



**Chaminade**  
**University**  
OF HONOLULU

**EPSY 705-91-7 Course Syllabus**

3140 Waiālae Avenue - Honolulu, HI 96816

[www.chaminade.edu](http://www.chaminade.edu)

**Course Number:** EPSY 705

**Course Title:** Advanced Group Facilitation

**Term:** Spring 2023

**Credits:** 3 credits

**Zoom Link:** <https://chaminade.zoom.us/j/98612398207>

**Instructor Name:** Abby Halston, Ed.D, LMFT

**Email:** Abby.Halston@chaminade.edu

**Phone:** (808) 739-4641

**Virtual Office Hours:** By appointment

**Class meeting dates and time:** <https://chaminade.zoom.us/j/98612398207>

WEEK 1 April 10-April 16	WEEK 2 April 17- April 23	WEEK 3 April 24- April 30	WEEK 4 May 1- May 7	WEEK 5 May 8- May 14	WEEK 6 May 15- May 21	WEEK 7 May 22- May 28	WEEK 8 May 29- June 4	WEEK 9 June 5- June 11	WEEK 10 June 12- June 18
	<b>Thursday April 20 5:30pm to 9:20 pm HST</b>		<b>Thursday May 4 5:30pm to 9:20 pm HST</b>		<b>Thursday May 18 5:30pm to 9:20 pm HST</b>		<b>Thursday June 1 5:30pm to 9:20 pm HST</b>		<b>Thursday June 15 5:30pm to 9:20 pm HST</b>

**University Course Catalog Description**

This course explores the theoretical nature of groups and the application of group theory to the group mental health counseling process as it relates to working with PK – 12 students. In examining and applying theories of group counseling, participants will gain self-understanding of peer behavior, group dynamics, and the group building process as a function of participation in the group process.

**Marianist Values**

1. Educate for formation in faith
2. Provide an integral quality education
3. Educate in family spirit
4. Educate for service, justice and peace
5. Educate for adaptation and change

**Program Learning Outcomes (PLO)**

Upon completion of the Educational Psychology program, students will be able to:

PLO1: Administer psychological and educational assessments and effectively communicate the results to a variety of audiences.

PLO2: Provide an innovative, research-based, and real-world curriculum that focuses on preparing individuals to meet the holistic and mental health needs of PK-12 students.

PLO3: Evaluate scientific knowledge and research regarding the provision of mental health, psychological, and educational interventions and strategies, prevention approaches, wellness approaches, and the use of assessments.

PLO4: Synthesize the value of adaptation and change with applied 21st century leadership, supervision, and consultation knowledge and skills for diverse and complex organizational systems.

### Course Learning Outcomes (CLO)

Upon completion of the course, Educational Psychology students will be able to:

1. Apply fundamental and advanced mental health counseling group knowledge and skills.
2. Recognize fundamental and advanced mental health counseling group errors and mistakes.
3. Examine family systems theory and practices.
4. Demonstrate group facilitation skills with children and adolescents.

### Learning Materials

Groups: Process and Practice 10th Edition; by Marianne Schneider Corey, Gerald Corey, Cindy Corey 10th Edition, 2017 ISBN-13: 978-1305865709. ISBN-10: 1305865707

### Assessment

Course Learning Outcomes (CLO)	Assessment & Description	Contribution to final grade
CLO #1 Apply fundamental and advanced mental health counseling group knowledge and skills.	<b>Mental Health Group Manuals:</b> Students will conduct literature reviews to creating mental health groups and research of the identified group topic.	90 pt
CLO #2 Recognize fundamental and advanced mental health counseling group errors and mistakes.	<b>Discussion: Ethical Considerations of Group Therapy.</b> Students will evaluate the most common errors or mistakes made by group therapist. Weekly discussions present these issues and evidence-based interventions for how to avoid them in real-world group therapy settings.	80 pt

CLO #3 Examine family systems theory and practices.	<b>Individualized Student's Family Group Session:</b> Student will create student vignette and create family session plan with goals, activities, strategies, and reflection to role of the family dynamics.	15 pts
CLO #4 Demonstrate group facilitation skills with children and adolescents.	<b>School Mental Health Group Facilitation:</b> Student will create a 45 min role play of group facilitation demonstrating opening, working, and ending phases.	50pts.

