



Chaminade University OF HONOLULU

Course Syllabus

[Chaminade University Honolulu](http://www.chaminade.edu)

3140 Waialae Avenue - Honolulu, HI 96816

www.chaminade.edu

Course Number: PSY 340

Course Title: The Psychology of Sexual Expression

Department Name: Psychology

College/School/Division Name: School of Education & Behavioral Sciences

Term: Spring 2019

Course Credits: 3

Class Meeting Days: ONLINE

Class Meeting Hours: ONLINE

Class Location: ONLINE

Instructor Name: Blendine P. Hawkins, Ph.D., LMFT

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Office Location: BS118

Office Hours: By appointment- please feel free to email me to set up a time to meet

University Course Catalog Description

Role of psychology in human experience as it relates to sexuality; development of individual self-concepts regarding sexuality as they relate to socially accepted behavior.

Course Overview

"Understanding" sexuality is something we all take for granted but research consistently shows us that understanding is much more complex than any of us realize. This course will explore biosocial, cognitive, and psychosocial aspects of sexual development throughout the life span, beginning pre-natal and ending with the end of life. We will explore how sexuality and sexual development is by our culture and we will compare our development with other cultures' views. We will explore our personal sexual development, our attitudes, beliefs, values and expectations through the required work, book exercises and discussions from the text. Human sexuality is a subject that all students want to learn about and it is a subject of utmost importance in this day/age. This course is designed to take into account psychology, biology, and sociology at a beginning level and no prior college courses are required. This course will provide practical information needed for everyday living and to deal with problems in sexual functioning; 2) help students feel more comfortable with thinking and talking about sex, both to minimize their own personal anguish about a tension-causing topic and to help them come more responsible decision-makers in an important aspect of their lives; 3) familiarize students with methods used in research on sexuality, and assist them in critical thinking about the methods used.

Marianist Values

This class represents one component of your education at Chaminade University of Honolulu. An education in the Marianist Tradition is marked by five principles and you should take every opportunity possible to reflect upon the role of these characteristics in your education and development:

1. Education for formation in faith

2. Provide an integral, quality education
3. Educate in family spirit
4. Educate for service, justice and peace
5. Educate for adaptation and change

Native Hawaiian Values

Education is an integral value in both Marianist and Native Hawaiian culture. Both recognize the transformative effect of a well-rounded, value-centered education on society, particularly in seeking justice for the marginalized, the forgotten, and the oppressed, always with an eye toward God (Ke Akua). This is reflected in the 'Olelo No'eau (Hawaiian proverbs) and Marianist core beliefs:

1. Educate for Formation in Faith (Mana) E ola au i ke akua ('Olelo No'eau 364) May I live by God
2. Provide an Integral, Quality Education (Na'auao) Lawe i ka ma'alea a kũ'ono'ono ('Olelo No'eau 1957) Acquire skill and make it deep
3. Educate in Family Spirit ('Ohana) 'Ike aku, 'ike mai, kōkua aku kōkua mai; pela iho la ka nohana 'ohana ('Olelo No'eau 1200) Recognize others, be recognized, help others, be helped; such is a family relationship
4. Educate for Service, Justice and Peace (Aloha) Ka lama kũ o ka no'eau ('Olelo No'eau 1430) Education is the standing torch of wisdom
5. Educate for Adaptation and Change (Aina) 'A'ohe pau ka 'ike i ka hālau ho'okahi ('Olelo No'eau 203) All knowledge is not taught in the same school

Learning Outcomes

By the end of our course, students will have an understanding of:

1. Sexual behavior in western culture as compared with sexuality in various cultures, focusing on normal/healthy functioning as compared to sexual functioning viewed as 'abnormal'/unhealthy.
2. Their ability to discuss comfortably aspects of sex and sexual behavior.
3. Decision making responsibility in relation to personal sexuality.
4. Research and ethical aspects in relation to sexuality and sexual behavior.
5. Sexual behavior from the biosocial, psychological, and psychosocial perspectives.
6. Gender, sexual orientation and sexual disease.
7. The role of religion, education, and the law in sexual behavior.
8. The scientific method and the relationship to the study of sexual expression.

Course Prerequisites

PSY101

Required Learning Materials

Hyde, J., & DeLamater, J. (2016). *Understanding Human Sexuality*, 12th ed. New York, NY: McGraw-Hill Higher Education.

Internet connection, full access and navigation of Canvas instructional site for this course, Recording device (webcam, cellphone, etc.) for final project and/or computer mediated correspondence with instructor.

Course Website:

Canvas PSY340 course site

Technical Assistance for Canvas Users:

- Search for help on specific topics at help.instructure.com
- [Chat live with Canvas Support 24/7/365](#)
- Watch this [video to get you started](#) with online guides and tutorials
- Contact the Chaminade IT Helpdesk for technical issues: helpdesk@chaminade.edu, or call (808) 735-4855

Assessment

My goal is that each assignment is essential, meaningful, and a very important part of the course. I hope the assignments enhance, not detract, from your learning.

