

HAWAI'I SCHOOL OF PROFESSIONAL PSYCHOLOGY AT CHAMINADE UNIVERSITY OF HONOLULU

Course Syllabus

<u>Chaminade University Honolulu</u> 3140 Waialae Avenue - Honolulu, HI 96816 www.chaminade.edu

Course Number: PP7372

Course Title: Projective Personality Assessment

Department Name: Hawai'i School of Professional Psychology **College/School/Division Name**: College of Education and Behavioral Sciences

Term: Summer 2019

Course Credits: 3.0

Class Meeting Days: Mondays

Class Meeting Hours: 8:30 AM—4:00 PM

Instructor Name: Lawrie A. Ignacio, Psy.D.

Email: lawrieann.ignacio@chaminade.edu

Phone: 808.286.2112

Office Location: N/A

Office Hours: By appointment

Teacher's Assistant (TA):Joseph Valesquez

561.601.6407

joseph.velasquez@student.chaminade.edu

University Course Catalog Description

This course covers the Exner Comprehensive System for the Rorschach as well as selected projective tests. In addition to understanding theoretical underpinnings, the student is expected to develop some competency in the administration, scoring, and interpretation of these instruments. The class includes a laboratory in which skills in administration and interpretation can be practiced.

Course Overview

This course is designed to build understanding and competent utilization of the Exner Comprehensive System (CS) and the Rorschach Performance Assessment System (R-PAS) for the Rorschach. The Thematic Apperception Test (TAT) will also be introduced and practiced.

Instructional Contact and Credit Hours

Students can expect 15 hours of instructional engagement for every 1 semester credit hour of a course. Instructional engagement activities include lectures, presentations, discussions, group-work, and other activities that would normally occur during class time. Instructional engagement activities may occur in a face-to-face meeting, or in the classroom.

In addition to instructional engagement, students can expect to complete 30 hours of outside work for every 1 semester credit hour of a course. Outside work includes preparing for and completing readings and assignments. Such outside work includes, but is not limited to, all research associated with completing assignments, work with others to complete a group project, participation in tutorials, labs, simulations and other electronic activities that are not a part of the instructional engagement, as well as any activities related to preparation for instructional engagement.

At least an equivalent amount of work specified in the paragraph above shall be applied for other academic activities as established by the institution, including laboratory work, internships, practica, studio work, and other academic work leading to the award of credit hours.

Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition in marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

- 1. Education for formation in faith
- 2. Provide an integral, quality education
- 3. Educate in family spirit
- 4. Educate for service, justice and peace
- 5. Educate for adaptation and change

Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Olelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

- 1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Ōlelo No'eau 364) May I live by God
- Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kū'ono'ono ('Ōlelo No'eau 1957) Acquire skill and make it deep
- 3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Ōlelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship
- 4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no'eau ('Ōlelo No'eau 1430) Education is the standing torch of wisdom
- 5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Ōlelo No'eau 203) All knowledge is not taught in the same school

HSPP Aims and Competencies

The Hawai'i School of Professional Psychology at Chaminade University of Honolulu's clinical psychology doctoral program's aim is to educate and train students employing a practitioner-scholar model so that they will be able to function effectively as clinical psychologists. To ensure that students are adequately prepared, the curriculum is designed to provide for the meaningful integration of psychological science, theory, and clinical practice. The clinical psychology program at the Hawai'i School of Professional Psychology is designed to emphasize the development of knowledge, skills, and attitudes essential in the training of health service psychologists who are committed to the ethical

provision of quality, evidence based services to diverse populations and who are able to apply multiple theoretical perspectives to clinical issues.

