

School of Nursing and Health Professions Doctor of Nursing Practice Program

## NUR 830 Psychopharmacology Across the Lifespan

Location meeting and Class meeting schedule: Online Asynchronous Credits: 3 Section: 90-7 Term: Fall 2024

### **Instructor Information**



Instructor: Dana Monday DNP APRN-Rx PMHNP-BC Email: dana.Monday@chaminade.edu Phone: (808) 739-8591 Time Zone: Hawaii Standard Time Office Location: Henry Hall 118F Office Hours: by appointment only; Wednesday 11a-3p, Thursday 1p-3p. Other times/days may be accommodated based on availability

#### Communication

Questions for this course can be emailed to the instructor and must be sent using your Chaminade email. Online and phone conferences can also be arranged. Response time is usually within 24 hours, but weekends and University holidays may extend response time.

# School & Department Information

#### **School of Nursing and Health Professions**

Office Location: Henry Hall 110

Phone: (808) 739-8347

If you have questions regarding the Doctor of Nursing Practice Program, reach out to the DNP Director at the School of School of Nursing and Health Professions.

## **Course Description & Materials**

#### **Catalog Course Description**

Psychopharmacology across the Lifespan (3 credits)

This course provides the didactic background to prepare the Psychiatric Mental Health Nurse Practitioner for the complex role of prescribing psychotropic medications. Students will apply evidence-based knowledge of psychopharmacological principles to treat specific psychiatric and neurologic conditions and explore management of iatrogenic problems caused by psychopharmacologic agents. Students will examine concepts of neuropsychiatric development, brain function, neuroanatomy, and neurophysiology with relation to psychopharmacotherapeutic agents. Students will learn how to prescribe, manage, and monitor psychopharmacotherapeutics including complementary and alternative agents. Psychopharmacological and other biological therapies for mental illnesses based on current science and practice standards are detailed with emphasis on optimal outcomes in primary, secondary, and tertiary prevention. Therapeutic challenges such as medication adherence and patient preference in the context of the recovery model are included.

## **Time Allocation**

The unit of semester credit is defined as university-level credit that is awarded for the completion of coursework. One credit hour reflects the amount of work represented in the intended learning outcomes and verified by evidence of student achievement for those learning outcomes. Each credit hour earned at Chaminade University should result in 45 hours of engagement. This equates to one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work each week for approximately fifteen weeks for one semester, 10-week term, or equivalent amount of work over a different amount of time. Direct instructor engagement and out-of-class work result in total student engagement time of 45 hours for one credit.

The minimum 45 hours of engagement per credit hour can be satisfied in fully online, internship, or other specialized courses through several means, including (a) regular online instruction or interaction with the faculty member and fellow students and (b) academic engagement through extensive reading, research, online discussion, online quizzes or exams; instruction, collaborative group work, internships, laboratory work, practica, studio work, and preparation of papers, presentations, or other forms of assessment. This policy is in accordance with federal regulations and regional accrediting agencies.

## How This Course Meets the Credit Hour Policy

This is a three-credit hour course requiring a minimum 135 clock hours of student engagement, per the official CUH Credit Hour Policy. Students enrolled in this course are anticipated to spend 42 hours researching, writing, and responding to the discussion boards, and 66 hours studying for the 6 quizzes and final exam. There will be an additional 39 hours of work required beyond what is listed here (course readings, homework assignments, etc.), averaging 2.4 hours each week.

## **Required Materials**

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders DSM-5-TR.* (5<sup>th</sup> ed.) Arlington VA: American Psychiatric Association. ISBN-13:978-0890425763

- Boland, R, Verduin, M., & Ruiz, P. (2021). *Kaplan and Sadock's synopsis of clinical psychiatry.* (12th ed.). Lippincott Williams & Wilkens. ISBN-13: 9781975145569
- Doran, C. (2021). *Prescribing mental health medication the practitioner's guide.* (3rd ed.). Routledge. ISBN-13 978-0367466916
- Feder, J., Tien, E., Puzantian, T., (2023). *Child medication fact book for psychiatric practice*. (2nd ed.) Carlat Publishing
- Halter, M. (2021). Varcarolis' foundations of psychiatric mental-health nursing (9<sup>th</sup> ed.). Elsevier ISBN-13 978-0323697071
- Puzantian, T., Carlat, D. (2022). *Medication fact book for psychiatric practice.* (6th ed.). Carlat Publishing. ISBN-13 978-1732952287
- Stahl, S. (2021). *Stahl's essential psychopharmacology: neuroscientific basis and practical applications* (5th Ed.). Cambridge University Press. ISBN-13: 978-1108971638

