



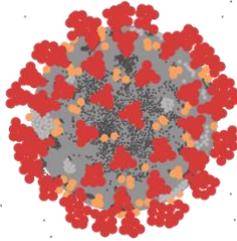
School of Nursing and Health Professions  
Nursing

## HC 202 Disease and Illness

Online Asynchronous M/T/W/Th/F

Credits: 3    Section: 1    Term: Spring 2026

### Instructor Information



**Instructor:** Jasmine Wagner, DNP, APRN-Rx, FNP-BC

**Email:** [jasmine.wagner@chaminade.edu](mailto:jasmine.wagner@chaminade.edu)

**Phone:** 808-729-7467

**Office Location:** Henry Hall 110A

**Office Hours:** Tuesday at 8:00am-2:00pm and online by appointment

**Virtual Office Hours:** Zoom or phone call by appointment

### Communication

Questions for this course can be emailed to the instructor using the Chaminade student email account provided. Demonstrate professionalism by including a subject line that properly summarizes the contents of the message. Proper salutation is appreciated. Online, in-person and phone conferences can be arranged. Response time will take place up to 48 hours on business days, responses may be delayed on weekends or holidays.

### School & Department Information

#### School of Nursing & Health Professions

If you have questions regarding the School of Nursing and Health Professions, reach out to your Instructor or the School of Nursing and Health Professions.

Office Location: 110 Henry Hall [nursing@chaminade.edu](mailto:nursing@chaminade.edu)

Phone: (808) 739-8340

### Course Description & Materials

#### Catalog Course Description

This course provides an overview of biophysical and psychological aspects of selected chronic diseases. Emphasis will be on chronic diseases affecting Native Hawaiian, Pacific Islander, and vulnerable populations.

*Co-requisites/Pre-Requisites:* Requires concurrent enrollment in HC 202L.

## Time Allocation

HC 202 is a three credit hour course requiring 90 clock hours of student engagement, per the official CUH Credit Hour Policy. Students enrolled in this course are anticipated to spend a minimum of 15 hrs doing discussion threads, 24 hours studying for the four quizzes, 4 hours taking quizzes, 6 hours completing Assignments 1, 2 and 3, 18 hours developing/presenting the Health Topic Project, 1 hour spent on the Project Peer Review, and 25 hrs of reading averaging 1.5 hrs per week.

- Discussion posts (1x10) ( 1 hr 30 min each discussion x 10 - 15 hrs total)
- Quizzes x 4 (5 points each) ( 1 hr per quiz= 4 hrs total)
- Studying for quiz ( 6 hrs per quiz = 24 hrs total)
- Assignments 1,2,3 (2 hrs each assignment = 6 hrs total)
- Health Topic Project/Presentation Development & presenting (18 hrs)
- Peer Review (1 hrs)
- Reading (25 hrs total)

## Required Materials

Zelman, M., Raymond, J., Holdaway, P., Dafnis, E., & Mulvihill, M. L. (2015). Human Diseases: A Systemic Approach (8th ed.). Pearson Education, Inc. ISBN-13: 978-0133424744.

## Canvas (<https://chaminade.instructure.com>)

Canvas is accessible from both PC and Mac computers with a reliable internet connection. You will also need to be able to access audio and video files. Subsequently, you should have access to speakers or headphones that allow you to hear the audio.

Software Requirements: You will need to have some ability to listen to audio in an mp3 format, watch videos in mp4 format, stream online videos, and read .pdf files. There are a number of free software online that can be downloaded for free. If you need assistance with locating software please feel free to contact the Chaminade Help Desk at [helpdesk@chaminade.edu](mailto:helpdesk@chaminade.edu) or (808) 735-4855.

## Learning Outcomes

### Program Learning Outcomes (PLOs)

Upon completion of this course the student will be able to:

1. Utilize public health concepts to assess major health-related needs of diverse populations, addressing social determinants of health, and factors that contribute to morbidity and mortality through the design and development of interventions that promote health equity and reduce disparities.
2. Utilize evidence-based approaches to evaluate program outcomes and inform

decision-making processes that prioritize service, justice, and peace in public health practice, while emphasizing the importance of using data and research to drive impactful, equitable, and sustainable public health interventions.

3. Analyze public health data using statistical, epidemiological and data visualization techniques, to generate products that support communication and decision-making related to public health interventions.
4. Investigate basic concepts of legal, ethical, economic, and regulatory dimensions of health care and public health policy, and the roles, influences, and responsibilities of the different agencies and branches of government.
5. Develop innovative sustainable public health strategies that address complex challenges, promote equity, and contribute to the achievement of the United Nations Sustainable Development Goals (SDGs), while fostering sustainable development practices locally and globally.