Assessment	Description	Points	Applicable SLO
Weekly Online Discussions (6x5pts)	Each week there will be assigned chapter readings from your textbook. The 6 Discussion questions will be based on the readings. This assignment will give you an opportunity to interact with your classmates and build a dialogue with them. Each week you will be required to post 1 comment with a question on the instructor's post (this may be a video clip, provocative question, news article, or other media connected to the week's topic) by Wednesday 11:59pm of that week, and post 2 responses (a question or opinion) to your group member's post by Sunday 11:59pm of that week. Each post should contain 8 or more sentences. <u>Your post must contain a reference to the content from your reading that week for you to receive full points.</u> I encourage you to critically think about your answer prior to posting. Please post something substantive, meaning, "Of Substance." Write clearly and concisely. Please be respectful of your fellow students. If you disagree with someone, make constructive comments to support your answer. Cultivate a lively, respectful, and enjoyable learning dialogue.	30pts	1-8
Research Paper (15pts) and Video Presentation (10pts)	You will be provided with a list of subtopics that you will select to construct a paper on. The video presentation will be a brief summary of your paper to share with your classmates. Guidelines for the paper and presentation, and a grading rubric will be made available on Canvas. The paper should be no less than 5-6 pages excluding title and reference pages, APA formatted, and include at least 3 references. The video presentation will be a brief 3-5 minute summary of your paper. Your video presentation can be as simple as you standing in front of a camera and speaking, or an animated video using programs such as Powtoon, Moovly, or Prezi. Your video must be uploaded to Youtube (I will provide detailed instructions on how to do so) by the same deadline as your paper.	25pts	1, 2, 4, 8
Exam 1 (15pts) Exam 2 (15pts) Exam 3 (15pts)	The exams will cover content from chapters that are assigned prior to the exams, and will not be cumulative, except for the Final Exam. You will have a 3-4 hour period to complete the exams.	45pts	1-8

Grading Scale

Letter grades are given in all courses except those conducted on a credit/no credit basis. Grades are calculated from the student's daily work, class participation, quizzes, tests, term papers, reports and the final examination. They are interpreted as follows:

A Outstanding scholarship and an unusual degree of intellectual initiative

- B Superior work done in a consistent and intellectual manner
- C Average grade indicating a competent grasp of subject matter
- D Inferior work of the lowest passing grade, not satisfactory for fulfillment of prerequisite course work
- F Failed to grasp the minimum subject matter; no credit given

Course Policies

This course requires you to log in to Canvas weekly. In lieu of in vivo class meetings, there will be quizzes and group discussions, and while you can work at your own pace, there are clear deadlines for all assignments.

- All assignments must be completed within the time frame of this class. No work will be accepted after the last week of the term.
- No examinations will be administered after its due date has passed (please refer to the course calendar below).
- If you have questions regarding your assignments, contact me early in the term. I am here to assist you if you need help. Please be proactive.
- Papers or submissions that do not meet my minimum length requirement will be docked points.
- Written assignments will need to be constructed using APA formatting.
- Any student who stops attending a course without officially withdrawing may receive a failing grade.

YOU MUST DO THE READING TO DO WELL IN THE COURSE.

Late Work Policy

- All assignments will be due by 11:59 pm on the due date specified on this syllabus.
- No late assignments will be accepted unless a special arrangement was made 48 hours prior to the due date or test date. Late submissions will be accepted within 7 days of the due date (except past the last week of class) and a 5 percent late deduction per day will be incurred for each class day it is late.
- You have to notify and arrange with me 48 hours prior to the deadline (unless it is an unexpected or unforeseen circumstance). Documentation may be necessary.

Grades of "Incomplete"

Incomplete grades are not automatically issued without prior correspondence with the instructor and deliberation.

Writing Policy

All papers should be written in APA format (excluding an abstract). APA format includes 1-inch margins, double-spaced, and 12-point serif font, with in-text citation, and a reference page.

Instructor and Student Communication

Questions for this course can be emailed to the instructor at [blendine.hawkins@chaminade.edu]. Online, in-person and phone conferences can be arranged. Response time will take place up to 24 hours to 3 days.

Cell phones, tablets, and laptops

Out of consideration for your classmates, please set your cell phone to silent mode during class. Students are encouraged to bring laptops or tablets to class as the instructor will assign online activities and readings that will require the use of a laptop or tablet. Laptops and tablets should not be misused, such as checking distracting websites. Use your best judgment and respect your classmates and instructor.

Disability Access

Sample statement: If you need individual accommodations to meet course outcomes because of a documented disability, please speak with me to discuss your needs as soon as possible so that we can ensure your full participation in class and fair assessment of your work. Students with special needs who meet criteria for the Americans with Disabilities Act (ADA) provisions must provide written documentation of the need for accommodations from the Counseling Center by the end of week three of the class, in order for instructors to

plan accordingly. If a student would like to determine if they meet the criteria for accommodations, they should contact the Counseling Center at (808) 735-4845 for further information.

