

Chaminade Course Syllabus

<u>Chaminade University Honolulu</u> 3140 Waialae Avenue - Honolulu, HI 96816

Course Number: HC 306

Course Title: Health Disparities and Indigenous Health

Department Name: School of Nursing and Health Professions

College/School/Division Name: School of Nursing and Health Professions

Term: Spring 2024 Course Credits: 3

Class Meeting Days: Asynchronous Class Meeting Hours: Asynchronous

Course Website Address (Canvas): https://chaminade.instructure.com/

Instructor Name: Dr. Jasmine Wagner **Email**: jasmine.wagner@chaminade.edu

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Office Location: Henry Hall 110A

Office Hours: Monday & Wednesday 1300-1600 and virtual by appointment

University Course Catalog Description

This course explores Native Hawaiian traditional healing practices, and how they can inform community and public health practice.

Course Overview

This course will explore the unique qualities and strengths of our indigenous Polynesian communities with a focus on Native Hawaiians and the implications of social, historical and cultural determinants of health that contribute to the disproportionate health disparities and inequities that we see today. Not only will health data be explored, but evidence-based and culturally grounded health education strategies will be discovered as inspirational models of hope to more effectively address health disparities in the communities we serve through cultural responsiveness.

Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

- 1. Education for formation in faith
- 2. Provide an integral, quality education
- 3. Educate in family spirit
- 4. Educate for service, justice and peace
- 5. Educate for adaptation and change

Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Olelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

- 1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Ōlelo No'eau 364) May I live by God
- 2. Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kū'ono'ono ('Ōlelo No'eau 1957) Acquire skill and make it deep
- 3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Ōlelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship
- 4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no eau (Ōlelo No eau 1430) Education is the standing torch of wisdom
- 5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Ōlelo No'eau 203) All knowledge is not taught in the same school

Program Learning Outcomes (PLO)

Upon completion of the Community and Public Health program, students will be able to:

- 1. Evaluate behavioral and non-behavioral variables, through community health assessment and health coaching activities that contribute to morbidity, mortality, and their impact on the social determinants of health in priority populations.
- 2. Apply the core principles, measurements, and methodologies of community public health to diverse, priority populations through the application of community-based health promotion programs.
- 3. Analyze healthcare data using statistical, epidemiological and data visualization techniques, to generate data products that support decision-making to inform resource allocation and health promotion interventions.
- 4. Develop evidence-based health promotion and health education programs in collaboration with interdisciplinary community partners

Course Learning Outcomes (CLO)

By the end of our course, students will be able to:

- 1. Demonstrate a conceptual understanding of the many strengths and assets that Native Hawaiian and Pacific Islander possess that can be leveraged to help find solutions to modern day challenges.
- 2. Demonstrate an understanding of the social, cultural and historical determinants of health that influence the modern day health inequities/disparities that disproportionately impact Native Hawaiian and Pacific Island communities.
- 3. Demonstrate a basic understanding and appreciation for Native Hawaiian and Pacific Islander traditional healing practices and the potential role they can play to address health through a cultural lens.
- 4. Demonstrate understanding of existing culturally grounded community education and health promotion strategies for priority populations, and opportunities to build upon to them to improve healthcare access and health outcomes.

The Eight Areas of Responsibility for Health Education Specialists (NCHEC, HESPA II 2020)

- Area I: Assessment of Needs and Capacity (CLO #1 & 2)
- Area II: Planning (CLO #2 & 4)
- Area III: Implementation (CLO #2 &4)
- Area IV: Evaluation and Research
- Area V: Advocacy (CLO #3 & 4)

Area VI: Communication (CLO #4)

• Area VII: Leadership and Management

Area VIII: Ethics and Professionalism (CLO #3)

Alignment of Learning Outcomes

	CLO 1	CLO 2	CLO 3	CLO 4
Marianist Values	1, 3	2, 4, 5	1, 3, 4	2, 4, 5
Program Learning Outcomes	1	1, 2	1	2, 3, 4

Course Prerequisites

A laptop computer or iPad with Microsoft Word, Google application, and Zoom are required programs for efficiently running a virtual format of lecture and virtual meeting. It is essential you maintain your updates on your computer programs and application tools. There are multiple online modules, e-texts, and course materials on google drive which will require computer access.

