

School of Natural Sciences and Mathematics  
Department of Biology

## BI-304 Clinical Nutrition

Eiben 201 TR 11:30A-12:50P

Credits: 3      Section: 01      Term: Fall 2026

### Instructor Information



**Instructor:** Michael Weichhaus  
**Email:** [michael.weichhaus@chaminade.edu](mailto:michael.weichhaus@chaminade.edu)  
**Phone:** 808.440.4286  
**Office Location:** Wesselkamper Science Center room 107  
**Office Hours:** M/W/F 9:30A-11:00A;  
T/R 1:0P-2:00P  
**Sign-up for Office Hours** sign-up [here](#) for office hours (required)

### Communication

Instructions and updates will be given verbally during lectures and may also be distributed using the “announcement” feature in canvas. Questions for this course can be emailed to the instructor. Response to email can be expected within 24h but may take longer during weekends or holidays. Online and in person meetings are available during office hours and can be scheduled using this [link](#) to my calendar.

### School & Department Information

#### School of Natural Sciences and Mathematics

Office Location: Wesselkamper Science Center, room 115

Phone: (808) 440-4204

If you have questions regarding the Department of Biology, reach out to your instructor or the School of Natural Sciences and Mathematics.

## Course Description & Materials

### Catalog Course Description

Nursing required course. Study of nutrients and their respective functions, food sources, and physiological needs. Dietary guidance and nutritional requirements through the lifespan are explored. Role of nutrition in prevention of, and intervention in, chronic diseases.

*Prerequisites: EN 102, COM 101, BI 152, BI 152L, BI 250, BI 250L, CH 250, NUR 202, NUR 203 and NUR major*

### Time Allocation

This is a three-credit hour course requiring 135 clock hours of student engagement, per the official CUH Credit Hour Policy.

- Seat time
  - 38h40min (160min TTh for 15 weeks – 1 holiday)
- Time spent on key assessments, including study time:
  - Food Tracker:14h (2x7h)
  - Food Tracker Comparison Report: 3h
  - Mid-term exams: 22.5h (3x7.5h)
  - Final exam: 15h
  - PrepU quizzes: 30h (2h/week)
- Additional time each week (e.g., reading, studying, homework)
  - Reading: 12.5h (50min per week)
  - Discussions, and case studies: 12.5h (50min per week)
- Total: 144.5h

### Required Materials

Lippincott CoursePoint: Dudek: Nutrition Essentials for Nursing Practice, Ninth Edition (ISBN: 978-1-9751-8518-3), digital subscription required; access link is provided in canvas page.

ATI Companion book. Ebook available [online](#).

### LockDown Browser Requirement

This course requires the use of LockDown Browser for online exams. Watch this video to get a basic understanding of LockDown Browser: <https://www.respondus.com/products/lockdown-browser/student-movie.shtml>

### Download Instructions

Download and install LockDown Browser from this link:

<https://download.respondus.com/lockdown/download.php?id=144312274>

## Once Installed

- Start LockDown Browser
- Log into Canvas
- Navigate to the exam

Note: You won't be able to access an exam that requires LockDown Browser with a standard web browser. If this is tried, an error message will indicate that the test requires the use of LockDown Browser. Simply start LockDown Browser and navigate back to the exam to continue.

## Guidelines

When taking an online exam follow these guidelines:

- Before starting the test, know how much time is available for it, and also that you've allotted sufficient time to complete it
- Turn off all mobile devices, phones, etc. and don't have them within reach
- Clear your area of all external materials - books, papers, other computers, or devices
- Remain at your desk or workstation for the duration of the test
- LockDown Browser will prevent you from accessing other websites or applications; you will be unable to exit the test until all questions are completed and submitted

## Getting Help

Several resources are available if you encounter problems with LockDown Browser:

- The Windows and Mac versions of LockDown Browser have a "Help Center" button located on the toolbar. Use the "System & Network Check" to troubleshoot issues.
- Respondus has a Knowledge Base available from [support.respondus.com](https://support.respondus.com). Select "LockDown Browser & Respondus Monitor" as the product to view helpful articles.
- If you're still unable to resolve a technical issue with LockDown Browser, go to [support.respondus.com](https://support.respondus.com) and select "Submit a Ticket". Provide detailed information about your problem and what steps you took to resolve it

## Learning Outcomes

Upon completion of the undergraduate B.S. program in Nursing, the student will be able to:

1. Utilize the nursing process to advocate for safe, holistic, patient-centered care across the lifespan, incorporating the Marianist value of service, justice and peace.
2. Apply leadership and communication skills to ensure quality, collaborative, and continuous patient care.
3. Integrate credible research with clinical expertise and patient preferences for optimal care across the lifespan.

