

## **Course Syllabus**

Chaminade University Honolulu 3140 Waialae Avenue - Honolulu, HI 96816 www.chaminade.edu

Course Number: PSY 458-01-1 Course Title: Psychology of Relationships Department Name: Psychology College/School/Division Name: School of Education & Behavioral Sciences Term: Fall 2022 Course Credits: 3 Class Meeting Days: Tuesdays & Thursdays Class Meeting Hours: 1pm-2:20pm Class Location: Henry Hall 207

Instructor Name: Blendine P. Hawkins, Ph.D., LMFT Email: blendine.hawkins@chaminade.edu Phone: 808.739.7495 Office Location: Behavioral Science Building 118 Office Hours: Wednesdays 10:00AM-11:30AM

## **University Course Catalog Description**

This course reviews theories, models, and the research related to different relationship formations such as familial, romantic, and friendship, and included perspectives of healthy and distressed relationships.

## **Course Overview**

This course will address the knowledge, skills and behaviors associated with engaging in healthy relationships. Students will examine dynamics of healthy relationships and distressed relationships. Students will review a variety of relationship formations including couple relationships, friendships and familial relationships. Topics include social influences, family of origin dynamics, gender and power, sexuality, personal roles, use and misuse of power, beginning and ending relationships, diverse family structures, and attributes of healthy relationships.

## **General Education Learning Outcome:**

#### Family Spirit

Students will collectively contribute to, and individually reflect upon, the building and sustaining of community

## Psychology Program Learning Outcomes (PLO)

- I. Students will identify key concepts, principles, and overarching themes in psychology.
- II. Students will exhibit the value of adaptation and change through the critical thinking process of interpretation, design, and evaluation of psychological research.
- III. Students will exhibit effective writing and oral communication skills within the context of the field of psychology.
- IV. Students will exhibit the value of educating the whole person through the description and explanation of the dynamic nature between one's mind, body, and social influences.

## **Course Learning Outcomes (CLOs)**

Upon completion of this course, students will be able to:

- 1. Articulate an understanding of the dynamics associated with healthy and unhealthy relationships related to relationship and family science research. (PLO 1)
- 2. Describe the role of family or origin in the development of healthy and unhealthy dynamics. (PLO 1, PLO 4)
- Describe ways of maintaining and improving relationship quality using the concepts and principles from relationship and family science research, including healthy communication. (PLO 3)
- 4. Identify social and cultural influences and diverse contexts on relationship quality, especially in the area(s) of gender and power differences. (PLO 2)
- 5. Analyze the research literature in relation to relationships and synthesize the findings to answer a question related to relationships. (PLO 1, PLO 2)
- 6. Connect the concepts of healthy relationships learned in the course with the Marianist Educational values. (PLO 4)

Student performance, relative to the specific course objectives listed above, will be assessed. You will be asked, at various points throughout the course to demonstrate through exams, papers, presentations, activities, etc., what you have learned in this course.

PSY458 Psychology of Relationships course is aimed at providing a holistic understanding of healthy relationship dynamics of all kinds, especially family relationships. This course aligns closely with the Marianist characteristics of 'Educate in Family Spirit' and 'Educate for Service, Justice and Peace'.

## **Required Text**

Olson, D., DeFrain, J., and Skogrand, L. (2021). Marriages and families: Intimacy, diversity, and strengths (10th Edition). Boston: McGraw Hill.

Additional journal articles readings will be posted on Canvas.

## **Educate in Family Spirit**

This course provides a framework for enhancing relationships both on a micro and macro level, both within oneself and within one's community. The Marianist educational experience fosters the development of a community characterized by a sense of family spirit that accepts each person with loving respect, and draws everyone in the university into the challenge of building community within and beyond our campus. This is exemplified in the CourseLearning Outcomes:

CLO 3. Describe ways of maintaining and improving relationship quality using the concepts and principles from relationship and family science research, including healthy communication.

CLO 2. Describe the role of family or origin in the development of healthy and unhealthy dynamics.