Required Learning Materials

There is no required textbook for this course. Reading materials will be provided in Canvas as they are assigned.

Course Website: https://chaminade.instructure.com/

Hardware Requirements: Canvas is accessible from both PC and Mac computers with a reliable internet connection. You will also need to be able to access audio and video files. Subsequently, you should have access to speakers or headphones that allow you to hear the audio.

Software Requirements: You will need to have some ability to listen to audio in an mp3 format, watch videos in mp4 format, stream online videos, and read .pdf files. There are a number of free software online that can be downloaded for free. If you need assistance with locating software please feel free to contact the Chaminade Help Desk at helpdesk@chaminade.edu or (808) 735-4855.

Technical Assistance for Canvas Users:

- Search for help on specific topics or get tips in Canvas Students
- Live chat with Canvas Support for students
- Canvas Support Hotline for students: +1-833-209-6111
- Watch this <u>video to get you started</u>
- Online tutorials: click on "Students" role to access tutorials
- Contact the Chaminade IT Helpdesk for technical issues: helpdesk@chaminade.edu or call (808) 735-4855

Tutoring and Writing Services

Chaminade is proud to offer free, one-on-one tutoring and writing assistance to all students. Tutoring and writing help is available on campus at Kōkua 'Ike: Center for Student Learning in a variety of subjects (including, but are not limited to: biology, chemistry, math, nursing, English, etc.) from trained Peer and Professional Tutors. Please

check Kōkua 'Ike's website (https://chaminade.edu/advising/kokua-ike/) for the latest times, list of drop-in hours, and information on scheduling an appointment. Free online tutoring is also available via TutorMe. Tutor Me can be accessed 24/7 from your Canvas account. Simply click Account – Notifications – TutorMe. For more information, please contact Kōkua 'Ike at tutoring@chaminade.edu or 808-739-8305.

Assessment

Grades of this course will be based on the following:

- **Communities of Practice Discussions:** Regular discussion forum is required to reflect the insight of module learning and to share ideas with peers.
- **Health Disparity Assessment/Communication (HDAC) Project:** A project focused on existing health disparities within an underserved population, more details to follow.
 - o **Project 1:** Social media and public health messaging outreach
- **Reflection Papers:** Using the course content and lectures as a guide, reflections papers are 1-2 pages of reflection on various topics throughout the course.
 - o Paper 1: Mana
 - o Paper 2: Cultural Competence, Awareness, Sensitivity, Humility, and Responsiveness
 - o Paper 3: Addressing health disparities and inequities in and out of healthcare
 - o Paper 4: Native Hawaiian health reports
- Research Paper: Social or cultural determinant of health research paper

Course Grading Percentage Equivalents

Assignments	Points		
Project 1	15		
Paper 1	10		
Paper 2	10		
Paper 3	10		
Paper 4	10		
Communities of Practice Discussions (6 CoP x 3 points) (1 x 2 pt- Course reflection)	20		
Research Paper	25		
TOTAL	100 Points		

Grading Scale

Letter grades are given in all courses except those conducted on a credit/no credit basis. Grades are calculated from the student's daily work, class participation, quizzes, tests, term papers, reports and the final examination. They are interpreted as follows:

- A Outstanding scholarship and an unusual degree of intellectual initiative
- B Superior work done in a consistent and intellectual manner
- C Average grade indicating a competent grasp of subject matter
- $\hbox{D Inferior work of the lowest passing grade, not satisfactory for fulfillment of prerequisite course work}\\$
- F Failed to grasp the minimum subject matter; no credit given

A = 90-100%

B = 80-89.99%

C = 70-79.99%

D = 60-69.99%

F = below 60%

** No round off

Course Policies

Course Approach

This course is utilizing an asynchronous online model.

Late Work Policy

Late assignments in this course will receive a 10% deduction each day the assignment is missing. Students are encouraged to work ahead in case issues arise, so work is not late. Students are responsible to ensure that assignments are submitted in the correct folder or drop-box in the correct format or the assignment is considered late. Your course completion schedule assignment is due by the 7th of the month for your first week in class. The assignment posted at 00:01am on the 8th day or later is considered late. A 10% deduction will occur each day for all other assignments later than 11:59 pm on the last day of class (six months after your initial start date) unless prior arrangement is made with instructor.