4. Incorporate informatics and healthcare technologies into the practice of professional nursing.
5. Contribute to the safety and quality improvement of the healthcare environment.
- 6.

### Course Learning Outcomes (CLOs)

Upon completion of BI-304 Clinical Nutrition, the student will be able to:

1. Understand the role of the six classes of nutrients on physiological homeostasis
2. Grasp the nutritional guidelines for healthy eating and the composition of nutrients in food items.
3. Explain the cultural, ethnic and religious influences on food choices and the changing nutrient requirements across the lifespan.
4. Understand the requirements for modified diets, enteral nutrition and total parenteral nutrition.
5. Determine the barriers to adequate nutrition
6. Understand the modified nutritional requirements of common diseases including cardiovascular, gastrointestinal and renal disorders as well as diabetes, cancer and immunosuppressive disorders.

### Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

1. Education for formation in faith.
2. Provide an integral, quality education.
3. Educate in family spirit.
4. Educate for service, justice and peace, and integrity of creation.
5. Educate for adaptation and change.

Clinical Nutrition for Nursing Majors aligns with the Marianist value of educating for service, justice, and peace by empowering future nurses to understand and apply nutritional science in promoting patient well-being and health equity. The course emphasizes the role of nutrition in preventing and managing disease, encouraging students to advocate for vulnerable populations and address disparities in healthcare access and outcomes. Through a curriculum that integrates scientific knowledge with compassionate care, students are prepared to serve diverse communities with integrity and a commitment

to social justice, embodying the Marianist mission of creating a more just and peaceful world.

### Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the ‘Olelo No’eau (Hawaiian proverbs) and Marianist core beliefs:

1. Educate for Formation in Faith (Mana) E ola au i ke akua (‘Olelo No’eau 364) May I live by God.
2. Provide an Integral, Quality Education (Na’auao) Lawe i ka ma’alea a kū’ono’ono (‘Olelo No’eau 1957) Acquire skill and make it deep.
3. Educate in Family Spirit (‘Ohana) ‘Ike aku, ‘ike mai, kōkua aku kōkua mai; pela iho la ka nohana ‘ohana (‘Olelo No’eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship.
4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no’eau (‘Olelo No’eau 1430) Education is the standing torch of wisdom.
5. Educate for Adaptation and Change (Aina) ‘A’ohe pau ka ‘ike i ka hālau ho’okahi (‘Olelo No’eau 203) All knowledge is not taught in the same school

### Alignment of Course Learning Outcomes

	CLO 1	CLO 2	CLO 3	CLO 4	CLO 5	CLO 6
<b>Marianist Vaues</b>	2	2	3	2	4	2
<b>PLOs</b>	1	1	1	1	1, 5	1, 3
<b>Native Hawaiian Values</b>	2	2	3	2	4	2

## Course Activities

### Discussions

Discussion in this class are the main feature to allow student-to-student interaction in this online course. The discussions fall into three categories:

1. Patient-Education discussions: The discussion prompt will have a formulated prompt for you to enter into a generative AI tool, such as ChatGPT. The tool will then assume the role of a particular group of clients and ask questions based on your ‘educating’ the group.

2. Critical Thinking and Deep-Learning discussion. The discussion prompt will ask you to explore in greater detail a particularly important part of the content that is being covered during the current module.
3. ATI specific topics: The discussion will ask you to summarize particular content from the ATI Companion book that is either not covered in the textbook or where there is some discrepancy in how the textbook and the ATI cover specific content.

For all discussions you are expected to evaluate your colleagues' posts and provide a substantive and meaningful reply. Each discussion has its individualized rubric for assessment.