### Points Breakdown

Assignments	Max Points
Mental Health Counseling Group Manuals	50
Ethical Considerations of Group Therapy: Discussion	80
Individualized Student's Family Group Session	15
School Mental Health Group Facilitation Role Play	50
Attendance	10
<b>Total</b>	<b>205</b>

### Late Policy

All assignments need to be submitted online on Canvas by the due date (before 11:59pm on the day it is due) unless specified as an in-class submission. Late assignments will be accepted up to 7 days after the due date with a 50% late deduction.

In cases of emergent or unanticipated events, I will give an extension only if a) the request is received 24 hours prior to the due date and b) you provide documentation. There will not be any extensions for the final week assignments.

### Grading scale

100-90%	A
89-80%	B
79-70%	C- Fail, retake

## Schedule

Week	Topic	Readings	Assignments Due
<b>WEEK 1</b> 4/13	*Anger management *Social skills and friendship building	Canvas Journal articles	4/19 Ethical Considerations of Group Therapy: Discussion
<b>WEEK 2</b> 4/20 <i>Zoom Class</i>	*Coping with Anxiety *Grief and loss	Canvas Journal articles	4/26 Ethical Considerations of Group Therapy: Discussion Mental Health Counseling Group Manual
<b>WEEK 3</b> 4/27	* Self-esteem and self-confidence *Bullying prevention	Corey 1, 2, 3	5/3 Ethical Considerations of Group Therapy: Discussion Mental Health Counseling Group Manual
<b>WEEK 4</b> 5/4 <i>Zoom Class</i>	<b>Role Play #1, 2, 3</b> *Academic success and goal setting *Substance abuse prevention	Corey 4 & 5	5/10 Ethical Considerations of Group Therapy: Discussion
<b>WEEK 5</b> 5/11	*Managing stress *Family changes and transitions	Corey 6	5/17 Ethical Considerations of Group Therapy: Discussion Mental Health Counseling Group Manual
<b>WEEK 6</b> 5/18 <i>Zoom Class</i>	<b>Role Play #4, 5, 6</b> *Healthy relationships and communication *Body image and self-acceptance	Corey 7	5/24 Ethical Considerations of Group Therapy: Discussion
<b>WEEK 7</b> 5/25	*Managing emotions *Cultural diversity and acceptance	Corey 8	5/31 Ethical Considerations of Group Therapy: Discussion Mental Health Counseling Group Manual

Week	Topic	Readings	Assignments Due
<b>WEEK 8</b> 6/1 Zoom Class	Role Play #7, 8, 9 *Time management and organization *Conflict resolution	Corey 9	6/7
<b>WEEK 9</b> 6/8	*LGBTQ+ support and advocacy *Impulse control	Corey 10	6/14 Mental Health Counseling Group Manual
<b>WEEK 10</b> 6/15 Zoom Class	Role Play 10, 11, 12	Corey 11	6/18 Individualized Student's Family Group Session

*Instructor reserves the right to modify the course schedule based on class needs and dynamics of current events.*

### Writing Standards

All work submitted by Chaminade University students within the EPSY program must meet the following writing standards. Written assignments should:

1. Use correctly the grammar, spelling, punctuation, and sentence structure of Standard Written English.
2. Develop ideas, themes, and main points coherently and with clarity.
3. Adopt modes and styles appropriate to their purpose and audience (i.e. academic style, research style, and clinical style).
4. Utilize APA style formatting for all papers unless specified otherwise. APA format includes 12-pt serif font (Times New Roman preferred), one inch margins, double spaces, in-text citation, correct level heading, title page (abstract not always necessary).
5. Carefully analyze and synthesize material and ideas borrowed from sources. In addition, the sources must be correctly cited both in the body of the paper and the Reference page to avoid plagiarism (see Plagiarism).

