



Chaminade University OF HONOLULU

Course Syllabus

[Chaminade University Honolulu](http://www.chaminade.edu)

3140 Waialae Avenue - Honolulu, HI 96816

www.chaminade.edu

Course Number: NUR 402-01-01

Course Title: Psychiatric and Mental Health Nursing

Department Name: Nursing

College/School/Division Name: College of Nursing

Term: Fall 2019

Course Credits: 4

Class Meeting Days: Mondays and Thursdays

Class Meeting Hours: 8:30am-10:20am; some Thursdays as scheduled from 10:30am-12:30pm.

Clinical Hours/Location: Tuesday/Wednesday (See separate clinical assignment for times/location)

Class Location: Mondays: Henry Hall 109, Thursdays: Hale Hoaloha 301

Instructor Name: Jeremy Creekmore, DNP, APRN

Email: jeremy.creekmore@chaminade.edu

Phone: 808.739.8397

Office Location: Henry Hall, Room 106B

Office Hours: Mondays 10:30am-12:30pm; 2:00pm-5:00pm
Thursdays: 3:30am-4:30pm

University Course Catalog Description

NUR 402 Psychiatric and Mental Health Nursing (4) 2 credits Didactic, 2 credits Clinical: This course focuses on a broad-based understanding and clinical application of mental health concepts and behavioral aberrations that occur in mental illness. Nursing students analyze the nursing process with a critical view towards the individual, family, ethical aspects and resources for the mentally ill. The complexity of disease from a holistic viewpoint will be explored. Prerequisites: BI 151 and BI 151L, BI 152 and BI 152L, BI 250 and BI 250L, BI 304, BI 305, CH 250, MA 107, NUR 190, NUR 201, NUR 202, NUR 203, NUR 204, NUR 206, NUR 290, NUR 291, NUR 301, NUR 302, NUR 303, NUR 306, NUR 307.

Course Overview

NUR 402 has both a didactic and clinical section. **Students must meet the requirements of both sections in order to pass this course.** Please remember that students must meet the requirements of BOTH sections to pass NUR 402. The clinical practicum evaluation is graded as Satisfactory or Unsatisfactory. You must pass Nursing 402 with a grade of "C" or better and receive a satisfactory evaluation in Clinical Practicum to pass the class. Failure in either will result in failure of the course and you will not be permitted to continue in the nursing program progression as described in the CUH Undergraduate General Catalog and the School of Nursing Student Handbook. **Repeating the course means repeating both didactic and clinical sections.**

Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

1. Education for formation in faith
2. Provide an integral, quality education
3. Educate in family spirit
4. Educate for service, justice and peace
5. Educate for adaptation and change

Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Ōlelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Ōlelo No'eau 364) May I live by God
2. Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kū'ono'ono ('Ōlelo No'eau 1957) Acquire skill and make it deep
3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Ōlelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship
4. Educate for Service, Justice and Peace (Aloha) Ka lama kū o ka no'eau ('Ōlelo No'eau 1430) Education is the standing torch of wisdom
5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Ōlelo No'eau 203) All knowledge is not taught in the same school

Learning Outcomes

By the end of our course, students will be able to:

- 1) Explore theoretical and conceptual frameworks from a variety of disciplines that influence patient's physical, spiritual and psychosocial health within a diverse population living with psychiatric mental health illness;
- 2) Examine factors that create a culture of caring and advocacy for groups of diverse individuals, families, and communities experiencing both health disparities and social marginalization that affects mental health problems;
- 3) Advocate patient/consumer-centered care in a variety of acute and community psychiatric mental health setting with emphasis on safe, caring and evidenced based quality of care;
- 4) Integrate clinical reasoning, informatics, health care policies, interprofessional collaboration, and patient preferences in planning, implementing, and evaluating comprehensive mental health care for individuals and families across the lifespan and diverse cultures;
- 5) Describe the relationship between genetics and genomics on the epidemiology of mental health problems;
- 6) Apply techniques and process of therapeutic use of self to promote recovery with diverse individuals, families, and communities experiencing mental health problems;

- 7) Describe one's own beliefs, culture, and values through self-reflection as an essential component of psychiatric mental health nursing.
- 8) Recognize the basic skills in emotional intelligence to self-manage emotions and enhance personal well-being while engaging in psychiatric mental health nursing.

