



Chaminade University OF HONOLULU

Course Syllabus

Chaminade University of Honolulu
3140 Waiialae Avenue - Honolulu, HI 96816

www.chaminade.edu

Course Number: NUR 380 - IS - 1

Course Title: Health Promotion

Department Name: Nursing

College/School/Division Name: School of Nursing and Health Professions

Term: Spring 2021

Course Credits: 1

Class Meeting Days:

Class Meeting Hours:

Class Location: Virtual

Instructor Name: Denise Hackman, MSN, RN

Email: denise.hackman@chaminade.edu

Phone: 808.739.8572

Office Location: 106 a Henry Hall

Office Hours: By Appointment

Instructor Website: N/A

Other Professional Contact Information (Skype, Twitter, Blog, etc.): N/A

University Course Catalog Description

This selected topics in nursing is offered periodically. Pre-requisites may vary per topics and/or consent of the instructor.

Course Overview

Individual exploration of healthcare and health promotion topics

Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

1. Education for formation in faith
2. Provide an integral, quality education
3. Educate in family spirit
4. Educate for service, justice and peace
5. Educate for adaptation and change

Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Olelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Olelo No'eau 364) May I live by God
2. Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kū'ono'ono ('Olelo No'eau 1957) Acquire skill and make it deep
3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Olelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship
4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no'eau ('Olelo No'eau 1430) Education is the standing torch of wisdom
5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Olelo No'eau 203) All knowledge is not taught in the same school

Course Learning Objectives

By the end of the course, the student will be able to:

1. Research available health promotion resources on line that promote healthy living
2. Develop an understanding of health promotion needs for different age groups
3. Create and implement a nursing project to address the selected health promotion needs.

Alignment of Learning Outcomes

Program Learning Objective	CLO 1	CLO 2	CLO 3
Engage in dialogue about contemporary issues in healthcare, effectively advocate in the interest of patients, and lead others in the professional nursing role.	M	M	M
Integrate research and reliable clinical evidence to inform their nursing practice	M	M	M
Patient-Centered Care, <i>K malama olakino Pili pono I ia kanaka</i>	M	M	M
Community-Based Care, <i>Ka malama olakina ma o ke kaiaulu</i>	M	M	M
Developmentally and Culturally Appropriate Care, <i>K malama ola kino noka ho'omohala a me ka mo'omeheu</i>	M	M	M
Care Across the Lifespan, <i>Ka malama olakino o ka wa ola</i>	M	M	M

Course Prerequisites

Consent of the instructor. Ability to utilize standard word processing software. Ability to utilize library system resources.

Required Learning Materials

Can include textbooks, but also consider other materials, such as websites eBooks, applications, software, etc. Include full text citations of all required materials; minimal technology required.

Course Website:

<https://chaminade.instructure.com/courses/15228>

Technical Assistance for Canvas Users

- Search for help on specific topics at help.instructure.com
- [Chat live with Canvas Support 24/7/365](#)
- Watch this [video to get you started](#) with online guides and tutorials
- Contact the Chaminade IT Helpdesk for technical issues: helpdesk@chaminade.edu, or call (808) 735-4855

Assessment

Holistic collaborative appraisal of research analysis, and proposed nursing project related to the healthcare needs of people experiencing homelessness in Honolulu City and County, Hawaii.

Grading Scale

Letter grades are given in all courses except those conducted on a credit/no credit basis. Grades are calculated from the student's daily work, class participation, quizzes, tests, term papers, reports and the final examination. They are interpreted as follows:

- A Outstanding scholarship and an unusual degree of intellectual initiative
- B Superior work done in a consistent and intellectual manner
- C Average grade indicating a competent grasp of subject matter
- D Inferior work of the lowest passing grade, not satisfactory for fulfillment of prerequisite course work
- F Failed to grasp the minimum subject matter; no credit given

Course Policies

Late Work Policy

No specific policy.

Grades of "Incomplete"

Aligns with University policy.

Writing Policy

Written works should be formatted in APA Style, 7th Edition.