### Weekly Quizzes

You will complete weekly quizzes using the PrepU dynamic learning tool that comes with your electronic textbook. Your goal with PrepU is not to achieve a specific score out of a set number of questions, but rather to reach a Mastery Level (ML). You start off by selecting a number of questions for your first quiz. You can select 5, 10, or 20 questions. After you have taken the quiz, PrepU will calculate a Mastery Level. It will also dynamically adjust the questions where it detects weaknesses in your understanding. Each PrepU assignment in this course aims for Mastery Level 6 (ML6). Students in past classes need between 5-10 quizzes to achieve ML6 in each topic. Achieving ML6 will earn you a full score of 100% for that assignment. Should you find that ML6 is not achievable, I will assess ML5 as 80%, and ML4 as 70% for your grade. Instructions on how to sign-up and access the correct prepU class can be found in the class resources tab in Canvas

### Exams

There are three online exams and a final exam in this course. Each exam has a study guide available for you to prepare for the exam. The study guides are linked in the modules, which you will have to unlock successively. The exams will utilize the Lockdown Browser software to ensure exam integrity and allow you to take the exam at home at a time that is most convenient for you. You can find instructions to install and troubleshoot the software earlier in this syllabus or in the class resources tab in Canvas. There is a practice exam available for you from the start of the course to verify your setup is correct. As with all nursing specific courses, these exams are not curved. While these are online exams, we will take the exams in class on the due date. Please assure you have access to a laptop that can run the Lockdown Browser software. If you are able to complete the practice exam, your laptop will be able to be used in these exams.

## ATI Exam

This class will be part of your ongoing ATI readiness assessment as part of our Nursing curriculum. Towards the end of the course, you will take the RN Nutrition 2023 ATI exam. Make sure to have access to this exam from your [ATI](#) account. In order to prepare you for the exam there are two practice exams to complete beforehand. Each will require you to submit evidence of having done remediation on three topics the practice exam report indicated as needing remediation. Besides counting towards your ATI score, the exam is also part of your grade for this class. We will take this exam in class. Please bring a laptop that can run the ATI software. The ATI Examination will be worth 10% of your final grade in this course. If you obtain a level 2 or above on the proctored Nutrition ATI exam, you will receive 100% for this portion of your grade. If you score a level 1 on the proctored Nutrition ATI exam, you will receive 50 % for this portion of your grade. If you score below a level 1 on the proctored Nutrition ATI exam, you will receive 0% for this portion of your grade. There will be no retakes for this examination.

## Individual Project

This being a class in nutrition, I want you to have the opportunity to assess your own dietary habits and see how they affect your nutrient intake. You will be required to track your food intake using the tracking app Cronometer. We will do two 7-day tracking periods, one at the beginning of the semester and one at the end of the semester. For each 7-day period you will create a short summary of your nutrition profile and at the end of the semester compare the two reports as well as make additional connections between your intake and what you have learned in this class. Additionally, your first Cronometer report will be subject to several of the critical thinking discussions.

## Interactive Case Studies

Through the course you will have the opportunity to work on six interactive case studies to further your practical knowledge. This assignment is not graded but will provide you with a great opportunity to practice and expand your knowledge, particularly considering potential questions in the ATI exam related to the topics covered by these case studies.

## Course Policies

### Attendance

Students are expected to attend regularly all courses for which they are registered. Students should notify their instructors when illness or other extenuating circumstances prevents them

from attending class and make arrangements to complete missed assignments. Notification may be done by emailing the instructor's Chaminade email address, calling the instructor's campus extension, or by leaving a message with the instructor's division office. It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade.

Unexcused absences equivalent to more than a week of classes may lead to a grade reduction for the course. Any unexcused absence of two consecutive weeks or more may result in being withdrawn from the course by the instructor, although the instructor is not required to withdraw students in that scenario. Repeated absences put students at risk of failing grades.

Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu Tutor Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes.

Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

### Late Work

In this course, I recognize that students may occasionally require additional time to complete assignments due to unforeseen circumstances. However, adherence to deadlines is crucial to maintaining a fair and organized course structure. All due dates and submission details are published on the course canvas page. The following details the late policy for different assignments:

#### **Food Tracker Assignments:**

- The two **food tracker reports** should be submitted by the deadline. If additional time is needed to complete a full 7-day tracking, please communicate this prior to the deadline. It is more important to complete a full 7-day tracking than to submit an incomplete report on time. Please note there is limited time around the second 7-day tracking period due to the end of the semester coinciding with the due date.

For the **Food Tracker Comparison Report**, these late penalties will apply:

- *Up to 24 Hours Late:* A 10% grade reduction will be applied.
- *Up to 48 Hours Late:* A 20% grade reduction will be applied.
- *Beyond 48 Hours:* Submissions will not be accepted beyond this extension, as it coincides with the end of the semester.