### Academic Honesty

Violations of the Honor Code are serious. They harm other students, your professor, and the integrity of the University. Alleged violations will be referred to the Office of Judicial Affairs. If found guilty of plagiarism, a student might receive a range of penalties, including failure of an assignment, failure of an assignment and withholding of the final course grade until a paper is turned in on the topic of plagiarism, failure of the course, or suspension from the University.

Violations of Academic Integrity: Violations of the principle include, but are not limited to:

- Cheating: Intentionally using or attempting to use unauthorized materials, information, notes, study aids, or other devices in any academic exercise.
- Fabrication and Falsification: Intentional and unauthorized alteration or invention of any information or citation in an academic exercise. Falsification is a matter of inventing or counterfeiting information for use in any academic exercise.
- Multiple Submissions: The submission of substantial portions of the same academic work for credit (including oral reports) more than once without authorization.

- Plagiarism: Intentionally or knowingly presenting the work of another as one's own (i.e., without proper acknowledgment of the source).
- Abuse of Academic Materials: Intentionally or knowingly destroying, stealing, or making inaccessible library or other academic resource materials.
- Complicity in Academic Dishonesty: Intentionally or knowingly helping or attempting to help another to commit an act of academic dishonesty.

Plagiarism includes, but is not limited to:

- Copying or borrowing liberally from someone else's work without his/her knowledge or permission; or with his/her knowledge or permission and turning it in as your own work.
- Copying of someone else's exam or paper.
- Allowing someone to turn in your work as his or her own.
- Not providing adequate references for cited work.
- Copying and pasting large quotes or passages without properly citing them.

### **Title IX Compliance**

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator. Should you want to speak to a confidential source you may contact the following:

- Chaminade Counseling Center| 808-735-4845.
- Any priest serving as a sacramental confessor or any ordained religious leader serving in the sacred confidence role.

### **Disability Access**

The University is committed to providing reasonable accommodations for all persons with disabilities. This syllabus is available in alternate formats upon request. Students who need accommodations must be registered with Student Disability Services. Students with special needs who meet criteria for the Americans with Disabilities Act (ADA) provisions must provide written documentation of the need for accommodations from the Counseling Center by the end of week three of the class, in order for the instructor to plan accordingly. Failure to provide written documentation will prevent your instructor from making the necessary accommodations. Please refer any questions to the Dean of Students.

### **Chaminade Counseling Center:**

Students may consider counseling when they may need an unbiased perspective on issues they are facing or when they are unable to manage their own difficulties independently and their day-to-day functioning is being impacted. For more information regarding the Counseling Center services, please visit: <https://chaminade.edu/student-life/counseling-center/counseling-services/>  
 Email: [counselingcenter@chaminade.edu](mailto:counselingcenter@chaminade.edu)  
 Phone: 808-735-4845.

### **Kokua Ike: Tutoring & Learning Services**

Kokua Ike provides access to free one-on-one tutoring for students, online tutoring via TutorMe, and manages test administration services. Information regarding the tutoring center can be found at <https://chaminade.edu/student-success/kokua-ike/>

Email: [tutoring@chaminade.edu](mailto:tutoring@chaminade.edu)

Phone: 808-739-8305

### **Credit Hour Policy:**

The unit of semester credit is defined as university-level credit that is awarded for the completion of coursework. One credit hour reflects the amount of work represented in the intended learning outcomes and verified by evidence of student achievement for those learning outcomes. Each credit hour earned at Chaminade University should result in 45 hours of engagement. This equates to one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work each week for approximately fifteen weeks for one semester, 10-week term, or equivalent amount of work over a different amount of time. Direct instructor engagement and out-of-class work result in total student engagement time of 45 hours for one credit. The minimum 45 hours of engagement per credit hour can be satisfied in fully online, internship, or other specialized courses through several means, including (a) regular online instruction or interaction with the faculty member and fellow students and (b) academic engagement through extensive reading, research, online discussion, online quizzes or exams; instruction, collaborative group work, internships, laboratory work, practica, studio work, and preparation of papers, presentations, or other forms of assessment. This policy is in accordance with federal regulations and regional accrediting agencies.