Throughout the semester, students will engage in reflective writing assignments. These assignment is meant to provide students with an opportunity to apply healthy relationship concepts to their own life and reflect upon the building and sustaining of family, healthy relationships and community. In this way, the course embodies the 'Educate in Family Spirit' Marianist characteristic.

#### Educate for Service, Justice and Peace

This course aims to utilize critical thinking and analyses of research to examine relevant topics within relationships, for a broader goal of promoting acceptance, genuineness, care, and equality. The Marianist approach to intellectual life is deeply committed to the common, good undertaken as a form of service in the interest of justice and peace.

This is exemplified in the Course Learning Outcomes:

CLO 3. Describe ways of maintaining and improving relationship quality using the concepts and principles from relationship and family science research.

CLO 4. Identify social and cultural influences and diverse contexts on relationship quality, especially in the area(s) of gender and power differences.

CLO 6. Connect the concepts of healthy relationships learned in the course with the Marianist Educational values.

Within this course, students will utilize a psychological research approach to examine a relationship topic. This assignment is designed to help students understand the responsibility that comes with the power of research, and how to use it for good, to promote the dignity, rights and responsibilities within relationships. In this way, the course embodies the 'Educate for Service, Justice and Peace' Marianist characteristic.

**Course Prerequisites** 

PSY101

#### **Credit Hour Policy**

The unit of semester credit is defined as university-level credit that is awarded for the completion of coursework. One credit hour reflects the amount of work represented in the intended learning outcomes and verified by evidence of student achievement for those learning outcomes. Each credit hour earned at Chaminade University should result in 45 hours of engagement. This equates to one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work each week for approximately fifteen weeks for one semester, 10 week term, or equivalent amount of work over a different amount of time. Direct instructor engagement and out-of-class work result in total student engagement time of 45 hours for one credit.

The minimum 45 hours of engagement per credit hour can be satisfied in fully online, internship, or other specialized courses through several means, including (a) regular online instruction or interaction with the faculty member and fellow students and (b) academic engagement through extensive reading, research, online discussion, online quizzes or exams; instruction, collaborative group work, internships, laboratory work, practica, studio work, and preparation of papers, presentations, or other forms of assessment. This policy is in accordance with federal regulations and regional accrediting agencies.

#### **Course Approach:**

# It is imperative that you check your Chaminade email prior to each class and every week, and look for announcements on the Canvas course site weekly.

We will be utilizing a seminar and application approach (using vignettes) in this course; there will be lectures accompanying chapter handouts (which will serve as your study guide), online class discussions, case studies/vignette activities, and a final culminating project.

You must complete the readings prior to posting any discussion material; otherwise, the discussions will not be informed ones. Due to the nature of the material we are discussing, there is likely to be some lively discussion and some disagreement on issues. In addition, some people may feel uncomfortable or upset by some of the material. As such, we want to make sure to follow these ground rules:

- Acknowledge that people in our culture have different experiences based on race, ethnicity, class, sex, age, and sexuality.
- Think psychologically about the issues we tackle and be prepared to critically analyze your own opinions and beliefs.
- No attacks that might be deemed personal should be made on the discussion boards. However, healthy discussion and debate is welcome and encouraged. We do not have to agree with one another, but we must be able to discuss our differences in a respectful manner.

In terms of general participation, students are responsible for all material posted each week. This course will require a fair amount of reading and video viewing, so do make sure to plan your study time wisely. Prior to any class discussions, students are expected to have engaged the material such that they are prepared with questions and reflections. This allows for more coherent participation in the course discussions. Although specific readings and videos will be assigned for each week, students are encouraged to consider and discuss comparisons and disparities among the readings and videos.

## Course Website Address (Canvas): https://chaminade.instructure.com/

Hardware Requirements: Canvas is accessible from both PC and Mac computers with a reliable internet connection. You will also need to be able to access audio and video files. Subsequently, you should have access to speakers or headphones that allow you to hear the audio. Software Requirements: You will need to have some ability to listen to audio in an mp3 format, watch videos in mp4 format, stream online videos, and read .pdf files. There are a number of free software online that can be downloaded for free. If you need assistance with locating software please feel free

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#### Technical Assistance for Canvas Users:

• Search for help on specific topics or get tips in Canvas Students

to contact me or Chaminade Help Desk at helpdesk@chaminade.edu or (808) 735-4855.