## Technology

A computer with the following technology is required in order to complete courses in the DNP Program: at least Windows 10 (for PCs), at least Mac OS X 10.5.8 (for Macs); a current antivirus program; the current Microsoft Office (PowerPoint and Word) and Adobe Acrobat; a standard web browser; and an internet or broadband connection with speed and connectivity to support internet searches and video conferencing. Installation of proctoring software may be required.

# **Teaching / Learning Strategies**

This course is online. Online learning resources, discussion forums, individual and small group work, case studies, application assignments, and independent study are teaching-learning strategies that may be utilized in this course. Students are expected to take an active role in their learning process through reading, research, online discussions, and sharing enriching experiences. Students should follow standard Netiquette guidelines, including but not limited to using the same common courtesy, politeness, and appropriate online behaviors as would be used in a face-to-face environment.

This course has a weekly synchronous clinical conference component that will be held via teleconferencing software at a time that is mutually agreed upon.

Canvas (https://chaminade.instructure.com)

Chaminade uses Canvas as the online learning management system (LMS) platform. Please review the Student Tutorial located on the Canvas course dashboard regarding instructions on accessing and submitting materials and assignments. If you are unable to find answers using the student tutorial, you may also contact the assigned faculty with questions regarding course navigation.

Technical Assistance for Canvas Users:

- Search for help on specific topics or get tips in <u>Canvas Students</u>
- Live chat with Canvas Support for students
- Canvas Support Hotline for students: +1-833-209-6111
- Watch this <u>video to get you started</u>
- <u>Online tutorials</u>: click on "Students" role to access tutorials
- Contact the Chaminade IT Helpdesk for technical issues: <u>helpdesk@chaminade.edu</u> or call (808) 735-4855

## Library

The Sullivan Family Library link is available on the CUH website: <u>http://www.chaminade.edu/library</u> Phone: (808) 735-4725. Tai Arakawa is the dedicated SONHP librarian: <u>tai.arakawa@chaminade.edu</u>

## Learning Outcomes

## **DNP Program Learning Outcomes (PLOs)**

Upon completion of the DNP program:

PLO Concepts

The DNP Graduate Will:

1. Knowledge for Nursing Practice	Integrate nursing science with knowledge from biophysical, psychosocial, analytical, ethics, and organizational sciences as the basis for advanced practice nursing using new approaches to care delivery.
2. Systems-Based Practice, Quality, and Safety	<i>Create and lead</i> high-quality and safe nursing care in a complex global health care environment
3. Scholarship for Nursing Practice	<i>Create and disseminate</i> knowledge in evidence-informed practice.
4. Information Systems and Patient Healthcare Technologies	<i>Evaluate</i> emerging technologies for their ability to improve health care outcomes.
5. Person-Centered Care	<i>Evaluate</i> health policy and advocate for social justice and access to health care, especially for Hawai'ian and Pacific Islanders and other unique populations.
6. Interprofessional Partnerships	<i>Create</i> collaborative interprofessional relationships to improve patient and population health outcomes with an emphasis on select populations, including Hawai'ian and Pacific Islanders.
7. Population Health	<i>Evaluate</i> the social, cultural, and environmental dimensions of population health in practice patterns/systems.
8. Advanced Practice Nursing Professionalism; Personal, Professional, and Leadership Development	Independently <i>assess, diagnose, treat, and manage</i> culturally diverse populations.

