



**Chaminade
University**
OF HONOLULU

Course Syllabus

Chaminade University Honolulu
3140 Waiialae Avenue, Honolulu, HI 96816
www.chaminade.edu

Course Number: NUR 833
Course Title: Practicum in Psychotherapeutic
Department Name: School of Nursing and Health Professions
College/School/Division: School of Nursing and Health Professions
Term: Fall, Spring, or Summer and Year
Course Credits: 3.0
Class Meeting Days/Hours: Online, asynchronous
Class Location: Online

Instructor Name: Dr. Dana Monday
Email: dana.monday@chaminade.com
Phone: 808.739.8591- email is preferred
Office Location: Henry Hall, Room 118K
Office Hours: By Appointment only- Monday 1p-3:00p, Wednesday 11a-3p
Other days may be accommodated based on faculty's availability.
Time Zone: Hawaii Standard Time
Course Website: <https://chaminade.instructure.com/courses/34954>

University Course Catalog Description

This course is a precepted clinical practicum designed to facilitate the preparation of the Psychiatric Mental Health Nurse Practitioner in providing mental health care for children, adolescents, adults and families. Learners will participate in a variety of clinical settings where they will learn to conduct individual, family and group treatment modalities. Continued refinement of psychotherapeutic interventions utilizing the recovery model, motivational interviewing, psychiatric assessment, psychiatric diagnosis, and differential diagnosis throughout the clinical experience. Synthesis of evidence-based management in concert with the socio-cultural, environmental, economic, spiritual and physical needs of the patient and family will be emphasized. This course is graded on a Pass/No Pass basis. (Includes 210 clinical hours.)

Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

1. Education for formation in faith
2. Provide an integral, quality education
3. Educate in family spirit

4. Educate for service, justice, and peace
5. Educate for adaptation and change

Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Olelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Olelo No'eau 364) May I live by God
2. Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kū'ono'ono ('Olelo No'eau 1957) Acquire skill and make it deep
3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Olelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship
4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no'eau ('Olelo No'eau 1430) Education is the standing torch of wisdom
5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Olelo No'eau 203) All knowledge is not taught in the same school

DNP Program Learning Outcomes (PLO)

Upon completion of the DNP program:

PLO Concepts	The DNP Graduate Will:
1. Knowledge for Nursing Practice	<i>Integrate</i> nursing science with knowledge from biophysical, psychosocial, analytical, ethics, and organizational sciences as the basis for advanced practice nursing using new approaches to care delivery.
2. Systems-Based Practice, Quality, and Safety	<i>Create and lead</i> high-quality and safe nursing care in a complex global health care environment
3. Scholarship for Nursing Practice	<i>Create and disseminate</i> knowledge in evidence-informed practice.
4. Information Systems and Patient Healthcare Technologies	<i>Evaluate</i> emerging technologies for their ability to improve health care outcomes.
5. Person-Centered Care	<i>Evaluate</i> health policy and advocate for social justice and access to health care, especially for Hawai'ian and Pacific Islanders and other unique populations.
6. Interprofessional Partnerships	<i>Create</i> collaborative interprofessional relationships to improve patient and population health outcomes with an emphasis on select populations, including Hawai'ian and Pacific Islanders.

7. Population Health	<i>Evaluate</i> the social, cultural, and environmental dimensions of population health in practice patterns/systems.
8. Advanced Practice Nursing Professionalism; Personal, Professional, and Leadership Development	Independently <i>assess, diagnose, treat, and manage</i> culturally diverse populations.

Course Learning Outcomes (CLO) and Alignment

Upon completion of NUR 833, the student will:

Course Learning Outcomes (CLO) and Alignment

NUR 833		
CLOs	CLO Link to PLOs	Method of Measurement
1. Design a culturally sensitive evidence-based treatment plan for individuals and families across the lifespan in the context of mental health disparities.	1,2,5,6,7	SOAP Note
2. Evaluate group and family psychotherapeutic interventions and their effectiveness in achieving health outcomes.	5,7,8	Reflective journal
3. Create an evidence-based treatment plan utilizing psychotherapeutic interventions, the recovery model, motivational interviewing, psychiatric assessment, psychiatric diagnosis, differential diagnosis and pharmacotherapeutics in collaboration with the interdisciplinary team.	1,3,5,6,	Reflective journal SOAP Note
4. Develop a health promotion and education plan for patients, families, and/or communities regarding a mental health condition and potential risks.	1,2,4,6,8	SOAP Note
5. Appraise the impact of cultural and environmental factors impacting population health and the role of healthcare technologies in improving health outcomes.	7,8	Reflective journal