- Live chat with Canvas Support for students
- Canvas Support Hotline for students: +1-833-209-6111
- Watch this video to get you started
- Online tutorials: click on "Students" role to access tutorials
- Contact the Chaminade IT Helpdesk for technical issues: helpdesk@chaminade.edu or call (808) 735-4855

## **Tutoring and Writing Services**

Chaminade is proud to offer free, one-on-one tutoring and writing assistance to all students. Tutoring and writing help is available on campus at Kōkua 'Ike: Center for Student Learning in a variety of

subjects (including, but are not limited to: biology, chemistry, math, nursing, English, etc.) from trained Peer and Professional Tutors. Please check Kōkua 'Ike's website (https://chaminade.edu/advising/kokua-ike/) for the latest times, list of drop-in hours, and information on scheduling an appointment. Free online tutoring is also available via TutorMe. Tutor Me can be accessed 24/7 from your Canvas account. Simply click Account – Notifications – TutorMe. For more information, please contact Kōkua 'Ike at tutoring@chaminade.edu or 808-739-8305.

#### Assessment

My goal is that each assignment is essential, meaningful, and a very important part of the course. I hope the assignments enhance, not detract, from your learning.

Course Requirements	Overview	Points	Student Learning Outcome (SLOs)
Attendance	Points are calculated this way: For each and every 15 class meetings, students will receive 4 points each for attendance. A total of 60 points will be given for attending 15 class meetings. Each student is expected to attend classes. Absences will only be excused if student notifies instructor and/or produces documentation with reason for absence. Active engagement includes participation in group discussions and activities, not being distracted, not having side conversation, or using excessive technology not related to class materials. There will be in-class activities, discussions, mini-presentations, short reflection papers, and group debates, that students are expected to participate in to receive full points.	60pts	CLO 1-6
Class Activities Participation is essential to developing a deep understanding of course material. There will be discussions, debates, multiple online tech learning tools, class activities, surveys, etc. These will center on the learnings in the course and require students to become familiar with and apply psychological concepts to real world situations. Any graded in-class assignments will not be able to be recouped if the student does not attend the class that day, complete and submit the in-class assignment in class. *Please do not email me to ask to submit these in-class assignments for		60pts	CLO 1,2,3,4,6

	points, unless you have arranged this with me PRIOR with an excused note*		
Genogram Assignment	You will construct a three-generation Genogram along with symbols for relationship dynamics, an index/key, and a 1-page reflection.	15pts	CLO1,2
Ecological Map	You will construct an Ecological map of your systems, identifying systems/influences from each circle of the map, and a 1-page reflection.	10pts	CLO2,3,4
Family Budget	<b>Iget</b> You will work in family size teams to construct a budget and engage in the process of decision-making in a family experiencing a unique situation.		CLO3,4
Relationship NEWS	During the term you will collect news articles, online articles, radio snippets or podcasts, current tv episodes, commercials/advertisements, and other media and post them on the Relationship Community Board with a short (15+ sentence) critique/reflection related to Family/Relationship Science. The media must be accessible to your peers. Your critique should provide mention of whether the portrayal of relationships is sound, has merit, is misleading, or nuanced, is beneficial to the public, etc.	50pts	CLO4,5,6
PSA (group project)	During the term you will construct a project to illustrate a good practice in relationships. This will be an effort to disseminate information to the general public about an important relationship concept. More information will be provided.		CLO1-5
Comment on peer's PSA	Students will comment on two peer's PSA videos. The comments must be substantial (simplistic "that was cool" comments will not get credit).	10pts	CLO1-6
Exams (2)	Students will complete 2 exams throughout the term- one on week 7 and another on week 16. The quizzes will cover the chapters preceding the quizzes and will be non-cumulative. They will be completed on Canvas.	100 pts	CLO1-6
Final Research Project/Relatio	For this Final Research Project, you will conduct a Relationship Study to examine a topic related to relationships. You will have to identify a research	130pts	CLO1,3,4,5

