive and graded based on the provided discussion board rubric.

DB General Guidelines:

- Read through the entire discussion board question or prompt before making your initial thread post. Many topics are broken down into multiple components, each of which must be addressed in your initial reply.
- Be constructive and substantive in your posts and peer feedback. Use an example from the original post to build on, use examples from your current workplace or work experience, stimulate further discourse by asking questions when responding to your peers.
- Use good netiquette. Although there is a minimum of three substantive posts to discussion boards, each student should consider replying to any and all questions posed to them by peers or faculty; just as you would in a live conversation.
- Support your work. You must have a minimum of four citations for every post. Citations should include your course textbook or other supplied course resources, as well as other high-level evidence. At least two citations should be from sources not provided in course resources. Citations should follow APA 7th edition formatting.
- Be sure to post on time (see posting requirements below). Late postings limit the depth of the discussions and make it difficult for peers to provide timely feedback to you. *Late posts will have a 5-point deduction per day up to 48 hours after the due date. Posts more than 48 hours late will receive 0 credit for the assignment.*

DB Posting Requirements:

- Initial Thread Post is due by 11:59 pm on TUES of the week. This post must be a minimum of 250 words unless otherwise specified.
- Response Post #1 is due by 11:59 pm on THURS of the week. This post can incorporate responses to any initial thread post from one of your peers or in reply to a question or comment from one of your peers or course faculty who commented on your initial thread post.
- Response Post #2 is due by 11:59 pm on SAT of the week. This post can incorporate responses to any initial thread post from one of your peers or in reply to a question or comment from one of your peers or course faculty who commented on your initial thread post.

Quizzes/Final Exam

Quizzes and Final Exam cover all topics included in the course. The exams are open book/open notes, but time-restricted. This ensures that students have familiarity with the course materials, and allows quizzes to further learning. Quizzes and Final Exam are to be taken individually, without the use of the internet, any form of artificial intelligence, or materials outside course materials. Students should not discuss the contents of the quizzes with classmates during the open window of the quiz. Doing so will constitute academic dishonesty/cheating and will not be tolerated.

Course Grading

Students must achieve a final grade of B or higher to pass this course. As per the Chaminade University Graduate Catalog, students who fail a course (i.e., receive a grade of C, F, or NC) must repeat the course within 12 months and receive a CR or a grade of B or higher.

Evaluation Method	Points	% of Total Grade	Grading Scale*
8- Discussion Boards (50 points each)	400	40%	A = 90-100 %
2- Assignments (50 points each)	100	10%	B = 80-89%
6- Quizzes (45 points each)	270	30%	C = Below 80% and a failing course grade.
Final Exam	50	20%	
TOTAL	820	100%	

*The School of Nursing and Health Professions does not round grades. For example, a score of 89.7 will be recorded as 89% and a B grade.

Final Grades

Final grades are submitted to Self-Service (selfservice.chaminade.edu)

The School of Nursing may choose to utilize an online exam proctoring technology at any time during this course. This technology enables students to take proctored exams at a location that is off campus. This technology provides a secure test environment that promotes academic integrity and provides data security. The process identifies a student and records video, audio, and screen capture during the student's exam. This information is communicated to secure servers and reviewed. The video, audio, and screen capture are used solely for the purpose of ensuring academic integrity during the testing process.

Participation & Regular and Substantive Interaction (RSI)

Student Participation Expectations

This asynchronous course requires consistent, meaningful engagement with content, peers, and the instructor each week. Logging in without completing activities does not count as participation.

Students are expected to:

- Complete assigned readings, lectures, and activities within designated timeframes.
- Log in regularly to review module instructions, announcements, deadlines, feedback, and grades.
- Contribute substantively to discussions — post original responses and engage thoughtfully with peers within the required window.
- Demonstrate preparation, reflection, and critical thinking in all interactive components.
- Meet established deadlines to support collaborative learning and remain on track with the weekly sequence.

Regular and Substantive Interaction (RSI) Instructor Commitments

- **Weekly Communication:** Weekly announcements and/or module overviews clarifying objectives, key concepts, and assignment expectations.
- **Substantive Engagement:** Instructor-facilitated discussion engagement — prompting analysis, clarifying misunderstandings, connecting posts to course concepts, summarizing takeaways.
- **Timely Feedback:** Clear grading criteria and substantive feedback on all graded work.
- Email inquiries: response by [X] (see Communication policy above)
- Weekly graded work (discussions, assignments): within [X] school days of the due date
- Major assessments/projects: within [X] school days of the due date
- **Monitoring & Outreach:** Active monitoring of Canvas engagement with proactive outreach and referrals for students who miss deadlines or fall behind.

