



## **Class structure**

This online course will be comprised of chapter presentations and case study discussions via the online video conferencing program Zoom. Weekly chapter reflection papers. Video and article case studies to stimulate discussion and critical thinking. Self-reflection and self-awareness practices to encourage mindfulness into each individual's biases. The course will be capped off with a cumulative final exam essay covering all 13 chapters of material covered in this class to assess retention.

## **Student Learning Outcomes**

Students will demonstrate an understanding of:

1. The scientific method, research and how these apply to ethical and professional issues in counseling.
2. The impact of cultural diversity on ethical decision-making and professional issues in counseling.
3. Ethical, legal, and professional issues in counseling in the context of school counseling, community counseling, and marriage and family counseling.
4. National standards in the areas of school counseling, community counseling, and marriage and family counseling.
5. Professional counseling organizations and their functions in the development of professional ethics.
6. Professional identity as a counselor.
7. Ethical decision making in the counseling context.

## **Assessment**

Student performance, relative to the Student Learning Outcomes (SLO) stated above will be assessed through all class discussions & case study (scored by rubric), presentations, Mid-Term & Final, and Media Paper (scored by rubric). You will be asked at specific points throughout the course to demonstrate what you have learned through various activities and assignments.

## **Assignments**

### ***Take Home Quiz (SLOs 4, 5, and 6)(25 pts total):***

Answer the following questions:

1. What is a credential?
2. What is a license?
3. What are the benefits of a credential?
4. What are the benefits of a license?
5. What are the requirements to obtain a National Certified Counselor (NCC) Credential?
6. How do you become a Licensed Mental Health(LMHC)(aka. Licensed Professional Counselor) in the State of Hawaii?
7. How do you become a Licensed Marriage and Family Therapist (LMFT) in the State of Hawaii?
8. How do you become a Licensed K-12 School Counselor in the State of Hawaii?

### ***Chapter Reflection and Case Study Discussion (SLOs 1, 2, 3, 6 and 7)(12 pts each; 120 pts total):***

Each week you will be asked to share your reflections and responses for each of the chapter's learning outcomes question, and/or ethical dilemmas (cases). The purpose is to identify and assess student learning of SLO's, exemplify personal and professional disposition, and understanding of professional and ethical responsibilities relevant to the field.

Each response per chapter should have a minimum of 300 words, Times New Roman, and 12 point font. Student will share responses through Zoom and hold a discussion evaluating their cases. Students will email their reflections every week on the day of Zoom meeting.

***Professional Organization Membership (SLOs 5 and 6)(Credit/No Credit):***

As part of the course, Ethical and Professional Issues in Counseling (PSY 601), all students are **required to join a professional organization**. Verification of the student's membership/enrollment in a professional organization must be provided by submitting the original membership card and a photocopy to the instructor by the **seventh week of class, or you will fail the PSY 601 Course (MSCP policy)**

***Chapter Presentations (SLOs 1, 2, 3, 6 and 7) (100 pts total):***

You will be responsible for presenting one chapter in the Issues and Ethics in the Helping Profession (10th ed.) textbook. Each presentation should include, but not be limited to, the following:

- Prior to the beginning of your presentation, you will set up and initiate a role-play scenario for the class to experience. The role-play should provoke an ethical dilemma that is relevant to your chapter presentation. Each role-play should be no less than 10 minutes and should be done in a such a way that each participant's part is well defined; the situation is well defined; the ethical dilemma is well defined; and the role-play should conclude with the counselor having to make an ethical decision. *In place of the role-play a video clip that depicts the applicable ethical dilemma can be used.*
- What are the key elements of the chapter?
- What are the key terms introduced in this chapter?
- What issues were brought up in this chapter?
- Were any key theories introduced in this chapter?
- What laws would be applicable to your chapter's topic(s)?
- Are there any differences in the ethical guidelines referenced in this chapter when looking at various organizations' code of ethics?
- Does your chapter apply to all cultures? Please elaborate on why you think this way.
- Debrief your role-play activity/video clip.
- Personal reflection of the chapter. Your reflection should include, but not limited to, the "grey" areas of the chapter and what do those "grey" areas mean to you as a professional counselor.
- *Optional:* you will create and implement an exercise that will involve the class to ensure knowledge retention from your presentation. Some examples would be a quiz, a game, a debate, etc.