nship Study & Presentation	question, concept, or hypothesis, define the variables/constructs, and determine the methods that you will use to examine your topic. You will examine your topic via two sources- a) extant literature to support your question or hypothesis, and c) survey or interview people about a relationship topic. For any of these options, you will have to submit a paper and present briefly on your findings. For the Relationship Study, you will choose a topic connected to relationships. You will construct a short questionnaire that you will have participants answer. You will combine the answers and report on this in a short paper. You will also access the research literature to provide support for your topic. Your paper will be need to be 9+ pages, and in APA format, with a reference page citing at least 4 academic sources. The rubric will be provided in class.		
	Your presentation will be a 20 minute class presentation at the end of the term.		

Grading	Grading Scale		
Attendance	60	A = 90-100 %	450-500
Class activities	60	B = 80-89 %	400-449
Genogram	15	C = 70-79 %	350-399
Ecological Map	10	D = 60-69 %	300-349
Family Budget	15	F = Below 60 %	299↓
Relationship NEWS	50		
PSA initiative	60	The instructor will deter	mine the final
Exams (2)		grade for all students ba	sed on this
Final paper & presentation		Grading Scale.	
Total Points	500		

#### A Note about In-Class Self-Disclosure

As participants in this class we are all responsible for responding to a disclosure in a respectful manner. If someone makes a personal disclosure in class, that information is private and should not be discussed outside of the classroom without the explicit permission of the discloser. Also, please be aware that under Hawaii law I am a mandatory reporter. If you disclose an event that suggests a child or a vulnerable person (e.g., elderly individual, person w/ developmental disability) was harmed or is at risk of being harmed, I may be required to report this information to protective services. This also applies if I believe you or someone you mention may be at risk of harming him/herself or someone else.

In summary, self-disclosure of sensitive personal information is a choice and a right. Please do so thoughtfully and in a way that is useful for you, your classmates and our class. I am very happy to discuss this with you and we will have an ongoing discussion of this matter throughout the term.

## Late Assignment Policy

All assignments will be due by 11:59 pm on the due date specified on this syllabus. No late assignments will be accepted unless a special arrangement was made prior to the due date or test date. You have to notify and arrange with me 48 hours prior to the deadline (unless it is an unexpected or unforeseen circumstance). All assignments must be completed within the time frame of this class. No work will be accepted after the last week of the term. If you have questions regarding your assignments, contact me early in the term. I am here to assist you if you need help. Please be proactive.

## **Marianist Educational Values**

Chaminade University is a Catholic, Marianist University. The five characteristics of a Marianist education are:

## 1. Educate for Formation in Faith

Catholic Universities affirm an intricate relationship between reason and faith. As important as discursive and logical formulations and critical thinking are, they are not able to capture all that can be and ought to be learned. Intellectual rigor coupled with respectful humility provide a more profound preparation for both career and life. Intellectual rigor characterizes the pursuit of all that can be learned. Respectful humility reminds people of faith that they need to learn from those who are of other faiths and cultures, as well as from those who may have no religious faith at all.

## 2. Provide an Integral, Quality Education

In the Marianist approach to education, "excellence" includes the whole person, not just the technician or rhetorician. Marianist universities educate whole persons, developing their physical, psychological, intellectual, moral, spiritual and social qualities. Faculty and students attend to fundamental moral attitudes, develop their personal talents and acquire skills that will help them learn all their lives. The Marianist approach to education links theory and practice, liberal and professional education. Our age has been deeply shaped by science and technology. Most recently, information and educational technologies have changed the way faculty and students research and teach. At Marianist Universities, two goals are pursued simultaneously: an appropriate use of information technology for learning, and the enhancement of interaction between students and teachers. As Catholic, Marianist Universities seek to embrace diverse peoples and understand diverse cultures, convinced that ultimately, when such people come together, one of the highest purposes of education is realized: a human community that respects every individual within it.

