

## CJ 408 Crisis Intervention and Counseling

Chaminade University

Fall 2001

August 27, 2001 - December 13, 2001

DAY/HOUR: Monday, Wednesday, & Fridays, 8:00 a.m. -12:10 p.m.

INSTRUCTOR: Michael Holmberg  
Security Investigator  
The Queen's Medical Center  
1301 Punchbowl St.  
Honolulu, HI 96813

**Office** Telephone: 547-4654  
Pager: 578-8143  
**E-mail:** [mikel5h@hawaii.rr.com](mailto:mikel5h@hawaii.rr.com)

REQUIRED TEXTBOOK: Gilliland B., & James, R., (1997). Crisis Intervention Strategies (3rd ed.). New York: **Brooks/Cole** Publishers.

### COURSE **DESCRIPTION:**

Innovative methods of prevention and treatment of dispute resolution such as behavior therapy, crisis intervention, training of police violence prevention-units, community policing, use of nonprofessionals, and community action and advocacy.

### COURSE OBJECTIVES:

Upon completion of this course, the student will:

Have a solid understanding and knowledge of the basic components of Crisis Intervention  
Understand the variety of important types of crises.  
Be introduced to the problems of crisis worker and their employing situation  
Gain an **understanding** of the recent **developments** and the **future** of the field of **crisis** intervention.

### READING AND CLASS ASSIGNMENTS:

Students are expected to complete all reading and class assignments prior to class. Classes are prepared on the assumption and expectation that the student has read the assigned material and completed any required assignments..

### ATTENDANCE:

Attendance is an expected and necessary requirement of this course. Unexcused absences will adversely impact the student's grade. If the student has advance notice of a necessary absence he/she should contact the instructor via voice mail, pager, or **e-mail**. If the student did not have advance notice that he/she would miss a session or assignment deadline, he/she must contact the instructor within 24

hours. Missing class is not an excuse for not completing reading assignments or other projects on time, or being prepared for discussions.

In general there is not make-up procedure for a missed **examination**. Students who miss an examination and have advance knowledge of the fact that they will miss an examination should contact the **instructor** to make arrangement for taking the examination at an **alternative** time. These arrangements will be made on a case-by-case bases depending upon the circumstances. **Alternative** arrangements may be denied if the absence is due to frivolous reasons.

#### **COURSE GRADING:**

The course grade will be determined by the following:

|                                |           |
|--------------------------------|-----------|
| Exam # 1 .....                 | 50 Points |
| Exam #2 .....                  | 50 Points |
| <b>Final</b> Examination ..... | 50 Points |
| Class Assignment.....          | 50 Points |
| Class Exercises .....          | 50 Points |
| Class Participation .....      | 50 Points |

|          |   |
|----------|---|
| Grading: | A = 90% of the possible 300 points (270+)           |
|          | B = 80% of the possible 300 points (240+)           |
|          | C = 70% of the possible 300 points (210+)           |
|          | D = 60% of the possible 300 points (180+)           |
|          | F = Less than 60% of the possible 300 points (<180) |

#### **LEARNING OUTCOME AND ASSESSMENTS:**

All of the student's work will be evaluated on the following criteria:

- Knowledge of the subject matter from textbooks, lectures, discussions, videos, research and outside sources.
- Ability to apply their knowledge to current and hypothetical situations.
- Logical and critical thinking.
- Demonstration of achieving the class objectives.

#### **DISCLAIMER:**

The **instructor** reserves the right to **make** slight modification to the course syllabus if an only if the circumstances **warrant** or require it. Any modifications will be made known to the student.

**COURSE OUTLINE:**

|         |                               |  |
|---------|-------------------------------|--|
| Week 1  | Aug 27/28/31                  | Introduction<br>Chapter 1 "Approaching Crisis Intervention"                              |
| Week 2  | Sept 3<br>Sept 5/7            | No class - Labor Day<br>Chapter 2 "Basic Crisis Intervention Skills"                     |
| Week 3  | Sept 10/12/14                 | Chapter 3 "Crisis Case Handling"   |
| Week 4  | Sept 17<br>Sept 19<br>Sept 21 | Review<br>Exam 1 - Part 1<br>Exam 1 - Part 2   |
| Week 5  | Sept 24/26/28                 | Chapter 4 " <b>Posttraumatic</b> Stress Disorder"<br>Video "911 Call"                    |
| Week 6  | Oct 1/3/5                     | Chapter 5 "Suicide"<br>Video "East Coast Suicide"  |
| Week 7  | Oct 8<br>Oct 10/12            | No class - Discoverer's Day<br>Chapter 6 "Sexual Assault"                                |
| Week 8  | Oct 15/17/19                  | Chapter 7 "Woman Battering"<br>Video "The Women Who Fought Back"                         |
| Week 9  | Oct 22/24/26                  | Chapter 8 "Chemical Dependency"<br>Video "What Price the <b>Drug</b> War"                |
| Week 10 | Oct 29/31<br>Nov 2            | Chapter 9 "Personal Loss: Bereavement and Grief"<br>Video "Florida Killing"              |
| Week 11 | Nov 5<br>Nov 7<br>Nov 9       | Review<br>Exam 2 - Part 1<br>Exam 2 - Part 2   |
| Week 12 | Nov 12<br>Nov 14/16           | No Class - Veteran's Day<br>Chapter 10 "Violent Behavior in Institutions"                |
| Week 13 | Nov 19/21<br><br>Nov 23 ,     | Chapter 11 "Hostage Crises"<br>Video "Swat: Behind the Badge"<br>No Class - Thanksgiving |
| Week 14 | Nov 26/28/30                  | Chapter 12 "Human Services Workers in Crisis: Burnout"                                   |
| Week 15 | Dec 3/5<br>Dec 7              | Chapter 13 " <b>Off</b> the Couch and into the Streets"<br>Review                        |
| Dec 11  | 1030 to 1230                  | Final Exam   |

### **Class Assignment**

**Purpose:**

The purpose of the class assignment is to allow each student the opportunity to research a particular aspect of crisis intervention and discuss his/her findings with the class

**Requirements:**

- Typed, double spaced; no greater than one inch margins.
- APA Format:
  - Cover Page
  - Identified Headings
  - Conclusion
  - References
- Three to Five pages. Do not allow your content to suffer while attempting to be brief.
- Be very careful to identify sources, thoughts, ideas and quotes of other authors.
- An informal Class speech about your particular chapter (no more than 5 mins.