Alignment of Learning Outcomes

Key progression in professional nurse practice

(I= Introduced to the concept/skill D= Developing M= Mastered)

| PLO Program Learning Outcomes | CLO 1 | CLO 2 | CLO 3 | CLO 4 | CLO 5 | CLO 6 | CLO 7 | CLO 8 |
|--|-------|-------|-------|-------|-------|-------|-------|-------|
| PLO#1: Use the nursing process for comprehensive assessments of health and illness parameters in patients using developmentally, and culturally, appropriate approaches. | D | D | | | | D | D | D |
| PLO#2: Provide safe, holistic, patient-centered care across the health-illness continuum, across the lifespan, using state-of-the-art methodologies, and in all healthcare settings. | D | D | D | D | D | D | D | D |
| PLO#3: Engage in dialogue about contemporary issues in healthcare, effectively advocate in the interest of patients, and lead others in the professional nursing role. | | D | D | D | | D | D | D |
| PLO#4: Communicate and collaborate effectively with patients and professionals from a variety of disciplines | D | D | D | D | | D | | D |
| PLO#5: Integrate research and reliable clinical evidence to inform their nursing practice. | | | D | D | D | | | D |
| PLO#6: Incorporate informatics and healthcare technologies into the practice of professional nursing. | | | | D | | | | D |
| PLO#7: Use the determinants of health, tools for measurement, and interventions for health promotion and disease prevention in populations. | D | D | | | D | | | D |
| PLO#8: Describe the elements of health care policy and finance within a regulatory environment. | | | | I | | | | D |

| Program Associated Hawaiian Core Values | CLO 1 | CLO 2 | CLO 3 | CLO 4 | CLO 5 | CLO 6 | CLO 7 | CLO 8 |
|--|----------|----------|----------|----------|----------|----------|----------|----------|
| 1. Patient Centered-Care, <i>Ka malama olakino Pili pono I ia kanaka</i> | | | D | | | | | D |
| 2. Community Based Care, <i>Ka malama olakino ma o ke kaiaulu</i> | | D | D | D | | D | | D |
| 3. Developmentally and Culturally Appropriate Care, <i>Ka malama ola kino noka ho'omohala a me ka mo'omeheu</i> | D | D | | D | | D | | D |
| 4. Care Across the Lifespan <i>Ka malama olakino o ka wa ola</i> | D | D | D | D | D | D | | D |

Course Prerequisites

Prerequisites: BI 151 and BI 151L, BI 152 and BI 152L, BI 250 and BI 250L, BI 304, BI 305, CH 250, MA 107, NUR 190, NUR 201, NUR 202, NUR 203, NUR 204, NUR 206, NUR 290, NUR 291, NUR 301, NUR 302, NUR 303, NUR 306, NUR 307.

All texts from previous nursing courses are highly recommended to be used as a resource. Students are responsible for content from other courses that may apply to this course.

Required Learning Materials

ATI Psychiatric and Mental Health for Nursing Version 10.0 (highly recommend to use electronic updated version on ATI website)

Kneisl, C.R. & Trigoboff, E. (2013) *Contemporary Psychiatric-Mental Health Nursing (3rd ed)*. Upper Saddle River, N.J.: Pearson Education. ISBN 9780113255777

Shadow Health: See CANVAS for information.

American Psychological Association, (2010). Publication manual of the American Psychological Association (6th ed). Washington, D.C. 978-1-4338-0559-2

Arnold, E.C. & Underman Boggs, K. (2016). Interpersonal relationships: Professional communication skills for nurses. (7th ed). St. Louis, MO: Elsevier Saunders. ISBN: 978-1-4377-0944-5

Course Website:

<https://chaminade.instructure.com/courses/9983>

Technical Assistance for Canvas Users:

- Search for help on specific topics at help.instructure.com
- [Chat live with Canvas Support 24/7/365](#)
- Contact the Chaminade IT Helpdesk for technical issues: helpdesk@chaminade.edu, or call (808) 735-4855

Assessment

Assignment/assessment descriptions and instructions can be found in the appropriate modules on Canvas. Students are required to review the expectations of each assignment/assessment prior to completion.