Course Policies**Late Work**

It is expected that assignments will be submitted on time. Late assignments will be subject to a deduction of 5% per day. Extensions on writing assignments are not provided unless prior arrangements have been made with faculty at least a week prior to the assignment due date or unless there are extenuating circumstances. Requests made within the week prior to the due date will not be granted unless there is an emergency.

In the rare occurrence that submission in Canvas is not accessible, please contact the Help Desk Support and report any technical issues. The student is responsible for getting a reference number from Help Desk Support as evidence of any technical issues as requested by the faculty. If Canvas cannot be accessed to submit assignments on time, the student should email the instructor prior to the assignment deadline and attach the word document assignment. This procedure must only be used if the Help Desk informs the student that Canvas is not accessible. The student is also responsible for posting the completed assignment in Canvas when the site is accessible for grading purposes.

If requesting an extension on an assignment, the request must be formally submitted to the instructor prior to the due date unless there are extenuating circumstances. Extensions may be subject to the deduction of points as stipulated above in the late assignments section.

Extra Credit

Extra credit is not permitted in the Nursing Program.

Changes to the Syllabus

While the provisions of this syllabus are as accurate and complete as possible, your instructor reserves the right to change any provision herein at any time. Every effort will be made to keep you advised of such changes, and information about such changes will be available from your instructor.

Grades of Incomplete

An *Incomplete* grade is granted at the discretion of the faculty of record and must be aligned with the University policies. Receiving an "Incomplete" for a nursing course that is a prerequisite for a forthcoming nursing course must be completed prior to the start of the new course.

Recording

Students may not record or distribute any class activity without written permission from the instructor, except as necessary as part of approved accommodations for students with disabilities. Any approved recordings may only be used for the student's own private use.

Writing Policy

All written assignments should be formatted to APA 7th edition standards and must be submitted as MS word documents. No google docs, pdf, pages, or other formats will be accepted. Use the following format for naming your assignments: lastname(s).assignmentname

Important Information

Academic Honesty

Academic honesty is an essential aspect of all learning, scholarship, and research. It is one of the values regarded most highly by academic communities throughout the world. Violations of the principle of academic honesty are extremely serious and will not be tolerated. Students are responsible for promoting academic honesty at Chaminade by not participating in any act of dishonesty and by reporting any incidence of academic dishonesty to an instructor or to a University official. Academic dishonesty may include theft of records or examinations, alteration of grades, plagiarism, **and unauthorized and/or undisclosed AI usage**, in addition to more obvious dishonesty. See catalog section *Student Use of Artificial Intelligence in Academic Work* for further information.

Questions of academic dishonesty in a particular class are first reviewed by the instructor, who must make a report with recommendations to the Director of the Academic College. Punishment for academic

dishonesty will be determined by the instructor, Director, and the Dean of Academic College and may include an “F” grade for the work in question, an “F” grade for the course, academic notice, or dismissal from the University.

AI (Artificial Intelligence) Statement

Chaminade University recognizes the increasing role of artificial intelligence (AI) technologies in academic and professional environments. AI encompasses, but is not limited to generative AI platforms, automated writing or content generation software, coding assistants, and similar tools. Students must ensure all submitted work genuinely reflects their knowledge and effort. Using AI to produce or significantly complete graded assignments, exams or other academic tasks – defined as use that substitutes for or substantially replaces a student’s own analysis, reasoning or written expression – without explicit instructor approval is considered academic misconduct and will be dealt with according to the University’s Academic Honesty Policy.

If an instructor has reasonable grounds to question whether submitted work genuinely reflects a student’s own knowledge, authorship, or mastery of course material — or whether it meets the course’s expectations for AI use — the instructor may require the student to provide additional or alternative evidence of authorship and content mastery. Such evidence may include drafts, notes, revision history, source materials, process explanations, oral discussion in class work, or completion of an alternative assessment. A student’s refusal or inability to provide such evidence may be considered, along with other available information, in evaluating whether the work meets course requirements and stated learning outcomes. Instructors will not rely solely on AI detection software or other automated tools in making grading or academic integrity determinations. Such determinations will be based on the totality of the available information and handled in accordance with applicable University policies and procedures. See the catalog section *Student Use of Artificial Intelligence in Academic Work* for further information.

