SYLLABUS "INTERPERSONAL RELATIONS"

COURSE DESCRIPTION: This course is a practical approach to understanding current theories of interpersonal communication in face-to-face encounters. Communication 340 will focus on conflict resolution and the overall motivations and effects of interpersonal interactions. Individual communication competencies will be developed through training experiences and activities in dyads and small groups.

OBJECTIVES: By the end of this course, students of Communication 340 will

- 1) have a clear understanding of effective interpersonal communication
- 2) be able to critically assess their own communication style
- 3) be able to control communication behaviors through exercising choices
- 4) recognize the roles that self-concept and self-disclosure play in effectively communicating with others
- 5) meaningfully interpret and effectively use verbal and non-verbal cues
- 6) develop effective listening skills for use in all communication settings
- 7) describe communication variables in relationships with friends, family and intimate partners
- 8) demonstrate assertiveness skills in a variety of situations
- 9) develop alternative methods of handling interpersonal conflicts

TEXTBOOK: Bridges Not Walls, Seventh Edition, by John Stewart

OFFICE: Eiben 129 C

PHONE:

OFFICE HOURS: Monday and Wednesday 12-1 by appointment

ASSIGNMENTS AND GRADING

REQUIRED ACTIVITIES	DUE DATE	% OF GRADE	
Examinations: Mid-Term Final	October 12 TBA	20% 20%	
Papers: #1 Personal Development #2 Topic TBA	September 19 November 14	15% 15%	
Group Project Presentations	Nov 26-Dec 5	20%	
Class Participation		10%	

EXAMS: One mid-term and **final** will be given. The **final** will not be cumulative.

PAPERS: Two papers, approximately five pages in length, are required. Students may be asked to share—process—them in small groups. Therefore, they must be completed on time. A description of each writing assignment will be made available when appropriate.

LATE PAPERS WILL NOT BE ACCEPTED.

GROUP PROJECT: Students will be assigned to groups based on an expressed area of interest. The groups will meet during the second half of the semester to discuss and then present its topic. More information will be provided when appropriate.

CLASS PARTICIPATION: A willingness to actively participate in class discussions and activities is a pre-requisite for this course. Students who are not current with assigned readings reduce the effectiveness of learning not only for themselves, but for others involved in the process. Be prepared to ask questions, elicit comments, provide feedback and contribute your opinions to discussions.

ATTENDANCE:

- Attendance is mandatory. Three or more absences will affect the 10% class participation factor in your grade.
- BE ON **TIME!** Three or more tardies will count as one absence.
- Any assignment or exercise based on in-class activity with other class members cannot be made up if you are not present for the activity

COURSE SCHEDULE AND READINGS

DATES	TOPIC	READINGS
WEEK 1	Overview and Introduction	Chapters 1, 2
WEEK 2	Understanding the Self	Chapter 3 pp. 58-83
WEEK 3	A Better Understanding of the Self	Chapter 3 pp. 83-115
WEEK 4	Communicating Verbally	Chapter 4 pp. 117-148
WEEK 5	Communicating Nonverbally	Ch. 4 pp. 148-163
WEEK 6	Understanding and Listening	Chapter 5 pp. 167-189
WEEK 7	Listening Skill Therapy Mid-Term Examination	Chapter 5 pp. 190-229
WEEK 8	Expressing Yourself	Chapter 6 pp. 231-252
WEEK 9	Expressing Yourself Effectively	Chapter 6 pp. 252-283
WEEK 10	Recognizing Communication Walls	Chapter 9 pp 402-429
WEEK 11	Recognizing Communication Walls	Chapter 9 pp. 430-448
WEEK 12	Conflict Resolution	Chapter 10 pp. 450-469
WEEK 12	Conflict Resolution	Chapter 10 pp. 469-518
WEEK 13	Group Project Presentations	Chapter 7
WEEK 14	Group Project Presentations	Chapter 7
WEEK 15	Group Project Presentations	Chapter 8
WEEK 16	FINAL EXAM	