# **Course Learning Outcomes (CLOs) and Alignment**

Upon completion of NUR 830, the student will:

NUR 830 Psychopharmacology Across the Lifespan

CLOs	Links to PLOs	Method of Measurement
1. Compare and contrast the interrelatedness of brain abnormalities as causal or contributory to the development of psychiatric disorders	1,3	Quizzes, Discussion Board
2. Evaluate the subjective and objective data intrinsic to the completion of an accurate assessment for furnishing psychotropic drugs across the lifespan and within vulnerable populations.	1,3	Quizzes, Discussion Board
3. Appraise the major classifications of psychotropic drugs including their indications, side effects, contraindications and patient education needs pertinent to the furnishing of drugs.	1	Discussion Boards Quizzes
4. Evaluate the ethical, legal, and professional standards of practice in psychiatric mental health nursing practice as applied to prescribing psychopharmacological agents in the treatment of psychiatric disorders.	1,3	Quizzes, Discussion board

5. Critique the rationale and evidence for the non-pharmacologic therapies such as such as TMS, ECT, complementary	1,3	Quizzes, Discussion Board
medicines among others		

## **Marianist Values**

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

- 1. Education for formation in faith.
- 2. Provide an integral, guality education.
- 3. Educate in family spirit.
- 4. Educate for service, justice and peace, and integrity of creation.
- 5. Educate for adaptation and change.

## **Native Hawaiian Values**

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Olelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

- 1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Ōlelo No'eau 364) May I live by God.
- 2. Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kū'ono'ono ('Ōlelo No'eau 1957) Acquire skill and make it deep.
- 3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Ōlelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship.
- 4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no'eau ('Ōlelo No'eau 1430) Education is the standing torch of wisdom.
- 5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Ōlelo No'eau 203) All knowledge is not taught in the same school

## **Course Activities**

#### Assignments

Students must complete all assignments to achieve a passing grade in this course.

Various assignments allow students to apply the knowledge gained from the learning materials to clinical cases and scenarios in order to develop and refine clinical judgement.

#### Discussions

#### **Online Class Discussion Board (DB):**

Discussion board assignments allow students to reflect thoughtfully and exchange ideas on the topics covered in this course. Students will interact on discussion boards during select identified weeks during the term. Each discussion board assignment will have an identified question or prompt. Each student must reply in an initial thread post and then continue in the discussion of the topic with a minimum of two response posts to student peers and/or course faculty. All postings should be substantive and graded based on the provided discussion board rubric.

DB General Guidelines:

- Read through the entire discussion board question or prompt before making your initial thread post. Many topics are broken down into multiple components, each of which must be addressed in your initial reply.
- Be constructive and substantive in your posts and peer feedback. Use an example from the original post to build on, use examples from your current workplace or work experience, stimulate further discourse by asking questions when responding to your peers.
- Use good netiquette. Although there is a minimum of three substantive posts to discussion boards, each student should consider replying to any and all questions posed to them by peers or faculty; just as you would in a live conversation.
- Support your work. You must have a minimum of four citations for every post. Citations should include your course textbook or other supplied course resources, as well as other high-level evidence. At least two citations should be from sources not provided in course resources. Citations should follow APA 7<sup>th</sup> edition formatting.
- Be sure to post on time (see posting requirements below). Late postings limit the depth of the discussions and make it difficult for peers to provide timely feedback to you. *Late posts will have a 5-point deduction per day up to 48 hours after the due date. Posts more than 48 hours late will receive 0 credit for the assignment.*

#### DB Posting Requirements:

• Initial Thread Post is due by 11:59 pm on TUES of the week. This post must be a minimum of 250 words unless otherwise specified.

• Response Post #1 is due by 11:59 pm on THURS of the week. This post can incorporate responses to any initial thread post from one of your peers or in reply to a question or comment from one of your peers or course faculty who commented on your initial thread post.

• Response Post #2 is due by 11:59 pm on SAT of the week. This post can incorporate responses to any initial thread post from one of your peers or in reply to a question or comment from one of your peers or course faculty who commented on your initial thread post.

## **Quizzes/Final Exam**

Quizzes and Final Exam cover all topics included in the course. The exams are open book/open notes, but time-restricted. This ensures that students have familiarity with the course materials, and allows quizzes to further learning. Quizzes and Final Exam are to be taken individually, without the use of the internet or materials outside course materials. Students should not discuss the contents of the quizzes with classmates during the open window of the quiz. Doing so will constitute academic dishonesty/cheating and will not be tolerated.