### **Course Learning Outcomes (CLOs)**

By the end of our course, students will be able to:

1. Assess the biophysical, psychological, environmental factors that contribute to the incidence, prevalence, and impact of chronic and infectious diseases among priority population(s).
2. Apply knowledge of biophysical and psychological aspects of chronic diseases integrating this knowledge into the design and implementation of community health education/promotion interventions.
3. Collect and interpret population health data on chronic/infectious diseases. Communicate their impact on priority populations, with an emphasis on Native Hawaiian and Pacific Islander communities.
4. Demonstrate knowledge of biophysical and psychological factors contributing to the incidence and prevalence of chronic/infectious disease. Utilize this knowledge in the design, delivery, and communication of health promotion activities that address these diseases and their known comorbidities.

### **Marianist Values**

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

1. Education for formation in faith.
2. Provide an integral, quality education.
3. Educate in family spirit.
4. Educate for service, justice and peace, and integrity of creation.

- Educate for adaptation and change.

### Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the ‘Olelo No’eau (Hawaiian proverbs) and Marianist core beliefs:

- Educate for Formation in Faith (Mana) E ola au i ke akua (‘Olelo No’eau 364) May I live by God.
- Provide an Integral, Quality Education (Na’auao) Lawe i ka ma’alea a kū’ono’ono (‘Olelo No’eau 1957) Acquire skill and make it deep.
- Educate in Family Spirit (‘Ohana) ‘Ike aku, ‘ike mai, kōkua aku kōkua mai; pela iho la ka nohana ‘ohana (‘Olelo No’eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship.
- Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no’eau (‘Olelo No’eau 1430) Education is the standing torch of wisdom.
- Educate for Adaptation and Change (Aina) ‘A’ohe pau ka ‘ike i ka hālau ho’okahi (‘Olelo No’eau 203) All knowledge is not taught in the same school

### Course Activities

List of Assignments	Course Grade %
Discussion Posts x10 (2% each)	20%
Quizzes x4 (5% each)	20%
Assignment 1	10%
Assignment 2	10%
Assignment 3	10%
Health Topic Project/Presentation/Peer Review	30%
TOTAL POINTS	100%

### Discussions

Engagement in class discussions is a crucial component of your learning in this course. As future public health professionals, it is important to develop your ability to communicate, collaborate, and critically engage with various perspectives on public health topics. Below are the guidelines and expectations for participation in discussions:

#### Participation Requirements:

- You are expected to contribute to each discussion forum by posting your initial response of 250-350 words by the due date and engaging in meaningful dialogue with at least **two peers** by that Sunday 2359 with 150-250 words.
- Initial posts should be **thoughtful, reflective, and supported by course material or outside research** (with proper citations). Your response should demonstrate an understanding of the topic and provide insights that advance the conversation.
- Responses to peers should be **respectful, constructive**, and reflect a professional tone. Simply agreeing or repeating others' comments without adding new insights does not count as meaningful engagement.

### Plagiarism and Academic Integrity:

- As with all coursework, plagiarism will not be tolerated. Ensure all posts are original and properly cite sources when using someone else's ideas or direct quotes.
- Any instance of academic dishonesty, including plagiarism, misrepresentation, or the use of artificial intelligence (AI), will result in penalties as outlined in the course syllabus and university guidelines.

### Penalties for Inactive Participation:

- Students who consistently fail to meet the required level of participation or contribute low-quality posts (e.g., irrelevant, initial post submitted late in the week, or overly brief responses) may receive a **lower grade**.
- Students who miss more than **two weeks of discussion** (with no valid excuse) may be subject to further academic review or penalties.

### Quizzes

There are **four quizzes** in this course, each designed to assess your understanding of key public health concepts. Below are the policies and expectations for these quizzes.

**Platform:** All quizzes will be administered through **Canvas**. Specific details (e.g., content covered, time limits, etc.) will be provided on Canvas before each quiz.

### Late Quizzes and Make-Ups:

- **No Make-Ups:** There are no make-up opportunities for missed quizzes, unless prior approval is granted by the course coordinator **before the quiz date**. This approval will only be given with a **valid, excused reason**. If a quiz is missed and no prior approval was granted, you will receive a **zero** for that quiz.
- **Late Submission:** Once the quiz window closes, you will **not** be able to submit the quiz. Make sure to complete it before the deadline.

## Technical Issues:

- Ensure that your device and internet connection are stable before starting the quiz. If you experience any technical difficulties during the quiz, **contact your instructor immediately**.
- If the issue is verified, an alternative solution may be arranged. However, technical issues will **not** be accepted as an excuse if you fail to complete the quiz on time.

## Final Project

For your final project, you will research a disease assigned to you and create a **voice-over PowerPoint presentation**. This project is an opportunity to demonstrate your understanding of the disease and apply public health concepts. Specific details about the project and the rubric is on Canvas.

