



Chaminade
University
OF HONOLULU

Chaminade-Flex Course Syllabus

[Chaminade University Honolulu](https://www.chaminade.edu/)

3140 Waiialae Avenue - Honolulu, HI 96816

Course Number: HC 100

Course Title: Determinants of Health Across Cultures

Department Name: School of Nursing and Health Professions

College/School/Division Name: School of Nursing and Health Professions

Term: Fall 2023

Course Credits: 3

Class Meeting Days: Hybrid, On campus Henry Hall 124 every other week, online asynchronous on alternating weeks

Class Meeting Hours: On campus (Mondays 1:30-4:00p), Asynchronous

Course Website Address (Canvas): <https://chaminade.instructure.com/>

Instructor Name: Lorin Ramocki DNP, RN

Email: lorin.ramocki@chaminade.edu

Phone: (808) 739-7487

Office Location: Henry Hall, Room 110C

Office Hours: Tuesday 12:00pm-1:30pm; Fridays: 9:00-1:30pm or by appointment.

University Course Catalog Description

This course explores social determinants of health including socioeconomic status, education, physical environment, employment, access to health care, health literacy, and social support. The focus is on understanding ways to improve health in vulnerable populations.

Course Overview

This course uses a historical and cultural perspective to explore multicultural models and beliefs of health, illness, and treatments or therapies. The intent is to expand the students' understanding of the scientific, sociocultural, philosophical, psychological, and spiritual foundations of conventional and unconventional healing systems and the various approaches to prevention, health promotion, healing, and maintenance of well-being. The impact of cultural values and ethnicity on understanding health and illness, and the utilization of health care services will be explored to identify various factors of the determinants of health.

Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

1. Education for formation in faith
2. Provide an integral, quality education
3. Educate in family spirit

4. Educate for service, justice and peace
5. Educate for adaptation and change

Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Olelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Olelo No'eau 364) May I live by God
2. Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kū'ono'ono ('Olelo No'eau 1957) Acquire skill and make it deep
3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Olelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship
4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no'eau ('Olelo No'eau 1430) Education is the standing torch of wisdom
5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Olelo No'eau 203) All knowledge is not taught in the same school

Program Learning Outcomes (PLO)

Upon completion of the Community and Public Health program, students will be able to:

1. Evaluate behavioral and non-behavioral variables, through community health assessment and health coaching activities that contribute to morbidity, mortality, and their impact on the social determinants of health in priority populations.
2. Apply the core principles, measurements, and methodologies of community public health to diverse, priority populations through the application of community-based health promotion programs.
3. Analyze healthcare data using statistical, epidemiological and data visualization techniques, to generate data products that support decision-making to inform resource allocation and health promotion interventions.
4. Develop evidence-based health promotion and health education programs in collaboration with interdisciplinary community partners

Course Learning Outcomes (CLO)

By the end of our course, students will be able to:

1. Identify the social determinants of health within priority populations and assess the impact on how cultural values contribute to major health issues, morbidity, and mortality rates among these identified health communities.
2. Utilize the social determinants of health of priority population(s) to plan, create, and implement a health disparity assessment project.
3. Assess a priority population's capacity to integrate data collection strategies that assess and evaluate health education programs/activities, improve health outcomes, and address socioeconomic factors impact health.
4. Demonstrate proficient communication skills and cultural competency by engaging in advocacy efforts, health education, and health promotion activities in identified priority population(s) aimed at increasing health equity and health security.

The Eight Areas of Responsibility for Health Education Specialists ([NCHEC, HESPA II 2020](#))

- Area I: Assessment of Needs and Capacity (CLO #1)
- Area II: Planning (CLO #2)
- Area III: Implementation
- Area IV: Evaluation and Research (CLO #3)

- Area V: Advocacy
- Area VI: Communication (CLO #4)
- Area VII: Leadership and Management
- Area VIII: Ethics and Professionalism

Alignment of Learning Outcomes

	CLO 1	CLO 2	CLO 3	CLO 4
Native Hawaiian Values	1,4	1,3,5	4,5	1,2,5
Marianist Values	2,4	1,2,3,5	1,3,4	2,3,4,5
Program Learning Outcomes	1,2,6,7	1,3,5	3,6,7	2,4,5,6,7

Course Prerequisites

A laptop computer or iPad with Microsoft Word, Google application, and Zoom are required programs for efficiently running a virtual format of lecture and virtual meeting. It is essential you maintain your updates on your computer programs and application tools. There are multiple online modules, e-texts, and we will be doing many things in class using google drive which will require computer access.

Required Learning Materials

There is no required textbook for this course. We will be using open source videos and materials that will be provided to you.