Grades of "Incomplete"

Grades of Incomplete must be reviewed and approved by both the Course Coordinator and the Dean of Nursing and Health Professions. See the university "Grade of Incomplete" policy in the student handbook.

Writing Policy

All written assignments, unless otherwise stated in the directions or a template is provided, must be submitted in Word docx with a cover page and using APA format. Documents submitted in incorrect format will be considered late. Please review late work policy.

Instructor and Student Communication

Questions for this course can be emailed to the instructor. Online and/or phone conferences can be arranged. Response time may take place up to 3 business days.

Office hours are times when you can meet with your professor to discuss the material being presented in class or other related interests you have. Attending office hours is not required, but a resource available to all students. Never, ever be afraid to ask for help. It is not a sign of weakness. It is a sign of strength. My office hours are flexible and can be scheduled directly with me via email. Please offer a few dates and times and I will try my best to accommodate.

Disability Access

If you need individual accommodations to meet course outcomes because of a documented disability, please speak with me to discuss your needs as soon as possible so that we can ensure your full participation in class and fair assessment of your work. Students with special needs who meet criteria for the Americans with Disabilities Act (ADA) provisions must provide written documentation of the need for accommodations from Kōkua 'Ike: Center for Student Learning by the end of week three of the class, in order for instructors to plan accordingly. If a student would like to determine if they meet the criteria for accommodations, they should contact the Kōkua 'Ike Coordinator at (808) 739-8305 for further information (ada@chaminade.edu).

Title IX Compliance

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for

all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator. If you or someone you know has been harassed or assaulted, you can find the appropriate resources by visiting Campus Ministry, the Dean of Students Office, the Counseling Center, or the Office for Compliance and Personnel Services.

Attendance Policy

The following attendance policy is from the 2020-2021 Academic Catalog.

Students are expected to attend regularly all courses for which they are registered. Student should notify their instructors when illness or other extenuating circumstances prevents them from attending class and make arrangements to complete missed assignments. Notification may be done by emailing the instructor's Chaminade email address, calling the instructor's campus extension, or by leaving a message with the instructor's division office. It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade.

Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu ADA Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes.

Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

Academic Conduct Policy

Any community must have a set of rules and standards of conduct by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website.

For further information, please refer to the Student Handbook which is linked annually on the following webpage: https://chaminade.edu/current-students/

Credit Hour Policy

The unit of semester credit is defined as university-level credit that is awarded for the completion of coursework. One credit hour reflects the amount of work represented in the intended learning outcomes and verified by evidence of student achievement for those learning outcomes. Each credit hour earned at Chaminade University should result in 45 hours of engagement. This equates to one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work each week for approximately fifteen weeks for one semester, 10 week term, or equivalent amount of work over a different amount of time. Direct instructor engagement and out-of-class work result in total student engagement time of 45 hours for one credit.

The minimum 45 hours of engagement per credit hour can be satisfied in fully online, internship, or other specialized courses through several means, including (a) regular online instruction or interaction with the faculty member and fellow students and (b) academic engagement through extensive reading, research, online discussion, online quizzes or exams; instruction, collaborative group work, internships, laboratory work, practica, studio work, and preparation of papers, presentations, or other forms of assessment. This policy is in accordance with federal regulations and regional accrediting agencies.

This is a three-credit hour course requiring 135 clock hours of student engagement per the official CUH Credit Hour Policy. Students enrolled in this course are anticipated to spend a minimum of 9.5 hours in Community of Practice Discussions, 26 hours in Projects and Papers, with the remaining 100 hours divided between course reading assignments and pre-recorded lectures estimated at 6.6 hrs per week over 15 weeks.

Course Schedule

Please Note:

While every attempt has been made to prepare this syllabus and class schedule in final form, it will be the course coordinator's prerogative to make any changes as may be deemed necessary in order to meet the learning outcomes of the course. Students will be notified in writing via Chaminade email of any changes. It is recommended that you check Chaminade email and course site including the clinical hub for students in Canvas frequently for announcements. A syllabus is a contract between the university and the students. All students will be held responsible to read, understand, and clarify the content within this document.

Suggested Course Schedule