| Assignments | Possible Points | Percentage equivalents |
|---|-----------------|------------------------|
| In Class Activity "Quiz" or Preparation Activity-Shadow Health (5 activities at 15 points each) Weeks 2, 3, 4, 5, 6 This requirement is included in the exam cumulative. | 75 | 15% |
| Mid term exam (weeks 1-3 material) Week 4 | 50 | 15% |
| Final Exam (comprehensive) Week 7 | 70 | 30% |
| ATI psych proctored exam Week 7 | 100 | 10% |
| ATI Remediation | 60 | 10% |
| Final Project (Clinical) Week 7 | 50 | 15% |
| QSEN Discussions | 50 | 5% |
| Total | 455 | 100% |

All assignments are expected to be submitted as designated on this syllabus. Students must inform the instructor via email of any late assignments which is subject to late penalty. Late written assignments in the didactic component of this course will receive an automatic 10% deduction per day past the due date and time. No late assignments will be accepted after the 5th calendar day. Late assignments (e.g. weekly clinical reflection, etc.) in the clinical portion of this course will result in an UNSATISFACTORY rating under Competency 1. Any UNSATISFACTORY rating after midpoint may result in the failure of the course.

In the rare occurrence that submission in Canvas is not accessible, please contact Help Desk Support and report any technical issues. The student is responsible to get a reference number from Help Desk Support as evidence of any technical issues as requested by the faculty. In an event that Canvas cannot be accessed to submit assignments on time, the student can email the course coordinator prior to the assignment deadline and attach the word document assignment. This procedure must only be used if Help Desk informs student that Canvas is not accessible. The student is also responsible to post the completed assignment in Canvas when the site is accessible for grading purposes.

Grading Scale

Letter grades are given in all courses except those conducted on a credit/no credit basis. Grades are calculated from the student's daily work, class participation, quizzes, tests, term papers, reports and the final examination. They are interpreted as follows:

A Outstanding scholarship and an unusual degree of intellectual initiative

B Superior work done in a consistent and intellectual manner

C Average grade indicating a competent grasp of subject matter

D Inferior work of the lowest passing grade, not satisfactory for fulfillment of prerequisite course work

F Failed to grasp the minimum subject matter; no credit given.

A=90-100%

B= 80-89%

C=70-79%

D=60-69%

F=59% and below

No Rounding of grades: If a student earned a final percentage grade of 69.9%, the final score will NOT be rounded to 70. Every point in this class matters!

Course Policies

Academic Honesty:

Nursing students are responsible for promoting academic honesty in all educational settings. Nursing students represent Chaminade University and the School of Nursing and as such are expected to demonstrate professional, ethical behavior in the classroom, in laboratory settings, in the clinical setting, and in the community. The Chaminade student nurse shall be committed to the Marianist values and the core values of the School of Nursing.

Questions of unethical behavior or academic dishonesty in a particular class are first reviewed by the instructor, who must make a report with recommendations to the Dean for Nursing. Punishment for academic dishonesty or unethical behavior will be determined by the instructor in collaboration with the Dean for Nursing and may range from an "F" for the work in question to an "F" for the course to suspension or dismissal from the program.

Course Atmosphere:

This course is not strictly a lecture course. Some of the content will be presented in a lecture format; however, we will be discussing the assigned readings, sharing our reflections on what we've read and our own personal experiences, and working in small and large groups. Everyone's participation is essential as we will learn and grow from the sharing that occurs. Students are expected to come to didactic or clinical prepared and ready to fully engage in learning.

Attendance:

Class attendance is regarded as an essential part of the educational process. Students are expected to attend all classes. The classroom is a teaching and learning environment where there is an exchange of knowledge and experience, so it is essential that students attend class and actively participate in classroom activities to maximize individual learning. Students who are absent from class not only miss a part of the subject matter of the course but also diminish the opportunities for contributing to the learning environment for the entire class. Students are expected to develop a professional work ethic that reflects personal responsibility, initiative, and teamwork. Students should notify the instructor by phone or email when illness prevents them from attending class and make arrangements to complete missed assignments. Any student who stops attending class without officially withdrawing may receive a failing grade. Unexcused absences equivalent to more than a week of class may lead to a grade reduction for the course. Any absence of two weeks or more must be reported to the Associate Provost and the Records Office by the instructor.