## Course Policies

## Attendance and Participation

Regular online attendance and participation/engagement is expected for student success. Therefore, students are expected to attend every class, arrive on time for any scheduled synchronous activities, complete all assigned readings, actively participate in class discussions, complete all class assignments, and always behave appropriately and professionally. Online participation is evident through posting to a discussion board, wiki, virtual office, or classroom meeting, drop box submissions, attending virtual seminars, completing real-time activities or quizzes, and/or other course-related activities (synchronous or asynchronous). Failure to meet attendance and participation expectations may result in grade reduction, remediation requirements, or administrative withdrawal from the course.

Students should notify their instructors when illness or other extenuating circumstances prevent them from participating in class and make arrangements to complete missed assignments. It is the instructor's prerogative to modify deadlines of course requirements accordingly.

Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

### **Academic Conduct Policy**

Any community must have a set of rules and standards of conduct by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Chaminade University of Honolulu Student Handbook and the DNP Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook and Program Catalog and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Chaminade University of Honolulu Student Handbook and DNP Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website.

Unless otherwise instructed, all course submissions should follow the formatting of the *Publication Manual of the American Psychological Association, 7*<sup>th</sup> *Edition* format. The faculty of the School of Nursing and Health Professions at Chaminade University of Honolulu is dedicated to providing a learning environment that supports scholarly and ethical writing, free from academic dishonesty and plagiarism. This includes the proper and appropriate referencing of all sources. Students may be asked to submit course assignments through an online authenticity resource (e.g., Turnitin), which helps students and instructors detect potential cases of academic dishonesty.

#### **Student Conduct Policy**

Campus life is a unique situation requiring the full cooperation of each individual. For many, Chaminade is not only a school, but a home and a place of work as well. That makes it a community environment in which the actions of one student may directly affect other students. Therefore, each person must exercise a high degree of responsibility. Any community must have standards of conduct and rules by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values. Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website under Student Life. For further information, please refer to the Chaminade Catalogue.

#### Late Work

It is expected that assignments will be submitted on time. Late assignments will be subject to a deduction of 5% per day. No late assignments will be accepted after 48 hours. Extensions on writing assignments are not provided unless prior arrangements have been made with faculty at least a week prior to the assignment due date or unless there are extenuating circumstances. Requests made within the week prior to the due date will not be granted unless there is an emergency.

#### Writing Policy

All written assignments should be formatted to APA 7<sup>th</sup> edition standards and must be submitted as <u>MS word</u> documents. No google docs, pdf, pages, or other formats will be accepted. Use the following format for naming your assignments: lastname(s).assignmentname

#### **Guidance for Generative Artificial Intelligence (AI)**

The use of Generative AI should be seen as a tool to enhance academic research, not as a replacement for critical thinking and originality in assignments. Students are not permitted to submit assignments that have been fully or partially generated by AI unless explicitly stated in the assignment instructions. All work submitted must be the original work of the student.

#### **Grades of Incomplete**

An *Incomplete* grade is granted at the discretion of the faculty of record and must be aligned with the University policies. Receiving an "Incomplete" for a nursing course that is a prerequisite for a forthcoming nursing course must be completed prior to the start of the new course.

#### **Changes to the Syllabus**

While every attempt has been made to prepare this syllabus and class schedule in final form, it may be necessary for the course leader to make changes as may be deemed essential to meet the learning outcomes of the course. Students will be notified in writing via Chaminade email

and/or Canvas announcements of any changes. It is recommended that you check your email and the course Canvas site frequently for announcements. All students will be held responsible to read, understand, and clarify the content within this document.

## **Evaluation Methods and Grading Scale**

Students must achieve a final grade of B or higher to pass this course. As per the Chaminade University Graduate Catalog, students who fail a course (i.e., receive a grade of C, F, or NC) must repeat the course within 12 months and receive a CR or a grade of B or higher.