### **PrepU Quizzes:**

- *Up to One Week Late:* Quizzes may be completed with no penalty.
- *Beyond One Week:* Submissions will not be considered for grading, but students are encouraged to continue working through the quizzes for their benefit.

### **Discussions:**

- *Up to 24 Hours Late:* A 10% grade reduction will be applied.
- *Up to 48 Hours Late:* A 20% grade reduction will be applied.
- *Beyond 48 Hours:* Submissions will not be accepted beyond this extension

### **In-Person Exams:**

Make-up exams will only be permitted if a valid physician's note demonstrates the student's illness during the period of the exam. Please provide this note promptly to make necessary arrangements. Of note: the dates and times for exams noted on canvas indicate the **DUE** time of the exam, **NOT THE START** of the exam.

Please note that this late work policy **does not apply** where the late-work would extend beyond the end of the semester on December 5<sup>th</sup> 2025.

### **Additional Guidelines regarding timeliness:**

- *Communication:* If you anticipate needing an extension, it is your responsibility to communicate this need as soon as possible. Failure to communicate will result in the late penalties being applied.
- *Responsibility:* Meeting deadlines is an essential skill and a professional expectation. Planning and time management are critical to your success in this course.

*Exceptions:* In extraordinary circumstances, additional considerations may be made at the discretion of the instructor. Please communicate your situation honestly and promptly.

### **Changes to the Syllabus**

While the provisions of this syllabus are as accurate and complete as possible, your instructor reserves the right to change any provision herein at any time. Every effort will be made to keep you advised of such changes, and information about such changes will be available from your instructor.

### **Grades of Incomplete**

Students and instructors may negotiate an incomplete grade when there are specific justifying circumstances. An Incomplete Contract (available from the Divisional Secretary and the Portal) must be completed. When submitting a grade, the "I" will be accompanied by the alternative grade that will automatically be assigned after 90 days. These include IB, IC, ID, and IF. If only an

“I” is submitted the default grade is F. The completion of the work, evaluation, and reporting of the final grade is due within 90 days after the end of the semester or term. This limit is unlikely to be extended.

## Final Grades

Your current grade is frequently updated and can be viewed on Canvas.

Final grades are submitted to [Self-Service](#):

Online Discussions	5 percent
ATI exam	10 percent
1 <sup>st</sup> Exam	15 percent
2 <sup>nd</sup> Exam	15 percent
3 <sup>rd</sup> Exam	15 percent
Final Exam	20 percent
PrepU quizzes	10 percent
Food Tracker Analysis	<u>10 percent</u>
	100 percent

### **Nutrition ATI Examination specific policies:**

#### **Grading:**

1. The Nutrition ATI Examination will be worth 10% of your final grade in this course.
2. If you obtain a level 2 or above on the proctored Nutrition ATI exam, you will receive 100% for this portion of your grade.
3. If you score a level 1 on the proctored Nutrition ATI exam, you will receive 50 % for this portion of your grade.
4. If you score below a level 1 on the proctored Nutrition ATI exam, you will receive 0% for this portion of your grade.
5. There will be no retakes for this examination.

### **Grading Scale**

#### **A: Outstanding Scholarship and an Unusual Degree of Intellectual Initiative**

Reflects a mastery of the course material and an exceptional ability to synthesize and apply knowledge creatively. Demonstrates critical thinking, originality, and precision in argument and interpretation. Work at this level goes beyond mere accuracy and skillfulness, exhibiting intellectual curiosity and insight.

#### **B: Superior Work Done in a Consistent and Intellectual Manner**

Represents strong understanding and application of course concepts, theories, and principles. Work is consistently thorough and well-organized, demonstrating analytical abilities and clear communication. Although not as inventive or insightful as an 'A' grade, 'B' level work shows commitment, engagement, and clear mastery of complex ideas.

**C: Average Grade Indicating a Competent Grasp of Subject Matter**

Denotes a satisfactory comprehension of the material with the ability to apply key concepts but may lack depth in understanding or application. Work at this level meets the basic course requirements and demonstrates a reasonable effort, but may lack creativity, precision, or engagement with more complex ideas.