Instructor and Student Communication

Questions for this course can be emailed to the instructor at denise.hackman@chaminade.edu. In-person and phone conferences to be arranged, approximately every week throughout the semester. Response time may take up to two days.

Cell phones, tablets, and laptops

Out of consideration for your classmates, please set your cell phone to silent mode during class. Students are encouraged to bring laptops or tablets to class as the instructor will assign online activities and readings that will

require the use of a laptop or tablet. Laptops and tablets should not be misused, such as checking distracting websites. Use your best judgment and respect your classmates and instructor.

Disability Access

Sample statement: If you need individual accommodations to meet course outcomes because of a documented disability, please speak with me to discuss your needs as soon as possible so that we can ensure your full participation in class and fair assessment of your work. Students with special needs who meet criteria for the Americans with Disabilities Act (ADA) provisions must provide written documentation of the need for accommodations from the Counseling Center by the end of week three of the class, in order for instructors to plan accordingly. If a student would like to determine if they meet the criteria for accommodations, they should contact the Counseling Center at (808) 735-4845 for further information.

Title IX Compliance

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator. If you or someone you know has been harassed or assaulted, you can find the appropriate resources by visiting Campus Ministry, the Dean of Students Office, the Counseling Center, or the Office for Compliance and Personnel Services.

Attendance Policy

The following attendance policy is from the 2019-2020 Academic Catalog (pg 171):

We recognize that professional obligations may require flexible schedules. However, achieving the objectives of the program requires consistent preparation and participation.

Students are expected to attend all classes and be on time for courses in which they are registered. Since our courses are offered on accelerated semesters, a student who misses more than one class has missed a substantial portion of the material presented. Missing more than one class session in a term is a basis for failure of the course. In the case of an emergency, inform your instructor of your absence.

Students must follow the attendance policy as stipulated in the syllabus of their Graduate Program Division courses. Penalties for not meeting the attendance requirements may result in the lowering of a final grade, withdrawal from the course, or failing the course.

Students with disabilities who have obtained accommodations from the Chaminade University ADA Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes.

The policy on tardiness is left to the discretion of the instructor but be advised that extreme tardiness may be viewed as an absence by many instructors.

Academic Conduct Policy

From the 2019-2020 Undergraduate Academic Catalog (p. 189):

Any community must have a set of rules and standards of conduct by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment

has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website.

For further information, please refer to Student Affairs: <https://catalog.chaminade.edu/>

Schedule

Date	Meeting With	Task
Week of Feb 1, 2020	Prof Denise Hackman; Prof Lorena Gaskill	Initial meeting to determine parameters of Independent Study.
Week of Feb 8, 2020	Krystal Kakimoto, CUH librarian	Initial meeting to review library resources, as well as how to conduct effective and efficient research.
Week of February 15, 2020	Krystal Kakimoto	Continue exploration of topic, library resources Post discussion assignment
Week of February 22, 2020	Denise Hackman; Krystal Kakimoto	Continue work on project Post discussion assignment
Week of March 1, 2020	Denise Hackman; Lorena Gaskill	Continue work on project Post discussion assignment
Week of March 8, 2020	Denise Hackman; Lorena Gaskill	Continue work on project Post discussion assignment
Week of March 15, 2020	Denise Hackman	Continue work on project Post discussion assignment
Week of March 22, 2020	Denise Hackman	Continue work on project Post discussion assignment
Week of March 29, 2020	Denise Hackman	Continue work on project Post discussion assignment
Week of April 5, 2020	Denise Hackman	Continue work on project Post discussion assignment
Week of April 12, 2020	Denise Hackman; Lorena Gaskill	Submit project

Student Program Evaluation: Rebecca Min

1. Review of the literature to include Healthy People 2020 (update?), CDC, and NASN internet resources
2. Focus Project: interview and obtain statistical information from school nurse coordinator
3. Create after care instructions for the top five most commonly occurring health conditions based on findings that arise from item 1 and 2.
4. Implement a nursing project within the health room setting.
5. Write a reflection documenting the journey of this particular project.
6. Create a short answer discussion posting or reflection based on various assignments to include age groups across the lifespan