## Course Policies

### Attendance

Students are expected to regularly attend all courses for which they are registered. Student should notify their instructors when illness or other extenuating circumstances prevents them from attending class and make arrangements to complete missed assignments. Notification may be done by emailing the instructor's Chaminade email address, calling the instructor's campus extension, or by leaving a message with the instructor's division office. It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade. Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu ADA Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes. Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

### Late Work

1. **Quizzes:** Quizzes do not have make-up dates if submitted late, unless prior approval is granted by the course coordinator. Approval must be requested **before the quiz date** and will only be granted with an **excused reason with documentation**.
2. **Discussion Posts:** No make-up opportunities will be provided for discussion posts. Once the deadline has passed, these cannot be submitted late.
3. **Other Assignments & Health Topic Presentation:**
  - Late assignments and presentations will lose **12% of the total grade per day** for the first **3 days** beyond the due date.

- After **3 days**, assignments will receive a **0%** and will not be accepted.

It is your responsibility to manage deadlines and communicate with your instructor in advance if you anticipate needing an extension.

### Extra Credit

There is no extra credit in this course.

### Changes to the Syllabus

While the provisions of this syllabus are as accurate and complete as possible, your instructor reserves the right to change any provision herein at any time. Every effort will be made to keep you advised of such changes, and information about such changes will be available from your instructor.

### Grades of Incomplete

See student handbook

### Final Grades

Final grades are submitted to [Self-Service](#):

A = 90% and above

B = 80-89%

C = 70-79%

D = 60-69%

F = 59% and below

## Important Information

### Academic Honesty

Academic honesty is an essential aspect of all learning, scholarship, and research. It is one of the values regarded most highly by academic communities throughout the world. Violations of the principle of academic honesty are extremely serious and will not be tolerated.

Students are responsible for promoting academic honesty at Chaminade by not participating in any act of dishonesty and by reporting any incidence of academic dishonesty to an instructor or to a University official. Academic dishonesty may include theft of records or examinations, alteration of grades, and plagiarism, in addition to more obvious dishonesty.

Questions of academic dishonesty in a particular class are first reviewed by the instructor, who must make a report with recommendations to the Dean of the Academic Division. Punishment for academic dishonesty will be determined by the instructor and the Dean of Academic Division and may include an "F" grade for the work in question, an "F" grade for the course, suspension, or dismissal from the University.

For the most up to date information, please refer to the [Academic Honesty Policy](#) on the Chaminade University Catalog website.

### **TITLE IX AND NONDISCRIMINATION STATEMENT:**

Chaminade University of Honolulu is committed to providing a learning, working and living environment that promotes the dignity of all people, inclusivity and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking. As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. For pregnant and parenting students, I am also obligated to provide you with similar resources for support and protections available to you. My goal is to make sure that you are aware of the range of options available to you and have access to the resources and support you need.

### **Nondiscrimination Policy & Notice of Nondiscrimination**

The university is committed to comply with all State and Federal statutes, rules, and regulations which prohibit discrimination. The university is committed to a policy of nondiscrimination on the basis of race, sex, gender identity and expression, age, religion, color, national origin (including shared ancestry and ethnic characteristics), ancestry, citizenship, disability, genetic information, marital status, breastfeeding, arrest and court record (except as permissible under State law), sexual orientation, or status as a covered veteran. Inquiries about Title IX or general Civil Rights concerns may be referred to the University's Title IX Coordinator, the U.S. Department of Education's Office for Civil Rights, or both and contact information may be found [HERE](#). *On-campus Confidential Resources may also be found here at [CAMPUS CONFIDENTIAL RESOURCES](#).*

The University's Nondiscrimination Policy and Grievance Procedures can be located on the University webpage at: <https://chaminade.edu/compliance/title-ix-nondiscrimination-policies-procedures/>.

To report information about conduct that may constitute sex discrimination or make a complaint of sex discrimination under Title IX, please refer to the [Campus Incident Report form](#). Chaminade University of Honolulu prohibits sex discrimination in any education program or activity that it operates.

The NOTICE of NONDISCRIMINATION can be found here: [Notice of Nondiscrimination](#).

### **Hazing Prevention Resources and Athlete Helpline:**

Assists athletes, parents, coaches, and any allies interested in ensuring physical and mental safety for sports communities by offering confidential emotional support, crisis intervention, informational athlete-focused resources, and guidance related to concerns about any type of abuse—including hazing.