## 3. Educate in Family Spirit

Known for their strong sense of community, Marianists have traditionally spoken of this sense as "family spirit." Marianist educational experience fosters the development of a community characterized by a sense of family spirit that accepts each person with loving respect, and draws everyone in the university into the challenge of community building. Family spirit also enables

Marianist universities to challenge their students, faculty and staff to excellence and maturity, because the acceptance and love of a community gives its members the courage to risk failure and the joy of sharing success.

## 4. Educate for Service, Justice, and Peace

The Marianist approach to higher education is deeply committed to the common good. The intellectual life itself is undertaken as a form of service in the interest of justice and peace, and the university curriculum is designed to connect the classroom with the wider world. In addition, Marianist universities extend a special concern for the poor and marginalized and promote the dignity, rights and responsibilities of all people.

## 5. Educate for Adaptation to Change

In the midst of rapid social and technological change, Marianist universities readily adapt and change their methods and structures so that the wisdom of their educational philosophy and spirituality may be transmitted even more fully. "New times call for new methods," Father Chaminade often repeated. The Marianist university faces the future confidently, on the one hand knowing that it draws on a rich educational philosophy, and on the other fully aware for that philosophy to remain vibrant in changing times, adaptations need to be made.

Selected from Characteristics of Marianist Universities: A Resource Paper, Published in 1999 by Chaminade University of Honolulu, St. Mary's University and University of Dayton

Each of these characteristics is integrated, to varying degrees, in this course.

#### **University Policies**

## **Title IX Compliance**

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator. Should you want to speak to a confidential source you may contact the following:

- Chaminade Counseling Center 808 735-4845.
- Any priest serving as a sacramental confessor or any ordained religious leader serving in the sacred confidence role.

## **Students with Disabilities**

If you need individual accommodations to meet course outcomes because of a documented disability, please speak with me to discuss your needs as soon as possible so that we can ensure your full participation in class and fair assessment of your work. Students with special needs who meet criteria for the Americans with Disabilities Act (ADA) provisions must provide written documentation of the need for accommodations from the Counseling Center by the end of week three of the class, in order for instructors to plan accordingly. If a student would like to determine if they meet the criteria for accommodations, they should contact the Counseling Center at (808) 735-4845 for further information.

Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu ADA Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes. Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

Writing Standards: All work submitted by Chaminade University students must meet the following writing standards. Written assignments should:

- 1. Use correctly the grammar, spelling, punctuation, and sentence structure of Standard Written English.
- 2. Develop ideas, themes, and main points coherently and concisely.
- 3. Adopt modes and styles appropriate to their purpose and audience.
- 4. Be clear, complete, and effective.
- Carefully analyze and synthesize material and ideas borrowed from sources. In addition, the sources of the borrowed material should be correctly acknowledged to avoid plagiarism (see Plagiarism).

#### **Academic Honesty**

Academic honesty is an essential aspect of all learning, scholarship, and research. It is one of the values regarded most highly by academic communities throughout the world. Violations of the principle of academic honesty are extremely serious and will not be tolerated.

Students are responsible for promoting academic honesty at Chaminade by not participating in any act of dishonesty and by reporting any incidence of academic dishonesty to an instructor or to a University official. Academic dishonesty may include theft of records or examinations, alteration of grades, and plagiarism.

Questions of academic dishonesty in a particular class are first reviewed by the instructor, who must make a report with recommendations to the Dean of the Academic Division. Punishment for academic dishonesty will be determined by the instructor and the Dean of the Academic Division and may range from an 'F' grade for the work in question to an 'F' for the course to suspension or dismissal from the University.

**Plagiarism:** "Plagiarism is the offering of work of another as one's own. Plagiarism is a serious offense and may include, but is not limited to, the following:

- 1. Complete or partial copying directly from a published or unpublished source without proper acknowledgment to the author. Minor changes in wording or syntax are not sufficient to avoid charges of plagiarism. Proper acknowledgment of the source of a text is always mandatory.
- 2. Paraphrasing the work of another without proper author acknowledgment.

3. Submitting as one's own original work (however freely given or purchased) the original exam, research paper, manuscript, report, computer file, or other assignments that has been prepared by another individual.