The Hawai'i School of Professional Psychology at Chaminade University of Honolulu's clinical psychology doctoral program subscribes to the APA Standards of Accreditation. As such, students are expected to establish an identity in and orientation to health service psychology by acquiring the necessary discipline-specific knowledge and profession-wide competencies as follows:

- 1. Students will demonstrate knowledge of ethical and legal standards relevant to the practice of clinical psychology, including professional ethics that guide professional behavior.
- 2. Students will develop both communication and interpersonal skills, to include utilization of clear, informative, well-integrated communication, critical thinking, and effective interpersonal skills in professional interactions.
- 3. Students will demonstrate knowledge of professional values and attitudes as well as self-reflective practice and openness to supervision and feedback.
- 4. Students will demonstrate competency in individual and cultural diversity, including knowledge of theoretical models and diversity research that serve to guide the application of diversity competence.
- 5. Students will have knowledge of the history and systems of psychology as well as the basic areas in scientific psychology, including affective, biological, cognitive, developmental, psychopharmacological, and sociocultural aspects of behavior.
- 6. Students will demonstrate competency in the science of psychology, including knowledge and application of psychometrics, statistical analyses, and quantitative and qualitative research methods.
- 7. Students will demonstrate competency in psychological assessment, including the ability to administer, interpret, and integrate psychological test results and apply knowledge of strengths and psychopathology to the assessment process.
- 8. Students will demonstrate competency in clinical intervention, including case formulation, theoretical conceptualization, developing and applying evidence based treatment plans, and evaluating treatment effectiveness in work with clients.
- 9. Students will evidence knowledge of consultation models and practices, and demonstrate interprofessional and interdisciplinary skills in consultative services.
- 10. Students will evidence knowledge of supervision models and practices.

Learning Outcomes

By the end of our course, students will be able to:

- Understand the theoretical underpinnings of the Exner Comprehensive System (CS) and R-PAS (R-PAS) System for the Rorschach. Students will also learn how to utilize the Thematic Apperception Test (TAT). (Competency 7)
- Demonstrate applied knowledge of both systems of the Rorschach in projective assessment and interpretation. (Competency 7)
- Demonstrate knowledge and utilized competence of key terms and constructs associated with projective assessment. (Competency 7)
- Demonstrate proficiency in projective testing, interpretation, and report-writing utilizing the Rorschach. (Competency 7)

Required Textbooks and Readings

- Exner, J.E. (2001). *A Rorschach workbook for the comprehensive system* (5th ed.). North Carolina: Rorschach Workshops.
- Exner, J.E. (2002). *The Rorschach: Basic foundations and principles of interpretation*, Volume 1. Wiley, 4th ed.
- Meyer, G. J., Viglione, D. J., Mihura, J. L., Erard, R. E., & Erdberg, P. (2011). Rorschach Performance Assessment Systems Administration, Coding, Interpretation, and Technical Manual. Toledo, OH: Rorschach Performance Assessment System, LLC.

Required Evidence-Based/Treatment Efficacy Readings

In addition to material found in the required textbooks for this course, the following research articles will also be required.

- Atkinson, L. (1986). The comparative validities of the Rorschach and MMPI: A meta-analysis. *Canadian Psychology*, *27*, 238-247. http://dx.doi.org/10.1037/h0084337
- Diener, M. J. (2013). Focus on Clinical Practice Review of 'An Introduction to the Rorschach Performance Assessment System (R-PAS)'. *Independent Practitioner, Winter*, 12-14.
- Grønnerød, C. (2003). Temporal stability in the Rorschach method : A meta-analytic review. *Journal of Personality Assessment*, 80, 272-293.
- Grønnerød, C. (2004). Rorschach assessment of changes following psychotherapy: A meta-analytic review. *Journal of Personality Assessment*, 83, 256–276.
- Lilienfeld, S. O., Wood, J. M., & Garb, H. N. (2000). The scientific status of projective techniques. *Psychological Science in the Public Interest*, *1*, 27–66.
- Meyer, G. J. (1999). Introduction to the special series on the utility of the Rorschach for clinical assessment. *Psychological Assessment*, 11, 235–302.
- Meyer, G. J. (2017). What Rorschach performance can add to assessing and understanding personality. *International Journal of Personality Psychology*, *3*, 36-49.
- Meyer, G. J., & Archer, R. P. (2001). The hard science of Rorschach research: What do we know and where do we go? *Psychological Assessment, 13,* 486-502. doi:10.1037/1040-3590.13.4.486
- Meyer, G. J., & Eblin, J. J. (2012). An overview of the Rorschach Performance Assessment System (R PAS). *Psychological Injury and Law, 5*, 107-121. doi:10.1007/s12207-012-9130-7
- Mihura, J. L., Roy, M., & Graceffo, R. A. (2016). Psychological assessment training in clinical psychology doctoral programs. *Journal of Personality Assessment*, 1-12. doi:10.1080/00223891.2016.1201978
- Viglione, D. J., & Hilsenroth, M. J. (2001). The Rorschach: Facts, fictions, and future. *Psychological Assessment*, 13, 452-471. doi:10.1037//1040-3590.13.4.452