Sentinel U Simulation Program (This has been purchased for you through the SONHP Department)

Course Website: <https://chaminade.instructure.com/>

Hardware Requirements: Canvas is accessible from both PC and Mac computers with a reliable internet connection. Please see requirements related to Sentinel U. You will also need to be able to access audio and video files. Subsequently, you should have access to speakers or headphones that allow you to hear the audio.

Software Requirements: You will need to have some ability to listen to audio in an mp3 format, watch videos in mp4 format, stream online videos, and read .pdf files. There are a number of free software online that can be downloaded for free. If you need assistance with locating software, please feel free to contact the Chaminade Help Desk at helpdesk@chaminade.edu or (808) 735-4855.

Technical Assistance for Canvas Users:

- Search for help on specific topics or get tips in [Canvas Students](#)
- [Live chat with Canvas Support for students](#)
- Canvas Support Hotline for students: +1-833-209-6111
- Watch this [video to get you started](#)
- [Online tutorials](#): click on “Students” role to access tutorials
- Contact the Chaminade IT Helpdesk for technical issues: helpdesk@chaminade.edu or call (808) 735-4855

Tutoring and Writing Services

Chaminade is proud to offer free, one-on-one tutoring and writing assistance to all students. Tutoring and writing help is available on campus at Kōkua ‘Ike: Center for Student Learning in a variety of subjects (including, but are not limited to: biology, chemistry, math, nursing, English, etc.) from trained Peer and Professional Tutors. Please check Kōkua ‘Ike’s website (<https://chaminade.edu/advising/kokua-ike/>) for the latest times, list of drop-in hours, and information on scheduling an appointment. Free online tutoring is also available via TutorMe. Tutor Me can be accessed 24/7 from your Canvas account. Simply click Account – Notifications – TutorMe. For more information, please contact Kōkua ‘Ike at tutoring@chaminade.edu or 808-739-8305.

Assessment

Grades of this course will be based on the following:

- **Weekly Engagement Assignments:** Discussion/Response forums or other formatted assignments are required to reflect the insight of learning and to share the idea with peers.
- **Health Disparity Assessment Project:** Conducting a health disparity assessment, submitting an APA paper on the assessment, to demonstrate understanding of course content.
- **Health Disparity Assessment Presentation:** Creating a powerpoint presentation that will be delivered to your peers/faculty on the last week of class. The presentation will demonstrate understanding of course content.

Course Grading Percentage Equivalents

Assignments	Points
Weekly Engagement Activities (10 Assignments x 4 pts each)	40
Health Disparity Assessment Project Outline	P/F
Health Disparity Assessment Project (Parts 1,2,3,5, 10 pts each, Part 4, 5 pts)	45
Health Disparity Assessment Presentation	15
TOTAL	100 Points

Grading Scale

Letter grades are given in all courses except those conducted on a credit/no credit basis. Grades are calculated from the student's daily work, class participation, quizzes, tests, term papers, reports and the final examination. They are interpreted as follows:

- A Outstanding scholarship and an unusual degree of intellectual initiative
- B Superior work done in a consistent and intellectual manner
- C Average grade indicating a competent grasp of subject matter
- D Inferior work of the lowest passing grade, not satisfactory for fulfillment of prerequisite course work
- F Failed to grasp the minimum subject matter; no credit given

A = 90-100%

B = 80-89.99%

C = 70-79.99%

D = 60-69.99%

F = below 60%

** No round off

Course Policies

Course Approach

Late Assignments

All assignments are expected to be submitted as designated on this syllabus/course schedule. Students must inform the instructor via canvas email of any late assignments. Late written assignments will receive an automatic 10% deduction per day past the due date and time. No late assignments will be accepted after the 5th calendar day. Late assignments. ALL assignments regardless of grade must be completed and submitted in order to receive a passing grade in this class.

In the rare occurrence that submission in Canvas is not accessible, please contact Help Desk Support and report any technical issues. The student is responsible for getting a reference number from Help Desk Support as evidence of any technical issues as requested by the faculty. In an event that Canvas cannot be accessed to submit assignments on time, the student can email the course coordinator prior to the assignment deadline and attach the word document assignment. This procedure must only be used if Help Desk informs the student that Canvas is not accessible. The student is also responsible to post the completed assignment in Canvas when the site is accessible for grading purposes. If requesting an extension on an assignment, the request must be formally submitted to the instructor prior to the due date unless there are extenuating circumstances. Extensions may be subject to the deduction of points as stipulated below in the late assignments section. The student is responsible for making sure that the document is the final version of the assignment. Any resubmissions may be subject to late penalty.