Required Learning Materials

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders DSM-5-TR*. (5th ed.) Arlington VA: American Psychiatric Association. ISBN-13: 978-0890425763

Boland, R, Verduin M., & Ruiz, P. (2021). *Kaplan and Sadock's synopsis of clinical psychiatry*. (12th ed.). Lippincott Williams & Wilkens. ISBN-13: 978-1975145569

Carlat, D. (2022). *The psychiatric interview* (4th ed.). Lippincott Williams & Wilkens. ISBN-13: 979-8839872530

Feder, J., Tien, E., Puzantian, T., (2023). *Child medication fact book for psychiatric practice*. (2nd ed.) Carlat Publishing

Halter, M. (2021). *Varcarolis' foundations of psychiatric-mental health nursing* (9th ed.). Elsevier. ISBN- 13 978-0323697071

Stahl, S.M. (2020). *Stahl's essential psychopharmacology: Prescriber's guide* (7th ed.). Cambridge University Press ISBN-13: 978-1108926010

Puzantian, T., Carlat, D. (2022). *Medication fact book for psychiatric practice*. (6th ed.). Carlat Publishing, LLC. ISBN-13: 978-1732952287

Teaching / Learning Strategies:

This course is online and clinical direct patient care. Online learning resources, discussion forums, individual and small group work, case studies, application assignments, and independent study are teaching-learning strategies that may be utilized in this course. Students are expected to take an active role in their learning process through reading, research, online discussions, and sharing enriching experiences.

Reflective clinical journals, SOAP notes, comprehensive mental health treatment plans and a Standardized patient encounter are specific to the clinical course and designed to measure your success in meeting the competencies as outlined in the Course learning outcomes Program learning outcomes, and NONPF Competencies for Psychiatric Mental Health.

Attendance and Participation

Regular online attendance and participation/engagement is expected for student success. Therefore, students are expected to attend every class, arrive on time for any scheduled synchronous activities, complete all assigned readings, actively participate in class discussions, complete all class assignments, and always behave appropriately and professionally. Online participation is evident through posting to a discussion board, wiki, virtual office, or classroom meeting, drop box submissions, attending virtual seminars, completing real-time activities or quizzes, and/or other course-related activities (synchronous or asynchronous). Failure to meet attendance and participation expectations may result in grade reduction, remediation requirements, or administrative withdrawal from the course

Assignments

Students must complete all assignments to achieve a passing grade in this course.

SOAP notes – Four SOAP notes will be completed based on actual patients seen in clinical. Students must write an appropriate SOAP note with relevant sections using the patient details while maintaining HIPAA compliance. Failure to maintain HIPAA compliance will result in automatic failure of the assignment. These assignments are completed individually and working in groups is not permitted. These assignments must be the student's own work and not taken from their preceptor's documentation. SOAP notes after critique, students may be requested to resubmit SOAP notes if they do not meet the standard.

Reflective Clinical Journals- Students will critically evaluate their clinical experiences and learning in narrative form. Prompt questions should be answered and students should use an appropriate depth in their reflections that demonstrate their development as a clinician and provider.

Weekly logs – Students will maintain clinical hours logs in Project Concert for each clinical day attended including dates/times of clinical attended, patient demographics, diagnosis, treatment plan. Failure to maintain HIPAA compliance will result in automatic failure. Hours will be entered into Project Concert and signed off by the clinical instructor. The Preceptor will sign off the hours at the end of the semester.

Clinical Site Visit

The clinical site visit will be conducted at a date/time that is mutually agreeable between the clinical faculty and the preceptor. The student may or may not have advanced notice that the clinical site visit will be conducted. Refer to the Clinical Practicum Handbook for further information and relevant policies.

Evaluation Methods and Grading Scale

Students must achieve a final grade of B or higher to pass this course. As per the Chaminade University Graduate Catalog, students who fail a course (i.e., receive a grade of C, F, or NC) must repeat the course within 12 months and receive a CR or a grade of B or higher.

Evaluation Method	% of Total Grade
SOAP Notes (4)	20%
Reflective Clinical Journals (10)	40%

TOTAL	100%
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*The College of Nursing and Health Professions does not round grades. For example, a score of 89.7 will be recorded as 89% and a B grade.