TITLE IX AND NONDISCRIMINATION

Chaminade University of Honolulu is committed to providing a learning, working and living environment that promotes the dignity of all people, inclusivity and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking. As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. For pregnant and parenting students, I am also obligated to provide you with similar resources for support and protections available to you. My goal is to make sure that you are aware of the range of options available to you and have access to the resources and support you need. Contact information and reporting options: chaminade.edu/titleix/nondiscrimination/. File a report via the [Campus Incident Report Form](#).

Nondiscrimination Policy & Notice of Nondiscrimination

The university is committed to comply with all State and Federal statutes, rules, and regulations which prohibit discrimination. The university is committed to a policy of nondiscrimination on the basis of race,

sex, gender identity and expression, age, religion, color, national origin (including shared ancestry and ethnic characteristics), ancestry, citizenship, disability, genetic information, marital status, breastfeeding, arrest and court record (except as permissible under State law), sexual orientation, or status as a covered veteran. Inquiries about Title IX or general Civil Rights concerns may be referred to the University's Title IX Coordinator, the U.S. Department of Education's Office for Civil Rights, or both and contact information may be found [HERE](#). *On-campus Confidential Resources may also be found here at [CAMPUS CONFIDENTIAL RESOURCES](#).*

The University's Nondiscrimination Policy and Grievance Procedures can be located on the University webpage at: <https://chaminade.edu/compliance/title-ix-nondiscrimination-policies-procedures/>.

To report information about conduct that may constitute sex discrimination or make a complaint of sex discrimination under Title IX, please refer to the [Campus Incident Report form](#). Chaminade University of Honolulu prohibits sex discrimination in any education program or activity that it operates.

The NOTICE of NONDISCRIMINATION can be found here: [Notice of Nondiscrimination](#).

Student with Disabilities Statement

Kōkua 'Ike

Accessibility Services recognizes disability as a valued aspect of diversity and ensures equal access to the educational environment in accordance with Section 504 of the Rehabilitation Act; the Americans with Disabilities Act, as amended; and the principles and professional standards of the Association on Higher Education and Disability. Access is supported through reasonable accommodations and referrals to campus and community resources. Appointments with the Accessibility Services Coordinator are available through Stellic at <https://chaminade.stellic.com> and may be held virtually or in person. Drop-in appointments are also welcome. Students seeking support must meet with the Accessibility Services Coordinator as early as possible, even if they are unsure whether they have appropriate documentation of their disability or its impacts. The Accessibility Services Coordinator prioritizes listening to students' experiences and will discuss any documentation needs during the initial intake meeting. Students may seek support at any time.

Learn more at <https://chaminade.edu/ada-accommodations>.

Learn more at <https://chaminade.edu/career-services>.

Assessment for Student Work

Chaminade University may use student work anonymously to assess achievement of course, program, and institutional learning outcomes as part of ongoing quality improvement efforts.

Campus Resources & Support Services

The following resources are available to all Chaminade students. Reach out early — these services exist to support your success.

Resource	Description	Contact / Website
Accessibility Services (Kōkua 'Ike)	Accommodations under Section 504 and ADA. Contact early — appointments via Stellic, virtual or in person.	ada@chaminade.edu chaminade.edu/ada-accommodations Accessibility Services Sign up
Tutoring & Academic Coaching (Kōkua 'Ike)	Tutoring and Academic Coaching Services support students' progression toward their academic, personal, and professional goals with clarity and intention. Services include individualized support in English, math, nursing, sciences, and social sciences, as well as guidance in developing goals and study strategies.	https://chaminade.edu/tutoring-academic-coaching-services
Career Services	Career Services supports students throughout their career journeys. Services include individualized job search strategy coaching, resume reviews, job interview coaching, and access to career-related resources and opportunities.	chaminade.edu/career-services
Basic Needs Resources	Support for food insecurity, housing instability, and other basic needs.	chaminade.edu/basic-needs/
Title IX / Nondiscrimination	Reporting and support for sex discrimination and gender-based violence. Campus Incident Report Form available online.	chaminade.edu/titleix/resources-and-support/
Hazing Prevention	Confidential support, crisis intervention, and reporting for any type of abuse including hazing.	hazingpreventionnetwork.org/athlete-helpline/
CUH Alert Emergency Notification	Emergency text system. Register your cell number via the Chaminade portal and confirm the text to complete enrollment.	chaminade.edu
Campus Safety/ SafeSwords	A program for students, faculty and staff, who may feel uncomfortable or unsafe walking alone on campus, at any time of the day. Call security, and a security professional will meet you at your location on campus. The security professional will escort you to your residence hall, car, etc. Students may utilize this when walking to and from night classes around campus or after late night events	SafeSwords Webpage

Technology Support

Chaminade Client Services (during business hours)

Email: cstechsupport@chaminade.edu

Phone: (808) 735-4855

Canvas Support (24/7 support)

[Live chat with Canvas Support for Students](#)

Phone: (833) 209-6111

Additional Support for Distance Education Students

[Chaminade University of Honolulu Resources for Distance Education](#)

Course Schedule

Course content may vary from this outline at the discretion of the instructor to meet the needs of each class.