Chaminade University's Hazing Policy:

<https://catalog.chaminade.edu/studenthandbook/codeofconduct>

<https://hazingpreventionnetwork.org/athlete-helpline/>

<https://hazingpreventionnetwork.org/how-to-report-hazing/>

**Basic Needs Resources:** <https://chaminade.edu/basic-needs/>

### **Campus Safety/ SafeSwords**

A program for students, faculty and staff, who may feel uncomfortable or unsafe walking alone on campus, at any time of the day. Call security, and a security professional will meet you at your location on campus. The security professional will escort you to your residence hall, car, etc. Students may utilize this when walking to and from night classes around campus or after late night events. [SafeSwords Webpage](#)

### **CUH Alert Emergency Notification**

To get the latest emergency communication from Chaminade University, students' cell numbers will be connected to Chaminade's emergency notification text system. When you log in to the Chaminade portal, you will be asked to provide some emergency contact information. If you provide a cellphone number, you will receive a text from our emergency notification system asking you to confirm your number. You must respond to that message to complete your registration and get emergency notifications on your phone.

### **Assessment for Student Work**

With the goal of continuing to improve the quality of educational services offered to students, Chaminade University conducts assessments of student achievement of course, program, and institutional learning outcomes. Student work is used anonymously as the basis of these assessments, and the work you do in this course may be used in these assessment efforts.

### **Student with Disabilities Statement**

Chaminade University of Honolulu offers accommodations for all actively enrolled students with disabilities in compliance with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and the ADA Amendments Act (2008).

Students are responsible for contacting Kokua Ike: Center for Student Learning to schedule an appointment. Verification of their disability will be requested through appropriate documentation and once received it will take up to approximately 2–3 weeks to review them. Appropriate paperwork will be completed by the student before notification will be sent out to their instructors. Accommodation paperwork will not be automatically sent out to instructors each semester, as the student is responsible to notify Kokua Ike via email at [ada@chaminade.edu](mailto:ada@chaminade.edu) each semester if changes or notifications are needed.

## Kōkua 'Ike: Tutoring & Learning Services

Chaminade is proud to offer free, one-on-one tutoring and writing assistance to all students. Tutoring and writing help is available on campus at Kōkua 'Ike: Center for Student Learning in a variety of subjects (including, but are not limited to biology, chemistry, math, nursing, English, etc.) from trained Peer and Professional Tutors. Please check [Kōkua 'Ike's](#) website for the latest times, list of drop-in hours, and information on scheduling an appointment. Free online tutoring is also available via TutorMe. Tutor Me can be accessed 24/7 from your Canvas account. Simply click on Account > TutorMe. For more information, please contact Kōkua 'Ike at [tutoring@chaminade.edu](mailto:tutoring@chaminade.edu) or 808-739-8305.

### Course Schedule

Week	Date	Focus	Assignments/Readings
1	1/12- 1/18	Welcome/Review syllabus and assignments Module 1 Introduction to Disease and Immunity to Disease	Chapters 1 & 2 <b>Assignment 1</b> Discussion #1 and Written Bio
2	1/19-1/25	Module 2 Infectious Disease and Cancer	Chapters 3 & 4 Discussion #2
3	1/26-2/1	QUIZ	QUIZ 1 (Chapters 1-4) Disease and Illness Topic Prep
4	2/2-2/8	Module 3 Heredity and Disease and Diseases and Disorders of the Cardiovascular System	Chapters 5 & 6 Discussion #3 <b>Assignment 2</b>
5 *2/13 WNR	2/9-2/15	Module 4 Diseases and Disorders of the Blood and Diseases and Disorders of the Respiratory System	Chapters 7 & 8 Discussion #4
6	2/16-2/22	QUIZ	QUIZ 2 (Chapters 5-8) Disease and Illness Topic Prep
7	2/23-3/1	Module 5 Diseases and Disorders of the Gastrointestinal System and of the Urinary System	Chapters 9 & 10 Discussion #5
8	3/2-3/8	Module 6 Diseases and Disorders of the Reproductive System and the Endocrine System	Chapters 11 & 12 Discussion #6

9	3/9 - 3/15	QUIZ	QUIZ 3 (Chapters 9-12) Disease and Illness Topic Prep
	<b>3/16-3/22</b>	<b>SPRING BREAK</b>	
10 *3/25 W	3/23-3/29	Module 7 Disease and Disorders of the Nervous System and the Eye and Ear	Chapters 13 & 14 Discussion #7
11	3/30-4/5	Module 8 Mental Disorders and Diseases and Disorders of the Musculoskeletal System	Chapters 15 & 16 Discussion #8
12	4/6-4/12	Module 9 Disease and Disorders of the Integumentary System	Chapter 17 Discussion #9
13	4/13-4/19	QUIZ	QUIZ 4 (Chapters 13-17) Disease and Illness Topic Prep
14	4/20-4/26	Public Health PSA: Disease Prevention and Misinformation	Discussion #10 Assignment #3
15	4/27-5/3	Disease and Illness Presentation	Disease and Illness Topic Project/Presentation voice over PPT
16	<b>5/4 - 5/7</b>	<b>FINALS WEEK</b>	