Your presentation should be approximately 30 minutes in length. A PowerPoints or Prezi presentation is required. The use of other forms of multimedia (e.g. YouTube videos) is welcomed but not required. You will be required to create a reference slide in your PowerPoint acknowledging any sources you used to create your chapter presentation. You should have, at the very least, your textbook cited. Presentations should be emailed to the professor on the day of presentation or shared with professor through Google slides or Google drive.

***Case Study Discussion (SLOs 1, 2, 3, 4, 6 and 7) (15 pts total):***

Each student will develop and write an ethical dilemma case study using the topic of their choice. Use the decision making model to work through dilemma. Your dilemma should use a current contemporary issue, preferably in their discipline path.

***Ethics Media Paper (SLOs 1, 2, 3, 4, 6 and 7) (100 pts total):***

Movie vignettes can offer ethical dilemmas in the areas of (Dual Relationships, Self-Disclosure, Out of Office Experiences and Confidentiality). After viewing a movie of the selections offered; you will use ACA's Ethical Decision Making Model and respond to specific questions. This paper is intended to assess your own ethical values and the social context of problems, recognize how different ethical perspectives might be applied to ethical dilemmas, consider and evaluate alternative actions, while giving you practice in using the Ethical Decision Making Model.

**The Reflection paper should be approximately 2 pages in length using 12 pt font Times New Roman, one-inch margins and double spaced.**

***Self-Awareness and Mental Health Professionals Essay (SLOs 2, 3, 6 and 7) (100 pts total)***

The students will practice becoming more conscious and understanding about their own needs, successes, failures, habits, morals, values, etc. that makes them who they are. Through reading journal articles and self-reflective practices the students will write an essay answering specific questions and topics guiding them to become more mindful of their thoughts and actions and how it relates to the mental health profession.

**Grading**

Final grades will be determined based on the following percentages:

A = 414-460 pts. (90-100%)

B = 368-413 pts (80-89%)

C = 322-367 pts (70-79%)

**All assignments are due at the start of class. Late submissions are not accepted and will earn a 0. Presentations cannot be made up. The Professional Organization Membership assignment will not be accepted late. Please submit that as early as possible.**

**Attendance**

**If you miss more than one class, regardless of reason, you will be given a "C" and you must retake the class. (Graduate programs policy)**

**Academic Honesty**

Academic honesty is an essential aspect of all learning, scholarship, and research. It is one of the values regarded most highly by academic communities throughout the world. Violations of the principle of academic honesty are extremely serious and will not be tolerated.

Students are responsible for promoting academic honesty at Chaminade by not participating in any act of dishonesty and by reporting any incidence of academic dishonesty to an instructor or to a

University official. Academic dishonesty may include theft of records or examinations, alteration of grades, and plagiarism.

Questions of academic dishonesty in a particular class are first reviewed by the instructor, who must make a report with recommendations to the Dean of the Academic Division. Punishment for academic dishonesty will be determined by the instructor and the Dean of the Academic Division and may range from an 'F' grade for the work in question to an 'F' for the course to suspension or dismissal from the University.

### **Scientific Method Definitions**

The **METHODS OF SCIENCE** are only tools, tools that we use to obtain knowledge about phenomena.

The **SCIENTIFIC METHOD** is a set of assumptions and rules about collecting and evaluating data. The explicitly stated assumptions and rules enable a standard, systematic method of investigation that is designed to reduce bias as much as possible. Central to the scientific method is the collection of data, which allows investigators to put their ideas to an empirical test, outside of or apart from their personal biases. In essence, stripped of all its glamour, scientific inquiry is nothing more **THAN A WAY OF LIMITING FALSE CONCLUSIONS ABOUT NATURAL EVENTS.**

Knowledge of which the credibility of a profession is based must be objective and verifiable (testable) rather than subjective and untestable.

**SCIENCE** is a mode of controlled inquiry to develop an objective, effective, and credible way of knowing.

The assumptions one makes regarding the basic qualities of human nature (that is, cognitive, affective, behavioral, and physiological processes) affect how one conceptualizes human behavior.

The two basic functions of scientific approach are 1) advance knowledge, to make discoveries, and to learn facts in order to improve some aspect of the world, and 2) to establish relations among events, develop theories, and this helps professionals to make predictions of future events.