**D: Inferior Work of the Lowest Passing Grade, Not Satisfactory for Fulfillment of Prerequisite Course Work**

Reflects limited understanding of the course material and minimal engagement with the key concepts. Work is often incomplete, superficial, or lacks cohesion. While it may meet the minimum criteria for passing, it falls short of the standards required for progression in sequential or related courses.

**F: Failed to Grasp the Minimum Subject Matter; No Credit Given**

Signifies a lack of basic comprehension of the course content and an inability to apply or articulate fundamental concepts. Work at this level is characterized by significant inaccuracies, misconceptions, or omissions, and does not meet the minimum requirements for passing the course. Students receiving an 'F' must re-take the course or an equivalent to obtain credit.

## Important Information

### Academic Honesty

Academic honesty is an essential aspect of all learning, scholarship, and research. It is one of the values regarded most highly by academic communities throughout the world. Violations of the principle of academic honesty are extremely serious and will not be tolerated.

Students are responsible for promoting academic honesty at Chaminade by not participating in any act of dishonesty and by reporting any incidence of academic dishonesty to an instructor or to a University official. Academic dishonesty may include theft of records or examinations, alteration of grades, and plagiarism, in addition to more obvious dishonesty.

Questions of academic dishonesty in a particular class are first reviewed by the instructor, who must make a report with recommendations to the Dean of the Academic Division. Punishment for academic dishonesty will be determined by the instructor and the Dean of Academic Division and may include an “F” grade for the work in question, an “F” grade for the course, suspension, or dismissal from the University.

For the most up to date information, please refer to the [Academic Honesty Policy](#) on the Chaminade University Catalog website.

#### **TITLE IX AND NONDISCRIMINATION STATEMENT:**

Chaminade University of Honolulu is committed to providing a learning, working and living environment that promotes the dignity of all people, inclusivity and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking. As a member of the University faculty, I am required to immediately report any incident of sex discrimination or gender-based violence to the campus Title IX Coordinator. For pregnant and parenting students, I am also obligated to provide you with similar resources for support and protections available to you. My goal is to make sure that you are aware of the range of options available to you and have access to the resources and support you need.

#### **Nondiscrimination Policy & Notice of Nondiscrimination**

The university is committed to comply with all State and Federal statutes, rules, and regulations which prohibit discrimination. The university is committed to a policy of nondiscrimination on the basis of race, sex, gender identity and expression, age, religion, color, national origin (including shared ancestry and ethnic characteristics), ancestry, citizenship, disability, genetic information, marital status, breastfeeding, arrest and court record (except as permissible under State law), sexual orientation, or status as a covered veteran. Inquiries about Title IX or general Civil Rights concerns may be referred to the University's Title IX Coordinator, the U.S. Department of Education's Office for Civil Rights, or both and contact information may be found [HERE](#). *On-campus Confidential Resources may also be found here at [CAMPUS CONFIDENTIAL RESOURCES](#).*

The University's Nondiscrimination Policy and Grievance Procedures can be located on the University webpage at: <https://chaminade.edu/compliance/title-ix-nondiscrimination-policies-procedures/>.

To report information about conduct that may constitute sex discrimination or make a complaint of sex discrimination under Title IX, please refer to the [Campus Incident Report form](#). Chaminade University of Honolulu prohibits sex discrimination in any education program or activity that it operates.

### **Hazing Prevention Resources and Athlete Helpline:**

Assists athletes, parents, coaches, and any allies interested in ensuring physical and mental safety for sports communities by offering confidential emotional support, crisis intervention, informational athlete-focused resources, and guidance related to concerns about any type of abuse—including hazing.

Chaminade University's Hazing Policy:

<https://catalog.chaminade.edu/studenthandbook/codeofconduct>

<https://hazingpreventionnetwork.org/athlete-helpline/>

<https://hazingpreventionnetwork.org/how-to-report-hazing/>

**Basic Needs Resources:** <https://chaminade.edu/basic-needs/>

### **Campus Safety/ SafeSwords**

A program for students, faculty and staff, who may feel uncomfortable or unsafe walking alone on campus, at any time of the day. Call security, and a security professional will meet you at your location on campus. The security professional will escort you to your residence hall, car, etc. Students may utilize this when walking to and from night classes around campus or after late night events. [SafeSwords Webpage](#)

### **CUH Alert Emergency Notification**

To get the latest emergency communication from Chaminade University, students' cell numbers will be connected to Chaminade's emergency notification text system. When you log in to the Chaminade portal, you will be asked to provide some emergency contact information. If you provide a cellphone number, you will receive a text from our emergency notification system asking you to confirm your number. You must respond to that message to complete your registration and get emergency notifications on your phone.