Evaluation Method	Points	% of Total Grade	Grading Scale*
8- Discussion Boards (50 points each)	400	40%	A = 90-100 %
2- Assignments (50 points each)	100	10%	B = 80- 89%
4- Quizzes (45 points each)	225	30%	C = Below 80%
Final Exam	50	20%	and a failing
TOTAL	675	100%	course grade.

\*The College of Nursing and Health Professions does not round grades. For example, a score of 89.7 will be recorded as 89% and a B grade.

# **Important Information**

## **Academic Honesty**

Academic honesty is an essential aspect of all learning, scholarship, and research. It is one of the values regarded most highly by academic communities throughout the world. Violations of the principle of academic honesty are extremely serious and will not be tolerated.

Students are responsible for promoting academic honesty at Chaminade by not participating in any act of dishonesty and by reporting any incidence of academic dishonesty to an instructor or

to a university official. Academic dishonesty may include theft of records or examinations, alteration of grades, and plagiarism, in addition to more obvious dishonesty.

Questions of academic dishonesty in a particular class are first reviewed by the instructor, who must make a report with recommendations to the Dean of the Academic Division. Punishment for academic dishonesty will be determined by the instructor and the Dean of Academic Division and may include an "F" grade for the work in question, an "F" grade for the course, suspension, or dismissal from the University.

For the most up to date information, please refer to the <u>Academic Honesty Policy</u> on the Chaminade University Catalog website.

#### Title IX

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator, Roxana Jimenez at (808) 739-8530, <u>titleix@chaminade.edu</u>, or <u>compliance@chaminade.edu</u>. If you or someone you know has been harassed or assaulted, you can find the appropriate resources by visiting Campus Ministry, the Dean of Students Office, the Counseling Center, or the Office for Compliance and Personnel Services.

#### **CUH Alert Emergency Notification**

To get the latest emergency communication from Chaminade University, students' cell numbers will be connected to Chaminade's emergency notification text system. When you log in to the Chaminade portal, you will be asked to provide some emergency contact information. If you provide a cellphone number, you will receive a text from our emergency notification system asking you to confirm your number. You must respond to that message to complete your registration and get emergency notifications on your phone.

#### **Assessment for Student Work**

With the goal of continuing to improve the quality of educational services offered to students, Chaminade University conducts assessments of student achievement of course, program, and institutional learning outcomes. Student work is used anonymously as the basis of these assessments, and the work you do in this course may be used in these assessment efforts.

### **Student with Disabilities Statement**

Chaminade University of Honolulu offers accommodations for all actively enrolled students with disabilities in compliance with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and the ADA Amendments Act (2008).

Students are responsible for contacting Kokua Ike: Center for Student Learning to schedule an appointment. Verification of their disability will be requested through appropriate documentation and once received it will take up to approximately 2–3 weeks to review them. Appropriate paperwork will be completed by the student before notification will be sent out to their instructors. Accommodation paperwork will not be automatically sent out to instructors each semester, as the student is responsible to notify Kokua Ike via email at ada@chaminade.edu each semester if changes or notifications are needed.

## Kōkua 'Ike: Tutoring & Learning Services

Chaminade is proud to offer free, one-on-one tutoring and writing assistance to all students. Tutoring and writing help is available on campus at Kōkua 'Ike: Center for Student Learning in a variety of subjects (including, but are not limited to biology, chemistry, math, nursing, English, etc.) from trained Peer and Professional Tutors. Please check <u>Kōkua 'Ike's</u> website for the latest times, list of drop-in hours, and information on scheduling an appointment. Free online tutoring is also available via TutorMe. Tutor Me can be accessed 24/7 from your Canvas account. Simply click on Account > TutorMe. For more information, please contact Kōkua 'Ike at <u>tutoring@chaminade.edu</u> or 808-739-8305.

## **Course Schedule**

Course content may vary from this outline at the discretion of the instructor to meet the needs of each class.