Week 1			Doran Chaps 1, 2, 3, 4 and 24 Carlat Adult: Intro Carlat Child: General Tips on Child & Adolescent Psychiatry Mintz article Buppert Chapter 5 pdf Psychopharm and prescribing ppts Discussion Board: Contextual Elements of Prescription
Week 2			Stahl: Chapter 1, 2, 3 Carlat Adult: Appendix F Neurotransmitter Overview Videos: Stahl Ch 1-3 The Psychiatrist's Guide to Pharmacogenetics Discussion Board: Powerpoint presentations on Stahl readings

Week 3		Pharmacokinetics, Side Effects, Starting, Stopping, Continuing Medications	Stahl: pgs 45-51 Doran: Chaps 5, 6, 7, 8, 9 Lynch and Price article Cosci and Chouinard article Massabki and Abi-Jaoude article Pharmacokinetics 1-5 videos Quiz #1: Modules 1-3
Week 4		Pharmacotherapy in Management of Aggression	Halter Chapter 27 Carlat Child Pg 88 NICE Guideline Carlat Webinar Bak article Discussion Board
Week 5		The Science behind psychosis, schizophrenia, and their neurotransmitter networks	Stahl: Chapter 4 Managing side effects of antipsychotics video Videos: Stahl Chap 4 Discussion Board
Week 6		Prescribing Antipsychotics	Stahl: Chapter 5 Carlat Adult: Antipsychotics Carlat Child: Antipsychotics through class warnings CATIE study Videos: Stahl Chap 5 Quiz #2: Modules 4-6
Week 7		Mood Disorders and Antidepressants	Stahl: Chapter 6, 7 antidepressant content Carlat Adult: Antidepressants Carlat Child: Antidepressant class intro Star D Study Videos: Stahl Chap 6 Video Case Study- Assignment
Week 8		Mood Disorders II and Mood Stabilizers	Stahl: Chapter 7 mood stabilizer content STEP-BD trial Videos: Stahl Chap 7 Video Case Study- Assignment

Week 9		Anxiety and Trauma Disorders	Stahl: Chapter 8 Doran: Chap 10: benzos Carlat Adult: Anxiolytics Carlat Child: Anxiolytics and Hypnotics Videos: Stahl Chap 8 Quiz #3: Modules 7-9
Week 10		Sleep Disorders	Stahl: Chapter 10 Doran Chap 15 Carlat Adult: Hypnotics, Sleep Disorder Meds Carlat Child: Anxiolytics and Hypnotics Videos: Stahl Chap 10 Discussion Board
Week 11		ADHD, Children and Stimulants	Stahl Chap 11 Doran: Chap 10, 12, 18 Carlat Adult: ADHD Meds Carlat Child: ADHD Meds, Appendix D Videos: Stahl Chap 11 Quiz #4: Modules 10-11
Week 12		Dementia and Treatment of the Elderly	Stahl: Chapter 12 Doran: chap 14, 17 Carlat Adult: Dementia Meds, Appendix G Psychopharm of Agitation article Oldham article Confusional states Beers criteria article Videos: Stahl Chap 12 Discussion Board
Week 13		Medication Misuse, Substance use, Compulsivity and Addiction	Stahl Chap 13 Doran Chap 16, 22 Carlat Adult: Substance Abuse/Dependence Medications, Appendices C, E Carlat Child: Substance Use Medications class intro Videos; Stahl Chapt 13 Quiz #5

Week 14		Somatic, Natural, and Complementary Treatments	Doran Chap 11 Carlat Adult: Natural Treatments, Somatic Treatments Carlat Child: Complementary Treatments Ketamine Article TMS article Discussion Board
Week 15		Pregnancy and Perinatal Psychiatric Topics	Doran Chap 13 Carlat Adult: Appendix B Carlat Child: Appendix I Discussion Board Quiz #6
Week 16		Final Exam	