### **Assessment for Student Work**

With the goal of continuing to improve the quality of educational services offered to students, Chaminade University conducts assessments of student achievement of course, program, and institutional learning outcomes. Student work is used anonymously as the basis of these assessments, and the work you do in this course may be used in these assessment efforts.

### **Student with Disabilities Statement**

Chaminade University of Honolulu offers accommodations for all actively enrolled students with disabilities in compliance with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and the ADA Amendments Act (2008).

Students are responsible for contacting Kōkua Ike: Center for Student Learning to schedule an appointment. Verification of their disability will be requested through appropriate documentation and once received it will take up to approximately 2–3 weeks to review them. Appropriate paperwork will be completed by the student before notification will be sent out to their instructors. Accommodation paperwork will not be automatically sent out to instructors each semester, as the student is responsible to notify Kōkua Ike via email at [ada@chaminade.edu](mailto:ada@chaminade.edu) each semester if changes or notifications are needed.

### **Kōkua 'Ike: Tutoring & Learning Services**

Chaminade is proud to offer free, one-on-one tutoring and writing assistance to all students. Tutoring and writing help is available on campus at Kōkua 'Ike: Center for Student Learning in a variety of subjects (including, but are not limited to biology, chemistry, math, nursing, English, etc.) from trained Peer and Professional Tutors. Please check [Kōkua 'Ike's](#) website for the latest times, list of drop-in hours, and information on scheduling an appointment. Free online tutoring is also available via TutorMe. Tutor Me can be accessed 24/7 from your Canvas account. Simply click on Account > TutorMe. For more information, please contact Kōkua 'Ike at [tutoring@chaminade.edu](mailto:tutoring@chaminade.edu) or 808-739-8305.

## Readings & Due Dates

Week	Class Topics	Assignments	Due Dates
1	<ul style="list-style-type: none"> <li>Nutrition in Health</li> <li>Guidelines to Healthy Eating</li> </ul>	<ul style="list-style-type: none"> <li>Reading: Chapters 1-2</li> <li>PrepU: Quizzes 1-2</li> <li>Discussion: First Discussion</li> </ul>	1/18/2026 11:59pm
2	<ul style="list-style-type: none"> <li>Carbohydrates</li> <li>Protein</li> </ul>	<ul style="list-style-type: none"> <li>Reading: Chapters 3-4</li> <li>PrepU: Quizzes 3-4</li> <li>Food Tracker Summary #1</li> <li>Discussion: Healthy Eating Review Discussion</li> </ul>	1/25/2026 11:59pm
3/4	<ul style="list-style-type: none"> <li>Lipids</li> <li>Vitamins</li> </ul>	<ul style="list-style-type: none"> <li>Reading: Chapters 5-6</li> <li>PrepU: Quizzes 5-6</li> <li>Discussion: Carbohydrate education</li> <li>Discussion: Protein review discussion</li> </ul>	2/1/2026 11:59pm
5	<ul style="list-style-type: none"> <li>Water and Minerals</li> <li>Energy Balance</li> </ul>	<ul style="list-style-type: none"> <li>Reading: Chapters 7-8</li> <li>PrepU: Quizzes 7-8</li> <li>Exam 1</li> <li>Discussion: Lipids review discussion (essential lipids)</li> <li>Discussion: Lipids review discussion (patient education)</li> <li>Discussion: Lipids review discussion (lipid transport)</li> <li>Discussion: Vitamin Review Discussion</li> </ul>	2/15/2026 11:59pm  Exam on 2/10/2026
6	<ul style="list-style-type: none"> <li>Food and Supplement Labeling</li> <li>Consumer Interests and Concerns</li> </ul>	<ul style="list-style-type: none"> <li>Reading: Chapters 9-10</li> <li>PrepU: Quizzes 9-10</li> <li>Discussion: Energy Balance Review Discussion</li> <li>Discussion: Minerals Review Discussion</li> </ul>	2/22/2026 11:59pm
7	<ul style="list-style-type: none"> <li>Cultural and Religious Influences on Food and Nutrition</li> <li>Nutrition during Pregnancy and Lactation</li> </ul>	<ul style="list-style-type: none"> <li>Reading: Chapters 11-12</li> <li>PrepU: Quizzes 11-12</li> <li>Discussion: Food Safety Review Discussion</li> </ul>	3/1/2026 11:59pm