Please refer to your Student Handbook for other important institutional and academic policies including more detailed information regarding Grading, Plagiarism, Classroom Deportment, Freedom of Expression, Add/Drop, Disabilities, and others.

**Diversity/Full Inclusion:** Chaminade University of Honolulu is committed to a policy of nondiscrimination and recognizes the obligation to provide equal access to its programs, services, and activities to students with disabilities. If a student is in need of accommodation due to a documented disability, he/she should contact the Counseling Center at 735-4845 or 739-4603. A determination will be made if the student meets the requirements for documented disability in accordance with the Americans with Disabilities Act (ADA). It is important to contact them as soon as possible so that accommodations are implemented in a timely fashion. Beyond the legal requirements, Chaminade's Education Division is committed to an integral, quality education that begins with respect for the complexity and diversity of each person. Subsequently, faculty members attempt to engage the whole person with quality courses and activities that challenge the intellectual, emotional, aesthetic, physical, and ethical dimensions that make up each student's life experience.

#### Attendance

Students are expected to attend regularly all courses for which they are registered. Students should notify their instructors when illness prevents them from attending class and make arrangements to complete missed assignments. Notification may be done by calling the instructor's campus extension or the Psychology program office (735-4751 or 739-8393). It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade.

Unexcused absences equivalent to more than a week of classes may lead to a grade reduction for the course. Any absence of two weeks or more must be reported to the Associate Provost and the Records Office by the instructor. Three tardies is equivalent to one unexcused absence.

Federal regulations require continued attendance for continuing payment of financial aid. If attendance is not continuous, financial aid may be terminated. When illness or personal reasons necessitate continued absence, the student should officially withdraw from all affected courses. Anyone who stops attending a course without official withdrawal may receive a failing grade.

#### **Citations and References**

- Please cite a source every time you copy a phrase, quote, or paraphrase someone else's words. If you use someone's words verbatim, you will have to use quotation marks and in parenthesis note the author's last name, year of publication, and the page from which you took the quote.
- Example of how to cite a direct quote:
- Past research has indicated that "becoming parents heightens couples' awareness of their identity intersections and they turn towards mutually supporting each other" (Hawkins, 2016, p. 121).

- If you paraphrase or just report on what you've read of someone's publication, use the parentheses but omit the page number.
- Always use the (Author, Year) format. Please refer to APA formatting requirements in the Publication Manual of the American Psychological Association, 6th edition.
- The Purdue website can also be helpful: https://owl.english.purdue.edu/owl/resource/560/01/
- Your last page will be the Reference page, listing your full source/references.

Examples of references in APA format:

Book	References		
	Berger, P. L & Luckmann, T. (1966). <i>The social construction of reality</i> . London, UK: Harmondsworth Penguin.		
Journal Article	Goldsmith, D., & Baxter, L. A. (1996). Constituting relationships in talk: A taxonomy of speech events in social and personal relationships. <i>Human</i> <i>Communication Research</i> , 23, 87-114.		
Chapter in an Edited Bo	<ul> <li>Hardy, K. V. (2008). Race, reality, and relationships: Implications for the re-</li> <li>visioning of family therapy. In M. McGoldrick &amp; K. V. Hardy, (Eds.).</li> <li>Revisioning family therapy: Race, culture, and gender in clinical practice</li> </ul>		
	(pp. 76-84). New York, NY: The Guilford Press		