Late Work Policy

It is expected that assignments will be submitted on time. Late assignments will be subject to a deduction of 5% per day. No late assignments will be accepted after 48 hours. Extensions on writing assignments are not provided unless prior arrangements have been made with faculty at least a week prior to the assignment due date or unless there are extenuating circumstances. Requests made within the week prior to the due date will not be granted unless there is an emergency.

Grades of "Incomplete"

An *Incomplete* grade is granted at the discretion of the faculty of record and must be aligned with the University policies. Receiving an "Incomplete" for a nursing course that is a prerequisite for a forthcoming nursing course must be completed prior to the start of the new course.

Writing Policy

All written assignments should be formatted to APA 7th edition standards and must be submitted as MS word documents. No google docs, pdf, pages, or other formats will be accepted. Use the following format for naming your assignments: lastname(s).assignmentname

Instructor and Student Communication

Questions for this course can be emailed to the instructor and must be sent using your Chaminade email. Online and phone conferences can also be arranged. Response time is usually within 24 hours, but weekends and University holidays may extend response time.

Online Course Guidelines

Chaminade uses Canvas as the online learning management system (LMS) platform. Please review the Student Tutorial located on the Canvas course dashboard regarding instructions on accessing and submitting materials and assignments. If you are unable to find answers using the student tutorial, you may also contact the assigned faculty with questions regarding course navigation.

Students should follow standard Netiquette guidelines, including but not limited to using the same common courtesy, politeness, and appropriate online behaviors as would be used in a face-to-face environment.

Disability Access

If you need individual accommodations to meet course outcomes because of a documented disability, please speak with me to discuss your needs as soon as possible so that we can ensure your full participation in class and fair assessment of your work. Students with special needs who meet criteria for the Americans with Disabilities Act (ADA) provisions must provide written documentation of the need for accommodations from Kōkua 'Ike: Center for Student Learning by the end of week three of the class, in order for instructors to plan accordingly. If a student would like to determine if they meet the criteria for accommodations, they should contact the Kōkua 'Ike Coordinator at (808) 739-8305 for further information (ada@chaminade.edu).

Title IX Compliance

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator. If you or someone you know has been harassed or assaulted, you can find the appropriate resources by visiting Campus Ministry, the Dean of Students Office, the Counseling Center, or the Office for Compliance and Personnel Services.

Attendance Policy

The following attendance policy is from the University Academic Catalog. Faculty members should also check with their divisions and program handbooks for division-specific guidelines.

Students are expected to attend regularly all courses for which they are registered. Student should notify their instructors when illness or other extenuating circumstances prevents them from attending class and make arrangements to complete missed assignments. Notification may be done by emailing the instructor's Chaminade email address, calling the instructor's campus extension, or by leaving a message with the instructor's division office. It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade.

Unexcused absences equivalent to more than a week of classes may lead to a grade reduction for the course. Any unexcused absence of two consecutive weeks or more may result in being withdrawn from the course by the instructor, although the instructor is not required to withdraw students in that scenario. Repeated absences put students at risk of failing grades.

Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu Tutor Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes.

Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

Academic Conduct Policy

Any community must have a set of rules and standards of conduct by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through

an established student conduct process, outlined in the Chaminade University of Honolulu Student Handbook and the DNP Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook and Program Catalog and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Chaminade University of Honolulu Student Handbook and DNP Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website.

Unless otherwise instructed, all course submissions should follow the formatting of the *Publication Manual of the American Psychological Association, 7th Edition* format. The faculty of the School of Nursing and Health Professions at Chaminade University of Honolulu is dedicated to providing a learning environment that supports scholarly and ethical writing, free from academic dishonesty and plagiarism. This includes the proper and appropriate referencing of all sources. Students may be asked to submit course assignments through an online authenticity resource (e.g., Turnitin), which helps students and instructors detect potential cases of academic dishonesty.

Student Conduct Policy

Campus life is a unique situation requiring the full cooperation of each individual. For many, Chaminade is not only a school, but a home and a place of work as well. That makes it a community environment in which the actions of one student may directly affect other students. Therefore, each person must exercise a high degree of responsibility. Any community must have standards of conduct and rules by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website under Student Life.

For further information, [please refer to the Chaminade Catalogue](#).

Technology

A computer with the following technology is required in order to complete courses in the DNP Program: at least Windows 10 (for PCs), at least Mac OS X 10.5.8 (for Macs); a current antivirus program; the current Microsoft Office (PowerPoint and Word) and Adobe Acrobat; a standard web browser; and an internet or broadband connection with speed and connectivity to support internet searches and video conferencing. Installation of proctoring software may be required.