Title IX Compliance

Chaminade University of Honolulu recognizes the inherent dignity of all individuals and promotes respect for all people. Sexual misconduct, physical and/or psychological abuse will NOT be tolerated at CUH. If you have been the victim of sexual misconduct, physical and/or psychological abuse, we encourage you to report this matter promptly. As a faculty member, I am interested in promoting a safe and healthy environment, and should I learn of any sexual misconduct, physical and/or psychological abuse, I must report the matter to the Title IX Coordinator. If you or someone you know has been harassed or assaulted, you can find the appropriate resources by visiting Campus Ministry, the Dean of Students Office, the Counseling Center, or the Office for Compliance and Personnel Services.

Attendance Policy

The following attendance policy is from the 2018-2019 Academic Catalog (p. 57-58).

Students are expected to attend regularly all courses for which they are registered. Student should notify their instructors when illness or other extenuating circumstances prevents them from attending class and make arrangements to complete missed assignments. Notification may be done by emailing the instructor's Chaminade email address, calling the instructor's campus extension, or by leaving a message with the instructor's division office. It is the instructor's prerogative to modify deadlines of course requirements accordingly. Any student who stops attending a course without officially withdrawing may receive a failing grade.

Unexcused absences equivalent to more than a week of classes may lead to a grade reduction for the course. Any unexcused absence of two consecutive weeks or more may result in being withdrawn from the course by the instructor, although the instructor is not required to withdraw students in that scenario. Repeated absences put students at risk of failing grades.

Students with disabilities who have obtained accommodations from the Chaminade University of Honolulu ADA Coordinator may be considered for an exception when the accommodation does not materially alter the attainment of the learning outcomes. Federal regulations require continued attendance for continuing payment of financial aid. When illness or personal reasons necessitate continued absence, the student should communicate first with the instructor to review the options. Anyone who stops attending a course without official withdrawal may receive a failing grade or be withdrawn by the instructor at the instructor's discretion.

Academic Conduct Policy

From the 2018-2019 Undergraduate Academic Catalog (p. 42):

Any community must have a set of rules and standards of conduct by which it operates. At Chaminade, these standards are outlined so as to reflect both the Catholic, Marianist values of the institution and to honor and respect students as responsible adults. All alleged violations of the community standards are handled through an established student conduct process, outlined in the Student Handbook, and operated within the guidelines set to honor both students' rights and campus values.

Students should conduct themselves in a manner that reflects the ideals of the University. This includes knowing and respecting the intent of rules, regulations, and/or policies presented in the Student Handbook, and realizing that students are subject to the University's jurisdiction from the time of their admission until their enrollment has been formally terminated. Please refer to the Student Handbook for more details. A copy of the Student Handbook is available on the Chaminade website.

For further information, please refer to the Student Handbook: <https://studentaffairs.chaminade.edu/wp-content/uploads/sites/28/2018-19-NEW-STUDENT-HANDBOOK.pdf>

Schedule

Date	Topic	Readings Due:	Assignments Due:
Week 1	Introduction Sexuality in Perspective	Chapter 1	View Instructor's Introduction Video and Powerpoint lecture video. Weekly Discussion 1 (Post Introduction by Sunday)
Week 2	Theoretical Perspectives on Sexuality Sex Research	Chapter 2, 3	Weekly Discussion 2 (Post Comment by Wednesday, Reply comment by Sunday)
Week 3	Sexual Anatomy Sex Hormones, Sexual Differentiation, Menstrual Cycle Conception, Pregnancy, & Childbirth	Chapter 4, 5, 6	Weekly Discussion 3 (Post Comment by Wednesday, Reply comment by Sunday)
Week 4	Contraception & Abortion Sexual Arousal	Chapter 7, 8	Midterm 1
Week 5	Sexuality & the Life Cycle Attraction, Love, & Communication	Chapter 9, 10, 11	Weekly Discussion 4 (Post Comment by Wednesday, Reply comment by Sunday)
Week 6	Gender & Sexuality Sexual Orientation	Chapter 12, 13	Weekly Discussion 5 (Post Comment by Wednesday, Reply comment by Sunday)
Week 7	Variations in Sexual Behavior Sexual Coercion	Chapter 14, 15	Midterm 2
Week 8	Sex for Sale Sexual Disorders & Sex Therapy STIs	Chapter 16, 17, 18	Research Paper AND Video Presentation DUE Sunday
Week 9	Ethics, Religion & Sexuality Sex and the Law	Chapter 19, 20	Weekly Discussion 6 (Comment on your peer's Video Presentation)
Week 10	Final Examination (Chapters 1 through 15)		<u>FINAL EXAM</u> -Portal will be open from Thursday till Sunday to complete within a 4 hour duration.

* Syllabus is subject to change by instructor according to class needs.