Individual assignments must be done on an individual basis. When templates are used and information submitted appears to be duplicate information, suspicion of academic dishonesty may occur. Please review the policy of academic honesty in detail.

Grades of "Incomplete"

Grades of Incomplete must be reviewed and approved by both the Course Coordinator and the Dean of Nursing and Health Professions. See the university "Grade of Incomplete" policy in the student handbook.

Writing Policy

All written assignments, unless otherwise stated in the directions or a template is provided, must be submitted in Word docx with a cover page and using APA format. Documents submitted in incorrect format will be considered incomplete.

Instructor and Student Communication

Questions for this course can be emailed to the instructor (contact information at top of syllabus). Online and/or phone conferences can be arranged. Response time may take place up to 24-48 hours Monday-Friday during business hours only.

Disability Access

If you need individual accommodations to meet course outcomes because of a documented disability, please speak with me to discuss your needs as soon as possible so that we can ensure your full participation in class and fair assessment of your work. Students with special needs who meet criteria for the Americans with Disabilities Act (ADA) provisions must provide written documentation of the need for accommodations from Kōkua 'Ike: Center for Student Learning by the end of week three of the class, in order for instructors to plan accordingly. If a student would like to determine if they meet the criteria for accommodations, they should contact the Kōkua 'Ike Coordinator at (808) 739-8305 for further information (ada@chaminade.edu).

Title IX Compliance

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator. If you or someone you know has been harassed or assaulted, you can find the appropriate resources by visiting Campus Ministry, the Dean of Students Office, the Counseling Center, or the Office for Compliance and Personnel Services.

Attendance Policy

Students are expected to attend regularly all courses for which they are registered. Student should notify their instructors when illness or other extenuating circumstances prevents them from attending class and make arrangements to complete missed assignments. Notification may be done by emailing the instructor's Chaminade email address, calling the instructor's campus extension, or by leaving a message with the instructor's division office. It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade. Unexcused absences equivalent to more than a week of classes may lead to a grade reduction for the course. Any unexcused absence of two consecutive weeks or more may result in being withdrawn from the course by the instructor, although the instructor is not required to withdraw students in that scenario. Repeated absences put students at risk of failing grades.

Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu ADA Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes.

Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

Academic Conduct Policy

Any community must have a set of rules and standards of conduct by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student

Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website.

Campus life is a unique situation requiring the full cooperation of each individual. For many, Chaminade is not only a school, but a home and a place of work as well. That makes it a community environment in which the actions of one students may directly affect other students. Therefore, each person must exercise a high degree of responsibility. Any community must have standards of conduct and rules by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values. Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website under Student Life. For further information, [please refer to the Chaminade Catalogue](#).

Credit Hour Policy

The unit of semester credit is defined as university-level credit that is awarded for the completion of coursework. One credit hour reflects the amount of work represented in the intended learning outcomes and verified by evidence of student achievement for those learning outcomes. Each credit hour earned at Chaminade University should result in 45 hours of engagement. This equates to one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work each week for approximately fifteen weeks for one semester, 10 week term, or equivalent amount of work over a different amount of time. Direct instructor engagement and out-of-class work result in total student engagement time of 45 hours for one credit.

The minimum 45 hours of engagement per credit hour can be satisfied in fully online, internship, or other specialized courses through several means, including (a) regular online instruction or interaction with the faculty member and fellow students and (b) academic engagement through extensive reading, research, online discussion, online quizzes or exams; instruction, collaborative group work, internships, laboratory work, practica, studio work, and preparation of papers, presentations, or other forms of assessment. This policy is in accordance with federal regulations and regional accrediting agencies.

This is a three-credit hour course requiring 135hours of student engagement per the official CUH Credit Hour Policy. Students enrolled in this course are anticipated to spend a minimum of 20 hours in class, 5 hours working on the Health Disparities Assessment Outline, 50 hours on the Health Disparities and Research Paper (Parts 1-5), 20 hours developing their Health Disparities Assessment Project, and an additional minimum of 40 hours throughout the course completing the weekly engagement activities/discussions/responses for a total of 135 hours.

Please Note:

While every attempt has been made to prepare this syllabus and class schedule in final form, it will be the course coordinator's prerogative to make any changes as may be deemed necessary in order to meet the learning outcomes of the course. Students will be notified in writing via Chaminade email of any changes. It is recommended that you check Chaminade email and course site including the clinical hub for students in Canvas frequently for announcements. A syllabus is a contract between the university and the students. All students will

be held responsible to read, understand, and clarify the content within this document.

Suggested Course Schedule

Please See Canvas Shell for Course Schedule Outline