Week	Introduction and Role of the Prescriber	Doran Chaps 1, 2, 3, 4 and 24
1		Carlat Adult: Intro
		Carlat Child: General Tips on Child &
		Adolescent Psychiatry
		Mintz article
		Buppert Chapter 5 pdf
		Psychopharm and prescribing ppts
		Discussion Board: Contextual
		Elements of Prescription

Week	General Neuroscience and	Stahl: Chapter 1, 2, 3
2	Epigenetics	Carlat Adult: Appendix F
		Neurotransmitter Overview
		Videos: Stahl Ch 1-3
		The Psychiatrist's Guide to Pharmaco
		genetics
		Discussion Board: Powerpoint
		presentations on Stahl readings
Week	Pharmacokinetics, Side Effects,	Stahl: pgs 45-51
3	Starting, Stopping, Continuing	Doran: Chaps 5, 6, 7, 8, 9
	Medications	Lynch and Price article
		Cosci and Chouinard article
		Massabki and Abi-Jaoude article
		Pharmacokinetics 1-5 videos
		Quiz #1: Modules 1-3
Week	Pharmacotherapy in Management of	Halter Chapter 27
4	Aggression	Carlat Child Pg 88
		NICE Guideline
		Carlat Webinar
		Bak article
		Discussion Board
Week	The Science behind psychosis,	Stahl: Chapter 4
5	schizophrenia, and their	Managing side effects of antipsychotics
	neurotransmitter networks	video
		Videos: Stahl Chap 4
		Discussion Board
Week	Dressribing Antineveloties	Stable Chapter 5
	Prescribing Antipsychotics	Stahl: Chapter 5
6		Carlat Adult: Antipsychotics
		Carlat Child: Antipsychotics through
		class warnings
		CATIE study
		Videos: Stahl Chap 5
		Quiz #2: Modules 4-6
Week	Mood Disorders and Antidepressants	Stahl: Chapter 6, 7 antidepressant
7	•	content
		Carlat Adult: Antidepressants
		Carlat Child: Antidepressant class intro
		Star D Study
		Videos: Stahl Chap 6
		Video Case Study- Assignment
		video Case Oludy-Assignment

Week	Mood Disorders II and Mood	Stahl: Chapter 7 mood stabilizer
8	Stabilizers	content
Ŭ	Otabilizers	STEP-BD trial
		Videos: Stahl Chap 7
		Video Case Study- Assignment
Week	Anxiety and Trauma Disorders	Stahl: Chapter 8
9	Anxiety and Tradina Disorders	Doran: Chap 10: benzos
5		Carlat Adult: Anxiolytics
		Carlat Child: Anxiolytics and Hypnotics
		Videos: Stahl Chap 8
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		Quiz #3: Modules 7-9
Week	Sleep Disorders	Stahl: Chapter 10
10		Doran Chap 15
		Carlat Adult: Hypnotics, Sleep Disorder
		Meds
		Carlat Child: Anxiolytics and Hypnotics
		Videos: Stahl Chap 10
		Discussion Board
Week	ADHD, Children and Stimulants	Stahl Chap 11
11		Doran: Chap 10, 12, 18
		Carlat Adult: ADHD Meds
		Carlat Child: ADHD Meds, Appendix D
		Videos: Stahl Chap 11
		Quiz #4: Modules 10-11
Week	Dementia and Treatment of the Eldery	Stahl: Chapter 12
12		Doran: chap 14, 17
		Carlat Adult: Dementia Meds,
		Appendix G
		Psychopharm of Agitation article
		Oldham article
		Confusional states
		Beers criteria article
		Videos: Stahl Chap 12
		Discussion Board
Week	Medication Misuse, Substance use,	Stahl Chap 13
13	Compulsivity and Addiction	Doran Chap 16, 22
		Carlat Adult: Substance
		Abuse/Dependence Medications,
		Appendices C, E
		Carlat Child: Substance Use
		Medications class intro
1		Videos; Stahl Chapt 13

		Quiz #5
Week	Somatic, Natural, and Complementary	Doran Chap 11
14	Treatments	Carlat Adult: Natural Treatments,
		Somatic Treatments
		Carlat Child: Complementary
		Treatments
		Ketamine Article
		TMS article
		Discussion Board
Week	Pregnancy and Perinatal Psychiatric	Doran Chap 13
15	Topics	Carlat Adult: Appendix B
		Carlat Child: Appendix I
		Discussion Board
		Quiz #6
Week	Final Exam	
16		