Class participation/classroom activity:

Please see note above about attendance and course atmosphere. Students absent from class (excused or unexcused) will be responsible to obtain the information presented in class including handouts. Every student is expected to be an engaged learner in the classroom. Substantive participation may include but not limited to: participating in class activities, asking relevant questions, adding information in class supported by pertinent

reading materials, discussion questions answered posted in Canvas, etc. Substantive class participation often translates to active learning. Use of tools for success as suggested by faculty are instrumental in preparation for this class.

Academic Conduct:

Please refer to and follow all policies and procedures included in the University and School of Nursing Student Handbook (available in hard copy and online) and carefully read all areas. Please pay attention to the sections that discuss plagiarism, classroom respect, student conduct, freedom of speech, and all academic policies regarding grading.

Assignments:

It is expected that assignments will be submitted prior to class time. Late assignments are highly discouraged. Students may ask for an extension of an assignment, but may be subject to the deduction of points as stipulated above in the late assignments. All written assignments must be submitted in an acceptable Word document format. The student is responsible for making sure that the document is the final version of the assignment. Any resubmissions may be subject to late penalty. Individual assignments must be done on an individual basis. When templates are used and information submitted appears to be duplicate information, suspicion of academic dishonesty may occur. Please review the policy of academic honesty in detail.

Testing policy:

Students are expected to take tests on the designated day. In case of an emergency, please contact the instructor immediately prior to the test so that an alternate plan can be made. Failure to do so may result in a zero. Make up tests dates and times will be determined by the instructor. In case of absence due to illness, a health care provider note is required. Approval for taking a make-up test may be granted by the instructor.

Cell phones:

Use of music devices, Applewatches, and cell phones is prohibited during all Nursing classes at Chaminade, unless specifically directed by your instructor as a part of a class learning activity.

Teaching and Learning Strategies:

Lecture, class discussions, small and large group work, audio-visual media, guest speakers, role play, in-class activities, social networking. The goal is for students to have read and have a working knowledge of the basic concepts for the week. Every week new concepts are taught that can be applied at any time during the course learning.

Course Requirements/Methods of Evaluation:

Clinical Course Requirements to Pass NUR 402 (The tasks/assignments below are some evidence to show the student's completion of the required competencies of the clinical evaluation. It is the student's responsibility to complete assigned tasks/assignments on time and ensure the quality of work is the best student work.

| Tasks/Assignments |
|--|
| Weekly Clinical Reflections |
| QSEN Discussion posts |
| Therapeutic Communication Logs |
| SBAR/Charting – Per Clinical Site Requirement |
| Medication Administration (per clinical site regulation) |
| Concept Mapping – medication and outcome |

| |
|--------------------------------|
| Medication Quizzes/Remediation |
| Other Activities as Assigned |

All policies stated in the Chaminade University and Chaminade University School of Nursing handbooks are in effect in this course.

Grades in the didactic section of this course will be based on the following:

In class activities/quizzes, Multiple choice exams, ATI remediations, ATI proctored exams (Mental Health), Shadow Health, Problem-based learning (PBL) project, and Final presentation.

The clinical section of this course is a satisfactory/unsatisfactory grade. The primary component of this grading is the Clinical Evaluation: The respective instructor/clinical faculty will distribute and discuss.

Several activities outlined below will be used to evaluate the student's competencies to meet the clinical evaluation requirements:

Weekly Clinical Reflections, Therapeutic Communication Analysis, Medication concept maps, Outcome concept maps, QSEN Activities.

Course Exam Policy

In order to pass this course the student must obtain a 70% or higher cumulative average on the examinations in this course (prior to any added earned points). All assignments must be successfully completed in order to pass this course. If the student fails to successfully complete all required assignments and/or does not have a cumulative score of at least 70% on all examinations in this course, the maximum grade that can be earned for the course will be 69%. All exams and quizzes except ATI proctored exam will be included in the 70% cumulative exam policy. Each exam will have dosage calculation questions. If a student gets any of these questions wrong on the exam, they will need to do a "Math Challenge" to remediate prior to taking the next exam as designated by the instructor.

Clinical Medication Quizzes: Students must achieve at least a 70% on a medication quiz to receive a "satisfactory/complete". If a student scores less than 70% on a medication quiz, they will need to complete assigned remediation to receive a "satisfactory" grade in clinical portion of this course.