Grading

Letter grades are given in all courses except those conducted on a credit/no credit basis. Grades are calculated from the student's daily work, class participation, quizzes, tests, term papers, reports and the final examination. They are interpreted as follows:

Assignment/Project	Points
Attendance/Participation	25
Lab Attendance	25
Coded Protocol	50
Practice Coding Assignments	100
Rorschach Assignment	150
R-PAS Report	150
Final Exam	100
TOTAL POINTS POSSIBLE	600

Grading Scale

Students will be graded according to total points earned:

Grade	Points Earned
Α	537-600
В	492-536
С	402-491
F	<402

Course Policies and Requirements

ATTENDANCE AND PARTICIPATION: Students are expected to attend every class, arrive on time, complete all assigned readings, actively participate in class discussions, and behave appropriately and professionally. This includes the professional use of computers during class time, and the inappropriate use of cell-phones and computers during class time. Unexcused absences, tardiness, lack of preparation/participation, and/or inappropriate or unprofessional behavior may result in a reduction of the overall score for the course. Two or more unexcused absences will require additional work and may result in loss of credit for the course. The qualification of what is or is not excusable remains at the instructor's sole discretion. Student attendance and participation will be only one mechanism to measure students' understanding of the theoretical, empirical, and applied foundations of intellectual assessment within the clinical practice of psychology. Worth 25 total points.

LABORATORY: Students are required to attend **one** assessment laboratory. The laboratory will be utilized to practice administration and coding of the Rorschach and R-PAS. **Worth 25 points.**

PRACTICE/CODING ASSIGNMENTS: There will be at least five (5) assignments throughout the course. Worth 20 points each—**100 points total**.

CODED PROTOCOL: Rorschach coding assignment including Location through Determinants **Worth 50 points.**

RORSCHACH ASSIGNMENT: Based on the administration of the Rorschach to a test volunteer and coding of responses. Guidelines will be provided in class. **Worth 100 points.**

R-PAS ASSESSMENT REPORT: Based on a coded R-PAS, students will be required to code and interpret a set of R-PAS responses and write an assessment report based on interpretative findings. The report will be graded on demonstration of comprehension and mastery of the assigned material, adherence to outlines and templates provided in class, ability to communicate test results, and interpretations that are clear and concisely written with appropriate grammar and spelling. Reports are to be typed and turned in on time. Points will be deducted for late work. *The instructor will provide more detailed information regarding the required format and content of each report.* **Worth 150 points**.

FINAL EXAM: Students are required to complete an in-class final exam on constructs related to projective personality assessment and the instruments learned about in the course. Detailed requirements will be discussed in class and can be found in the Final Exam Guidelines sheet. **Worth 100 points**.

Late Work Policy

Late work is acceptable only in the case of illness and other emergencies. Please speak with the instructor in the event you want to make up work that is late.

Course Components

Diversity Component

Diversity will be addressed as a broad construct to include issues related to age, ethnicity, culture, family patterns, gender, physical disability, religious preference, sexual orientation, social class, and spirituality. Diversity will be incorporated into didactic and applied learning in this course. Students are encouraged to reflect on their personal and professional biases, preferences, and expectations regarding diversity as a means of refining and strengthening professional competence and skill in projective assessment.