## **Tentative Class Schedule**

Date	Topic & Class Activity	Readings	Assignments Due
Week 1: Tuesday, 8/23/22	Introduction Review Course Syllabus	Syllabus	
Week 1: Thursday, 8/25/22	Perspectives on Intimate Relationships Family of Origin influences Theory and Research in Family Science Ecological Perspective	Chapters 1 Buunk, Park & Dubbs (2008)	
Week 2: Tuesday, 8/30/22	Cultural Diversity & Diversity in Family Structure Genograms & Timelines Take 'Parental Influence' Survey	Chapter 2	In-class activity
Week 2: Thursday, 9/1/22	Understanding Marriage and Family Dynamics Analyzing Dynamics in Families	Chapter 3	Genogram assignment DUE in class
Week 3: Tuesday, 9/6/22	No Class-Instructor attending seminar Post Relationship NEWS		
Week 3: Thursday, 9/8/22	Log-in to Optional Online class- How to draw a Genogram		
Week 4: Tuesday, 9/13/22	Revisit the Ecological Framework Communication & Intimacy 'Americans in Bed' documentary Attachment Theory Intimacy Killers & Intimacy Healers	Chapters 4	
Week 4: Thursday, 9/15/22	Conflict & Conflict Resolution Pursuer-Distancer Class ending early- Instructor has meeting	Chapter 5	Ecological Map assignment DUE in class Discuss PSA assignment
Week 5: Tuesday, 9/20/22	The 4 Horsemen (Gottman) Fair Fighting Rules Discuss Final Project	Gottman (2000)	Finalize PSA assignment
Week 5: Thursday, 9/22/22	Work in Groups to complete PSA assignment Post Relationship NEWS		

Week 6: Tuesday, 9/27/22	Sexual Intimacy Sexual Assertiveness 'Awkward Conversations' Activity	Chapter 6 Plowman & Utrzan (2014)	
Week 6: Thursday, 9/29/22	<i>Gender Roles &amp; Power in the Family</i> Gender & Power Marginalized Couples Take 'Cisgender Privilege' Checklist	Chapter 7 Zrenchik, et al, (2014)	Submit PSA online: Post link for peers to watch and comment
Week 7: Tuesday, 10/4/19	Online Lecture: <i>Managing Economic Resources</i> Financial Transparency in Relationships Stressors in Relationships	Chapter 8	Group Activity
Week 7: Thursday, 10/6/22	Midterm		
Week 8: Tuesday, 10/11/22	Friendship, Love, Intimacy, & Singlehood Intimacy Games 'Hooking up' Technology & Relationships	Chapter 9 Doty, Mendenhall & Kleba (2014)	Discuss Final Project: Requirements Family Budget DUE in class
Week 8: Thursday, 10/13/22	Submit Research Question/Hypothesis Post Relationship NEWS		
Week 9: Tuesday, 10/18/22	Dating, Mate Selection, & Living Together Take 'Healthy Relationship' Quiz	Chapter 10	Final Project check-in; Bring computer to class to construct methodology
Week 9: Thursday, 10/20/22	<i>Marriage: Building a Strong Foundation</i> Pre- marital work Take '5 Love Languages' Questionnaire	Chapter 11 Zubatsky & Trudeau (2014)	Discuss Final Project Class Activity
Week 10: Tuesday, 10/25/22	Parenthood: Joys & Challenges Theories of Child-rearing Current pressures of parenthood	Chapter 12	Submit Interview/Survey Questions for Final Project- in-class
Week 10: Thursday, 10/27/22	Online Reading: Midlife & Older Couples	Chapter 13	
Week 11: Tuesday, 11/1/22	Stress, Abuse, & Family Problems Intimate Partner Violence- Research Q&A- Final Research Project	Chapter 14	Final Project check-in; Bring computer to class to construct Paper outline
Week 11: Thursday, 11/3/22	Classroom Activity: Where is the line? Discussion about Intimate Partner Violence	Karakurt & Silver (2013)	Class activity

Week 12: Tuesday, 11/8/22	Divorce, Single-Parent Families, & Stepfamilies Mending & Ending Relationships Co-parenting	Chapter 15
Week 12: Thursday, 11/10/22	Post Relationship NEWS	
Week 13: Tuesday, 11/15/22	FINAL PAPERS DUE FINAL PRESENTATIONS	
Week 13: Thursday, 11/17/22	FINAL PRESENTATIONS (part 2)	
Week 14: Tuesday, 11/22/22	FINAL PRESENTATIONS (part 3)	
Week 14: Thursday, 11/24/22	THANKSGIVING BREAK	
Week 15: Tuesday, 11/29/22	Couples therapy- movie Strengthening marriages and families worldwide Culturally sensitive understandings of family dynamics	Chapter 16
Week 15: Thursday, 12/1/22	Global families	Hawkins (2019)
Week 16	Final Exam	