ATI Policy

Prior to giving the proctored ATI examination in the course the student will be required to complete two practice exams (must reach 90% with remediation prior to final ATI). It is strongly recommended that one of these practice exams be completed in a 'simulated NCLEX' testing environment. The student will take a proctored assessment upon completion and submission of assigned focused reviews.

If a student obtains a level 2 or above on the proctored ATI exam, the student will receive 100% for the ATI portion of the grade. If a student obtains a level 1 on the proctored ATI exam, the student will receive 50% for the ATI portion of the grade. If a student obtains below a level 1 on the proctored ATI exam, the student may receive 0% for the ATI portion of the grade. A second attempt of an ATI proctored exam will not be offered. ATI proctored exams can be assigned a maximum of 10%.

Late Work Policy

All assignments are expected to be submitted completed, and as designated on this syllabus. Students must inform the instructor via email of any late assignments which are subject to late penalty. Late written

assignments in the didactic component of this course will receive an automatic 10% deduction per day past the due date and time. No late assignments will be accepted after the 5th calendar day. Late assignments (e.g. weekly clinical reflection, etc.) in the clinical portion of this course will result in an UNSATISFACTORY rating under Competency 1. Any UNSATISFACTORY rating after midpoint may result in the failure of the course.

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Writing Policy

All papers should demonstrate mastery of grammar, punctuation, spelling and syntax expected of college level students. Use of APA is required for all papers. If you need writing assistance, please seek help from Student Support Services and the Academic Achievement Program at 735-4881. All papers are to be word processed, proofread, and solely the work of the author. Please read information about plagiarism in your student handbook.

Instructor and Student Communication

Questions for this course can be emailed to the instructor at jeremy.creekmore@chaminade.edu. Online, in-person, and phone conferences can be arranged. Response time will take place up to one (2) business days, Monday - Friday.

Cell phones, tablets, and laptops

Out of consideration for your classmates, please set your cell phone to silent mode during class. Students are encouraged to bring laptops or tablets to class as the instructor will assign online activities and readings that will require the use of a laptop or tablet. Laptops and tablets should not be misused, such as checking distracting websites. Use your best judgment and respect your classmates and instructor. Cell phones are prohibited unless directed by your instructor as part of a class learning activity.

Disability Access

Statement from CUH [website](#) (retrieved June 16, 2019): In compliance with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA) of 1990, and the ADA Amendments Act (2008), Chaminade University of Honolulu offers accommodations for individuals with disabilities. If you would like to determine if you qualify for ADA accommodations, please contact the Counseling Center at (808) 735-4845 e-mail at jyasuhar@chaminade.edu. The Counseling Center will notify faculty to inform them of the accommodations a student is to receive. However, the nature of your disability is confidential.

Title IX Compliance

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the

Title IX Coordinator. If you or someone you know has been harassed or assaulted, you can find the appropriate resources by visiting Campus Ministry, the Dean of Students Office, the Counseling Center, or the Office for Compliance and Personnel Services.

Attendance Policy

The following attendance policy is from the 2019-2020 Academic Catalog.

Students are expected to attend regularly all courses for which they are registered. Students should notify their instructors when illness or other extenuating circumstances prevent them from attending class and make arrangements to complete missed assignments. Notification may be done by emailing the instructor's Chaminade email address, calling the instructor's campus extension, or by leaving a message with the instructor's division office. It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade.

Unexcused absences equivalent to more than a week of classes may lead to a grade reduction for the course. Any unexcused absence of two consecutive weeks or more may result in being withdrawn from the course by the instructor, although the instructor is not required to withdraw students in that scenario. Repeated absences put students at risk of failing grades.

Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu ADA Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes. Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

Academic Conduct Policy

From the 2019-2020 Undergraduate Academic Catalog:

Any community must have a set of rules and standards of conduct by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website.

For further information, please refer to the Student Handbook:

<https://studentaffairs.chaminade.edu/wp-content/uploads/sites/28/2018-19-NEW-STUDENT-HANDBOOK.pdf>

PLEASE NOTE:

While every attempt has been made to prepare this syllabus and class schedule in final form, it will be the course coordinator's prerogative to make any changes as may be deemed necessary in order to meet the learning outcomes of the course. Students will be notified in writing via Chaminade email of any changes. It is recommended that you check your Chaminade email and course site including the canvas frequently for announcements. All students will be held responsible to read, understand, and clarify the content within this document.