Critical Thinking Component

Students will be encouraged and supported to apply critical thinking skills (i.e. deductive and inductive reasoning skills, logic, judgment, reflection, and questioning) when assessing, conceptualizing, evaluating, and discussing complex constructs regarding projective assessment.

Ethics and Professional Behavior Component

Throughout the course students will be expected and encouraged to discuss ethical and legal issues that emerge within the framework of projective assessment. Classroom discussions will be used to further the understanding and development of ethical principles and professional behavior of students, specifically involving clinical assessment and practice.

Instructor and Student Communication

Questions for this course can be emailed to the instructor at *lawrieann.ignacio@chaminade.edu*. Online, in-person and phone conferences can be arranged. Response time will take place up to two days.

Cell phones, Tablets, and Laptops

Out of consideration for your classmates, please set your cell phone to silent mode during class. Students are encouraged to bring laptops or tablets to class as the instructor will assign online activities and readings that will require the use of a laptop or tablet. Laptops and tablets should not be

misused, such as checking distracting websites. Use your best judgment and respect your classmates and instructor.

Disability Access

If you need individual accommodations to meet course outcomes because of a documented disability, please speak with me to discuss your needs as soon as possible so that we can ensure your full participation in class and fair assessment of your work. Students with special needs who meet criteria for the Americans with Disabilities Act (ADA) provisions must provide written documentation of the need for accommodations from the Counseling Center by the end of week three of the class, in order for instructors to plan accordingly. If a student would like to determine if they meet the criteria for accommodations, they should contact the Counseling Center at (808) 735-4845 for further information.

Title IX Compliance

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator. If you or someone you know has been harassed or assaulted, you can find the appropriate resources by visiting Campus Ministry, the Dean of Students Office, the Counseling Center, or the Office for Compliance and Personnel Services.

Attendance Policy

The following attendance policy is from the 2018-2019 Academic Catalog (p. 57-58). Faculty members should also check with their divisions for division-specific guidelines.

Students are expected to attend regularly all courses for which they are registered. Student should notify their instructors when illness or other extenuating circumstances prevents them from attending class and make arrangements to complete missed assignments. Notification may be done by emailing the instructor's Chaminade email address, calling the instructor's

campus extension, or by leaving a message with the instructor's division office. It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade.

Unexcused absences equivalent to more than a week of classes may lead to a grade reduction for the course. Any unexcused absence of two consecutive weeks or more may result in being withdrawn from the course by the instructor, although the instructor is not required to withdraw students in that scenario. Repeated absences put students at risk of failing grades.

Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu ADA Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes. Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

Academic Conduct Policy

From the 2018-2019 Undergraduate Academic Catalog (p. 42):

Any community must have a set of rules and standards of conduct by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website.

For further information, please refer to the Student Handbook: https://studentaffairs.chaminade.edu/wp-content/uploads/sites/28/2018-19-NEW-STUDENT-HANDBOOK.pdf

All sources must be documented through normal scholarly references/citations and all work must be submitted using the *Publication Manual of the American Psychological Association*, 6th Edition (2010). Washington DC: American Psychological Association (APA) format. Please refer to Appendix A in the *Publication Manual of the American Psychological Association*, 6th Edition for thesis and paper format.

<u>Scholarly writing</u>: The faculty at the Hawaii School of Professional Psychology at Chaminade University of Honolulu is dedicated to providing a learning environment that supports scholarly and ethical writing, free from academic dishonesty and plagiarism. This includes the proper and appropriate referencing of all sources. You may be asked to submit your course assignments through "Turnitin," (www.turnitin.com), an online resource established to help educators develop writing/research skills and detect potential cases of academic dishonesty. Turnitin compares submitted papers to billions of pages of content and provides a comparison report to your instructor. This comparison detects papers that share common information and duplicative language.