Course Website: <https://chaminade.instructure.com/courses/34955>

Technical Assistance for Canvas Users:

- Search for help on specific topics or get tips in [Canvas Students](#)
- [Live chat with Canvas Support for students](#)
- Canvas Support Hotline for students: +1-833-209-6111
- Watch this [video to get you started](#)
- [Online tutorials](#): click on “Students” role to access tutorials
- Contact the Chaminade IT Helpdesk for technical issues: helpdesk@chaminade.edu or call (808) 735-4855

Library: The Sullivan Family Library link is available on the CUH website: <http://www.chaminade.edu/library>
Phone: (808) 735-4725. Krystal Kakimoto, dedicated SONHP librarian: krystal.kakimoto@chaminade.edu

Tutoring and Writing Services

Chaminade is proud to offer free, one-on-one tutoring and writing assistance to all students. Tutoring and writing help is available on campus at Kōkua ‘Ike: Center for Student Learning in a variety of subjects (including, but are not limited to: biology, chemistry, math, nursing, English, etc.) from trained Peer and Professional Tutors. Please check [Kōkua ‘Ike’s website](#) for the latest times, list of drop-in hours, and information on scheduling an appointment. Free online tutoring is also available via TutorMe. Tutor Me can be accessed 24/7 from your Canvas account. Simply click Account – Notifications – TutorMe. For more information, please contact Kōkua ‘Ike at tutoring@chaminade.edu or 808-739-8305.

Credit Hour Policy

The unit of semester credit is defined as university-level credit that is awarded for the completion of coursework. One credit hour reflects the amount of work represented in the intended learning outcomes and verified by evidence of student achievement for those learning outcomes. Each credit hour earned at Chaminade University should result in 45 hours of engagement. This equates to one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work each week for approximately fifteen weeks for one semester, 10-week term, or equivalent amount of work over a different amount of time. Direct instructor engagement and out-of-class work result in total student engagement time of 45 hours for one credit.

The minimum 45 hours of engagement per credit hour can be satisfied in fully online, internship, or other specialized courses through several means, including (a) regular online instruction or interaction with the faculty member and fellow students and (b) academic engagement through extensive reading, research, online discussion, online quizzes or exams; instruction, collaborative group work, internships, laboratory work, practica, studio work, and preparation of papers, presentations, or other forms of assessment. This policy is in accordance with federal regulations and regional accrediting agencies.

How This Course Meets the Credit Hour Policy

This is a 3-credit course requiring a minimum of 135 clock hours of student engagement per the official CUH Credit Hour Policy. Students enrolled in this course are required to complete 210 clinical practicum hours. Additional work includes preparing for clinical, completing SOAP notes, completing clinical reflection journals and entering hours into Project Concert weekly.

Course Schedule

Course content may vary from this outline at the discretion of the instructor to meet the needs of each class.

	<u>Assignment</u>	
<u>Week 1 (1.8-1.14)</u>	-	
<u>Week 2 (1.15-1.21)</u>	Reflection #1	
<u>Week 3 (1.22-1.28)</u>	SOAP NOTE	
<u>Week 4 (1.29-2.4)</u>	Reflection #2	
<u>Week 5 (2.5-2.11)</u>	Reflection #3	
<u>Week 6 (2.12-2.18)</u>	Reflection #4	
<u>Week 7 (2.19-2.25)</u>	SOAP NOTE	
<u>Week 8 (2.26-3.3)</u>	Reflection #5	
<u>Week 9 (3.4-3.10)</u>	Reflection #6	
<u>Week 10 (3.11-3.17)</u>	Reflection #7	
<u>Week 11 (3.18-3.24)</u>	SPRING BREAK	SPRING BREAK
<u>Week 12 (3.25-3.31)</u>	SOAP NOTE	
<u>Week 13 (4.1-4.7)</u>	Reflection #8	
<u>Week 14 (4.8-4.14)</u>	Reflection #9	
<u>Week 15 (4.15-4.21)</u>	SOAP NOTE	
<u>Week 16 (4.22-4.28)</u>	Reflection #10	

PLEASE NOTE:

While every attempt has been made to prepare this syllabus and class schedule in final form, it may be necessary for the course leader to make changes as may be deemed essential to meet the learning outcomes of the course. Students will be notified in writing via Chaminade email and/or Canvas announcements of any changes. It is recommended that you check your email and the course Canvas site frequently for announcements. All students will be held responsible to read, understand, and clarify the content within this document.