*The above quotes were taken directly from:*

Research Design And Counseling

Heppner, Kivlighan, and Wampold

A **THEORY** is a large body of interconnected propositions about how some portion of the world operates; a **HYPOTHESIS** is a smaller body of propositions. **HYPOTHESES** are smaller versions of theories. Some are derived or born from theories. Others begin as researchers' hunches and develop into theories.

The **PHILOSOPHY OF SCIENCE** decrees we can only falsify, not verify (prove), theories because we can never be sure that any given theory provides the best explanation for a set of observations.

*The above quotes were taken directly from:*

Research Method In Social Relations

Kidder

**THEORIES** are not themselves directly proved or disproved by research. Even **HYPOTHESES** cannot be proved or disproved directly. Rather, research may either support or fail to support a particular hypothesis derived from a theory.

Scientific research has four general goals: (1) to describe behavior, (2) to predict behavior, (3) to determine the causes of behavior, and (4) to understand or explain behavior.

*The above quotes were taken directly from:*

Methods In Behavioral Research

In order to verify the reliability and validity of scientific research it is important to replicate the results. It is the preponderance of evidence that establishes/supports the theory.

*The above quotes were taken directly* <http://allpsych.com/researchmethods/replication.html>  
*from:*

### **Students With Disabilities**

In compliance with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and the ADA Amendments Act (2008), Chaminade University of Honolulu offers accommodations for individuals with disabilities. If you would like to determine if you qualify for ADA accommodations, please contact the Counseling Center at (808) 735-4845. Once your documentation is submitted, the assessments will be reviewed and the student will be notified.

If one qualifies for ADA accommodations, an ADA agreement will be signed by the student. Each semester, the student will contact the ADA Coordinator to identify which instructors are to be notified.

Faculty will be sent a letter via email to inform them of the accommodations a student is to receive. However, the nature of your disability is confidential.

Once the appropriate documentation is received by the ADA Coordinator, please allow two to three weeks to process your paperwork. Processing time may vary pending the volume of requests received.

Contact the Counseling Center at (808) 735-4845 or e-mail at [counselingcenter@chaminade.edu](mailto:counselingcenter@chaminade.edu)

### **Title IX**

Chaminade University recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct will NOT be tolerated at Chaminade University. If you have been the victim of sexual misconduct, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, I must report the matter to the Title IX Coordinator. **Should you want to report to a confidential source you may contact the following:**

•**Personal Counseling Center: 808-735-4845**

### **Marianist Educational Values**

*Chaminade University is a Catholic, Marianist University. The five characteristics of a Marianist education are:*

#### **1. Educate for Formation in Faith**

Catholic Universities affirm an intricate relationship between reason and faith. As important as discursive and logical formulations and critical thinking are, they are not able to capture all that can be and ought to be learned. Intellectual rigor coupled with respectful humility provide a more profound preparation for both career and life. Intellectual rigor characterizes the pursuit of all that can be learned. Respectful humility reminds people of faith that they need to learn from those who are of other faiths and cultures, as well as from those who may have no religious faith at all.

#### **2. Provide an Excellent Education**

In the Marianist approach to education, “excellence” includes the whole person, not just the technician or rhetorician. Marianist universities educate whole persons, developing their physical, psychological, intellectual, moral, spiritual and social qualities. Faculty and students attend to fundamental moral attitudes, develop their personal talents and acquire skills that will help them learn all their lives. The Marianist approach to education links theory and practice, liberal and professional education. Our age has been deeply shaped by science and technology. Most recently, information and educational technologies have changed the way faculty and students research and teach. At Marianist Universities, two goals are pursued simultaneously: an appropriate use of

information technology for learning, and the enhancement of interaction between students and teachers. As Catholic, Marianist Universities seek to embrace diverse peoples and understand diverse cultures, convinced that ultimately, when such people come together, one of the highest purposes of education is realized: a human community that respects every individual within it.

### **3. Educate in Family Spirit**

Known for their strong sense of community, Marianists have traditionally spoken of this sense as “family spirit.” Marianist educational experience fosters the development of a community characterized by a sense of family spirit that accepts each person with loving respect, and draws everyone in the university into the challenge of community building. Family spirit also enables Marianist universities to challenge their students, faculty and staff to excellence and maturity, because the acceptance and love of a community gives its members the courage to risk failure and the joy of sharing success.