Technology

The following technology may be required in order to complete courses in the Clinical Psychology program:

Minimum technology requirements. For PCs: at least an Intel® or AMD x86 processor running at 1.3 GHz or faster; 4GB of RAM, 10 GB hard drive space, 1024x576 display, and a DVD-ROM drive (video hardware acceleration is optimal); one of the following operating systems: Windows 7, Windows Server 2003 with Service Pack 2 and MSXML 6.0 (32-bit Office only), or Windows Server 2008 or later 32 or 64-bit OS. For Macs: at least an Intel processor, Mac OS X 10.5.8 or later; 1 GB of RAM, 10 GB free hard drive space, 1280x800 display, and a DVD-ROM drive.

Software requirements. Current Norton Antivirus (Version 10.2 or higher); Microsoft Office Professional (Version 2010 for PC and 2011 for Mac) containing Powerpoint and Word; Acrobat (full version).

Internet requirements. 56K or faster Internet or broadband connection; web browser: Microsoft Internet Explorer, Mozilla Firefox, or Google Chrome for PC users, Apple Safari, Mozilla Firefox, or Google Chrome for Mac users.

PP7372 SUMMER 2019 COURSE SCHEDULE

Date Topics and Assignments

6/3 Orientation to Course

History and Development of the Rorschach

Rorschach Administration

Exner, The Rorschach, Chs. 1-3

Exner, The Rorschach, Ch. 4

Exner, Workbook, Ch. 1

• Atkinson, L. (1986). The comparative validities of the Rorschach and MMPI: A metaanalysis. *Canadian Psychology*, *27*, 238-247.

6/10 Rorschach Scoring: Location and Developmental Quality, Determinants

Exner, The Rorschach, Chs. 5-7

Exner, Workbook, Chs. 2-3

- Grønnerød, C. (2003). Temporal stability in the Rorschach method : A meta-analytic review. *Journal Of Personality Assessment, 80,* 272-293.
- Lilienfeld, S. O., Wood, J. M., & Garb, H. N. (2000). The scientific status of projective techniques. *Psychological Science in the Public Interest*, *1*, 27–66.

6/17 Rorschach Scoring: Form Quality, Contents and Populars, Organizational Activity, Special Scores

Exner, The Rorschach, Chs. 8-9

Exner, Workbook, Chs. 4-8

- Mihura, J. L., Roy, M., & Graceffo, R. A. (2016). Psychological assessment training in clinical psychology doctoral programs. *Journal of Personality Assessment*, 1-12.
- Viglione, D. J., & Hilsenroth, M. J. (2001). The Rorschach: Facts, fictions, and future. *Psychological Assessment*, 13, 452-471. doi:10.1037//1040-3590.13.4.452

6/24 IN-CLASS LABORATORY

Introduction to the R-PAS

R-PAS Manual, Chs. 1-2

- Meyer, G. J. (2017). What Rorschach performance can add to assessing and understanding personality. *International Journal of Personality Psychology*, 3, 36-49.
- Meyer, G. J., & Archer, R. P. (2001). The hard science of Rorschach research: What do we know and where do we go? *Psychological Assessment*, *13*, 486-502.
- Meyer, G. J. (1999). Introduction to the special series on the utility of the Rorschach for clinical assessment. *Psychological Assessment*, *11*, 235–302.

CODED PROTOCOL DUE

7/1 R-PAS Basic Coding

R-PAS Manual, Chs. 3-4

RORSCHACH ASSIGNMENT DUE

7/8 R-PAS Advanced Coding and Interpretation

R-PAS Manual, Chs. 5, 10, 11

Introduction and Practice with the TAT

- Diener, M. J. (2013). Focus on Clinical Practice Review of 'An Introduction to the Rorschach Performance Assessment System (R-PAS)'. *Independent Practitioner*, Winter, 12-14.
- Meyer, G. J., & Eblin, J. J. (2012). An overview of the Rorschach Performance Assessment System (R-PAS). *Psychological Injury and Law, 5,* 107-121.

7/15 In-Class Final Exam R-PAS ASSESSMENT REPORT DUE