8	<ul style="list-style-type: none"> <li>• Nutrition for Infants, Children, and Adolescents</li> <li>• Nutrition for Older Adults</li> </ul>	<ul style="list-style-type: none"> <li>• Reading: Chapters 13-14</li> <li>• PrepU: Quizzes 13-14</li> <li>• Discussion: Religious Influences on food choices</li> <li>• Discussion: Cultural influences on food choices review discussion</li> <li>• Nutrition during pregnancy review discussion</li> </ul>	3/8/2026 11:59pm
9/10	<ul style="list-style-type: none"> <li>• Hospital Nutrition: Defining Nutrition Risk and Feeding Clients</li> <li>• Enteral and Parenteral Nutrition</li> </ul>	<ul style="list-style-type: none"> <li>• Reading: Chapters 15-16</li> <li>• PrepU: Quizzes 15-16</li> <li>• Exam 2</li> <li>• Discussion: Nutrition for toddlers, children and adolescents</li> <li>• Discussion: Nutrition for older adults review discussion: Nutrient recommendations</li> <li>• Active Learning Sheets for practice exam A</li> </ul>	3/15/2026 11:59pm  Exam on 3/12/2026
11	<ul style="list-style-type: none"> <li>• Nutrition for Obesity and Eating Disorders</li> <li>• Nutrition for Clients with Critical Illness</li> </ul>	<ul style="list-style-type: none"> <li>• Reading: Chapters 17-18</li> <li>• PrepU: Quizzes 17-18</li> <li>• Discussion: Hospital Nutrition: Nursing actions during enteral feeding</li> <li>• Discussion: Hospital Nutrition: Modified diets</li> <li>• Discussion: Hospital Nutrition: Ongoing Care during TPN feeding</li> <li>• Interactive Case Study: Nutrition for Clients with Eating Disorders</li> <li>• Interactive Case Study: Nutrition for Clients who are Critically Ill</li> </ul>	4/5/2025 11:59pm
12/13	<ul style="list-style-type: none"> <li>• Nutrition for Clients with Upper Gastrointestinal Disorders</li> <li>• Nutrition for Clients with Lower Gastrointestinal Disorders and Accessory Organs (Liver, Gallbladder, Pancreas)</li> </ul>	<ul style="list-style-type: none"> <li>• Reading: Chapters 19-20</li> <li>• PrepU: Quizzes 19-20</li> <li>• Exam 3</li> <li>• Discussion: Obesity Care Review Discussion</li> <li>• Discussion: Barriers to Adequate Nutrition Discussion</li> <li>• Active Learning Sheets for practice exam B</li> </ul>	4/19/2026 11:59pm  Exam on 4/9/2026

14	<ul style="list-style-type: none"> <li>Nutrition for Clients with Diabetes Mellitus</li> <li>Nutrition for Clients with Cardiovascular Disorders</li> </ul>	<ul style="list-style-type: none"> <li>Reading: Chapters 21-22</li> <li>PrepU: Quizzes 21-22</li> <li>ATI Exam</li> <li>Discussion: Practical Insights into Gastrointestinal Diseases and Nutritional Therapy</li> <li>Interactive Case Study: Nutrition for Clients with Diabetes Mellitus</li> <li>Interactive Case Study: Nutrition for Clients with Cardiovascular Disorders</li> </ul>	<p>4/26/2026 11:59pm</p> <p>ATI Exam on 4/23/2026</p>
15	<ul style="list-style-type: none"> <li>Nutrition for Clients with Kidney Disorders</li> <li>Nutrition for Clients with Cancer or HIV/AIDS</li> </ul>	<ul style="list-style-type: none"> <li>Reading: Chapters 23-24</li> <li>PrepU: Quizzes 23-24</li> <li>Food Tracker Report #2</li> <li>Food Tracker Comparison Report</li> <li>Discussion: Cardiovascular Disorders Review Discussion</li> <li>Discussion: Diabetes Patient Care Review Discussion</li> <li>Interactive Case Study: Nutrition for Clients with Cancer</li> </ul>	<p>5/04/2026 11:59pm</p>