### **4. Educate for Service, Justice, and Peace**

The Marianist approach to higher education is deeply committed to the common good. The intellectual life itself is undertaken as a form of service in the interest of justice and peace, and the university curriculum is designed to connect the classroom with the wider world. In addition, Marianist universities extend a special concern for the poor and marginalized and promote the dignity, rights and responsibilities of all people.

### **5. Educate for Adaptation to Change**

In the midst of rapid social and technological change, Marianist universities readily adapt and change their methods and structures so that the wisdom of their educational philosophy and spirituality may be transmitted even more fully. “New times call for new methods,” Father Chaminade often repeated. The Marianist university faces the future confidently, on the one hand knowing that it draws on a rich educational philosophy, and on the other fully aware for that philosophy to remain vibrant in changing times, adaptations need to be made.

***Selected from Characteristics of Marianist Universities: A Resource Paper, Published in 1999 by Chaminade University of Honolulu, St. Mary’s University and University of Dayton***

Each of these characteristics is integrated, to varying degrees, in this course.

## **Recommended Resources**

1. American Association of Marriage and Family Therapy Code of Ethics: [https://www.aamft.org/Legal\\_Ethics/Code\\_of\\_Ethics.aspx](https://www.aamft.org/Legal_Ethics/Code_of_Ethics.aspx)
2. American Counseling Association Code of Ethics: <https://www.counseling.org/Resources/aca-code-of-ethics.pdf>
3. American Psychological Association Code of Ethics: <https://www.apa.org/ethics/code/>
4. American School Counselor Association Code of Ethics: <https://www.schoolcounselor.org/asca/media/asca/Ethics/EthicalStandards2016.pdf>
5. So you have an Ethical Dilemma?: [https://www.counseling.org/docs/default-source/ethics/ethical-dilemma-poster\\_fa.pdf?sfvrsn=2](https://www.counseling.org/docs/default-source/ethics/ethical-dilemma-poster_fa.pdf?sfvrsn=2)
6. National Board of Certified Counselors: <https://www.nbcc.org>
7. Hawaii Department of Commerce & Consumer Affairs: Professional and Vocational Licensing: <https://cca.hawaii.gov/pvl/programs/>
8. American Counseling Association Practitioner's Guide to Ethical Decision Making: [https://www.counseling.org/docs/default-source/ethics/practioner-39-s-guide-to-ethical-decision-making.pdf?sfvrsn=f9e5482c\\_10](https://www.counseling.org/docs/default-source/ethics/practioner-39-s-guide-to-ethical-decision-making.pdf?sfvrsn=f9e5482c_10)
9. The Center For Ethical Practice Forms and Resources: <https://centerforethicalpractice.org/ethical-legal-resources/links/>
10. ABC's of Internet Therapy: <https://www.metanoia.org/imhs/ethics.htm#guidelines>

**Tentative Course Schedule**

Week	Topic	Readings
1	Welcome, Introductions, Course Syllabus review Chapter Presentation selection	
2	Self-awareness and Mental Health Professionals Essay Ethics and Media Paper Take Home Quiz due Week 3 Chapter 1 overview	Chapter 1
3	<b>DUE: Take Home Quiz</b> Presentations: Chapter 2: The counselor as a person and a professional Chapter 3: Values and the Helping Relationship Complete Chapter 2 Self Inventory pg. 38 Class Discussion	Chapters 2-3
4	Presentations: Chapter 4: Multicultural Perspectives and Diversity Issues Chapter 5: Client Rights and Counselor Responsibilities Class Discussions	Chapters 4-5
5	Presentations: Chapter 6: Confidentiality: Ethical and Legal Issues Chapter 7: Managing Boundaries and Multiple Relationships Class Discussion	Chapters 6-7
6	Presentations: Chapter 8: Professional Competence and Training Chapter 9: Issues in Supervision and Consultation Class Discussions	Chapters 8-9
7	<b>DUE: Professional Organization Membership</b> Presentations: Chapter 10: Issues in Theory and Practice Chapter 11: Ethical Issues in Couples and Family Class Discussion	Chapters 10-11
8	Presentations: Chapter 12: Ethical Issues in Group Work Chapter 13: Ethical Issues in Community Work	Chapters 12-13
9	Case Study Discussions Exercise Review for Final Exam	
10	<b>DUE:</b> <b>Self-awareness and Mental Health Professionals Essay</b> <b>Ethics and Media Paper</b> <b>Final Exam (Ch. 1-13)</b>	